A GUIDE TO WELLNESS
Stay connected to the resources at Boston University and the School of Education

School of Education Student Services: sedstdt@bu.edu; (617) 353 - 3177; 2 Silber Way, Room 243
- Aims to empower students’ success, by providing them with the resources to navigate Boston University and the School of Education effectively and thrive in their academic pursuits
- Acts as a liaison between faculty, staff, and students, and offices across campus; from the Registrar to Behavioral Medicine. The Office of Student Services is here to connect you
- Advises minors, Intra-University transfers, and dual-degree students. Oversees SED events and programs
- http://www.bu.edu/educ/

School of Education Transitional Mentors: sedtms@gmail.com
- The Transitional Mentor Program is unique to Boston University’s School of Education
- Pairs incoming freshmen with upperclassmen to answer questions and provide a friendly face on campus
- Plans numerous events to introduce first year students to Boston University and the City of Boston
- Aims to make your first year at Boston University both memorable and exciting
- Introduces first years and transfers to classmates and your school, where you will make lasting friendships
- http://www.sedtms.weebly.com

Student Health Services - Medical Services: shsinfo@bu.edu; (617) 353 - 3575; 881 Commonwealth Avenue
- From coughs and colds to asthma and acne, we have a staff of expert clinicians to meet your medical needs in a caring and confidential environment
- Appointments are required for most medical services: call Student Health Services to schedule an appointment. (Please have your UID number ready)
- SHS has walk-in service for urgent problems (i.e. lacerations or chest pains)

Student Health Services - Behavioral Medicine: shsinfo@bu.edu; (617) 353 - 3569; 881 Commonwealth Avenue
- Staff of psychiatrists, psychologists, a nurse clinical specialist, and social workers
- Help addressing short-term psychological issues
- Facilitate referral to expert clinicians in the local community for longer-term care
- Faculty and staff should contact Behavioral Medicine if they are concerned about a student
- There is a specific “Clinician in the College” available to talk with you. Visit the web to find out about yours

Student Health Services - Wellness Services: shsinfo@bu.edu; (617) 353 - 3575; 881 Commonwealth Avenue
- Promote the education around all areas of wellness
- Publishes online magazine Well News to learn about the various components of wellness
- Hosts various workshops and support groups for students
- Oversees the Student Health Ambassadors, who help promote wellness on campus.
- Hosts the Annual BU Wellness Fair to promote the various services available to students

Educational Resource Center: erc@bu.edu; (617) 353 - 7077; 775 Commonwealth Avenue, 4th Floor
- The Educational Resource Center (ERC) is your academic support center on campus.
- Offers Peer Tutoring, Writing Assistance, and Foreign Language Conversation groups (Language Link)
- Professional Staff are also available to meet with students on a one-on-one basis to discuss time management and a variety of study skills
- Offers workshops to help develop new academic skills and strategies
- http://www.bu.edu/erc/