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Boston University College of Health & Rehabilitation Sciences: Sargent College
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Education:

1987	MSOT	Boston University, Sargent College Master of Science in Occupational Therapy
1977	MA	University of Louisville, Louisville, KY Masters of Art in Art Therapy
1975	BA	Washington University, St. Louis, MO Major: Psychology

Academic Positions

1999 – Present	Sargent College of Health & Rehabilitation Sciences, Boston University Clinical Assistant Professor (1999-2007) Clinical Associate Professor (2007- present) Responsible for the instruction of graduate level occupational therapy courses, advising undergraduates, and other duties as needed for the Department, College and University
1994-1999	Bay State College, Boston MA Academic Fieldwork Coordinator/Instructor in OTA program Responsible for the instruction of occupational therapy courses and for the management of all fieldwork issues, including developing sites, monitoring students on fieldwork and clinician education.

Clinical Positions

1996 - present	Mount Auburn Hospital Multiple Sclerosis Comprehensive Care Center Occupational Therapist. Responsible for evaluation and treatment of individuals with Multiple Sclerosis. Work as part of an interdisciplinary team..
2003 - present	Private Practice in Home Care for individuals with Multiple Sclerosis. Provide home safety evaluations; make recommendations regarding home modifications; provide individualized OT assessment and treatment.
1995 - 2003	Judith Wisnia Associates, Burlington, MA Per Diem Occupational Therapist for Home Care Contracts
1995-2003	Wingate at Home, Brighton, MA Contract therapist for home care agency

- 1994-1995 **Americare Health Services, Cambridge, MA**
Contract OT for home care agency and to Vencor-Boston chronic care hospital
- 1993 - 1994 **Wellmark Healthcare, Inc, Wellesley, MA**
Staff Occupational Therapist for "Rehab Hospital at Home" agency. Responsible for providing occupational therapy services to adults with in their home environment. Worked as part of an interdisciplinary team.
- 1993-1999 **Staff Builders Health Care, Boston, MA**
Contract OT for Home Health Agency
- 1992 - 1993 **Courtyard Nursing Care Center, Medford, MA**
Rehabilitation Director. Developed rehabilitation department in newly opened skilled nursing & rehabilitation facility.
- 1989 - 1993 **Private Practice, Boston, MA**
Consulted to Skilled Nursing Facilities and provided direct and indirect Occupational Therapy services as needed. Responsible for staff education related to rehabilitation issues.
- 1989 - 1992 **Waltham VNA, Waltham, MA**
Provided Occupational Therapy Home Care services as per diem staff
- 1988 - 1988 **The Willows at Westborough & Northbridge Nursing Home**
Staff Occupational Therapist for 2 Nursing Homes. Provided Direct and Indirect services to residents and staff
- 1987-1988 **New England Sinai Hospital, Stoughton, MA**
Staff Occupational Therapist providing direct services to patients

Consultation:

- 2002- 2005: Boston University Rehabilitation Center, Boston, Massachusetts
- 2000 -2002 Disability Law Center, Boston, Massachusetts

Publications:

Lowenstein, N. & Halloran, T. (2015). *Case studies through the health care continuum: A workbook for the occupational therapy student (2nd ed.)*. Thorofare, NJ: Slack, Inc.

Lowenstein, N. (2011). *WALKA ZE ZMĘCZENIEM W STWARDNIENIU ROZSIANYM: Jak zmienić przyzwyczajenia, by mieć więcej energii? [Managing Fatigue in Multiple Sclerosis: practical ways to create new habits and increase your energy]* Warsaw, Poland: Polskie Towarzystwo Stwardnienia Rozsianego.

Lowenstein, N (2009). *Managing Fatigue in Multiple Sclerosis: practical ways to create new habits and increase your energy.* New York: Demos Press.

Lowenstein, N. (2008) A self-management approach to Parkinson's Disease. *OT Practice, 14;9,* 14-16.

Lowenstein, N. (2008). Progressive neurological disorders in Romano. In J, Lowenstein, A, Foord-May, L (Eds), *Teaching strategies for health education and health promotion.* Jossey Bass Publishers.

Lowenstein, N. (2008). Interactive teaching with groups in Romano. In J, Lowenstein, A, Foord-May, L (Eds), *Teaching strategies for health education and health promotion*. Jossey Bass Publishers.

Lowenstein, N., Tickle-Degnen, L. (2008). Developing an occupational therapy home program for patients with Parkinson's disease. In Trail, M, Protas, E., Lai, E. (Eds), *Neurorehabilitation in Parkinson's Disease: An evidence based treatment model*. Thorofare, NJ: Slack, Inc.

