CONDOM FAIRY magazine
intimate inquiry
Q&A column

QUIZ: Who’s your ideal partner?

Pick Your Protection
Are you CONDOM SAVVY?

Pleasure Corner tips to light your fire

PLUS
8 Non-Awkward Ways to Get Consent

#DIW4927503981/6#
BU STUDENT
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BOSTON, MA 02215-1274
Greetings, Boston University!

Thank you for reading Condom Fairy Magazine — created by students, for students. Flip through to find out how to have safer sex that is enjoyable for both you and your partner! Even if you are not sexually active, thinking about this information now can be helpful for the future. If you have any questions, please don’t hesitate to contact me at: CondomFairy@bu.edu

Condom Fairy

The Condom Fairy
EDITOR-IN-CHIEF

Boston University Student Health Services
@BUStudentHealth
@BUStudentHealth
WellnessBU
SpreadtheHealthBU.com
Consent is an unmistakable, often verbal, positive agreement to participate in a sexual activity. It is an ongoing dialogue where partners check in at each step and allow either person to say no at any point. Remember, lack of a “no” doesn’t mean “yes.”

Ask your friends to help you fill in the blanks below and come up with some great, non-awkward ways to ask for consent!

1. Can I ______ your ________?
   - verb
   - body part

2. Would it be hot if we _______?
   - verb (past tense)

3. Would you like me to ______ your ________?
   - verb
   - body part

4. Can I take off your ________?
   - article of clothing

5. How _______ would it be if I ________ for you?
   - adjective
   - verb (past tense)

6. I’m really turned on…wanna ________?
   - verb

7. Have you ever ________? Wanna try it?
   - verb (past tense)

8. Can we try ________ instead?
   - verb + ing
The Condom Fairy Protection Plan

I have a...

Penis

Vagina

and I like

Penises

Vaginas

Penises

Vaginas

and I have consent to engage in...
Order free supplies at www.bu.edu/shs/condomfairy
Are you CONDOM SAVVY?

Each picture corresponds to one of the steps to putting on a condom. Number the picture with the step it depicts!

1. Open with care
First, check that the condom has not expired. Do not use your teeth to open the package, and use a new condom for each act of intercourse.

2. Lube up the inside
Remove the condom from the package and apply a small amount of lube to the inside tip. This reduces the risk of the condom breaking.

3. Pinch the tip
Pinch the tip of the condom between your thumb and forefinger. This prevents air from being trapped at the tip of the condom and leaves an empty space to collect semen.

4. Roll it on
Place the condom on the head of the erect penis with the rolled side out. If the penis is not circumcised, pull the foreskin back before putting the condom on. Roll the condom down with your other hand.

5. Lube up the outside
Apply additional lube to the outside of the condom to make sex feel even better! It also helps reduce the risk of breaking. If it does break, stop and put on a new condom.

6. Hold on tight
After ejaculation, hold on to the base of the condom tightly while sliding the penis out. Wrap the condom in tissue, throw it in the trash (not the toilet) and wash your hands!
**The 4-1-1 on the FC2 Female Condom**

**what is it?**

- A condom worn inside the vagina
- The inner ring fits inside the vagina, hugs the cervix and holds the condom in place
- The outer ring remains outside the vagina, covering some of the vulva

**how it’s different:**

- A latex-free alternative to the male condom
- Compatible with water, silicone, and oil-based lubricants
- Doesn’t constrict the penis
- Can be inserted before foreplay to avoid ruining the moment

**why it’s awesome!**

- 99% effective against STIs and pregnancy
- Increases pleasure by warming to body temp
- Can stimulate the clitoris with the outer ring
- Can be used during anal sex if inner ring is removed

>>visit www.fc2femalecondom.com for more information<<
Dear Condom Fairy,
I’ve been dating around for a couple of years now, and have never been tested for STIs. I don’t have any burning or itching, but my friend told me I should get tested anyway. What should I get tested for? —Curious

Dear Curious,
Your friend is right; most STIs don’t show any symptoms, so you can’t rely on your body to tell you that you have an infection. The good news is that you probably don’t need to get tested for everything! Chlamydia and gonorrhea are the most common STIs among college students. If you are tested at Student Health Services, your provider will ask questions about your sexual history to determine which tests you need. If you go to a different clinic, you should ask for their advice on which STIs you should be tested for.

