



Confined Fluid Flow: Microfluidics and Capillarity

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Sapienza, Università di Roma – Short Course (2015)



Microfluidic chemostat

...static chemical environment used as bioreactor... fresh medium is continuously added, culture liquid is continuously removed



Device provided single-cell resolution to study microbial population growth.

Balagaddé, Frederick K., Lingchong You, Carl L. Hansen, Frances H. Arnold, and Stephen R. Quake. "Long-term monitoring of bacteria undergoing programmed population control in a microchemostat." Science 309, no. 5731 (2005): 137-140. Whitesides, George M. "The origins and the future of microfluidics." Nature 442, no. 7101 (2006): 368-373.





Protein cystallization



Droplets containing proteins are trapped in microchannel wells.

Dyed droplets in the wells of the device.

Proteins crystallized within

Device used to efficiently screen for optimal protein crystallization conditions

Zheng, Bo, Joshua D. Tice, L. Spencer Roach, and Rustem F. Ismagilov. "A Droplet-Based, Composite PDMS/Glass Capillary Microfluidic System for Evaluating Protein Crystallization Conditions by Microbatch and Vapor-Diffusion Methods with On-Chip X-Ray Diffraction." Angewandte chemie international edition 43, no. 19 (2004): 2508-2511.

Whitesides, George M. "The origins and the future of microfluidics." Nature 442, no. 7101 (2006): 368-373.







Bubble generation with tunable, monodisperse sizes

Garstecki, Piotr, Irina Gitlin, Willow DiLuzio, George M. Whitesides, Eugenia Kumacheva, and Howard A. Stone. "Formation of monodisperse bubbles in a microfluidic flow-focusing device." Applied Physics Letters 85, no. 13 (2004): 2649-2651.

Whitesides, George M. "The origins and the future of microfluidics." Nature 442, no. 7101 (2006): 368-373.





Capillary origami



Using surface tension to deform thin structures

Py, Charlotte, Paul Reverdy, Lionel Doppler, José Bico, Benoit Roman, and Charles N. Baroud. "Capillary origami: spontaneous wrapping of a droplet with an elastic sheet." Physical Review Letters 98, no. 15 (2007): 156103.





Cellular and developmental biology







Study effect of temperature on the development of a fruitfly embryo. Immobilized embryo has water with cold (left) and warm (right) flow over it.

Lucchetta, Elena M., Ji Hwan Lee, Lydia A. Fu, Nipam H. Patel, and Rustem F. Ismagilov. "Dynamics of Drosophila embryonic patterning network perturbed in space and time using microfluidics." Nature 434, no. 7037 (2005): 1134-1138.

Whitesides, George M. "The origins and the future of microfluidics." Nature 442, no. 7101 (2006): 368-373.





Inexpensive diagnostics



Costs as low as \$0.001 per device (€0.00089)

Low-cost, simple paper-based microfluidics for diagnostics

Carrilho, Emanuel, Andres W. Martinez, and George M. Whitesides. "Understanding wax printing: a simple micropatterning process for paper-based microfluidics." Analytical chemistry 81, no. 16 (2009): 7091-7095.







Volume goes as L³

• Small decrease in size = large reduction of sample volume.

How much sample volume do we need?



Detection of biomolecules:

Digoxin – heart stimulating drug

Cortisol – stress hormone from adrenal gland

Creatinine – level in blood is measure of kidney function

Theophylline – drug used to treat respiratory diseases, e.g. asthma





Microfluidics

Published items in each year...



Citations in each year...







Overview

Confined Fluid Flow: Microfluidics and Capillarity

Reynolds Number: Inertia vs. Viscous effects

• Review of characteristic flows...

Péclet Number: Transport phenomena in a continuum

• Diffusion, separation, and mixing...

Geometric confinement: Controlling and manipulating fluid flow

• Microfluidic fabrication, valving, pumping...

Capillary Number: Viscosity vs. Surface tension

• Droplet formation, capillary rise, elasticity...





Fluid Dynamics

Navier-Stokes Equations (momentum conservation)



Continuity Equation (mass conservation)

$$\frac{\partial \rho}{\partial t} + \nabla \cdot (\rho \mathbf{u}) = 0$$





Inertial Forces



Trailing airplane vortices

Viscous Forces



Coiling honey

Reynolds Number: inertial/viscous

Airplane: http://eis.bris.ac.uk/~glhmm/gfd/Airplane-ChrisWillcox.jpg Honey: http://www.honeyassociation.com/webimages/honey-dipper.jpg





Inertial Forces



Viscous Forces



Reynolds Number: inertial/viscous



Fluid element accelerating around curve.

- During a turn time: $\tau_0 \sim w/U_0$
- Loss of momentum density: ρU_0
- By exerting an inertial centrifugal force density:

Fluid element in a channel of contracting length.

 By mass conservation, velocity increases as:

 $u \sim U_0(1+z/l)$

Gain momentum at a rate:

 $f_i \sim \rho U_0 / \tau_0 = \rho U_0^2 / w \qquad f_i \sim \rho \frac{\mathrm{d}u}{\mathrm{d}t} = \rho U_0 \frac{\mathrm{d}u}{\mathrm{d}z} \sim \frac{\rho U_0^2}{l}$

Squires, Todd M., and Stephen R. Quake. "Microfluidics: Fluid physics at the nanoliter scale." Reviews of modern physics 77.3 (2005): 977. Airplane: http://eis.bris.ac.uk/~glhmm/gfd/Airplane-ChrisWillcox.jpg Honey: http://www.honeyassociation.com/webimages/honey-dipper.jpg





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Viscous Forces

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Honey: http://www.honeyassociation.com/webimages/honey-dipper.jpg



Inertial Forces



Viscous Forces



Estimation of Reynolds numbers for common microfluidic devices.

