This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.
This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.
INTRODUCTION

Background

An emergency action plan is a written document that describes the steps to follow during an emergency. These situations can arise at any time and can involve an athlete, a coach, an official, a spectator, or health care providers. Having a documented plan is not only best practice, but it also helps eliminate mistakes or oversights when an emergency arises. An emergency action plan allows for examination and improvement to the health care of injured individuals prior to an emergency situation. Further, a formal emergency action plan is warranted from a legal standpoint. A written document should be distributed to all who may be involved in an emergency situation. It should be uniform and concise with the expected procedures outlined. The emergency action plan is discussed, practiced, and reviewed regularly. Additionally the emergency action plan should be reviewed prior to each event.

Components of an Emergency Action Plan

1. Personnel involved in dealing with the injured patient.
2. Procedure for enlisting Emergency Medical Services (EMS)
3. Procedure for obtaining emergency supplies
4. List of available emergency supplies
5. Chain of command
6. Methods of communication available and locations of each
7. Location of potential additional medical personnel and contact plan
8. Address of potential venues
9. Direction to venue sites
10. Location and access options to any potential gates or doors necessary for venue or EMS access

Maintenance of Emergency Equipment & Supplies

Athletic trainers (ATs), athletic training students (ATSSs), and other individuals who may be asked to help in an emergency situation should be qualified to use emergency equipment and should also be educated on and adhere to OSHA standards on blood borne pathogens and disease prevention transmission. They must be trained in how to perform CPR, first aid, use an AED, and have knowledge of where emergency supplies are stored. Equipment and supplies should be checked regularly to make sure that they are still in good working condition and will be available at potential venues. If supplies appear to be damaged, inoperable, or unavailable, they should be repaired, replaced, and/or reordered.
Emergency Personnel Utilization

Emergency personnel should be made aware of their roles beforehand, so that if an emergency arises, everyone understands their role. Persons utilized during an emergency may include Physicians, Athletic Trainers, Athletic Training Students, coaches, administrators as well as facility personnel. The most qualified personnel should be providing care for the injured parties while the less trained individuals should be given the tasks of calling EMS, retrieving emergency supplies, opening gates or doors, flagging down the ambulance, crowd control, and/or other responsibilities deemed necessary at the time.

NCAA Guidelines

1. Presence of qualified person to administer emergency care.
   a. May be AT or EMT trained in first aid, CPR, and prevention of disease transmission. This individual(s) should know the emergency action plan in the event it needs to be implemented
2. Presence or planned access to a physician if needed
3. Planned access to a medical center
   a. This could be by ambulance or car. The person providing transportation should be provided directions to the medical center. This may also include emergency communication.
4. Emergency equipment and information
   a. Emergency equipment should be present and in good working condition. ATs, ATSs, and coaches should be trained in where to find and how to use equipment properly
   b. Emergency information on all athletes should be present at all games and practices
5. Knowledge of emergency action plan
   a. All parties involved should know their role prior to an emergency situation occurring
6. Certification in CPR, first aid, and prevention of disease transmission (as outlined by OSHA)
   a. This should be done annually for anyone involved in the EAP activation process, although increased frequency would be preferred.
**Lightning Safety**

Prior to any athletic event weather forecasts should be monitored for the threat of inclement weather. Options for monitoring forecasts include but are not limiting to the national weather service at [www.weather.com](http://www.weather.com) and verified lightning detection services including but not limited to WeatherSentry and WeatherBug. This policy should be discussed during medical time outs prior to events, with all relevant stakeholders.

The following emergency action plan was developed using the most current recommendations of the National Weather Service, the National Lightning Safety Institute, the NATA Position Statement on Lightning Safety for Athletics and Recreation as well as the NCAA Sports Medicine handbook. In the situation where a clap of thunder is heard, a flash of lightning is seen or a storm capable of producing lighting is within a 12-mile radius:

1. Seek safe shelter at the first sound of thunder. “When Thunder Roars, Go Indoors”
2. When Lightning is observed and no audible thunder is present
   a. Open weather app with independently verified lightning detection to view proximity of storm to venue
   b. **If the storm and/or any lightning strike is within 12 miles** safe shelter should be sought immediately.
      i. Lightning is capable of striking 10 miles from the rain shaft of a storm
      ii. Continue to monitor movement and location of storm.
   1. Seek Safe Shelter Immediately once storm is within the 12 mile radius
   c. In the event the WeatherSentry or WeatherBug applications is not available or in operation immediately seek safe shelter
3. Safe shelter is any fully enclosed building that involves plumbing and/or electrical wires that act to electrically ground the structure. “No Place outside is safe when thunderstorms are in the area.”
4. If such a shelter cannot be found, take shelter in any **vehicle with a hard metal roof and closed windows.**
5. While indoors, **stay away** from any the walls, windows, plumbing and electronic devices attached to the walls (including landline telephones). If in a vehicle, avoid contact with the metal frame and radio use.
6. **Designate** a weather watcher to monitor the weather from a safe location.
   a. **During events where Athletic Training Services are providing on-site coverage,** Athletic Training Services will make all decisions regarding suspension and resumption of outdoor activities as outlined in this policy. The web-based application will be used as a resource however the Athletic Trainer will make a clinical decision. This decision will be unchallengeable. These decisions will be communicated to Athletics Administration, Facilities Management, Coaches, Officials, etc. as appropriate. Further, Athletic Training Services will designate a specific weather watcher without additional responsibilities during the delay.
   b. **Decisions regarding suspension and resumption of outdoor activities in circumstances where Athletic Training Services are not present** will be made in accordance with this policy by Athletics Administration, Facilities Management, Coaches and/or their appropriate designees. The individual responsible for this decision will designate a weather watcher.
7. No outdoor activities including but not limited to practices, games, conditioning, individual sessions etc. are to be resumed until 30 minutes after the last sign of lightning/thunder or once the...
storm is outside of the 12-mile radius. The timer will be reset for every clap of thunder heard or lightning strike within the 12-mile radius.

Management of Storm-Induced Injuries
Individuals that are struck by lightning do not carry residual charge and may be handled without danger to the medical personnel. The medical personnel should:

1. Evaluate whether the scene is safe. On-going lightning may still be a threat.
2. Safely move the injured individual to a safe shelter.
3. Activate emergency medical response systems if deemed necessary. The use of a cell phone is recommended during electrical storms.
4. Apply any first aid necessary.

To activate EMS by calling BU Police Dept from a cell phone: (617) 353-2121

BU landline campus phone/Blue Box: 3-2121

Mechanisms of Lightning Injury

- **Direct strike:** Occurs to the head, current may enter the orifices causing eye and ear injuries. When assuming the lightning-safe position, one can cover their ears to help avoid this type of trauma.
- **Contact injury:** Occurs when the victim is touching an object that is in the pathway of a lightning current.
- **Side flash:** Lightning may strike an object near the victim and then jumps from that object to the victim. The chance of a side flash is increased under a shelter such as a small picnic shelter or next to a tree.
- **Step voltage** or **ground current:** Current from lighting radiates outward from strike point. When assuming lightning safety position, place feet close together to avoid injury.
- **Blunt injury:** Lightning current can create abrupt heating/cooling of air leading to explosive/implosive forces that cause injury.


COLD WEATHER POLICY

Cold Weather Policy

The following policy guides decision making for patient safety regarding environmental cold injuries. Exposure to cold presents an inherent risk of injury. It is important to note that the following guidelines for activity and associated limitations apply only in the absence of precipitation. Precipitation, most notably rain and snow, will affect the risk of environmental cold injury. It is unclear in the literature at exactly what rate of rain or snow fall, in conjunction with the air temperature and wind rate, conditions become unsafe. However, it is clear that precipitation significantly increases the risk of environmental cold injury. Therefore, in circumstances involving precipitation, decisions about participation restrictions will be made by Athletic Training Services on an individual basis based upon the current conditions.

All outdoor athletic events at Boston University operate under the guidelines in the following table. The certified athletic trainer is responsible for communicating to all athletic personnel and employing these guidelines. Please note the following temperatures ranges account for wind-chill.

<table>
<thead>
<tr>
<th>Wind-Chill Temperature</th>
<th>Guidelines/adjustment</th>
</tr>
</thead>
</table>
| < 25°F                 | - Be aware and ready for possibility of cold injuries.  
                         - All practice participants will take reasonable precautions to cover exposed skin.  
                         This includes, at minimum: practice participants should wear long sleeves, pants, gloves, and hats during warm up activities. Hats and gloves should remain on during practice. All non-participating student-athletes should have exposed skin covered. |
| ≤ 20°F                 | - All practice participants must wear appropriate clothing/equipment at all times while outdoors. This includes, at minimum: long sleeves, pants, gloves, and hats. Athletic Training Services will make additional clothing or equipment recommendations as seen fit. Any practice participant not in appropriate clothing/equipment must be removed from practice and remain indoors until appropriate clothing/equipment is worn.  
                         - All non-participating student-athletes should remain indoors. |
| ≤ 15°F                 | - Must comply with previously stated clothing/equipment requirements.  
                         - Warm up and cool down activities should occur indoors.  
                         - Practice plan should be altered to decrease “down time” where participants are not moving.  
                         - Appropriate practice length should be determined, in advance, by head coach and Athletic Training Services based upon the intensity of the practice plan.  
                         - All non-participating student-athletes should remain indoors. |
| ≤ 10°F                 | - Must comply with previously stated clothing/equipment requirements.  
                         - Warm up and cool down activities must occur indoors.  
                         - Practice plan should be altered to decrease “down time” where participants are not moving.  
                         - Maximum exposure time: 60 minutes (any further exposure that day must follow a period time that includes complete re-warming and the changing of all base layer clothing)  
                         - All non-participating student-athletes should remain indoors. |
| ≤ 0°F                  | - Cancel event and reschedule |

This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.
All temperature readings for interpretation of the above chart will be taken by Athletic Training Services immediately preceding the scheduled practice or game, using the Kestrel® 4500 Pocket Weather Tracker. Communication regarding readings taken prior to this will occur between the head coach and Athletic Training Services on an individual basis. **NOTE:** the above guidelines may be altered by Athletic Training Services in the presence of other mitigating factors, such as, portable heaters, temporary re-warming facilities, altering game play rules (e.g. extended half-times for rewarming), etc. These decisions will be made on an individual basis.

