# **SECTION VI:**

# **COMMUNITY RESOURCES**

### **COMMUNITY RESOURCES**

The following information is a supplement to the Healthcare Resources & Mental Health Services sections on p.99-102. Please use the resources below in conjunction with that information. This list is not meant to be exhaustive; please use it as an introduction for further investigation and/or involvement in these areas.

### Mental Health/Counseling

### **National Alliance on Mental Illness**

Advocacy/support for families 400 West Cummings Park, Suite 6650 Woburn, MA 01801 Helpline: 800-370-9085

### Social Work Therapy Referral Service

A free, confidential telephone counseling referral service with personalized matches based on location, specialty & insurance or fee requirements.

Phone: 617-720-2828 Toll Free: 800-242-9794

### Suicide Prevention Services

**USA National Suicide Hotline** 

1-800-SUICIDE (784-2433)

**National Suicide Prevention Lifeline** 

Veterans

### **Massachusetts Dept of Mental Health**

Central Office:

25 Staniford Street, Boston, MA 02114

Phone: 617-626-8000 TTY: (617) 727-9842 www.mass.gov/dmh

1-800-273-8255

1-800-273-8255 & press 1 TTY: 1-800-799-4TTY (4889)

### Chronic Conditions, Disabilities and Special Needs

### **Disability Services at Boston University**

(see page 75 for further details) 19 Deerfield Street, 2<sup>nd</sup> Floor Boston, MA 02215 www.bu.edu/disability access@bu.edu
617-353-3658 (Voice/TTY)

### Massachusetts Commission for the Deaf and Hard of Hearing

Case management, interpreter referral services, information, agency training and technical assistance.

600 Washington St. Boston, MA 02111

Voice: 617-740-1600; TTY 617-740-1700

Voice: (800) 882-1155

Video Phone: 617-326-7546 (At front desk) Request an Emergency Interpreter: (800) 249-9949 (24/7 for legal needs, 9:00 AM- 5:00 PM

for medical emergencies)

### Massachusetts Department of Developmental Services

Central Office 500 Harrison Ave. Boston, MA 02118

Phone: 617-727-5608; TTY: 617-624-7783 After Hours Emergency 781-894-3600

Email: <a href="mailto:DDS.Info@state.ma.us">DDS.Info@state.ma.us</a>

### **American Cancer Society**

Treatment, services, literature, transportation, equipment, encouragement, support, information and referral <a href="http://www.cancer.org">http://www.cancer.org</a>
24-Hour, English, Spanish & Chinese
1-800-227-2345

### **Boston Center for Independent Living**

Provides advocacy information & referral, peer support, skills training and PCA services to enhance the independence of people with disabilities

www.bostoncil.org

60 Temple Place, 5th Floor Boston, MA 02111

617-338-6665; TTY 617-338-6662;

Fax: 617-338-6661; Toll Free 866-338-8085

# Massachusetts Department of Public Health - Division for Perinatal, Early Childhood, and Special Health Needs

Plans, implements, and evaluates public health programs for pregnant women, families with children ages birth to 22 with chronic medical, physical, developmental, behavioral or

emotional conditions Community Support Line: 1-800-882-1435 or

Phone: 617-624-6060

www.mass.gov/dph/specialhealthneeds

#### **Latin American Health Institute**

LHI Social Services Unit provides links to family support services for people with disabilities and links to medical and social services for Latinos living with HIV/AIDS. http://www.lhi.org

95 Berkeley Street, Boston, MA 02116

Phone: 617-350-6900

### Various resources of people living with Cancers:

http://webmd.com/cancer/cancer-helpline

### Children and Parenting Issues

### **Department of Children and Families**

Provides for the delivery of various childcare services to families that meet income and/or service need eligibility criteria.

600 Washington St. Boston, MA 02211 617-748-2000

# Massachusetts Department of Public Health - Division for Perinatal, Early Childhood, and Special Health Needs

Plans, implements, and evaluates public health programs for pregnant women, families with children ages birth to 22 with chronic medical, physical, developmental, behavioral or emotional conditions.

