



# Aphasia Community Resource Center



**Fall Session, 2009**

September 21<sup>st</sup> -December 10<sup>th</sup>

Sargent College, Boston University  
635 Commonwealth Avenue, Boston, MA 02215  
(617) 353-8967

<http://www.bu.edu/sargent/centers/clinical/aphasia/>

The **Aphasia Resource Center** is pleased to announce the Fall 2009 Program. All weekly treatment groups are offered on either, Mondays, Wednesdays, or Thursdays from September 21<sup>st</sup>, through December 10<sup>th</sup>. We encourage you to sign-up for as many groups as you wish; however, in the event that groups fill up, places will be assigned based on your preference. Please note that the following university holidays will be observed: Monday, October 12<sup>th</sup>, Wednesday, November 11<sup>th</sup>, and Wednesday November 26<sup>th</sup>.

### **Enrollment**

You may enroll by:

1. Completing the form at the end of the brochure and mailing it to  
Elizabeth Hoover  
635 Commonwealth Ave  
Boston MA 02215
2. Telephoning (617) 353-8967
3. Email [ehoover@bu.edu](mailto:ehoover@bu.edu)

**All registration forms MUST be received by September 4<sup>th</sup>.** You will receive confirmation of your enrollment by September 12<sup>th</sup>. Each group has a registration limit, and spaces fill quickly. If you wish to enroll in more than one group, you **MUST** rank the groups according to your preference. Please also indicate the **TOTAL** number of groups you would like to take.

### **Evaluation:**

In order that we may provide the best quality therapy, it is important that we understand your particular type of aphasia. We request that each member of the center participate in a brief (1-1/2 hour) language evaluation to supply us with this information when they begin working with us at the center.

### **Fees**

There will be NO CHARGE for services this semester; however donations in any amount are greatly appreciated. If you wish to make a donation, we gratefully accept cash or checks payable to: Trustees of Boston University/ACRC.

### **Faculty**

Elizabeth Hoover, M.S., CCC-SLP, BC-NCD(A)    Terry Ellis, Ph.D., PT, NCS  
Jerome Kaplan M.A., CCC-SLP                      Lisa Brown, PT, DPT, NCS  
Sue Berger, MS, OTR/L, BCG, FAOTA

## Group Descriptions:

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### Aphasia Book Club

This group meets to discuss the content and ideas generated through reading a text. The "book" is ~300 pages in length, and is chosen by the group members from a choice of 4-5 offered texts. Group members may read the text from print or via CD.

Meeting time: Mondays 1:00-2:15

Location: 3<sup>rd</sup> Floor (303)

First meeting: September 21<sup>st</sup>, 2009.

Faculty: Elizabeth Hoover

### Aphasia Community Group

Now in its 20<sup>th</sup> year, the Aphasia Community Group provides education, support, socialization, and resources for those whose lives have been touched by aphasia and related disorders. Presentations on treatment, recreation, and/or family support are offered by group members and guests. In the last portion of each session, participants meet in small "breakout" sessions to share ideas, feelings, and concerns. Family members meet separately from persons with aphasia. Light snacks and beverages are provided.

Meets at Sargent College, BU

Faculty: Jerome Kaplan

### Aphasia Film Club

This Group meets to discuss the content and ideas generated through watching a film. The film will be viewed in sections over the course of the semester and discussed weekly as a group. (Tentative film: Last Chance Harvey)

Meeting time: Mondays 1:00-2:15

Location: TBA

First Meeting: September 21<sup>st</sup>, 2009

Faculty: Jerome Kaplan

### Computer Group

This group teaches basic computer skills in an aphasia-friendly environment. Group members will navigate the internet, attempt to communicate with others using email, and use other computer programs of their choosing. The Group will focus on increasing communication amongst group members and improving discrete forms of language such as, reading, typing, and following auditory instructions in functional computer activities.

Meeting time: Wednesdays 10:30-11:45

Location: Computer Lab, 2<sup>nd</sup> floor (236)

First Meeting: September 23<sup>rd</sup>, 2009

Faculty: Elizabeth Hoover

### Conversation Group

This group will address functional communication through talking, gesturing, drawing, and writing. Drawing upon our experiences and interests, participants will practice using effective strategies to exchange ideas and develop connections through communication.

Meeting time: Mondays 10:30-11:45

Location: 3<sup>rd</sup> floor (303)

First Meeting: September 21<sup>st</sup>, 2009

Faculty: Jerome Kaplan

### Community Connection

This group uses structured activities to focus conversation around central themes or ideas and ends with a community visit. In each session, we will work hierarchically through the chosen theme allowing group members to build on vocabulary and increase their communicative effectiveness. In the last week, the group will visit a local place that exemplifies the theme studied throughout the semester. Our aim is to keep each

session meaningful and interesting, creating opportunities to share ideas, experiences and have fun.

Meeting time: Wednesdays 1:00-2:15

First meeting: September 23<sup>rd</sup>, 2009

Location: 3<sup>rd</sup> Floor (303)

Faculty: Elizabeth Hoover

## Function and Fitness Group

This session will focus on enhancing walking ability, balance and daily mobility.

The skills learned will help to improve participants' ability to engage in community activities. Participants should be able to walk independently in the household AND at least 2 blocks in the community (with or without a cane or brace)

Meeting time: Wednesdays \*10:00-11:15

Location: 6<sup>th</sup> Floor (Center for Neurorehabilitation)

First Meeting: September 23<sup>rd</sup>, 2009

Faculty: Terry Ellis and Lisa Brown

## Games Group

Join us for a fun hour each week of playing games. Using a wide variety of your favorite board games, we will work on coordination, fine motor skills and communication skills, along with exploring fun activities that can be done at home as well as at Sargent.