For events involving participants subject to this policy that are not directly covered by Athletic Training Services and occur off campus, decision will be made based upon the most currently available data from the National Weather Service. This information can be located at: http://www.weather.com/weather/today/Boston+MA+USMA0046?lswe=boston%20ma&from=searchbox_localwx

**Prevention of Cold-Related Injuries During Rowing**

- Rowing in cold weather can be dangerous. Cold weather is defined as:
  - Air temperature (including wind chill) + Water temperature < 90°F
  - Water temperature < 50°F

- Water temperature will be determined by the thermometer on the wind meter housed at the DeWolfe Boathouse. When rowing in cold weather, Boston University strictly advocates that all of the following criteria be met for each boat:
  - Use of 4-oars
  - Use of a personnel floatation device or neoprene suit for each member on the boat
  - Ability to activate 911 from the boat

**Recognition of Cold-Related Injuries**

Recognizing early signs of cold-induced stress may prove to be important in preventing cold-related injuries. The following signs and symptoms are considered to be early warning signs:

- shivering
- dysesthesia at the distal extremities (e.g. numbness, pain, or burning sensation)
- disorientation
- slurred speech

**Signs & Symptoms of Cold-Related Injuries**

<table>
<thead>
<tr>
<th>Mild Hypothermia</th>
<th>Frostbite</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vigorous shivering</td>
<td>Edema</td>
</tr>
<tr>
<td>Increased blood pressure</td>
<td>Erythema</td>
</tr>
<tr>
<td>Rectal temperature between 95-98.6°F</td>
<td>Stiffness</td>
</tr>
<tr>
<td>Fine motor skill impairment</td>
<td>Tingling or burning</td>
</tr>
<tr>
<td>Lethargy</td>
<td>Mottled or gray skin appearance</td>
</tr>
<tr>
<td>Apathy</td>
<td>Tissue that feels hard and does not rebound</td>
</tr>
<tr>
<td>Mild amnesia</td>
<td>Vesicles</td>
</tr>
<tr>
<td></td>
<td>Numbness or anesthesia</td>
</tr>
<tr>
<td><strong>Moderate/Severe Hypothermia</strong></td>
<td><strong>Chilblain/pernio</strong></td>
</tr>
<tr>
<td>--------------------------------</td>
<td>---------------------</td>
</tr>
<tr>
<td>• Cessation of shivering</td>
<td>• Small erythematous papules</td>
</tr>
<tr>
<td>• Depressed vital signs</td>
<td>• Edema</td>
</tr>
<tr>
<td>• Rectal temperature less than 95°F</td>
<td>• Tenderness</td>
</tr>
<tr>
<td>• Impaired mental function</td>
<td>• Itching</td>
</tr>
<tr>
<td>• Slurred speech</td>
<td></td>
</tr>
<tr>
<td>• Unconscious</td>
<td></td>
</tr>
<tr>
<td>• Gross motor skill impairment</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Immersion (trench) foot</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>• Burning, tingling, itching</td>
</tr>
<tr>
<td>• Loss of sensation</td>
</tr>
<tr>
<td>• Cyanotic/blotchy skin</td>
</tr>
<tr>
<td>• Swelling</td>
</tr>
<tr>
<td>• Blisters</td>
</tr>
<tr>
<td>• Skin fissures</td>
</tr>
</tbody>
</table>

Any situation where an individual has been exposed to cold-weather and would like to lay down and rest should be considered a medical emergency and necessitate activation of the EAP.

**Management of Cold-Related Injuries**

- Activate EMS by calling BUPD from a cell phone: **(617) 353-2121**
  BU campus phone/Blue Box: **3-2121**

- If a certified athletic trainer is NOT PRESENT:
  1. Assist the student-athlete to the best of your ability
  2. Activate EMS if deemed necessary
  3. If during normal business hours, call and refer the athlete to Boston University Athletic Training Services at 285 Babcock Street **(617-353-2746)**
  4. If outside normal business hours, refer the athlete to the Boston Medical Center Emergency Room or comparable emergency room for immediate care
  5. Ensure notification of the athletic trainer who coordinates care for the patient

- If a certified athletic trainer is PRESENT:
  1. Determine if EMS needs to be activated. If so, designate another individual to activate the EAP.
  2. Treat the individual according to current medical practices per table below
  3. Ensure notification of a Head Athletic Trainer, Director of Athletic Training Services, and Medical Director

- Any patient who is treated for a cold-related illness MUST follow up with a Boston University team physician for clearance PRIOR to returning to activity.
Management of Cold-Related Injuries During Rowing

In a situation where an individual falls into cold water (< 60°F):
1. Quickly remove the individual from the water
2. Follow steps above listed immediately under ‘Treatment’
3. Carefully move the individual to a safe and warm location

<table>
<thead>
<tr>
<th>Mild Hypothermia</th>
<th>Frostbite</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Treat for any life-threatening</td>
<td>• Rule out hypothermia</td>
</tr>
<tr>
<td>conditions</td>
<td>• Tissue plasminogen activators (tPA) may be</td>
</tr>
<tr>
<td>• Assess and monitor rectal temperature</td>
<td>used to prevent amputation in severe cases</td>
</tr>
<tr>
<td>• Remove wet or damp clothing,</td>
<td>• Immerse area in warm water (98.0 – 104°F)</td>
</tr>
<tr>
<td>insulate with warm dry fabrics</td>
<td>• Protect area</td>
</tr>
<tr>
<td>(including covering the head), and</td>
<td>• If tissue sloughing involved, infection</td>
</tr>
<tr>
<td>move to a warm environment, if</td>
<td>control warranted.</td>
</tr>
<tr>
<td>possible</td>
<td></td>
</tr>
<tr>
<td>• Apply heat to trunk, axilla, chest</td>
<td></td>
</tr>
<tr>
<td>wall, and groin</td>
<td></td>
</tr>
<tr>
<td>• Avoid applying friction massage</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Moderate/Severe Hypothermia</th>
<th>Immersion (trench) foot</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Treat for any life-threatening</td>
<td>• Clean and dry area</td>
</tr>
<tr>
<td>conditions</td>
<td>• Apply warm packs or soak in warm water</td>
</tr>
<tr>
<td>• Assess and monitor rectal temperature</td>
<td>(102-110°F)</td>
</tr>
<tr>
<td>• Remove wet or damp clothing,</td>
<td>• Replace with dry socks &amp; footwear</td>
</tr>
<tr>
<td>insulate with warm dry fabrics</td>
<td></td>
</tr>
<tr>
<td>(including covering the head)</td>
<td></td>
</tr>
<tr>
<td>• If signs of cardiac arrhythmia are</td>
<td></td>
</tr>
<tr>
<td>present, move with extreme caution</td>
<td></td>
</tr>
<tr>
<td>to avoid paroxysmal ventricular</td>
<td></td>
</tr>
<tr>
<td>fibrillation</td>
<td></td>
</tr>
<tr>
<td>• Apply heat to trunk, axilla, chest</td>
<td></td>
</tr>
<tr>
<td>wall, and groin</td>
<td></td>
</tr>
<tr>
<td>• Avoid applying friction massage</td>
<td></td>
</tr>
<tr>
<td>• If tissue sloughing involved,</td>
<td></td>
</tr>
<tr>
<td>infection control warranted.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Chilblain/pernio</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>• Remove wet or constrictive clothing</td>
<td></td>
</tr>
<tr>
<td>• Wash and dry the area gently</td>
<td></td>
</tr>
<tr>
<td>• Elevate the affected area and cover</td>
<td></td>
</tr>
<tr>
<td>with warm, loose, dry fabrics</td>
<td></td>
</tr>
<tr>
<td>• Do not disturb blisters, do not apply</td>
<td></td>
</tr>
<tr>
<td>friction massage, do not apply cream</td>
<td></td>
</tr>
<tr>
<td>s or lotions, do not use high levels</td>
<td></td>
</tr>
<tr>
<td>of heat, and do not allow weight</td>
<td></td>
</tr>
<tr>
<td>bearing on affected area</td>
<td></td>
</tr>
</tbody>
</table>
HOT WEATHER POLICY

Prevention of Heat-Related Injuries

- All outdoor athletic events at Boston University operate under guidelines highlighted in the following table. The certified athletic trainer is responsible for communicating to all athletic personnel and employing these guidelines.

<table>
<thead>
<tr>
<th>Temperature</th>
<th>Chart Area</th>
<th>Guidelines/Recommendations</th>
</tr>
</thead>
</table>
| Low Risk Zone (WBGT < 65°F) | Beneath the triangles | ○ Perform activity as planned  
○ Include 5-10 minute fluid breaks every 20-30 minutes |
| Mild Risk Zone (65°F < WBGT < 75°F) | Above triangles, but beneath squares | ○ Include 5-10 minute fluid breaks every 20-25 minutes  
○ If applicable, only upper body pads are to be worn |
| Moderate Risk Zone (75°F < WBGT < 85°F) | Above squares, but beneath circles | ○ Include 5-10 minute fluid breaks every 15-20 minutes  
○ If applicable, no pads are to be worn |
| High Risk Zone (WBGT > 85°F) | Above circles | ○ Consider canceling outdoor activities |
**Signs & Symptoms of Heat-Related Injuries**