Dear Condom Fairy,
My high school girlfriend and I went on a break for our first semester at college. We ended up hooking up while we were home for break. You help me have safer sex at school, but since you can’t discreetly deliver to my parents’ house, I didn’t have a condom. I’m not sure if my girlfriend was with other people, so I want to get tested. How much will that cost, and can I keep it a secret from my parents? —Worried

Dear Worried,
If you have the BU Aetna Student Health insurance, testing is free and confidential at Student Health Services! There are also places that provide free and confidential STI testing without billing insurance or notifying your parents, such as Boston Medical Center STD Clinic or Project Trust (see page 13 for more info). Cost varies at other clinics depending on your health insurance, but most insurance plans do cover STI testing. To determine the exact cost, call the number on your insurance card.

The percent of CF customers who agree that students should get tested even if they don’t have STI symptoms

The percent of CF customers who believe she makes it easier to practice safer sex
Dear Condom Fairy,
I’ve been hanging out with this guy I met in class, and things have been heating up lately. I asked my doctor to test me for STIs at my last visit, and the tests came back negative. I’d like to keep my clean bill of health, so I want to ask him to get tested before we have sex. How can I ask him without ruining the moment?
--Awkward

The percent of CF customers who got tested because they were starting a new relationship

Dear Awkward,
Way to take the initiative! Starting a new sexual relationship is a common reason to get tested, so he should understand. Next time you’re hanging out, you could say, “I’m excited to take things further, but I want to be sure we’re being safe. When is the last time you were tested?” Maybe he was tested after his last partner and you’re good to go! If he hasn’t been tested, tell him that most appointments at Student Health Services are only 15 minutes long, and it’s probably as easy as peeing in a cup! Reassure him that if he has something, you won’t think any less of him—you just want to be sure you’re both healthy before gettin’ it on. If he refuses to get tested even after you give him time to think about it, you may want to re-evaluate getting hot and heavy with him.

Condom Fairy
Emergency Contraception MYTHBUSTERS

The emergency contraceptive pill (ECP)—also known as “the morning-after pill”—contains hormones that can be taken up to 5 days after unprotected sex to prevent pregnancy. The sooner you take it, the more effective it is. There’s a lot of misinformation surrounding ECPs. Let’s bust some myths!

<table>
<thead>
<tr>
<th>MYTH</th>
<th>BUSTED</th>
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<tbody>
<tr>
<td>MYTH: The ECP is an abortion pill.</td>
<td>FACT: ECPs prevent pregnancy from happening by delaying ovulation. If sperm has already fertilized an egg, ECPs won’t abort or hurt the pregnancy.</td>
</tr>
<tr>
<td>MYTH: ECP requires a prescription.</td>
<td>FACT: The “Plan B” brand doesn’t require a prescription and is found at most pharmacies.</td>
</tr>
<tr>
<td>MYTH: ECPs affect fertility.</td>
<td>FACT: The ECP won’t hurt you or make you infertile, no matter how many times you take it.</td>
</tr>
<tr>
<td>MYTH: ECPs can be a routine form of birth control.</td>
<td>FACT: ECPs are for emergencies only. It’s less effective than the pill (85% vs. 99%) and more expensive. It also doesn’t protect against STIs.</td>
</tr>
<tr>
<td>MYTH: Taking two birth control pills at once will work the same as an ECP.</td>
<td>FACT: Only some birth control pills can be used as emergency contraception. You would need to take anywhere from 4 to 12 pills, depending on the brand. Consult a healthcare provider to determine the correct dosage.</td>
</tr>
<tr>
<td>MYTH: Plan B is the only ECP available.</td>
<td>FACT: There are several different brands of ECPs (Plan B, Ella, Next Choice), and their effectiveness varies. Talk with your healthcare provider about which brand is right for you.</td>
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**PRO TIP** Buy an ECP to have on hand, just in case!

>>visit [www.bedsider.org](http://www.bedsider.org) for more information on ECPs<<
Animals have qualities that represent the characteristics we see in people. Our fondness (or dislike) of certain animals can say a lot about the kind of people we prefer to be around.

