Walking Health is Paramount in Parkinson Disease (WHIP-PD)

You are invited to participate in a research study designed to improve and support your walking health. The program is intended to be flexible and completed over a 12-month period.

Eligible participants will be randomly assigned to one of two groups. Both groups will have up to 8 visits with a licensed physical therapist. The program will include walking and exercises to improve walking capacity. One group will use an application or "app" through a smartphone or tablet for the walking and home exercise program, and the other group will use photos and paper instructions for the walking and home exercise program.

YOU MAY BE ELIGIBLE TO PARTICIPATE IN THIS STUDY IF YOU:

- Have been diagnosed with Parkinson disease.
- Are able to walk without assistance for at least 10 continuous minutes.
- Are able to come to the study site at the Center for Rehabilitation at Boston University for physical therapy sessions and evaluation sessions.

FOR MORE INFORMATION CALL 617-358-6157 OR EMAIL REHAB@BU.EDU

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