<table>
<thead>
<tr>
<th>Exercise-associated muscle cramps</th>
<th>Heat Syncope</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Intense pain/cramping</td>
<td>• Dizziness/lightheadedness/syncope</td>
</tr>
<tr>
<td>• High sweat rate</td>
<td>• Fatigue</td>
</tr>
<tr>
<td>• Dehydration/Thirst</td>
<td>• Tunnel vision</td>
</tr>
<tr>
<td>• Fatigue</td>
<td>• Pale, sweaty skin</td>
</tr>
<tr>
<td>• Pale, sweaty skin</td>
<td>• Bradycardia</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Exercise (heat) exhaustion</th>
<th>Exertional heat stroke</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Core temp (97.0 – 104.0°F)</td>
<td>• Core temp (&gt; 104.0°F)</td>
</tr>
<tr>
<td>• Dehydration</td>
<td>• Dizziness</td>
</tr>
<tr>
<td>• Dizziness/lightheadedness/syncope</td>
<td>• Irrational behavior</td>
</tr>
<tr>
<td>• Headache</td>
<td>• Confusion/disorientation</td>
</tr>
<tr>
<td>• Nausea</td>
<td>• Altered level of consciousness</td>
</tr>
<tr>
<td>• Intestinal cramps/diarrhea</td>
<td>• Hot skin</td>
</tr>
<tr>
<td>• Profuse sweating</td>
<td>• Tachycardia (100-120 bpm)</td>
</tr>
<tr>
<td>• Cool, pale, clammy skin</td>
<td>• Hypotension</td>
</tr>
<tr>
<td></td>
<td>• Hyperventilation</td>
</tr>
<tr>
<td></td>
<td>• Vomiting</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Exertional hyponatremia</th>
<th>Exertional sickling</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Core temp (&lt; 104.0°F)</td>
<td>• Muscle cramping</td>
</tr>
<tr>
<td>• Excessive fluid consumption</td>
<td>• Pain</td>
</tr>
<tr>
<td>• Nausea</td>
<td>• Swelling</td>
</tr>
<tr>
<td>• Vomiting</td>
<td>• Weakness</td>
</tr>
<tr>
<td>• Swelling of extremities</td>
<td>• Inability to catch one’s breath</td>
</tr>
<tr>
<td>• Progressive headache</td>
<td>• Fatigue</td>
</tr>
<tr>
<td>• Confusion/disorientation</td>
<td></td>
</tr>
<tr>
<td>• Altered level of consciousness</td>
<td></td>
</tr>
</tbody>
</table>

**Assessing Core Temperature**

Assess the individual to determine nature and degree of illness. Use of a rectal thermometer is the most accurate method of accessing core temperature and allows for differentiation between many of the similar sign & symptoms between heat-related injuries. Core temperature should be assessed rectally in all circumstances where the necessary equipment is available.


Management of Heat-Related Injuries

- Activate EMS by calling BUPD from a cell phone: *(617) 353-2121*
  BU campus phone/Blue Box: *3-2121*

- If a certified athletic trainer is NOT PRESENT:
  1. Assist the patient to the best of your ability
  2. Activate EMS if deemed necessary
  3. If during normal business hours, call and refer the athlete to Boston University Athletic Training Services at 285 Babcock Street *(617-353-2746)*
  4. If outside normal business hours, refer the athlete to the Boston Medical Center Emergency Room or comparable emergency room for immediate care
  5. Ensure notification of the athletic trainer who coordinates care for the patient

- If a certified athletic trainer is PRESENT:
  1. Determine if EMS needs to be activated. If so, designate another individual to activate the EAP.
  2. Treat the individual according to current medical practices per table below
  3. Ensure notification of a Head Athletic Trainer, Director of Athletic Training Services, and Medical Director

- Any patient who is treated for a heat-related illness MUST follow up with a Boston University team physician for clearance PRIOR to returning to activity.

<table>
<thead>
<tr>
<th>Exercise-associated muscle cramps</th>
<th>Heat syncope</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Replace lost fluids w/ high sodium drink</td>
<td>• Move athlete to shaded area</td>
</tr>
<tr>
<td>• Mild stretching &amp; massage</td>
<td>• Monitor vital signs</td>
</tr>
<tr>
<td>• Consider IV fluids, as available through physician</td>
<td>• Elevate legs above head</td>
</tr>
<tr>
<td></td>
<td>• Rehydrate</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Exercise (heat) exhaustion</th>
<th>Exertional heat stroke</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Measure core temp w/ rectal thermometer</td>
<td>• Active EMS</td>
</tr>
<tr>
<td>• Remove excess clothing</td>
<td>• Measure core temp w/ rectal thermometer</td>
</tr>
<tr>
<td>• Cool athlete w/ fans, ice towels, or ice bags if temp &gt; 102°F</td>
<td>• Assess cognitive function</td>
</tr>
<tr>
<td>• Consider referral to physician if recovery is not rapid</td>
<td>• Lower core temp to 102°F quickly (cold water immersion 35 – 59°F)</td>
</tr>
<tr>
<td></td>
<td>• EMS transport</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Exertional hyponatremia</th>
<th>Exertional sickling</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Rule out heat stroke and heat exhaustion</td>
<td>• Administer oxygen with nonrebreather mask at rate of 15L/min</td>
</tr>
<tr>
<td>• Differentiate from heat stroke w/ core temp (should be &lt; 104°F)</td>
<td>• Monitor vital signs</td>
</tr>
<tr>
<td>• Refer for treatment with IV fluids</td>
<td>• Consider referral to physician or activation of EAP if vital signs decline or recovery is not rapid</td>
</tr>
</tbody>
</table>

   Sickling collapse should be treated as a medical emergency
**Cold-Water Submersion**

Cold-water submersion (35 - 59°F) is the most effective way of cooling the body if heat stroke is suspected. Use of a rectal thermometer is the most effective means of monitoring core temperature. The athlete should be removed from the water when core temperature reaches 102°F and transported via EMS.

**Return to Play after Exertional Heat Stroke**

There are currently no evidence-based guidelines concerning the proper return to play progression after suffering from exertional heat stroke. The following are the most recent guidelines published:

1. Refrain from exercise for at least 7 days following release from medical care
2. Follow up in about 1 week for physical exam and repeat lab testing or diagnostic imaging of affected organs that may be indicated, based on the physician’s evaluation
3. When cleared for activity, begin exercise in a cool environment and gradually increase the duration, intensity, and heat exposure for 2 weeks to acclimatize and demonstrate heat tolerance
4. If return to activity is difficult, consider a laboratory exercise-heat tolerance test about one month post-incident
5. Consider clearance for full competition if heat tolerance exists after 2-4 weeks of training
ROLE DELINEATION/CHAIN OF COMMAND IN EMERGENCY SITUATIONS

Role delineation is assigning roles to individuals in order to most efficiently execute the emergency action plan. Depending on staffing, more than one person can carry out each role or multiple roles can be carried out by one person. The AT will assign roles to the individuals present. The following list is an example of role delineation in an emergency. At least two individuals are listed for each role.

- Immediate care of the injured person and decision whether or not to activate EMS:
  1. AT/Physician*
  2. ATS

- Activation of EMS:
  1. ATS
  2. Coach/Assistant Coach
  3. Staff/Administrators

- Equipment retrieval/assistance to care provider:
  1. ATS
  2. Coach/Assistant Coach
  3. Staff/Administrators

- Meets Ambulance/Open Appropriate Entrances:
  1. ATS
  2. Coach/Assistant Coach
  3. Teammate
  4. Staff/Administrators

- Player Control:
  1. Coach/Assistant Coach
  2. Team Captain

- Spectator Control:
  1. Staff
  2. Coach/Assistant Coach
  3. Administrators

* In accordance with An Ordinance Creating a College Athlete Head Injury Gameday Safety Protocol

All Varsity Ice Hockey and Men’s Lacrosse competitions hosted by Boston University will be staffed with an on-site Neurotrauma Consultant. The Neurotrauma Consultant shall be a physician who is board certified or board eligible in neurology, neurological surgery, emergency medicine, physical medicine and rehabilitation, or primary care CAQ sports medicine certified physician. The Neurotrauma Consultant shall be present at the level of the event’s playing surface, and with full access to the benches and/or sidelines of any participating athletic program.

- During all emergencies, the most qualified medical personnel will direct care of the injured party/parties. The person stabilizing the cervical spine will have the authority to command the care procedures. Multiple rescuers will be necessary for stabilizing the cervical spine when caring for an equipment laden athlete. Any individual who identifies themselves as a medical healthcare provider during an emergency situation should remain at the scene until dismissed by the individual directing the care of the injured party/parties.

- In the event of multiple injuries, the AT and ATS, if present, will triage the injured parties and provide the appropriate care.

- Visiting AT will treat his/her patients with the assistance of home AT/ATS if deemed necessary by either party.

- When an injury occurs to a spectator and first aid is not present, the AT will assume control of the situation and direct care of the injured parties. The role delineation will follow identically for a spectator as it would for an injured athlete.
REFERENCES

AED LOCATIONS

<table>
<thead>
<tr>
<th>Building and Address</th>
<th>Quantity</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Case Athletic Center</td>
<td>1</td>
<td>EMT room (Wall Mounted Inside First Aid Room off Main Lobby)</td>
</tr>
<tr>
<td>285 Babcock Street</td>
<td></td>
<td>The Roof: mounted on the wall to the left as you enter the gymnasium from the vestibule</td>
</tr>
<tr>
<td>Boston, MA 02215</td>
<td>1</td>
<td>Walter Brown Arena athletic training room</td>
</tr>
<tr>
<td>Case Athletic Training Room</td>
<td>1</td>
<td>Mounted on the wall outside the office on the wet room side of the room</td>
</tr>
<tr>
<td>285 Babcock Street</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Boston, MA 02215</td>
<td>0-7*</td>
<td>Storage shelves inside the front closet</td>
</tr>
<tr>
<td>Athletic Center</td>
<td>1</td>
<td>3rd floor - Weight room, mounted on the wall between the offices in the main gym area</td>
</tr>
<tr>
<td>300 Babcock Street</td>
<td></td>
<td>3rd floor – Erg room, mounted on the wall just inside the main doors</td>
</tr>
<tr>
<td>Boston, MA 02215</td>
<td>1</td>
<td>Tank Room</td>
</tr>
<tr>
<td>Track and Tennis Center</td>
<td>1</td>
<td>Mounted on the wall at the far end of the track, opposite long jump pit</td>
</tr>
<tr>
<td>100 Ashford Street</td>
<td></td>
<td>Storage in locked cabinets in ATR in hard case</td>
</tr>
<tr>
<td>Boston, MA 02215</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Fitness and Recreation</td>
<td>1</td>
<td>Pool deck by lifeguard office</td>
</tr>
<tr>
<td>915 Commonwealth Avenue</td>
<td></td>
<td>FitRec Athletic Training Room</td>
</tr>
<tr>
<td>Boston, MA 02215</td>
<td>1</td>
<td>Upper Second Level: Wall Mount in Fitness Center by the First Aid office (room# 202) on the west end</td>
</tr>
<tr>
<td>Agganis Arena</td>
<td>1</td>
<td>Upper Second Level: PERD Dept. wall mount inside front desk lobby</td>
</tr>
<tr>
<td>925 Commonwealth Avenue</td>
<td></td>
<td>Main Ground Level: Wall Mount in Fitness Center to the left of entrance at office (Rm #111)</td>
</tr>
<tr>
<td>Boston, MA 02215</td>
<td>1</td>
<td>Lower Level 1: Wall mount to Left of Pro shop</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>Lower Level 1: Wall mount at the end of hall at 3 Court Gym #3</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>Lower Level 2: Dance Studio hallway wall mount just past the squash courts</td>
</tr>
<tr>
<td>DeWolfe Boathouse</td>
<td>1</td>
<td>Weight room – mounted on the left wall past the bikes</td>
</tr>
<tr>
<td>619 Memorial Drive</td>
<td></td>
<td>Athletic training room – mounted on the wall to the left as you enter the main doors</td>
</tr>
<tr>
<td>Cambridge, MA 02139</td>
<td>1</td>
<td>Loading dock of the Zamboni area</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>2nd floor concourse First Aid Room</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>Stored on the ground floor on the dock level, near the first aid equipment</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>Mounted on the wall on the ground floor on the dock level</td>
</tr>
</tbody>
</table>

* These AEDs are signed out for travel and field coverage, they are not intended to be stationary and may not be available during an Emergency. Utilize AED Mounted on the wall outside the office on the North side of the Case Athletic Training Room when possible.

