Complementary & Integrative Healthcare

List of Resources


NCCIH on Facebook [www.facebook.com/nih.nccih](http://www.facebook.com/nih.nccih)
Twitter [www.twitter.com/nih_nccih](http://www.twitter.com/nih_nccih)
YouTube [www.youtube.com/c/nih_nccih](http://www.youtube.com/c/nih_nccih)
Pinterest [www.pinterest.com/nccih](http://www.pinterest.com/nccih)

Guide to finding and evaluating online resources: [https://nccih.nih.gov/health/webresources](https://nccih.nih.gov/health/webresources)

6 things to know when choosing a CIH practitioner: [https://nccih.nih.gov/health/tips/selecting](https://nccih.nih.gov/health/tips/selecting)

Finding clinical trials: [https://clinicaltrials.gov/ct2/home](https://clinicaltrials.gov/ct2/home)

Craig Hospital overview on CIH approaches for people with SCI: [https://craighospital.org/resources/topics/complementary-alternative-medicine](https://craighospital.org/resources/topics/complementary-alternative-medicine)


Paralyzed Veterans of America: [http://www.healingtherapies.info](http://www.healingtherapies.info) - provides a comprehensive overview of CIH therapies that have been used and studied in SCI


Eligibility information and applications for provider-based services due Nov 9: [http://iamtheplan.org/direct-services/](http://iamtheplan.org/direct-services/)

The Health Effects of Cannabis and Cannabinoids: The current state of evidence and recommendations for research: [https://www.nap.edu/read/24625/chapter/1#ii](https://www.nap.edu/read/24625/chapter/1#ii)


Adaptive yoga videos: [https://www.youtube.com/playlist?list=PLDCDF5A650A35413C](https://www.youtube.com/playlist?list=PLDCDF5A650A35413C)


Adaptive sports videos: [https://www.youtube.com/playlist?list=PLDCDF5A650A35413C](https://www.youtube.com/playlist?list=PLDCDF5A650A35413C)