Community Resource Line:

1-800-882-1435 or

Bureau of Family Health and Nutrition

250 Washington Street Boston, MA 02108

Phone: 617-624-6060

www.mass.gov/dph/specialhealthneeds

### One Tough Job

Information and support regarding parenting, school & child care, nurturing your family, health & safety, growth & development and parenting tips sorted by age <a href="http://www.onetoughjob.org">http://www.onetoughjob.org</a>
English & Spanish

### **Parents Helping Parents**

Referral to support groups nationwide for parents dealing with stress from parenting. 108 Water Street
Watertown, MA 02472
http://www.parentshelpingparents.org/
1-617-926-5008
1-800-632-8188 – 24 hour stress line info@parentshelpingparents.org

### **Boston University Children's Center**

http://www.bu.edu/family/childcare-centers-on-campus/boston-university-childrens-center/ The Boston University Children's Center is a full-time early childhood educational program for children of BU employees between the ages of ages 2-5 year old.

32 Harry Agganis Way, Boston, MA 02215 617-353-3413

### Office of Family Resources at BU

http://www.bu.edu/family/

Provides resource and referral for all types of childcare. Information can be obtained for infant, toddler, preschool and school age children. There are school age vacation programs as well as summer school vacation. 985 Commonwealth Avenue, 2nd floor. Phone: 617-353-5954, Fax: 617-353-2333

### Family Planning Services

### **ABCD/Boston Family Planning**

Comprehensive family planning counseling, education & medical care including birth control, physical exams, STI, HIV & fertility services. (See also Sexual Assault)

- Services in English & Spanish.
- Written info. In English, Spanish, Portuguese, Haitian, Creole, Chinese and Vietnamese.
- Multiple Locations throughout Boston http://bostonabcd.org/boston-family-planningprogram.aspx

Phone: **617-348-6000** TTY: 617- 423-9215

### **Planned Parenthood of Greater Boston**

Walk-in hours, English, Spanish. Cape Verdean Creole, Haitian Creole translators available. 1055 Commonwealth Avenue Boston, MA 02215-1001

Phone: 1-800-258-4448; Fax: (617) 616-1617

### **CEOC Cambridge Family Planning**

Multiple locations throughout Cambridge including: 11 Inman Street, Cambridge, MA 02139

Phone: 617-868-2900

### **Health Quarters:**

### http://www.healthq.org/

Beverly: (978) 922-4490 Haverill: (978) 521-4444 Lawrence: (978) 691-5258 Lynn: (781) 593-1115

### **Health Imperatives:**

#### **Health Care of Southeastern Massachusetts**

http://www.healthimperatives.org/ Southeast region including Cape & Islands Brockton HQ: (508) 583-3005 info@healthimperatives.org

### **Citizens for Citizens-Family Planning**

Taunton: 508-823-6924

Fall River: 508-679-0198 or 508-673-2400

http://cfcinc.org/programs/health-programs/family-

planning/

### Gay/Lesbian/Bisexual/Transgender Resources

### Gay, Lesbian, Bisexual, Transgender Helpline - Fenway Health

1340 Boylston St, Boston, MA 02115

Phone: 617-267-9001 Toll free: 888-340-4528

Anonymous and confidential phone lines offering information, referrals and support.

#### **MALE Center**

Community Resource & Wellness Center for Gay and Bisexual Men 571 Columbus Avenue, Boston, MA 02118 617-450-1987 **GLBT National Help Center** Provides free, confidential phone and internet peer-counseling, info, and local resources

www.glnh.org

malecenter@aac.org

Youth Line (through age 25):

1-800-246-7743 & online chat support avail.

All Ages Line: 1-888-843-4564

### **Boston Gay and Lesbian Adolescent Social Services (GLASS)**

A community center for GLBT youth ages 13-25, providing a wide range of health and social services.

25 West St. 3<sup>rd</sup> Floor Boston, MA 02111 Phone: 617-266-3349 Fax: 617-247-9860

irivera@jri.org

#### **Gender Talk**

Comprehensive web site and Boston radio talk show advocating for transgender rights and educating about gender identity. http://www.gendertalk.com/

### Peer Listening Line Fenway Health

Provides confidential health care, information, support, and referrals nationwide. Trained GLBT youth volunteers can help find a service, phone number or just be a friendly and non-judgmental person to listen.

