

SCI Virtual Rehab Coach Study

Home Beta Trial Information Sheet

What is this study?

We are looking for people with SCI who are interested in helping to test a new SCI Virtual Rehab Coach that people can use in their homes to help them manage their skin care and other health concerns. We hope that the Coach can build on the education that people receive during their initial rehab, to prevent pressure ulcers, and improve their overall health.

What is a SCI Virtual Rehab Coach?

The Coach is an on-screen, human-like character that can speak and move like a real person in many ways. The Coach will provide support, education and coaching on how to prevent serious conditions like pressure ulcers. See the pictures to the right as an example of what the Coach looks like.



Who can participate in this study?

You may be eligible to participate if:

- You were injured within the last 6 months – 10 years
- You are over the age of 18
- You can speak conversational English

If I join the study, what will I have to do?

The study will last for 2 months, with a total of 40 participants. If you participate, you will be asked to take part in two surveys, lasting one hour each: one at the beginning of the study and one at the end. After the first survey, we will randomly assign you to one of two groups (like flipping a coin). If you are assigned to Group 1, you will not use the SCI Virtual Rehab Coach at all, and you will continue visiting your healthcare provider as you usually do. If you are assigned to Group 2, a member of the research team will come to your home and provide you with a portable computer that will provide access to the Coach and they will teach you how to use it. We will also provide you with wireless Internet access during the study, if needed. If placed in Group 2, we will ask you to log on to the SCI Virtual Rehab Coach for 5-10 minutes every day for 2 months.

I'm interested in participating! Who do I contact?

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We look forward to hearing from you!