Lowenstein, N. (2008). Introduction: Health management of older adults and disciplinary working relationships: Section C: Teaching interdisciplinary teamwork. In satin, D (Ed), *Health management for older adults: Developing an interdisciplinary approach*. New York: Oxford University Press.

Buchwald, L, **Lowenstein, N.,** Leahy, K., Natile, S., Pisani, A. (2008). Functioning interdisciplinary teams: The Mount Auburn Hospital Multiple Sclerosis Comprehensive Care Center. In Satin, D (Ed), *Health management for older adults: Developing an interdisciplinary approach*. New York: Oxford University Press

Moskowitz, S, **Lowenstein, N.** (2005). Assistive technology. In *New England Chapter clinical newsletter*. Waltham, MA: National Multiple Sclerosis Society.

Duncombe, L, **Lowenstein, N.** (2002). Professional behaviors. In K Sladyk, (Ed.), *The successful occupational therapy fieldwork student* (pp23-32). Thorofare, NJ: Slack, Inc.

Halloran P, **Lowenstein, N.** (2000). *Adult case studies through the health care continuum: A workbook for the occupational therapy student*. Thorofare, NJ: Slack, Inc.

Presentations: Peer Reviewed

Lowenstein, N. Safriel, L, Gabai, H, Burtner, P. (April, 2006). Health and Wellness in Physical Rehabilitation. Workshop, American Occupational Therapy Association, Annual Conference, Charlotte, N.C.

Lowenstein, N., Yarret-Slater, D. (2005, Oct). 10 Easy Ways to Lose Your License or Commit an Ethical Violation. Presentation, Massachusetts Association for Occupational Therapy, Annual Conference, Westford, MA.

Berger, S., Brown, M., Kaldenberg, J., **Lowenstein, N.** (2005, Oct). Board & Specialty Certification: What's it all about? Presentation, Massachusetts Association for Occupational Therapy, Annual Conference, Westford, MA.

Guiod, L., **Lowenstein, N.** (October, 2004). OT The Role of OT for Individuals with Multiple Sclerosis. Massachusetts Association for Occupational Therapy Annual Conference, Marlborough, MA,

Berger, S., Lowenstein, N. (November, 2003). The Occupational Therapy Practice Framework: HELP. Presentation. Massachusetts Association for Occupational Therapy, Annual Conference, Marlborough, MA.

Berger, S., Lowenstein, N. (2002, May). Analyzing and Adapting: Making Something From Almost Nothing. Paper. American Occupational Therapy Association, Annual Conference, Miami, FL.

Berger, S, Lowenstein, N. (2001, November). Analyzing and Adapting: Making Something From Almost Nothing. Workshop, Massachusetts Association for Occupational Therapy, Annual Conference, Marlborough, MA.

Lowenstein, N. (1998, October). The ADA & Fieldwork: Let's Talk About It! Presentation, Massachusetts Association for Occupational Therapy Annual Conference, Marlborough, MA.

Lowenstein, N. (1997, November). Level II Fieldwork: Alternative Models-Pros and Cons. Presentation, Massachusetts Association for Occupational Therapy, Annual Conference, Marlborough, MA.

Presentations: Invited

Lowenstein, N. (November, 2012). *Managing Fatigue on a Daily Basis*. Arthritis Foundation; Wellness program. Boston, MA.

Lowenstein, N. (October, 2012). *Cognition in multiple sclerosis*. New England Chapter, National Multiple Sclerosis Society, Annual Meeting, Worcester, MA.

Lowenstein, N. Hochberg, R. (November, 2011). *Parenting with MS*. Teleconference. National Multiple Sclerosis Society,

Lowenstein, N. Pisani, A. (April, 2011). *Rehabilitation for the MS Patient*. Janet Pearce Multiple Sclerosis Nurse Training Program 2011: 10th Anniversary. National Multiple Sclerosis Society, Framingham, MA

Lowenstein, N. (May, 2007). *Spring into Wellness*. New England Chapter, National Multiple Sclerosis Society

Lowenstein, N. (March, 2007). *Managing Fatigue: symptom management teleconference*. Pacific South Coast Chapter of the National Multiple Sclerosis Society.

Lowenstein, N., Berger, S. (February, 2007). Occupation-based assessments for adults. Sargent College of Health & Rehabilitation Sciences & Tufts University, Department of Occupational Therapy Clinicians workshop

Buchwald, L., **Lowenstein, N.**, Pisani, A, Nutile, S, Leahy, K. (October, 2006). Partnerships for success in the management of your MS: developing a solution based care plan. Presented for Multiple Sclerosis Association of America. Boston, MA.