1340 Boylston Street, Boston, MA 02115

Phone: 617-267-2535 Toll free: 800-399-7337

### Violence Recovery Program Fenway Health

Provides counseling, support groups, advocacy, and referral services to Gay, Lesbian, Bisexual and Transgender (GLBT) victims of bias crime, domestic violence, sexual assault and police misconduct.

617-927-6250; 800-834-3242 (After 5:00 p.m. or on the weekends, call *Safelink at* **877.785.2020**)

VRP@fenwayhealth.org

### **Gay and Lesbian Advocates and Defenders** (GLAD)

Leading legal rights organization dedicated to ending discrimination based on sexual orientation, HIV status, and gender identity. 30 Winter Street, Suite 800

Boston, MA 02108 www.glad.org

Legal Info Line:

In Boston 617-426-1350

In New England 800-455-GLAD

Email: gladlaw@glad.org

### **HIV/AIDS Resources**

### **AIDS Action Committee of MA**

AIDS service organization providing education, advocacy, counseling, and referrals.

Boston Office: 75 Amory St.

Cambridge Office: 359 Green Street

http://www.aac.org

Main Phone: 617-437-6200 TTY: (617) 437-1394

AIDS/STD Hotline: 1-800-235-2331 Hepatitis Hotline: 888-443-4372

General: info@aac.org

Client Services: clientservices@aac.org

### **Victory Programs Inc.**

Residential treatment and housing programs for homeless individuals and families living with substance abuse, HIV/AIDS and other chronic diseases.

www.vpi.org 965 Mass Ave Boston, MA 02118 Phone: 617-541-0222

### **Boston Living Center**

Community resource center for people living with HIV/AIDS.

http://www.bostonlivingcenter.org/

http://www.vpi.org/boston/

29 Stanhope Street Boston, MA 02116 Phone: 617-236-1012

### **Latin American Health Institute**

LHI Social Services Unit provides links to medical and social services for Latinos living with HIV/AIDS, and family support services for people with disabilities.

http://www.lhi.org

95 Berkeley Street, Boston, MA 02116

Phone: 617-350-6900

### Legal Services

### Massachusetts Bar Association Lawyer Referral Service

20 West Street Boston, MA -02111

Phone: In Boston 617-654-0400 Toll free in MA: 866-627-7577

TTY: 617-338-0585 http://www.massbar.org/

### Massachusetts Bar Association Dial-a-Lawyer Service

Free legal advice on the first Wednesday of every month between 5:30pm & 7:30pm.

Phone: 617-338-0610

### Disability Law Center, Inc.

DLC is a private, non-profit organization responsible for providing protection and advocacy for the rights of Massachusetts residents with disabilities in English & Spanish www.dlc-ma.org

11 Beacon Street, Suite 925

Boston, MA 02108

Voice: 617-723-8455; 800-872-9992 TTY: 617-227-9464; 800-381-0577

Fax: 617-723-9125

### **Greater Boston Legal Services**

Provides free civil (non-criminal) legal assistance to low-income people in Boston and 31 surrounding cities and towns.

www.gbls.org

197 Friend Street Boston, MA 02114 Voice: 617-371-1234 Toll-Free: 800-323-3205

TDD: (617) 371-1228

### **Boston College Legal Assistance Bureau**

Free legal services for the following:

- Residents of Waltham, Watertown & Newton
- Small businesses, entrepreneurs, non-profits and first time homebuyers in the Boston area
- Information, advice, and referral to elder (60+years) residents of Belmont, Brookline, Needham, Newton, Waltham, Watertown, Wellesley and Weston regardless of income.

http://www.bc.edu/schools/law/services

24 Crescent Street, Suite 202 Waltham, MA 02453-4358 Phone: 781-893-4793

TTY: (781) 736-9006

### Sexually Transmitted Disease Resources

Massachusetts Department of Public Health, Sexually Transmitted Disease Clinic

Diagnosis, treatment, information, referrals <a href="http://www.mass.gov/dph/cdc/std">http://www.mass.gov/dph/cdc/std</a> 305 South Street

Jamaica Plain, MA 02130 Phone: 617 983-6940 Toll Free: 1-866-749-7122

### Substance Abuse & Gambling Resources

#### **Massachusetts Al-Anon and Alateen**

Free, anonymous, confidential local group meetings throughout the region for people who have been affected by someone else's drinking: <a href="https://www.ma-al-anon-alateen.org/findmeeting.php">www.ma-al-anon-alateen.org/findmeeting.php</a>
Literature Distribution Center:
Information in English, Spanish and French about free, anonymous, confidential local groups throughout the region for people who have been affected by someone else's drinking 57 East Main Street, Suite 109
Westborough, MA 01581-1457