Locations highlighted in gray signify locations of AEDs that should be utilized during an Emergency but are not items of Athletic Training Services Inventory.

This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.
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### GENERAL

- **Emergency Action Plan**

### ADDRESS

- **Emergency Call**
  - 617-353-2121

### LIGHTNING SHELTER

#### Role of First Responders

1. **Immediate care of injured athlete**
2. **Activation of EMS** – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
3. **Emergency equipment retrieval**
4. **Direction of EMS to scene**
   - a. For each venue, at least one ambulance meeting **position** is identified on the map
   - b. Specific venue directions are detailed as well as identified on the map to assist emergency personnel in accessing the facility
   - c. Any **keys** necessitated are detailed as well as identified on the map
5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area

#### Venue Directions: Provided specific to each venue

#### Emergency Personnel: Certified athletic trainer and athletic training student may be on site for practices and games. In the event of an emergency, first contact BUPD to activate EMS. Next, consider contacting athletic training services to request additional assistance.

#### Emergency Communication: The certified athletic trainer may carry a cell phone for emergency use. **Landline telephones** are identified specific to each venue.

#### Emergency Equipment: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed for each venue are the closest to venue where equipment is permanently stored and would be available for use during emergency.

#### Lightning-Safety: At the first sign of thunder **OR** lightning:

1. Seek safe shelter in the **lightning safe shelter** identified for each applicable venue.
2. If you cannot reach shelter, take shelter in any vehicle with a hard metal roof and closed windows. **NOTE:** Area under the bleachers IS NOT safe.
3. While indoors, stay away from any the walls, windows, plumbing and electronic devices attached to the walls (including landline telephones). If in a vehicle, avoid contact with the metal frame and radio use.
4. Designate a weather watcher to monitor the weather from a safe location.
5. No outdoor activities are to be resumed until 30 minutes after the last sign of lightning/thunder. For every sign observed, the 30 minute timer is reset.
• Role of First Responders
  1. Immediate care of injured athlete
  2. Activation of EMS – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. Emergency equipment retrieval
  4. Direction of EMS to scene
     a. Position 1: Designate individual to wait for EMS at Position 1. This individual needs to bring a valid ID with swipe card access (SC) or A01SM key with them in the event that the doors need to be unlocked as they travel through the arena. Once the ambulance is in the facility, direct EMS personnel onto the event surface.
     b. Garage Door Access: If the garage doors are closed, they need to be opened. The operating buttons to the outdoor garages are located on a pole between the 2nd and 3rd garage doors. The garage door that leads from the loading dock to the event surface also needs to be open. The operating buttons to this door are located to the left of the garage door.
  5. Crowd control – Designate an individual to secure area for first aid providers and move bystanders away from the area.
This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.
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• Role of First Responders
  1. Immediate care of injured athlete
  2. Activation of EMS – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. Emergency equipment retrieval
  4. Direction of EMS to scene
     a. Position 1: Designate individual to wait for EMS at Position 1. This individual needs to bring a valid ID with swipe card access (SC) or ADM key with them in the event that the doors need to be unlocked in the arena. Once the ambulance is in the facility, direct EMS personnel to the facility.
     b. Garage Door Access: If the garage doors are closed, they need to be opened. The operating buttons to the outdoor garages are located on a pole between the 2nd and 3rd garage doors. The garage door that leads from the loading dock to the event surface also needs to be open. The operating buttons to this door are located to the left of the garage door.
  5. Crowd control – Designate an individual to secure area for first aid providers and move bystanders away from the area
• **Venue Directions:** 925 Commonwealth Ave (GPS 42.351507, -71.117242) The visitor’s athletic training room is located in the Agganis Arena, which is located at the corner of Harry Agganis Way and Commonwealth Ave. To access the Agganis Arena loading ramp, turn off Commonwealth Ave onto Buick St. (North turn towards the Charles River). Follow Buick St. around the Fitness and Recreation Building and the Student Village Dorm. The ambulance entrance is located in the rear of the Agganis Arena. Once in the arena, take the first left down the hallway; the visitor’s athletic training room will be located in the visitor’s locker room area, which is on the right-hand side. Once in the visitor’s locker area the visitor’s athletic training room is located on the right hand side.

• **Emergency Personnel:** Certified athletic trainer and athletic training student may be on site for practices and games. First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:
  1. Anthony Dougal Athletic Training room (617-353-7326)
  2. FitRec Athletic Training room (617-353-7377)
  3. Case Athletic Training room (617-353-2746)

• **Emergency Communication:** The certified athletic trainer may carry a cell phone for emergency use. A **landline telephone** is located in the visitor’s athletic training room.

• **Emergency Equipment:** Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED:** Anthony Dougal Athletic Training Room to the left as you enter the front door
  2. **Splinting/spineboarding equipment:** Anthony Dougal Athletic Training Room
  3. **Emergency bag:** Anthony Dougal Athletic Training Room
  4. **Athletic training kit:** Anthony Dougal Athletic Training Room
  5. **Oxygen delivery systems:** Anthony Dougal Athletic Training Room
This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.

<table>
<thead>
<tr>
<th>SITE</th>
<th>ADDRESS</th>
<th>EMERGENCY CALL</th>
<th>KEYS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Agganis Arena Weight Room</td>
<td>925 Commonwealth Ave Boston, MA 02215</td>
<td>617-353-2121</td>
<td>swipe-card access A01SM</td>
</tr>
</tbody>
</table>

**Role of First Responders**

1. *Immediate care of injured athlete*
2. *Activation of EMS* – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
3. *Emergency equipment retrieval*
4. *Direction of EMS to scene*
   a. Position 1: Designate individual to wait for EMS at **Position 1**. This individual needs to bring a valid ID with swipe card access (SC) or **A01SM key** with them in the event that the doors need to be unlocked as they travel through the arena. Once the ambulance is in the facility, direct EMS personnel to the weight room.
   b. *Garage Door Access*: If the garage doors are closed, they need to be opened. The operating buttons to the outdoor garages are located on a pole between the 2nd and 3rd garage doors. The garage door that leads from the loading dock to the event surface also needs to be open. The operating buttons to this door are located to the left of the garage door.
5. *Crowd control* – Designate an individual to secure area for first aid providers and move bystanders away from the area
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• Role of First Responders
  1. **Immediate care of injured athlete**
  2. **Activation of EMS** – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. **Emergency equipment retrieval**
  4. **Direction of EMS to scene**
     a. Position 1: Designate individual to wait for EMS at Position 1. This individual needs to bring a valid ID with **swipe card access (SC)** or **A01SM key** with them in the event that the doors need to be unlocked as they travel through the arena. Once the ambulance is in the facility, direct EMS personnel to the athletic training room.
     b. **Garage Door Access**: If the garage doors are closed, they need to be opened. The operating buttons to the outdoor garages are located on a pole between the 2nd and 3rd garage doors. The garage door that leads from the loading dock to the event surface also needs to be open. The operating buttons to this door are located to the left of the garage door.
  5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area.
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Role of First Responders

1. **Immediate care of injured athlete**
2. **Activation of EMS** – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
3. **Emergency equipment retrieval**
4. **Direction of EMS to scene**
   a. Position 1: Designate individual to wait for EMS at **Position 1**. Once on site, direct EMS **via the elevator** to the facility.
5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area.

---

**SITE**

300 Babcock
Rowing Erg Room – 3rd floor

**ADDRESS**

300 Babcock Street
Boston, MA 02215

**EMERGENCY CALL**

617-353-2121

**KEYS**

Swipe Card Access

---

**SITE ADDRESS EMERGENCY CALL KEYS**

300 Babcock
Rowing Erg Room – 3rd floor

300 Babcock Street
Boston, MA 02215

617-353-2121

Swipe Card Access
• **Venue Directions:** 300 Babcock St (GPS: 42.353922, -71.120923). The rowing erg room is located at 300 Babcock St. Turn off Commonwealth Ave. onto Babcock Street (turn north towards the Charles River). Travel about 210 yards to Ashford Street. EMS should enter 300 Babcock through the main building entrance on the corner of Babcock and Ashford Streets. Once inside the building, take an immediate left and go through the door. Proceed down the ramp, turn and walk to the right, and go through the door at the end of the hallway. Once through the door, turn left, then right. The elevator will be located on your right. EMS should take the elevator upstairs to the weight room, which is located on the third floor. Exit the elevator and look for personnel to direct to the injured party.

• **Emergency Personnel:** First, contact BUPD to activate EMS. Certified athletic trainers are available in Case Athletic Training room during normal business hours. If additional help is needed, contact athletic training services to request assistance from:
  1. Case Athletic Training room (617-353-2746)
  2. FitRec Athletic Training room (617-353-7377)
  3. Anthony Dougal Athletic Training room (617-353-7326)

• **Emergency Communication:** The certified athletic trainer or strength and conditioning coaches may carry a cell phone for emergency use. Several landline telephones are located in the space including in the coach’s office and mounted on the wall near the west entrance to the rowing erg room.

