California Bully Victimization Scale – Retrospective (CBVS-R)

Note: Measure is designed to be programmed with skip-outs, please contact <u>jggreen@bu.edu</u> for sample programming.

Citation: Green, J. G., Oblath, R., Felix, E. D., Furlong, M. J., Holt, M. K., & Sharkey, J. D. (2018). Initial evidence for the validity of the California Bullying Victimization Scale (CBVS-R) as a retrospective measure for adults. *Psychological assessment*, *30*(11), 1444-1453.

The following questions are about your entire childhood experience

1. Have you <u>EVER</u> had any of the following things happen to you at school, in a mean or hurtful way?

•	No	Yes
Been teased or called names in a mean or hurtful way	0	Ο
Had rumors or gossip spread in a mean or hurtful way behind your back?	Ο	Ο
Been left out of a group or ignored on purpose in a mean or hurtful way?	Ο	Ο
Been hit, pushed, or physically hurt in a mean or hurtful way?	Ο	Ο
Been threatened in a mean or hurtful way?	0	Ο
Had sexual comments, jokes, or gestures made to you in a mean or hurtful way?	0	Ο
Had your things stolen or damaged in a mean or hurtful way?	0	Ο
Been teased, had rumors spread, or threatened through the Internet	0	Ο
(like MySpace, Facebook, or e-mail) or text messaging in a mean or hurtful		
way by a student at your school?		

SKIP TO THE FOLLOW-UP QUESTIONS ASSOCIATED WITH EACH OF THE ABOVE STEM QUESTIONS THAT IS ENDORSED. IF NONE ENDORSED, SKIP TO NEXT SECTION

IF YES TO TEASING STEM QUESTION

1. You mentioned that you were teased or called names in a way that was mean and hurtful. During the time in your life when being teased or called was AT ITS WORST, how often did it occur?

O A few times a year (SKIP TO RUMOR SPREADING)
O About once a month (SKIP TO RUMOR SPREADING)
O 2 or 3 times a month
O About once a week
O Several times a week

2. During which of the following times in your life were you repeatedly teased or called names in a mean and hurtful way (check all that are true)?

O Elementary school O Middle school/Junior High O High School O Since starting college

3. During the most recent time someone teased you or called you names, how often did it occur?

O A few times a year O About once a month O 2 or 3 times a month O About once a week O Several times a week

IF YES TO RUMOR SPREADING STEM QUESTION

1. You mentioned that someone spread rumors or gossiped behind your back about you in a way that was mean and hurtful. During the time in your life when someone spreading rumors or gossiping behind your back was at its worst, how often did it occur?

- O A few times a year (SKIP TO IGNORING)
- O About once a month (SKIP TO IGNORING)
- O 2 or 3 times a month
- O About once a week
- O Several times a week

2. During which of the following times in your life did someone repeatedly spread rumors about you or gossip behind you back in a mean and hurtful way (check all that are true)?

O Elementary school O Middle school/Junior High O High School O Since starting college

3. During the most recent time someone spread rumors about you or gossiped behind your back, how often did it occur?

O A few times a year O About once a month O 2 or 3 times a month O About once a week O Several times a week

IF YES TO IGNORING STEM QUESTION

1. You mentioned that someone left you out of a group or ignored you on purpose in a way that was mean and hurtful. During the time in your life when being left out of a group or ignored on purpose was at its worst, how often did it occur?

O A few times a year (SKIP TO HITTING) O About once a month (SKIP TO HITTING) O 2 or 3 times a month O About once a week O Several times a week

2. During which of the following times in your life were you repeatedly left out of a group or ignored in a mean and hurtful way (check all that are true)?

O Elementary school O Middle school/Junior High O High School O Since starting college

3. During the most recent time someone left you out of a group or ignored you on purpose, how often did it occur?

O A few times a year O About once a month O 2 or 3 times a month O About once a week O Several times a week

IF YES TO HITTING STEM QUESTION

1. You mentioned that someone hit, pushed, or physically hurt you in a way that was mean and hurtful. During the time in your life when being hit, pushed, or physically hurt was at its worst, how often did it occur?

O A few times a year (SKIP TO THREATENING) O About once a month (SKIP TO THREATENING) O 2 or 3 times a month O About once a week O Several times a week

2. During which of the following times in your life were you repeatedly hit, pushed, or physically hurt in a mean and hurtful way (check all that are true)?