Lowenstein, N. (October, 2006). Living Independently navigating key services; role of OT for individuals with MS. Home Links Care Managers Training Workshop, Waltham, MA.

Lowenstein, N. (May, 2005). Physical Rehabilitation Specialty Certification Panel. American Occupational Therapy Association Annual Conference, Long Beach, CA..

Lowenstein, N. (August 2003). Adapting your Home for Multiple Sclerosis. Presentation, National Multiple Sclerosis Society, Worcester, MA.

Lowenstein, N. (June, 2003). Managing Fatigue in Everyday Life. Presented at Family Day for the New England Chapter of the National Multiple Sclerosis Society.

Lowenstein, N., Leahy, K, Nutile, S, Pisani, A. (October, 2001). MS Fatigue: What You Should Know. Presentation, National Multiple Sclerosis Society, New England Chapter Program, Cambridge, MA.

Duncombe, L, Lowenstein, N. (October, 1999,). Academic Fieldwork Coordinator 101. 2-Day Workshop, American Occupational Therapy Association. Bethesda, MD.

Duncombe, L, Lowenstein, N. (October, 1998,). Academic Fieldwork Coordinator 101. 2-Day Workshop, American Occupational Therapy Association. Bethesda, MD.

Peer-reviewed Poster Presentations:

Escher, A. & **Lowenstein, N.** (2015, October). Professional Development Monitors: Do they work? Poster presented at the AOTA/OTCAS Education Summit, Denver, Colorado

Cohn, E. S. & **Lowenstein, N.** (2013, October). *Effects of a modified problem-based learning class on MSOT students' perceived competence to develop evidence and occupation-based interventions.* Poster presented at the AOTA Occupational Therapy Education Summit, Atlanta, Georgia.

Lowenstein, N.A. Prizio, K., Sharma, L, Evans, J., Halfon, K., Radford, K (April, 2013) *Putting Occupation into the Medical Model.* Poster presented at the American Occupational Therapy Association Annual Conference, San Diego, CA.

Workshops:

- 2012 **Lowenstein, N.** (April, 2012). Free From Falls, New England Chapter, National Multiple Sclerosis Society.
- 2010 **Lowenstein, N.** (Nov. 2010). Cognifit. New England Chapter, National Multiple Sclerosis Society.
- 2010 **Lowenstein, N.** (2010). Proud Parenting. New England Chapter, National Multiple Sclerosis Society
- 2009 **Lowenstein, N.** (2009). Cognifit. New England Chapter, National Multiple Sclerosis Society
- 2009 **Lowenstein, N.** (Nov, 2007). Fatigue Management. New England Chapter, National Multiple Sclerosis Society
- 2009 **Lowenstein, N,** Pisani, A. . Multiple Sclerosis: A Course for Occupational & Physical Therapists. Workshop, National Multiple Sclerosis Society, Mid-Atlantic Chapter, Washington, DC.
- 2007 **Lowenstein, N.** Parkinson, D. St.Laurent, C. Multiple Sclerosis: A Course for Occupational & Physical Therapists. Workshop, National Multiple Sclerosis Society, New England Chapter (Offered twice in 2007)
- 2006 Multiple Sclerosis: A Course for Occupational & Physical Therapists. Workshop, National Multiple Sclerosis Society, Columbia, SC.
- 2006 Fatigue: Take Control, Cambridge, MA. National Multiple Sclerosis Society
- 2005 Fatigue: Take Control, Cambridge, MA. National Multiple Sclerosis Society
- 2005 Keller, J, **Lowenstein, N.** Proud Parenting, Waltham, MA. National Multiple Sclerosis Society

- 2005 **Lowenstein, N.** Multiple Sclerosis: A Course for Occupational & Physical Therapists. Workshop, National Multiple Sclerosis Society, Brockton, MA.
- 2003 **Lowenstein, N,** Pisani, A. Multiple Sclerosis: A Course for Occupational & Physical Therapists. Workshop, National Multiple Sclerosis Society, Woburn, MA.
- 2002 Gateway to Wellness; Leadership Training. New England Chapter, National Multiple Sclerosis Society, Waltham, MA.
- 2003 – 2004 Gateway to Wellness. New England Chapter, National Multiple Sclerosis Society, Waltham, MA.
- 1998-2001 Gateway to Wellness. New England Chapter, National Multiple Sclerosis Society, Waltham, MA.

Grant Participation:

Boston University's Technology Grant: Development of Instructional Materials on clinical characteristics of health conditions encountered in occupational therapy practice.