• **Emergency Equipment:** Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED:** Mounted on the wall between strength and conditioning coaches’ offices in the main weight room
  2. **Splinting/spineboarding equipment:** Front closet in the Case Athletic Training Room
  3. **Emergency bag:** Front Closet the Case Athletic Training Room
  4. **Athletic training kit:** Bathroom in the Case Athletic Training Room
  5. **Oxygen delivery systems:** Front Closet in the Case Athletic Training Room

<table>
<thead>
<tr>
<th>Activate EAP</th>
<th>MD/Other Help</th>
<th>Bring AED and Emergency Bag</th>
<th>Bring Emergency Equipment</th>
</tr>
</thead>
</table>

---

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</tr>
</thead>
<tbody>
<tr>
<td>300 Babcock</td>
<td>300 Babcock Street</td>
<td>617-353-2121</td>
<td>Swipe Card Access</td>
</tr>
<tr>
<td>Weight Room – 3rd floor</td>
<td>Boston, MA 02215</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

• **Role of First Responders**
  1. *Immediate care of injured athlete*
  2. *Activation of EMS* – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. *Emergency equipment retrieval*
  4. *Direction of EMS to scene*
    a. Position 1: Designate individual to wait for EMS at Position 1. Once on site, direct EMS via the elevator to the facility.
  5. *Crowd control* – Designate an individual to secure area for first aid providers and move bystanders away from the area.
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• Role of First Responders
  1. **Immediate care of injured athlete**
  2. **Activation of EMS** – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. **Emergency equipment retrieval**
  4. **Direction of EMS to scene**
     a. Position 1: Designate individual to wait for EMS at Position 1. Swipe-card access (SC) is needed to access the building from the street.
  5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area.
• **Venue Directions:** 300 Babcock St (GPS: 42.353922, -71.120923). The tank room is located on the first floor at 302 Babcock St. Turn off Commonwealth Ave. onto Babcock Street (turn north towards the Charles River). Travel about 250 yards down Babcock Street. EMS should enter 302 Babcock through the marked entrance on the left-hand side of Babcock Street, about 20 yards past the corner of Ashford Street. Once inside the building, continue past vending services to the first hallway on the right. Turn down this hallway and follow to the tank room entrance on the left.

• **Emergency Personnel:** First, contact BUPD to activate EMS. Certified athletic trainers are available in Case Athletic Training room during normal business hours. If additional help is needed, contact athletic training services to request assistance from:
  1. Case Athletic Training room (617-353-2746)
  2. FitRec Athletic Training room (617-353-7377)
  3. Anthony Dougal Athletic Training room (617-353-7326)

• **Emergency Communication:** Coaches, athletic trainers, and/or strength and conditioning coaches may carry a cell phone for emergency use. There are no landline phones in the tank room.

• **Emergency Equipment:** Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED:** On the stairs on the far side of the tank room, opposite the entrance.
  2. **Splinting/spineboarding equipment:** Front closet in the Case Athletic Training Room
  3. **Emergency bag:** Front Closet the Case Athletic Training Room
  4. **Athletic training kit:** Bathroom in the Case Athletic Training Room
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<tr>
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<tbody>
<tr>
<td><img src="image1.png" alt="Activate EAP" /></td>
<td><img src="image2.png" alt="MD/Other Help" /></td>
<td><img src="image3.png" alt="Bring AED and Emergency Bag" /></td>
<td><img src="image4.png" alt="Bring Emergency Equipment" /></td>
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- **Role of First Responders**
  1. *Immediate care of injured athlete*
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  4. *Direction of EMS to scene*
     a. Position 1: Designate individual to wait for EMS at **Position 1**. Once on site, direct EMS to the facility.
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### Role of First Responders

1. **Immediate care of injured athlete**
2. **Activation of EMS** – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
3. **Emergency equipment retrieval**
4. **Direction of EMS to scene**
   a. Position 1: Designate individual to go to the Case Lobby to wait for EMS at **Position 1**. Once on site, direct EMS to the facility.
5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area.
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<th>ADDRESS</th>
<th>EMERGENCY CALL</th>
<th>KEYS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Case Center</td>
<td>277 Babcock Street</td>
<td>617-353-2121</td>
<td></td>
</tr>
<tr>
<td>The Roof</td>
<td>Boston, MA 02215</td>
<td></td>
<td></td>
</tr>
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</table>

• Role of First Responders
  1. Immediate care of injured athlete
  2. Activation of EMS – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. Emergency equipment retrieval
  4. Direction of EMS to scene
     a. Position 1: Designate individual to wait for EMS outside at Position 1. Once on site, direct EMS to the facility.
  5. Crowd control – Designate an individual to secure area for first aid providers and move bystanders away from the area
This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.
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<table>
<thead>
<tr>
<th>SITE NAME</th>
<th>ADDRESS</th>
<th>EMERGENCY CALL</th>
<th>FACILITIES INCLUDED</th>
</tr>
</thead>
<tbody>
<tr>
<td>Case Center Locker Rooms Zone 1</td>
<td>285 Babcock Street Boston, MA 02215</td>
<td>617-353-2121</td>
<td>Men’s Basketball locker room B03</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Men’s basketball coaches B05</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Men’s Soccer locker room B07</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Old Wrestling B11</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Men’s coaches locker room B10</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Female Officials locker room B10A</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Officials locker room B16</td>
</tr>
</tbody>
</table>

**Role of First Responders**

1. *Immediate care of injured athlete*

2. *Activation of EMS* – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.

3. *Emergency equipment retrieval*

4. *Direction of EMS to scene*
   a. Position 1: Designate individual to wait for EMS at Position 1. Once one site, direct EMS to the appropriate facility. **Lockers room codes will be necessary and may be unlocked by facilities staff.**

| Men’s Basketball locker room | B03 |
| Men’s basketball coaches    | B05 |
| Men’s Soccer locker room    | B07 |
| Old Wrestling Room          | B11 |
| Men’s coaches locker room   | B10 |
| Female Officials locker room| B10A|
| Male Officials locker room  | B16 |
This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.

Campus. Turn off Commonwealth Ave onto Babcock Street (turn North towards the Charles River). Follow Babcock St. for approximately 210 yards, the ambulance entrance is located at 285 Babcock St. (front door to Case Athletic Center). Once inside the building, take first right off main hallway. The locker rooms are all located immediately off the first hallway.

• Emergency Personnel: First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:
  1. Case Athletic Training room (617-353-2746)
  2. FitRec Athletic Training room (617-353-7377)
  3. Anthony Dougal Athletic Training room (617-353-7326)

• Emergency Communication: The certified athletic trainer may carry a cell phone for emergency use. Landline telephones are located on the desk in the treatment area of the Case athletic training room as well as throughout the office area.

• Emergency Equipment: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. AED: Mounted on the wall outside the office on the wet room side of the Case Athletic Training Room
  2. Splinting/spineboarding equipment: Front Closet in the Case Athletic Training Room
  3. Emergency bag: Front Closet in the Case Athletic Training Room
  4. Athletic training kit: Bathroom in the Case Athletic Training Room
  5. Oxygen delivery systems: Front Closet in the Case Athletic Training Room

<table>
<thead>
<tr>
<th>Activate EAP</th>
<th>MD/Other Help</th>
<th>Bring AED and Emergency Bag</th>
<th>Bring Emergency Equipment</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1" alt="Activate EAP" /></td>
<td><img src="image2" alt="MD/Other Help" /></td>
<td><img src="image3" alt="Bring AED and Emergency Bag" /></td>
<td><img src="image4" alt="Bring Emergency Equipment" /></td>
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Modified 7/17
This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.

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<th>EMERGENCY CALL</th>
<th>FACILITIES INCLUDED</th>
</tr>
</thead>
<tbody>
<tr>
<td>Case Center Locker Rooms Zone 2</td>
<td>285 Babcock Street Boston, MA 02215</td>
<td>617-353-2121</td>
<td>Visitor’s locker room ‘old lacrosse’</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Softball locker room</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Women’s golf locker room</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Women’s golf swing room</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Women’s tennis locker room</td>
</tr>
</tbody>
</table>

**Role of First Responders**

1. **Immediate care of injured athlete**

2. **Activation of EMS** – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.

3. **Emergency equipment retrieval**

4. **Direction of EMS to scene**
   a. Position 1: Designate individual to wait for EMS at **Position 1** (visualized in EAP for Locker Room Zone 1). Once one site, direct EMS to the appropriate facility. **Locker room codes will be necessary and may be unlocked by facilities staff.**

<table>
<thead>
<tr>
<th>Entrance to Zone 2</th>
<th>Visitor’s locker room ‘old lacrosse’</th>
<th>Softball locker room</th>
<th>Women’s golf locker room</th>
<th>Women’s golf swing room</th>
<th>Women’s tennis locker room</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>B01G</td>
<td>B01H</td>
<td>B01B</td>
<td>B01A</td>
<td>B03</td>
</tr>
</tbody>
</table>

5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area.

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Venue Directions: 285 Babcock St. (GPS 42.353320, -71.120738) Case Center Locker Rooms Zone 3 is located in the Case Athletic Center at the corner of Ashford St. and Babcock St. adjacent to West Campus. Turn off Commonwealth Ave onto Babcock Street (turn North towards the Charles River). Follow Babcock St. for approximately 210 yards, the ambulance entrance is located at 285 Babcock St.
This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.

(front door to Case Athletic Center). Once inside the building, take first right off main hallway. At the first split, follow the hallway to the left and through the doors. Locker room zone 2 can be accessed by key code 8457. All locker rooms are accessible off of this hallway.

**Emergency Personnel:** First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:
1. Case Athletic Training room (617-353-2746)
2. FitRec Athletic Training room (617-353-7377)
3. Anthony Dougal Athletic Training room (617-353-7326)

**Emergency Communication:** The certified athletic trainer may carry a cell phone for emergency use. There are no **landline telephones** located in this locker room area.

