You are invited to join a research study in which you would participate in an exercise program that you can do in the convenience of your home.

Eligible participants would be randomly assigned to one of 2 groups. Both groups will be prescribed strengthening and stretching exercises and a walking program by a licensed physical therapist to carry out for 12 months.

**Group 1**
- Up to 10 visits with a physical therapist to develop an exercise program
- Walking/Strengthening/Stretching Exercises
- Use of application or "app" through smartphone or tablet for home exercise program.

**Group 2**
- Up to 10 visits with a physical therapist to develop an exercise program
- Walking/Strengthening/Stretching Exercises
- Use of photos and paper instructions for home exercise program.

You may be eligible to participate in this study if you:
- Have been diagnosed with Parkinson’s disease
- Are able to walk without assistance for at least 10 continuous minutes
- Are able to come to the Center for Neurorehabilitation at Boston University for physical therapy sessions and evaluation sessions

The Center for Neurorehabilitation at Boston University
635 Commonwealth Avenue, 6th Floor * Boston MA 02215
617-358-6157 or trork@bu.edu