Role: Occupational Therapist on Intervention Team (2003 - 2006)

Grant Title: Rehabilitation for Self-Management of Parkinson's disease

Grant #: R01 AG21152 PI: Robert Wagenaar

Granting Agency: NIH/National Institute on Aging

EDITORIAL REVIEW ACTIVITIES

Editorial & manuscript reviews:

2006-2007: PT/OT Kit for Multiple Sclerosis: Part of a panel of experts to revise this National presentation

2004 - 2007: *Work: A Journal of Prevention, Assessment and Rehabilitation*

2002: *Practice guidelines on Degenerative Neurological diseases, AOTA*

1999- present: Slack, Inc, Thorofare, NJ.

Professional Service:

American Occupational Therapy Association:

2007: Health & Wellness Certification Ad Hoc panel for AOTA's Commission on Continuing Competence and Professional Development.(CCCPD)

2006- 2011: Certification reviewer for Physical Rehabilitation Board Certification for AOTA.

2002 – 2005: Chair for Physical Rehabilitation Board panel, a subcommittee of the AOTA Specialties Board which is under the purview of the Commission on CCCPD. The panel developed a Board Specialty Certification in Physical Rehabilitation, which will use a portfolio based review.

1997- 2007: Roster of Accreditation Evaluators. Review academic programs for compliance with ACOTE standards for OT Education. Attend on- site visits as part of 2 person team to evaluation programs compliance with Standards. Assist in writing up site visit report.

2000- 2001: Member of Ad Hoc Strategic Planning group on revenue streams; task group of Executive Board to develop strategic plan for AOTA

1999-2000: Chair: Road Rage task force: developed educational material on road rage for general public.

National Multiple Sclerosis Society, New England Chapter:

May – June 2011: Driving New Talent to MS Project Committee. National Multiple Sclerosis Society. New York, NY.

March 2008: Assistive Technology Advisory Board with Microsoft, Bayer Healthcare

Oct-Dec, 2007: Level II student supervisor. Supervised OTD student from Washington University, St. Louis, on her 3rd Level II fieldwork at the National Multiple Sclerosis Society's New England Chapter. Student supervised on two projects: development of a manual for home modifications and development of program evaluation measure for the HomeLinks Care Management program.

2005- present: Programs Committee: Advise and consult to NE Chapter on issues related to chapter programming

2006- present: Clinical Advisory Committee: Invited and only Allied Health member of this committee which advises the Chapter on clinical issues.

2007 – present: Home Links Advisory Committee: Advise and consult to NE Chapter's HomeLinks program.

Workshop leader and "Master Leader Trainer" for Gateway to Wellness course for individuals with MS

New England Occupational Therapy Education Council:

Vice-President 1998-1999

Boston University

2010	Member, Faculty Council, University Council, Faculty Advisory Committee
2010	Chair, OT Faculty Search Committee (Level I Fieldwork Coordinator)
2007-08	Chair, OT Faculty Search Committee (Level II Fieldwork Coordinator)
March 2007	Alternate Spring Break Chaperone to Stone Mountain, GA
2006 - 07	OT Faculty Search Committee member
2005-2006	Sargent College Dean Search Committee member
2006-present	Chair OT Program Petitions Committee
2000 – 2002	BU Student Life committee of the Faculty Council, Member

National Board for Certification of Occupational Therapy

2007 2008 Portfolio reviewer for recertification applicants.

2008 Portfolio reviewer for recertification applicants.

Massachusetts Occupational Therapy Association

Paper Reviewer for 2002- 2004 annual conferences

Commonwealth of Massachusetts, Division of Professional Licensure:

Occupational Therapy representative on the Allied Health Professional Licensing Board (2003 – present)

Community Elder Services, Inc., Lexington, MA

2011: Board member

Awards & Honors

- 2009 American Occupational Therapy Association: AOTA Service Commendation
- 2008 American Occupational Therapy Association: AOTA Service Commendation
- 2007 American Occupational Therapy Association: AOTA Service Commendation
- 2006 National Multiple Sclerosis Society; New England Chapter 2005 Community Programs Volunteer Award
- 2006 American Occupational Therapy Association: AOTA Service Commendation
- 2005 National Multiple Sclerosis Society Volunteer Hall of Fame inductee for Client Programs
- 2003 National Multiple Sclerosis Society; New England Chapter Clinical Collaboration Award

Professional Memberships:

American Occupational Therapy Association

Licenses, Registrations, Certifications:

Commonwealth of Massachusetts; Division of Professional Licensure;
License # 1890

National Board for Certification in Occupational Therapy; certificate # 915516

American Occupational Therapy Association; Specialty Certification in Physical Rehabilitation: American Occupational Therapy Association

California State University, Northridge College of Extended Learning and Center of Disabilities; Certificate in Advanced Professional Development, for Assistive Technology Applications