**Emergency Equipment:** Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
1. **AED:** Mounted on the wall outside the office on the wet room side of the Case Athletic Training Room
2. **Splinting/spineboarding equipment:** Front Closet in the Case Athletic Training Room
3. **Emergency bag:** Front Closet in the Case Athletic Training Room
4. **Athletic training kit:** Bathroom in the Case Athletic Training Room
5. **Oxygen delivery systems:** Front Closet in the Case Athletic Training Room

<table>
<thead>
<tr>
<th>Activate EAP</th>
<th>MD/Other Help</th>
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<th>Bring Emergency Equipment</th>
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<tr>
<td><img src="image1" alt="Activate EAP" /></td>
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</thead>
<tbody>
<tr>
<td>Case Center</td>
<td>285 Babcock Street</td>
<td>617-353-2121</td>
<td>Women’s basketball locker room</td>
</tr>
<tr>
<td>Locker Rooms</td>
<td>Boston, MA 02215</td>
<td></td>
<td>Visitor’s main locker room</td>
</tr>
<tr>
<td>Zone 4</td>
<td></td>
<td></td>
<td>Men’s lacrosse locker room</td>
</tr>
</tbody>
</table>

• Role of First Responders
  1. Immediate care of injured athlete
  2. Activation of EMS – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. Emergency equipment retrieval
  4. Direction of EMS to scene
     - Position 1: Designate individual to wait for EMS at Position 1 (visualized in EAP for Locker Room Zone 1). Once one site, direct EMS to the appropriate facility. Locker room codes will be necessary Facilities Staff may unlock doors are detailed below, if necessary.
  5. Crowd control – Designate an individual to secure area for first aid providers and move bystanders away from the area

• Venue Directions: 285 Babcock St. (GPS 42.353320, -71.120738) Case Center Locker Rooms Zone 4 is located in the Case Athletic Center at the corner of Ashford St. and Babcock St. adjacent to West Campus. Turn off Commonwealth Ave onto Babcock Street (turn North towards the Charles River). Follow Babcock St. for approximately 210 yards, the ambulance entrance is located at 285 Babcock St. (front door to Case Athletic Center). Once inside the building, continue through the lobby and go through the first door on the right after the elevator. The locker rooms in zone 4 are all located off this stairwell.

• Emergency Personnel: First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:
  1. Case Athletic Training room (617-353-2746)
  2. FitRec Athletic Training room (617-353-7377)
  3. Anthony Dougal Athletic Training room (617-353-7326)

• Emergency Communication: The certified athletic trainer may carry a cell phone for emergency use. There are no landline telephones located in this locker room area.

• Emergency Equipment: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. AED: Mounted on the wall outside the office on the wet room side of the Case Athletic Training Room
  2. Splinting/spineboarding equipment: Front Closet in the Case Athletic Training Room
  3. Emergency bag: Front Closet in the Case Athletic Training Room
  4. Athletic training kit: Bathroom in the Case Athletic Training Room
  5. Oxygen delivery systems: Front Closet in the Case Athletic Training Room
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### Role of First Responders

1. **Immediate care of injured athlete**
2. **Activation of EMS** – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
3. **Emergency equipment retrieval**
4. **Direction of EMS to scene**
   a. Position 1: Designate individual to wait for EMS at **Position 1**. Once on site, direct EMS to the facility.
5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area.

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<table>
<thead>
<tr>
<th>SITE</th>
<th>ADDRESS</th>
<th>EMERGENCY CALL</th>
<th>KEYS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fit Rec Athletic</td>
<td>915 Commonwealth Ave Boston, MA 02215</td>
<td><strong>617-353-2121</strong></td>
<td></td>
</tr>
</tbody>
</table>
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<th>KEYS</th>
</tr>
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<tbody>
<tr>
<td>Fit Rec Swimming Pool</td>
<td>915 Commonwealth Ave</td>
<td>617-353-2121</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Boston, MA 02215</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- **Role of First Responders**
  1. *Immediate care of injured athlete*
  2. *Activation of EMS* – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. *Emergency equipment retrieval*
  4. *Direction of EMS to scene*
     a. Position 1: Designate individual to wait for EMS at Position 1. Once on site, direct EMS to the facility.
  5. *Crowd control* – Designate an individual to secure area for first aid providers and move bystanders away from the area.

*FIRST FLOOR*
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• **Lightning Safety:** In the event of a thunderstorm, the pool needs to be evacuated due to the chance of injury by ground current. At the first sign of thunder **OR** lightning:
  1. Seek safe shelter in the Lower lobby of the Fitness and Recreation Center.
  2. Designate a weather watcher to monitor the weather from a safe location.
  3. No aquatic activities are to be resumed until 30 minutes after the last sign of lightning/thunder. For every sign observed, the 30 minute timer is reset.

<table>
<thead>
<tr>
<th>Activate EAP</th>
<th>MD/Other Help</th>
<th>Bring AED and Emergency Bag</th>
<th>Bring Emergency Equipment</th>
</tr>
</thead>
</table>

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<tr>
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<th>ADDRESS</th>
<th>EMERGENCY CALL</th>
<th>KEYS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fit Rec SwimEx Pool</td>
<td>915 Commonwealth Ave Boston, MA 02215</td>
<td>617-353-2121</td>
<td></td>
</tr>
</tbody>
</table>

• **Role of First Responders**
  1. **Immediate care of injured athlete**
  2. **Activation of EMS** – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. **Emergency equipment retrieval**
  4. **Direction of EMS to scene**
     a. Position 1: Designate individual to wait for EMS at **Position 1**. Once on site, direct EMS to the facility.
  5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area.

Modified 7/17
This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.
1. **AED**: Mounted on the wall to the left of the main entrance of the Fit Rec Athletic Training Room
2. **Splinting equipment**: Along the wall leading to the doctor’s office in the Fit Rec Athletic Training Room
3. **Emergency bag**: Along the wall leading to the doctor’s office in the Fit Rec Athletic Training Room
4. **Athletic training kit**: Bathroom in the Case Athletic Training Room, although there are first aid supplies available in the Fit Rec Athletic Training Room
5. **Oxygen delivery systems**: Along the wall leading to the doctor’s office in the Fit Rec Athletic Training Room

**Lightning Safety**: In the event of a thunderstorm, the pool needs to be evacuated due to the chance of injury by ground current. At the first sign of thunder OR lightning:
1. Seek safe shelter in the **FitRec Athletic Training room**.
2. Designate a weather watcher to monitor the weather from a safe location.
3. No aquatic activities are to be resumed until 30 minutes after the last sign of lightning/thunder. For every sign observed, the 30 minute timer is reset.

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<thead>
<tr>
<th>SITE</th>
<th>ADDRESS</th>
<th>EMERGENCY CALL</th>
<th>KEYS</th>
<th>LIGHTNING SHELTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Balance Field</td>
<td>278 Babcock Street Boston, MA 02215</td>
<td><strong>617-353-2121</strong></td>
<td>TGM</td>
<td>Case Center Lobby</td>
</tr>
</tbody>
</table>

**Role of First Responders**
1. **Immediate care of injured athlete**
2. **Activation of EMS** – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
3. **Emergency equipment retrieval**
4. **Direction of EMS to scene**

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• **Emergency Equipment**: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED**: Mounted on the wall outside the office on the wet room side of the Case Athletic Training Room
  2. **Splinting/spineboarding equipment**: Front Closet in the Case Athletic Training Room
  3. **Emergency bag**: Front Closet in the Case Athletic Training Room
  4. **Athletic training kit**: Bathroom in the Case Athletic Training Room
  5. **Oxygen delivery systems**: Front Closet in the Case Athletic Training Room

• **Lightning-Safety**: At the first sign of thunder OR lightning:
  1. Seek safe shelter in the Lobby of Case Athletic Center.
  2. If you cannot reach the Case Athletic Center, take shelter in any vehicle with a hard metal roof and closed windows. **NOTE**: The area under the bleachers IS NOT safe.
  3. While indoors, stay away from any the walls, windows, plumbing and electronic devices attached to the walls (including landline telephones). If in a vehicle, avoid contact with the metal frame and radio use.
  4. Designate a weather watcher to monitor the weather from a safe location.
  5. No outdoor activities are to be resumed until 30 minutes after the last sign of lightning/thunder. For every sign observed, the 30 minute timer is reset.

<table>
<thead>
<tr>
<th>SITE</th>
<th>ADDRESS</th>
<th>EMERGENCY CALL</th>
<th>KEYS</th>
<th>LIGHTNING SHELTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nickerson Field</td>
<td>33 Harry Agganis Way</td>
<td>617-353-2121</td>
<td>FAG10 09</td>
<td>Case Center Lobby</td>
</tr>
</tbody>
</table>

• **Role of First Responders**
  1. **Immediate care of injured athlete**
  2. **Activation of EMS** – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. **Emergency equipment retrieval**

This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.
4. **Direction of EMS to scene**
   
a. Position 1: Designate individual to wait for EMS at **Position 1**. Direct them down the ramp and onto Nickerson Field. If the access gate is locked, designate someone to open with **FAG10 key**.
   
b. Position 2: Designate an individual to wait for EMS at **Position 2**. Direct them through the courtyard and into the Nickerson Field bleacher area. If the access gate is locked, designate someone to open it with **09 key**.

5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area.

- **Venue Directions**: 33 Harry Agganis Way (GPS 42.352882, -71.118415) Nickerson Field is located off of Harry Agganis Way on the west (left) side of the street. Turn off of Commonwealth Ave. onto Harry Agganis Way (statue of Harry Agganis will be on your right). Continue straight down the street and both entrances are located on the left less than 300 yards from Commonwealth Avenue. If there are difficulties obtaining or using a key, contact Facilities at 617-353-2711.

- **Emergency Personnel**: Certified athletic trainer and athletic training student may be on site for practices and games. First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:
  1. Case Athletic Training room (617-353-2746)
  2. FitRec Athletic Training room (617-353-7377)
  3. Anthony Dougal Athletic Training room (617-353-7326)

This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.
• **Emergency Communication**: The certified athletic trainer may carry a cell phone for emergency use. A landline telephone is located on the wall closest to West Campus residence halls under the “B” in Boston University.

• **Emergency Equipment**: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.

  1. **AED**: Mounted on the wall outside the office on the wet room side of the Case Athletic Training Room
  2. **Splinting/spineboarding equipment**: Front Closet in the Case Athletic Training Room
  3. **Emergency bag**: Front Closet in the Case Athletic Training Room
  4. **Athletic training kit**: Bathroom in the Case Athletic Training Room
  5. **Oxygen delivery systems**: Front Closet in the Case Athletic Training Room

• **Lightning-Safety**: At the first sign of thunder OR lightning:
  1. Seek safe shelter in the Lobby of Case Athletic Center.
  2. If you cannot reach the Case Athletic Center, take shelter in any vehicle with a hard metal roof and closed windows. NOTE: The area under the bleachers IS NOT safe.
  3. While indoors, stay away from any the walls, windows, plumbing and electronic devices attached to the walls (including landline telephones). If in a vehicle, avoid contact with the metal frame and radio use.
  4. Designate a weather watcher to monitor the weather from a safe location.
  5. No outdoor activities are to be resumed until 30 minutes after the last sign of lightning/thunder. For every sign observed, the 30 minute timer is reset.