Phone: 508-366-0556 <u>LDCofMA@aol.com</u>

### **Alcoholics Anonymous - Central Service Committee of Eastern Massachusetts**

Provides information about free, anonymous, confidential local groups throughout the region www.aaboston.org

Marine Industrial Park 12 Channel Street, 6<sup>th</sup> Floor Boston, MA 02210

Voice/TDD: 617-426-9444

#### Rehabinfo.net

Educates site visitors through research-based, expert written content; dedicated to providing comprehensive information about addiction, treatment options and the path to full recovery

### **Bureau of Substance Abuse Services, Massachusetts Department of Public Health**

250 Washington Street Boston, MA 02108

Drug or Alcohol Helplines & Website:

http://www.helpline-online.com/

Voice: 800-327-5050 TTY: 888-448-8321

Gambling Helplines & Website:

http://www.masscompulsivegambling.org

1-800-GAM-1234 TTY: (617) 426-1855

### **Narcotics Anonymous Helpline**

Meeting sites throughout Massachusetts P.O. Box 437, Quincy, MA 02169 Toll Free: 1-866-624-3578 (NA-HELP-U)

www.newenglandna.org info@newenglandna.org

http://www.rehabinfo.net/

Rehab Referral Line: (866) 531-8636

# Domestic Violence Shelters & Services serving the Boston Area Offer services in various languages &/or for people with disabilities:

### **National Domestic Violence Hotline**

24-hours/day, English, Spanish & translators in 170 languages <a href="http://www.thehotline.org/">http://www.thehotline.org/</a>
1-800-799-7233

TDD: 1-800-787-3224

### Casa Myrna Vasquez

24 hours /English, Spanish, Portuguese & translators for 140 languages <a href="http://www.casamyrna.org/">http://www.casamyrna.org/</a>
(617) 521-0100
SafeLink Hotline:1-877-785-2020

TTY: 1-877-521-2501

### Asian Task Force Against Domestic Violence

English, Chinese, Cantonese, Mandarin, Taiwanese, Hindi, Japanese, Khmer, Korean, Nepali, Punjabi, Tagalong, Filipino, Tibetan, Urdu, & Vietnamese <a href="http://www.atask.org/site/">http://www.atask.org/site/</a> (617) 338-2355

## For situations involving LGBT & polyamorous relationships: The Network/La Red

LGBT, polyamorous relationships, English & Spanish http://tnlr.org/ Phone & TTY: (617) 742-4911

Gay Men's Domestic Violence Project

http://gmdvp.org/ 1-800-832-1901

#### Sexual Assault:

Boston Area Rape Crisis Center: 99 Bishop Allen Drive Cambridge, MA 02139 <a href="http://www.barcc.org/">http://www.barcc.org/</a>

#### Respond, Somerville

English, Spanish & French <a href="http://www.respondinc.org/Home.aspx">http://www.respondinc.org/Home.aspx</a> (617) 623-5900, TTY Dial: 711

### **FINEX House, Boston**

Services in English, Chinese,
Haitian Creole, Portuguese,
Spanish, Vietnamese & Zulu,
Wheelchair accessible
<a href="http://finexhouse.org/what-is-abuse.htm">http://finexhouse.org/what-is-abuse.htm</a>
(617) 436-2002

### Renewal House, Roxbury

Services in English & Spanish <a href="http://www.uuum.org/567026">http://www.uuum.org/567026</a> (617) 566-6881

#### The Network/La Red

English & Spanish, LGBT & polyamorous relationships http://tnlr.org 1-617-742-4911 1-800-832-1901

### For Women & Children Only:

Rosie's Place, Boston - (617) 442-9322 Transition House, Cambridge (617) 661-7203

### For Both Men & Women:

REACH Beyond Domestic Violence <a href="http://www.reachma.org/">http://www.reachma.org/</a>
1-800-899-4000

### **617-492-8306 (During business hours)**

1-(800) 841-8371 TTY: (617) 492-6434 24 hours/day, 12 years old-adulthoo