O Elementary school O Middle school/Junior High O High School O Since starting college

3. During the most recent time someone hit, pushed, or physically hurt you, how often did it occur?

O A few times a year O About once a month O 2 or 3 times a month O About once a week O Several times a week

IF YES TO THREATENING STEM QUESTION

1. You mentioned that someone threatened you in a way that was mean and hurtful. During the time in your life when being threatened was at its worst, how often did it occur?

O A few times a year (SKIP TO SEXUAL COMMENTS) O About once a month (SKIP TO SEXUAL COMMENTS) O 2 or 3 times a month O About once a week O Several times a week

2. During which of the following times in your life were you repeatedly threatened in a mean and hurtful way (check all that are true)?

O Elementary school O Middle school/Junior High O High School O Since starting college

3. During the most recent time someone threatened you, how often did it occur?

O A few times a year O About once a month O 2 or 3 times a month O About once a week O Several times a week

IF YES TO SEXUAL COMMENTS STEM QUESTION

1. You mentioned that someone made sexual comments, jokes, or gestures about you in a way that was mean and hurtful. During the time in your life when the sexual comments, jokes, or gestures was at its worst, how often did it occur?

O A few times a year (SKIP TO HITTING) O About once a month (SKIP TO HITTING) O 2 or 3 times a month O About once a week O Several times a week

2. During which of the following times in your life did someone repeatedly make sexual comments, jokes, or gestures about you in a mean and hurtful way (check all that are true)?

O Elementary school O Middle school/Junior High O High School O Since starting college

3. During the most recent time someone made sexual comments, jokes, or gestures about you, how often did it occur?

O A few times a year O About once a month O 2 or 3 times a month O About once a week O Several times a week

IF YES TO STEALING STEM QUESTION

1. You mentioned that someone stole or damaged your things in a way that was mean and hurtful. During the time in your life when having your things stolen or damaged was at its worst, how often did it occur?

O A few times a year (SKIP TO INTERNET) O About once a month (SKIP TO INTERNET) O 2 or 3 times a month O About once a week O Several times a week

2. During which of the following times in your life did someone repeatedly steal or damage your things in a mean and hurtful way (check all that are true)?

O Elementary school O Middle school/Junior High O High School O Since starting college

3. During the most recent time someone stole or damaged your things, how often did it occur?

O A few times a year O About once a month O 2 or 3 times a month O About once a week O Several times a week

IF YES TO INTERNET STEM QUESTION

1. You mentioned that someone teased you, spread rumors about you, or threatened you through the Internet (e.g., Facebook, Twitter) or text messaging in a way that was mean and hurtful. During the time in your life when being left out of a group or ignored on purpose was at its worst, how often did it occur?

O A few times a year (SKIP TO NEXT SECTION) O About once a month (SKIP TO NEXT SECTION) O 2 or 3 times a month O About once a week O Several times a week

2. During which of the following times in your life did you repeatedly experience teasing, having rumors spread about you, or being threatened through the Internet (e.g., Facebook, Twitter) or text messaging in a mean and hurtful way (check all that are true)?

O Elementary school O Middle school/Junior High O High School O Since starting college

3. During the most recent time someone teased you, spread rumors about you, or threatened you through the Internet (e.g., Facebook, Twitter) or text messaging, how often did it occur?

O A few times a year O About once a month O 2 or 3 times a month O About once a week O Several times a week

4. In which of the following ways did someone tease you, spread rumors about you, or threaten you? (Check all that apply)

O Through Facebook O On Twitter O Through text messaging O On a blog O Through email O Other (describe _____)

AFTER ALL FORMS OF BULLYING QUESTIONS – IF "WORST EXPERIENCE" HAPPENED AT LEAST 2-3 TIMES A MONTH, RECEIVE QUESTIONS BELOW.

Please think about the MAIN person or people who did these things to you.

1. Did you feel as though you could defend yourself against the person or people who did these things to you or make them stop?

O Yes, Definitely (SKIP NEXT QUESTION) O Yes, Somewhat (SKIP NEXT QUESTION) O No, Not usually O No, Definitely not

2. Please describe briefly why it was hard for you to defend yourself against this person or these people?

3. What was your relationship to this main person or people? (Check all that apply)
O Classmate
O Former friend
O Current friend
O Dating/romantic partner
O Sibling
O Neighbor

O Other (describe____)

4. How does the person or people you are thinking about compare with you in the following ways?

	Less than me	Same as me	More than me
Popularity	О	Ο	0
Intelligence	О	Ο	0

Physical strength	0	0	О
Attractiveness	О	0	Ο
Athleticism	Ο	0	0
Amount of money	О	0	Ο
Age	0	0	Ο