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<tr>
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<th>EMERGENCY CALL</th>
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<th>LIGHTNING SHELTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outdoor Tennis Courts</td>
<td>33 Harry Agganis Way</td>
<td><strong>617-353-2121</strong></td>
<td>FAG10</td>
<td>Case Center Lobby</td>
</tr>
</tbody>
</table>

• **Role of First Responders**
  1. **Immediate care of injured athlete**
  2. **Activation of EMS** – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. **Emergency equipment retrieval**
4. **Direction of EMS to scene**
   
   *Position 1:* Designate individual to wait for EMS at **Position 1**. Direct them down the ramp and onto the tennis courts. If the access gate is locked, designate someone to open with **FAG10 key**.

5. **Crowd control** — Designate an individual to secure area for first aid providers and move bystanders away from the area.

**Venue Directions:** 33 Harry Agganis Way (GPS 42.352882, -71.118415) Nickerson Field is located off of Harry Agganis Way on the west (left) side of the street. Turn off of Commonwealth Ave. onto Harry Agganis Way (statue of Harry Agganis will be on your right). Continue straight down the street and the entrance is located on the left less than 300 yards from Commonwealth Avenue. If there are difficulties obtaining or using a key, contact Facilities at 617-353-2711.

**Emergency Personnel:** Certified athletic trainer and athletic training student may be on site for practices and games. First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:

1. Case Athletic Training room (617-353-2746)
2. FitRec Athletic Training room (617-353-7377)
3. Anthony Dougal Athletic Training room (617-353-7326)

This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.
• **Emergency Communication:** The certified athletic trainer may carry a cell phone for emergency use. A landline telephone is located on the wall closest to West Campus residence halls under the “B” in Boston University.

• **Emergency Equipment:** Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED:** Mounted on the wall outside the office on the wet room side of the Case Athletic Training Room
  2. **Splinting/spineboarding equipment:** Front Closet in the Case Athletic Training Room
  3. **Emergency bag:** Front Closet in the Case Athletic Training Room
  4. **Athletic training kit:** Bathroom in the Case Athletic Training Room
  5. **Oxygen delivery systems:** Front Closet in the Case Athletic Training Room

• **Lightning-Safe Shelter:** At the first sign of thunder OR lightning:
  1. Seek safe shelter in the Lobby of Case Athletic Center.
  2. If you cannot reach the Case Athletic Center, take shelter in any vehicle with a hard metal roof and closed windows. NOTE: The area under the bleachers IS NOT safe.
  3. While indoors, stay away from any the walls, windows, plumbing and electronic devices attached to the walls (including landline telephones). If in a vehicle, avoid contact with the metal frame and radio use.
  4. Designate a weather watcher to monitor the weather from a safe location.
  5. No outdoor activities are to be resumed until 30 minutes after the last sign of lightning/thunder. For every sign observed, the 30 minute timer is reset.

<table>
<thead>
<tr>
<th>SITE</th>
<th>ADDRESS</th>
<th>EMERGENCY CALL</th>
<th>KEYS</th>
<th>LIGHTNING SHELTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Softball</td>
<td>89 Ashford Street</td>
<td>617-353-2121</td>
<td>TGM</td>
<td>Track and Tennis Center</td>
</tr>
<tr>
<td></td>
<td>Boston, MA 02134</td>
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</tr>
</tbody>
</table>

• **Role of First Responders**
  1. **Immediate care of injured athlete**
  2. **Activation of EMS** – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. **Emergency equipment retrieval**

This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.
4. **Direction of EMS to scene**  
   a. Position 1: Designate individual to wait for EMS at **Position 1**. Direct them onto the field. If the access gate is locked, designate someone to open with **TGM**.  
   b. Position 2: Designate an individual to wait for EMS at **Position 2** and direct them onto the field. If the access gate is locked, designate someone to open it with **TGM**.  
5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area.

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**Venue Directions:** 89 Ashford Street (GPS 42.354054, -71.123992). The softball field is located at the corner of Ashford Street, Gardner Street, and Alcorn Street.  
   o **Position 1**: Turn off of Commonwealth Ave. (towards Charles River) onto Malvern Street (just after Packard’s Corner). Continue down Malvern approximately 210 yards to Ashford St. Turn right on Ashford Street and travel to Position 1 on the right.  
   o **Position 2**: Turn off of Commonwealth Ave. (towards Charles River) onto Malvern St (just after Packard’s Corner). Travel approximately 400 ft and turn right onto Gardner St. Position 2 is approximately 200 ft ahead on the left.  

If there are difficulties obtaining or using a key, contact Facilities at 617-353-2711.
• Emergency Personnel: Certified athletic trainer and athletic training student may be on site for practices and games. First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:
  1. Case Athletic Training room (617-353-2746)
  2. FitRec Athletic Training room (617-353-7377)
  3. Anthony Dougal Athletic Training room (617-353-7326)

• Emergency Communication: The certified athletic trainer may carry a cell phone for emergency use. A landline phone is located to the left of the main doors to the Track and Tennis Center.

• Emergency Equipment: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. AED: Mounted on the wall at the southwestern corner of the track in the Track and Tennis Center
  2. Splinting/spineboarding equipment: Front Closet in the Case Athletic Training Room
  3. Emergency bag: Front Closet in the Case Athletic Training Room
  4. Athletic training kit: Bathroom in the Case Athletic Training Room
  5. Oxygen delivery systems: Front Closet in the Case Athletic Training Room

• Lightning-Safe Shelter: At the first sign of thunder OR lightning:
  1. Seek safe shelter in the Track and Tennis Center.
  2. If you cannot reach the Track and Tennis Center, take shelter in any vehicle with a hard metal roof and closed windows. NOTE: The dugouts are NOT safe.
  3. While indoors, stay away from any the walls, windows, plumbing and electronic devices attached to the walls (including landline telephones). If in a vehicle, avoid contact with the metal frame and radio use.
  4. Designate a weather watcher to monitor the weather from a safe location.
  5. No outdoor activities are to be resumed until 30 minutes after the last sign of lightning/thunder. For every sign observed, the 30 minute timer is reset.

<table>
<thead>
<tr>
<th>Activate EAP</th>
<th>MD/Other Help</th>
<th>Bring AED and Emergency Bag</th>
<th>Bring Emergency Equipment</th>
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<tr>
<td>SITE</td>
<td>ADDRESS</td>
<td>EMERGENCY CALL</td>
<td>KEYS</td>
</tr>
<tr>
<td>Track and Tennis Center</td>
<td>100 Ashford Street</td>
<td>617-353-2121</td>
<td></td>
</tr>
</tbody>
</table>

• Role of First Responders
  1. Immediate care of injured athlete
  2. Activation of EMS – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. Emergency equipment retrieval

This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.
4. **Direction of EMS to scene**
   a. Position 1: Designate individual to wait for EMS at **Position 1**. Once on site, direct EMS to the injured party.
   b. **Garage Door Access**: There is a garage door at the ambulance entrance to the venue that should be opened to allow ease of emergency access. The operating button is on the left-hand wall if you are standing on the ramp looking away from the track.

5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area.

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**Venue Directions:** 100 Ashford Street (42.354256, -71.123408) Turn down Babcock St. (turn towards Charles River). Follow Babcock St. for approximately 210 yards and take Left onto Ashford St. Follow Ashford St. for approximately 200 yards to the ambulance entrance at the far end of the Track and Tennis Center.

**Emergency Personnel:** Certified athletic trainer and athletic training student may be on site for practices and games. First, contact BUPD to activate EMS. Next, contact athletic training services to request assistance from:
   1. Case Athletic Training room (617-353-2746)
   2. FitRec Athletic Training room (617-353-7377)

This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.
3. Anthony Dougal Athletic Training room (617-353-7326)

• **Emergency Communication**: The certified athletic trainer may carry a cell phone for emergency use. A landline phone is located to the left of the main doors to the Track and Tennis Center. Inside the venue, there are phones located in the throwing pit, at the front desk, and in the athletic training room.

• **Emergency Equipment**: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED**: Mounted on the wall at the southwestern corner of the track in the Track and Tennis Center
  2. **Splinting/spineboarding equipment**: Front Closet in the Case Athletic Training Room
  3. **Emergency bag**: Front Closet in the Case Athletic Training Room
  4. **Athletic training kit**: Bathroom in the Case Athletic Training Room
  5. **Oxygen delivery systems**: Front Closet in the Case Athletic Training Room

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<tr>
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<th>MD/Other Help</th>
<th>Bring AED and Emergency Bag</th>
<th>Bring Emergency Equipment</th>
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<tr>
<th>SITE</th>
<th>ADDRESS</th>
<th>EMERGENCY CALL</th>
<th>KEYS</th>
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<tbody>
<tr>
<td>Walter Brown Arena</td>
<td>285 Babcock Street, Boston, MA 02215</td>
<td>617-353-2121</td>
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</tr>
</tbody>
</table>

• **Role of First Responders**
  1. **Immediate care of injured athlete**
  2. **Activation of EMS** – Designate an individual to call BUPD at 617-353-2121. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. **Emergency equipment retrieval**

This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.
4. **Direction of EMS to scene**
   a. Position 1: Designate individual to wait for EMS at Position 1. Once on site, direct EMS to the injured party.

5. **Crowd control** – Designate an individual to secure area for first aid providers and move bystanders away from the area

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**Venue Directions:** 285 Babcock St. (GPS 42.353320, -71.120738). Walter Brown Arena is located at 285 Babcock St. in the Case Athletic Center at the corner of Ashford St. and Babcock St. adjacent to West Campus. Turn off Commonwealth Ave onto Babcock Street (turn North towards the Charles River). Follow Babcock St. for approximately 300 yards from Commonwealth Avenue. The ambulance entrance is past the main building doors on the right hand side near the end of Babcock St.

**Emergency Personnel:** First, contact BUPD to activate EMS. Certified athletic trainers are available in Case Athletic Training room during normal business hours. If additional help is needed, contact athletic training services to request assistance from:

1. Case Athletic Training room (617-353-2746)
2. Anthony Dougal Athletic Training room (617-353-7326)
3. FitRec Athletic Training room (617-353-7377)

• **Emergency Communication**: The certified athletic trainer may carry a cell phone for emergency use. A **landline telephone** is located in the Walter Brown arena athletic training room.

