

Boston University Student Health Services
Allergy Injections
Student Instructions and Responsibilities

1. The student is responsible for providing their allergist with a copy of the letter explaining Boston University Student Health Services Center policy on receiving Immunotherapy, IT (allergy shots). All necessary information must be received and reviewed by our nurses prior to starting allergy injections. We will not administer injections from inadequately labeled vials or if a physician's instructions are missing or incomplete. If a student has a history of severe reactions we reserve the right to refuse to administer injections in our clinic. (The student will be referred to local allergists.)
2. The student is responsible for a \$150 charge per academic year for allergy injections. If the student stops allergy injections or does not complete the academic year, a portion of this may be refundable. **If the student does not show for more than two allergy shot appointments treatment will be terminated and the fee will not be refunded.**
3. The student is responsible for making and keeping allergy shot appointments during allotted times at SHS.
4. The student agrees to alert the nurse of any reaction to the allergy shot both immediate and delayed.
5. The student is responsible for reading and understanding the Allergy Immunotherapy Instructions.
6. The student is responsible for arranging their own injections while they are away from campus.
7. The student is responsible for checking out their serum and a copy of their record during the holiday periods and at the end of the academic year.
8. The student is responsible for ordering antigens from their allergist and bringing antigen(s) to the BU SHS.
9. The student is responsible for arranging times for allergy shots and for keeping appointments. It is our policy to require that all students remain in the clinic for 20 minutes after the injection so we can observe for a reaction. Please read, sign and return instruction sheet, along with orders from your allergist to the Boston University Student Health Services.

I have read the above and agree to comply with the above policy:

Student's signature _____ **Date** _____

Copy to the allergy record and to the patient.

Boston University

Student Health Services
881 Commonwealth Avenue
West Entrance
Boston, Massachusetts 02215
(617)353-3575



Dear Doctor;

We at Boston University Student Health Services will be giving allergy injections to your patient. Our nurses are well trained and we have several full time physicians on site to assist when needed. We welcome phone calls and conversation between your office and ours. Allergists generally have guidelines for the administration of immunotherapy. **We also have guidelines in place to keep our service to our shared patients safe.**

The following elements must be in place for students to receive allergy injections at BUSHS:

1. The student will need to establish a medical record as well as an allergy record.
2. They will need to pre-pay for the year. (Fee is subject to change)
3. The allergist needs to provide the student health center with typed instructions which include...
 - a. Name of the student.
 - b. Name of allergen.
 - c. Concentration.
 - d. Dosage schedule, i.e. weekly.
 - e. Allergy physician contact information including address, phone and fax and office hours.
 - f. The original instructions will become part of our medical record.**
4. The allergy serum must be labeled with the student's name, content of allergen and expiration date and must correspond to the written orders.

If any of these elements are not in place, the student will be directed back to you to get appropriate documentation.

If allergy injections are received elsewhere during school breaks or during summer vacation, the date and dose and the nurses who administered the injection must be provide to BUSHS before the patient / student may resume injections with us.

Please inform your patient that if we have any questions about the serum or dose and are unable to reach your office for a consult, we will not give him/ their injection. Often students become very upset about repeating a dose or lowering a dose, though this may happen if we cannot reach your office at the time of the student's visit.

In complex allergy situations, we may request that the student be referred to a local allergist for ongoing care while in the Boston area.

We look forward to providing care for our shared patient during their time at Boston University.

Sincerely,
David McBride, MD
Director, Student Health Services
Assistant Professor of Family Medicine