

Spiritual Growth and Stress Support Group

In Collaboration with the Danielson Institute

Boston University

The Spiritual Growth and Stress Support Group, sponsored by and held in the Anna Howard Shaw Center, is for STH students who are interested in self-care and spiritual renewal. This group is intentionally designed for students to share their struggles and support each other in the process of their vocational discernment and academic quest. The maximum number of participants for this group will be 8-10 members. A senior staff member from the Danielson Institute with more than 20 years of professional counseling experience will lead the group with Dr. Choi. This group will meet ten times per semester, every Thursday 11-noon in the Shaw Center. Our first meeting is on September 18. If you are interested, please send an email to Rev. Dr. Choi, Hee An. (hchoi@bu.edu)

FIRST MEETING—
SEPTEMBER 18

11:00-12:00

Boston University

Ann Howard Shaw Center



Contact Dr. Hee An Choi for more information or to sign up!