Of the animals below, which is your favorite and which is your least favorite? Choose one animal for each, and then check the next page to interpret your answers!
The animal you chose as your favorite is the spirit animal of your ideal partner, while your least favorite animal represents the type of partner you would hate to be stuck with!"°

<table>
<thead>
<tr>
<th>Animal</th>
<th>Favorite</th>
<th>Least Favorite</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tiger</td>
<td>You see yourself with an ambitious and powerful mate, possessed of an indomitable will to rule.</td>
<td>You dread a vain, tyrannical partner who struts around like the lord of the jungle and growls at any mention of sharing housework.</td>
</tr>
<tr>
<td>Dog</td>
<td>Unquestioning loyalty and absolute devotion are the things you seek most in your mate.</td>
<td>You are utterly incompatible with those who try to please everyone and fret over what others might be thinking.</td>
</tr>
<tr>
<td>Tortoise</td>
<td>Your match made in heaven is both serious and dependable. They are sure to be there in your hour of need.</td>
<td>The prospect of a lifetime spent with a frustratingly slow-moving and slow-witted partner is your absolute worst nightmare.</td>
</tr>
<tr>
<td>Sheep</td>
<td>You see the key to contentment in a partner who is warmhearted and nurturing.</td>
<td>You fear winding up stuck with a boring homebody content to spend each day grazing the same old patch of grass.</td>
</tr>
<tr>
<td>Parrot</td>
<td>Nothing would suit you better than a talkative, fun-loving partner who knows how to make you laugh.</td>
<td>No one could suit you worse than a chattering couch potato with a severe allergy to work.</td>
</tr>
</tbody>
</table>
try ridin’ solo
Masturbation is perfectly healthy and can help you discover what kind of touching gives you pleasure. Treat yo’self so you can teach your partner to do the same!

get in the mood
Choose a time when you know you won’t be interrupted by roommates. Put all thoughts of homework and other stressors aside. Dim the lights. Take a hot shower together.

female orgasm
women are more likely to orgasm when they engage in a variety of sex acts

- necking
- oral sex
- nipple play
- making out
- fingering
- vaginal sex
- massage
- grinding

foreplay, foreplay, foreplay
Skipping to the main event sounds like fun, but trust us: you and a partner are more likely to have a fantastic orgasm if you spend at least 15 minutes kissing, massaging, and exploring.

communicate
“Do you like that?” “Could you move a little to the left?” “Oh yeah, right there!” Check in with your partner. Share what feels good. You can thank them (and yourself) for the awesome sex later.

masturbation

- college men report masturbating an average of 12 times per month
- college women report masturbating an average of 5 times per month

be journey-focused
The more you worry about having an orgasm, the harder it is to actually have one. You might also feel pressured to fake it, which leaves you unsatisfied and doesn’t teach your partner what gets you off! Focus on what feels good. Communicate and enjoy the journey together!
Student Health Services
881 Commonwealth Ave.
(617) 353-3575
Free with Aetna Student Insurance
Appointment required
Accessible by BU Shuttle

Boston Alliance of GLBT Youth
14 Beacon St., Suite 620
(617) 227-TEST
Free STI/HIV testing
Appointment required
Accessible by Green Line

Planned Parenthood
1055 Commonwealth Ave.
(800) 258-4448
Accepts most insurance plans
Appointment encouraged
Accessible by Green B Line

The MALE Center
571 Columbus Ave.
(617) 450-1987
Free rapid HIV testing
Appointment encouraged
Accessible by 1 or CT1 Bus

Boston Medical Center
STD Clinic
725 Albany St.
(617) 414-4290, option 3
Free STI/HIV testing
Walk-ins welcome
Accessible by BU Shuttle

Project Trust
721 Massachusetts Ave.
(617) 414-4495
Free STI/HIV testing
Walk-ins only
Accessible by BU Shuttle
References

Are You Condom Savvy? (p. 5)
1. Condom instructions and images adapted from One Condoms.  
   http://www.onecondoms.com

The 4-1-1 on the FC2 Female Condom (p. 6)
2. Information provided in FC2 training by the Female Health Company.  
   http://www.fc2femalecondom.com

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Emergency Contraception Mythbusters (p. 9)

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Created by Graduate Wellness Interns  
with input from Student Health Ambassadors
Got 15 minutes?

Fit STI testing into your schedule.

Boston University Wellness & Prevention Services