Meeting time: Thursdays \*1:30-2:45

Location: 3<sup>rd</sup> Floor (303)

First Meeting: September 24<sup>th</sup>, 2009

Faculty: Sue Berger

## Newsletter Group

Many individuals with aphasia struggle to produce written language. This group will focus on the fundamentals of writing

simple sentences, working towards more complex narratives. At the end of the semester, the group will produce a Newsletter, the Aphasia Times, on behalf of the Aphasia Resource Center. Group members will be encouraged to work on specific tasks designed to meet their individual writing goals.

Meeting time: Mondays 10:30-11:45

Location: 3<sup>rd</sup> Floor (303)

First Meeting: September 21<sup>st</sup>, 2009

Faculty: Elizabeth Hoover

## Performing Arts Group

Do you love to sing or play an instrument? Enjoy reading poetry? Do you like to dance? Are you theatrical? Come join us as we work weekly to practice and develop our individual and group talents. Everyone has some talent. We'll help you find it. Group members will put on a show at the end of the semester for the aphasia community group.

Meeting time: Wednesdays 1:00-2:15

Location: 6<sup>th</sup> Floor (643)

First Meeting: September 23<sup>rd</sup>, 2009

Faculty: Jerome Kaplan

## Writing Group

This group will work on the fundamentals of writing and spelling at a single word level progressing to simple sentences. Tasks will focus on functional language to help with daily challenges such as list making, internet searches and email.

Meeting time: Wednesday 10:30-11:45

Location: 3<sup>rd</sup> Floor (303)










First Meeting: September 23<sup>rd</sup>, 2009

Faculty: Jerome Kaplan



# Aphasia Resource Center

Fall 2009

	Monday	Wednesday	Thursday	Saturday
10:30-11:45	 <p>Newsletter Group Room 303</p>  <p>Conversation Group Room 643</p>	<p>*10:00-11:15</p> <p><small>QuickTime™ and a decompressor are needed to see this picture.</small></p> <p>Function and fitness 6<sup>th</sup> Floor – Center for Neurorehabilitation</p> <p>*10:30-11:45</p>  <p>Computer Group Room 236</p>  <p>Writing Group Room 303</p>		<p><b>Aphasia Community Group</b></p>  <p>11am-2pm</p> <p>Sargent College</p> <p>September 26<sup>th</sup> October 24<sup>th</sup> December 19<sup>th</sup></p> <p>(No group November)</p>
12:00-1:00	 <p>LUNCH BREAK (on your own)</p>	 <p>LUNCH BREAK (on your own)</p>		
1:00-2:15	 <p>Aphasia Book Club Room 303</p>  <p>Aphasia Film Club Room 643</p>	<p><small>QuickTime™ and a decompressor are needed to see this picture.</small></p> <p>Community Connection Room 303</p> <p><small>QuickTime™ and a decompressor are needed to see this picture.</small></p> <p>Performing Arts Room 643</p>	<p>*1:30-2:45</p> <p><small>QuickTime™ and a decompressor are needed to see this picture.</small></p> <p>Games Group Room 303</p>	

## LOCATION AND DIRECTIONS:

Sargent College, Boston University  
635 Commonwealth Avenue, Boston MA 02215



## PARKING:

Parking at BU is limited. There are some metered parking spaces in front of the college and on surrounding streets. There are other lots which charge a \$12 daily rate. Discount vouchers may be purchased for \$6 from the Speech-Language and Hearing Sciences department office (room 351 on the 3<sup>rd</sup> floor).

**Granby Lot**, 665 Commonwealth Ave: From Kenmore Square, bear to the right onto Commonwealth Ave. The lot is located on the right on the corner of Granby St.

**Deerfield Lot**, 30 Deerfield St: Located within Kenmore Square, the lot is on the right immediately after you bear onto Commonwealth Ave.

**BY "T":** Take the Green Line "B" train (Boston College) to the "Blandford St." stop.

## Student Involvement:

The Academic Speech, Language and Hearing Center at Sargent College, Boston University trains students who wish to become speech-language pathologists and audiologists. The ARC, in keeping with this academic policy, will allow graduate students the opportunity to participate in facilitating all aphasia group sessions. All treatment sessions will be supervised by a licensed speech-language pathologist, in accordance with ASHA policy.

Each client of the Aphasia Resource Center, is therefore asked to give consent to the observation and recording of sessions involving the client and to the use of these recordings and other information regarding the client for purposes related to student education.

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**Registration:**

Please detach and mail to:

Elizabeth Hoover  
Aphasia Resource Center at Boston University  
635 Commonwealth Avenue  
Boston, MA 02215

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Groups**

I would like to enroll in \_\_\_\_\_(number) groups in total.

Please **rank** groups of interest in order of preference (#1 being your first choice)

<input type="checkbox"/> Aphasia Book Club	<input type="checkbox"/> Function and Fitness
<input type="checkbox"/> Aphasia Film Club	<input type="checkbox"/> Games Group
<input type="checkbox"/> Conversation Group	<input type="checkbox"/> Newsletter Group
<input type="checkbox"/> Community Connection	<input type="checkbox"/> Performing Arts Group
<input type="checkbox"/> Computer Group	<input type="checkbox"/> Writing Group

**\*\* Registration requests MUST BE RECEIVED BY SEPTEMBER 4<sup>TH</sup> to receive full consideration.**

**Group enrollment numbers will be strictly limited in order to preserve the quality of the treatment, and to maintain safety regulations. Registrations received after the deadline will be assigned on a first come, first served basis while space is available.**