• **Emergency Equipment**: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.
  1. **AED**: Mounted on the wall outside the office on the wet room side of the Case Athletic Training Room
  2. **Splinting/spineboarding equipment**: Front Closet in the Case Athletic Training Room
  3. **Emergency bag**: Front Closet in the Case Athletic Training Room
  4. **Athletic training kit**: Bathroom in the Case Athletic Training Room
  5. **Oxygen delivery systems**: Front Closet in the Case Athletic Training Room

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<thead>
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<table>
<thead>
<tr>
<th>SITE</th>
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</thead>
<tbody>
<tr>
<td>Room B11</td>
</tr>
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<table>
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<tr>
<th>ADDRESS</th>
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</thead>
<tbody>
<tr>
<td>285 Babcock Street</td>
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<tr>
<td>Boston, MA 02215</td>
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<table>
<thead>
<tr>
<th>EMERGENCY CALL</th>
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</thead>
<tbody>
<tr>
<td>617-353-2121</td>
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<table>
<thead>
<tr>
<th>KEYS</th>
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</thead>
</table>

• **Role of First Responders**
  1. **Immediate care of injured athlete**
  2. **Activation of EMS** – Designate an individual to call BUPD at **617-353-2121**. Caller will provide pertinent information to campus police. Campus police will call an ambulance.
  3. **Emergency equipment retrieval**
  4. **Direction of EMS to scene**

This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.
This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.

- **Venue Directions:** 285 Babcock St. (GPS 42.353320, -71.120738) Room B11 (previously used as the wrestling room practice facility) is located in the Case Athletic Center at the corner of Ashford St. and Babcock St. adjacent to West Campus. Turn off Commonwealth Ave onto Babcock Street (turn North towards the Charles River). Follow Babcock St. for approximately 210 yards, the ambulance entrance is located at 285 Babcock St. (front door to Case Athletic Center). Once inside the building, take first right off main hallway. At the end of the hallway turn left and then a quick right. Go through the double doors marked women’s locker rooms and enter the wrestling room practice facility through the door immediately in front of you. There are two small steps into the wrestling room.

- **Emergency Personnel:** First, contact BUPD to activate EMS. Certified athletic trainers are available in Case Athletic Training room during normal business hours. If additional help is needed, contact athletic training services to request assistance from:
  1. Case Athletic Training room (617-353-2746)
  2. FitRec Athletic Training room (617-353-7377)
  3. Anthony Dougal Athletic Training room (617-353-7326)

- **Emergency Communication:** The certified athletic trainer may carry a cell phone for emergency use. The closest landline telephone is located on the desk in the treatment area of the Case athletic training room.
Emergency Equipment: Athletic training staff may bring emergency equipment to the venue during athletic practices and/or events. The locations listed are the closest to venue where equipment is permanently stored and would be available for use during emergency.

1. AED: Mounted on the wall outside the office on the wet room side of the Case Athletic Training Room
2. Splinting/spineboarding equipment: Front Closet in the Case Athletic Training Room
3. Emergency bag: Front Closet in the Case Athletic Training Room
4. Athletic training kit: Bathroom in the Case Athletic Training Room
5. Oxygen delivery systems: Front Closet in the Case Athletic Training Room
COACHES AND TEAMS TRAVELING WITHOUT A CERTIFIED ATHLETIC TRAINER

If medical personnel is present
- Prior to event introduce yourself to the medical staff covering event.
- If a student-athlete needs transportation to a hospital have someone go with the injured individual, preferably a university staff member.
- All coaches should travel with the following information for each student-athlete
  1. Medical history summary
  2. Insurance information
  3. Emergency contact information
- If the hospital visit requires the student-athlete to stay for longer than the trip was planned, a member of the coaching staff should stay with the student-athlete.
- After ensuring athlete is appropriately cared for on scene, contact the athletic trainer who coordinates care for your sport to inform them of the incident. If that individual is not available, start at the top of the emergency phone list (provided on page 72) and work down the list until you are able to talk to someone (leaving a message does not count).

If medical personnel is not present
- If you are at an athletic venue, attempt to find the protocol that will be followed if an emergency occurs.
- During travel, coaches who should know both the name of and directions to their current location in the event they need to provide EMS with this information. This applies to athletic venues, hotels, etc.
- If there is no medical coverage assist the student-athlete to the best of your ability. If further assistance is needed, call 911 or the number given to you in the protocol, if applicable.
- If a student-athlete needs transportation to a hospital have someone go with the injured individual, preferably a university staff member.
- All coaches should travel with the following information for each student-athlete
  1. Medical history summary
  2. Insurance information
  3. Emergency contact information
- If the hospital visit requires the student-athlete to stay for longer than the trip was planned, a member of the coaching staff should stay with the student-athlete.
- After ensuring athlete is appropriately cared for on scene, contact the athletic trainer who coordinates care for your sport to inform them of the incident. If that individual is not available, start at the top of the emergency phone list (provided on page 81) and work down the list until you are able to talk to someone (leaving a message does not count).
HOSPITAL DIRECTIONS

Boston Medical Center Emergency Department: (751 Albany Street, Boston MA) should be utilized during an emergency involving an incident on Boston University’s campus.

From all venues at Case Center, Track and Tennis Center, Softball Field, Agganis Arena and Fitness & Recreation Center:

Turn left onto Commonwealth Ave. Continue along Commonwealth Ave. for approximately 1.5 miles (will pass all of BU’s campus and will be heading towards downtown Boston). Make a right turn onto Massachusetts Ave. and follow this for approximately 3 miles. As you get close to Boston Medical Center, you will see signs for the hospital, as well as the Emergency Department. A walkway will span over Mass Ave as you approach the hospital. Move into the left lane and turn left at the traffic light after the walkway. This will be Albany Street. The Emergency Department is located on the left at 751 Albany St.

** There is a parking garage on the right side of Albany Street just past the Emergency Department.

Off Campus Sites: Depending on venue location, injured patients may not be transported to Boston Medical Center for a serious injury due to proximity of other level 1 trauma hospitals. For directions to these hospitals, you should contact campus police at that school and ask for directions.
This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.

<table>
<thead>
<tr>
<th>HOSPITAL</th>
<th>ADDRESS AND PHONE NUMBER</th>
<th>DISTANCE FROM AGGANIS</th>
<th>TRAUMA LEVEL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boston Medical Center</td>
<td>751 Albany Street Boston, MA 02118 617-414-4075</td>
<td>3.1 miles</td>
<td>Level 1 • Trauma</td>
</tr>
<tr>
<td>Beth Israel Deaconess Medical Center</td>
<td>190 Pilgrim Road Boston, MA 02215 617-754-2323</td>
<td>1.4 miles</td>
<td>Level 1 • Trauma</td>
</tr>
<tr>
<td>St. Elizabeth’s Medical Center</td>
<td>736 Cambridge Street Brighton, MA 02135 617-789-2666</td>
<td>1.6 miles</td>
<td>ED</td>
</tr>
<tr>
<td>Children’s Hospital Boston</td>
<td>300 Longwood Avenue Boston, MA 02115 617-355-6624</td>
<td>1.6 miles</td>
<td>Level 1 • Pediatric Only</td>
</tr>
<tr>
<td>Brigham &amp; Women’s Hospital</td>
<td>75 Francis Street Boston, MA 02115 617-732-5640</td>
<td>1.8 miles</td>
<td>Level 1 • Trauma</td>
</tr>
<tr>
<td>Tufts Medical Center</td>
<td>830 Washington Street Boston, MA 02111 617-636-5566</td>
<td>4.1 miles</td>
<td>Level 1</td>
</tr>
<tr>
<td>Mass General Hospital</td>
<td>55 Fruit Street Boston, MA 02114 617-724-4100</td>
<td>3.1 miles</td>
<td>Level 1 • Trauma • Burn Unit</td>
</tr>
<tr>
<td>Mount Auburn Hospital</td>
<td>330 Mount Auburn Street Cambridge, MA 02138 617-499-5025</td>
<td>3.5 miles</td>
<td>ED</td>
</tr>
</tbody>
</table>
CATASTROPHIC INCIDENT NOTIFICATION PLAN

In the event of a catastrophic incident, the first responder should follow procedures outlined in the appropriate Emergency Action Plan (EAP). After the situation is under control and the patient is appropriately treated, the following chain of command should be initiated: NOTE ALL PHONE NUMBERS ARE CELL NUMBERS AND SHOULD BE KEPT CONFIDENTIAL

1. If an Boston University ROTC cadet is injured then contact:
   a. Brian Vesci (617-692-0049)
      if Brian’s not available, contact: Mark Laursen (617-549-0198)
      if Mark is not available, contact: Larry Venis (617-791-8602)
   b. One of the above will take responsibility for contacting university administrators
   c. Medical Director – Dr. Douglas Comeau (781-420-6761)
      if Doug isn’t available, leave a voicemail.

2. If it’s a varsity sport student-athlete injured then contact:
   a. Jenn Chadburn (617-429-3534)
      if Jenn’s not available, contact: Mark Laursen (617-549-0198)
      if Mark’s not available, contact: Brain Vesci (617-692-0049)
   b. If Jenn is contacted she will contact Athletics Administration. If neither is contacted, contact: Bethany Ellis (617-999-4970)
      If Bethany is not available, contact: Drew Marrochello (617-620-9413)
   c. Jenn or Bethany will contact the Director of Risk Management - (617-353-3020)
   d. Medical Director - Dr. Douglas Comeau (781-420-6761)
      if Doug isn’t available, leave a voicemail.

3. If it’s a club sport student-athlete injured then contact:
   a. Larry Venis (617-791-8602)
      if Larry’s not available, contact Mark Laursen (617-549-0198)
      if Mark’s not available, contact: Brain Vesci (617-692-0049)
   b. If Larry is contacted, he will contact the Director of PERD. If not, contact: Tim Moore (857-600-8565)
   c. Larry or Director of PERD will then contact the Director of Risk Management - (617-353-3020)
   d. Medical Director - Dr. Douglas Comeau (781-420-6761)
      if Doug isn’t available, leave a voicemail.
This policy is intended to guide patient care. Medical conditions and specific medical situations are often complex and require health care providers to make independent judgments. These policies may be modified by practitioners to achieve maximal patient outcomes.
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