- Typical fluid water
 - Viscosity: 1.025 cP @ 25°C
 - Density: 1 g/mL
- Typical channel dimensions
 - Radius/height (smaller than width): $1 100 \ \mu m$
- Typical velocities
 - Average velocity: 1 μm/s 1 cm/s

Typical Reynolds number:

$$\mathscr{R} \sim \mathcal{O}(10^{-6}) - \mathcal{O}(10^1)$$

Low Reynolds number: viscous forces > inertial forces

- Flows are **linear**.
- Nonlinear terms in Navier-Stokes disappear
 - Linear, predictable Stokes flow

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Fluids and Circuits



Pressure-driven flow in a network of parallel channels.

- Flow rates Q_i in three parallel channels.
- Total flow rate: $Q = Q_1 + Q_2 + Q_3$
- Pressure drop and flow rate related by:

 $\Delta p = QR_H$

Electrical circuit with resistances in parallel.

- First elementary rule of circuit design is Ohm's law
- Relates electrical potential to current:

 $\Delta V = IR$







Continuity Equation (cylindrical coords):

$$\frac{1}{r}\frac{\partial(ru_r)}{\partial r} + \frac{1}{r}\frac{\partial(ru_\theta)}{\partial \theta} + \frac{\partial u_z}{\partial z} = 0$$

Flow only in z direction: $\frac{\partial u_z}{\partial z} = 0$

Navier-Stokes equations:

Inertial acceleration

$$\overline{\partial \left(\frac{\partial \mathbf{u}}{\partial t} + \mathbf{u} \cdot \nabla \mathbf{u}\right)} = \overline{-\nabla p + \mu \nabla^2 \mathbf{u} + \mathbf{f}}$$

Reduces to the following:

$$0 = -\frac{\partial p}{\partial z} + \mu \frac{1}{r} \frac{\mathrm{d}}{\mathrm{d}r} \left(r \frac{\mathrm{d}u_z}{\mathrm{d}r} \right)$$

Pressure driven flow – linear change

$$\frac{\partial p}{\partial z} = \frac{p_2 - p_1}{L} = \frac{\Delta p}{L}$$

Stone, Howard A. "Introduction to fluid dynamics for microfluidic flows." In CMOS Biotechnology, pp. 5-30. Springer US, 2007.

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Assumptions:

- 1. Neglect gravity: $g_z = 0$
- 2. Steady state: $\frac{\partial(\cdot)}{\partial t} = 0$
- 3. Axisymmetric: $\frac{\partial(\cdot)}{\partial\theta} = 0$





Navier-Stokes equations - cylindrical pipe:

$$0 = -\frac{\partial p}{\partial z} + \mu \frac{1}{r} \frac{\mathrm{d}}{\mathrm{d}r} \left(r \frac{\mathrm{d}u_z}{\mathrm{d}r} \right)$$
$$\int_0^r \mathrm{d}\left(r \frac{\mathrm{d}u_z}{\mathrm{d}r} \right) = \frac{1}{\mu} \frac{\Delta p}{L} \int_0^r r \, \mathrm{d}r$$

...integrate once...

$$r\frac{\mathrm{d}u_z}{\mathrm{d}r} = \frac{1}{\mu}\frac{\Delta p}{L}\frac{r^2}{2} + \mathrm{C}_1$$
$$\int_0^r \mathrm{d}u_z = \int_0^r \left(\frac{1}{\mu}\frac{\Delta p}{L}\frac{r}{2} + \frac{\mathrm{C}_1}{r}\right)\mathrm{d}r$$

Boundary conditions:

1. Velocity is at a maximum at the center of the piper:

$$\frac{\mathrm{d}u_z}{\mathrm{d}r} = 0 \quad @ \quad r = 0$$

2. No-slip along the walls.

$$u_z = 0$$
 @ $r = R$

...integrate twice...

$$u_z = \frac{1}{\mu} \frac{\Delta p}{L} \frac{r^2}{4} + C_1 \ln(r) + C_2$$







$$Q = 2\pi \int_0^a u(r) \ r \ \mathrm{d}r = \frac{\pi a^4}{8\mu} \left| \frac{\mathrm{d}p}{\mathrm{d}z} \right|$$

The flow rate depends on the *fourth* power of the radius: important in small systems

- e.g. For the same pressure gradient, reducing the radius by a factor of **two** causes a **16-fold** reduction in flow rate.
- e.g. Consider a blood vessel a 10% decrease in radius produces more than a 40% decrease in the flow rate of blood (PSA: Eat more kale!)







$$U = \frac{Q}{\pi a^2} = \frac{a^2}{8\mu} \left| \frac{\mathrm{d}p}{\mathrm{d}z} \right|$$

Recall the Reynolds number:

$$\mathscr{R} = \frac{\rho U a}{\mu}$$

For a fixed pressure gradient, $\mathscr{R}\sim a^3$ and so a **factor** of **two** change in **radius** produces. a factor of eight change in Reynolds number.

The average velocity is proportional to the pressure gradient, writing the flow field in vector form gives Darcy's law:

$$\frac{\mu U}{k} = -\nabla p$$

- k is the **permeability** (dimensions length 2)
- linear relation between pressure and velocity
- is due to lack of inertia effects
- order-of-magnitude of permeability is typically the square of smallest dimension.







Hydrodynamic resistance

$$R_{H}=rac{\Delta p}{Q}=rac{8\mu L}{\pi a^{4}}$$
 recall: $-rac{\mathrm{d}p}{\mathrm{d}z}=rac{\Delta p}{L}$

Electrical analogy: resistance in fluid channels depends on the **fourth** power of the radius rather than the **second** power in the electrical case.

.....small matters!

Scaling on physical & dimensional arguments...

Poiseuille flow

- Can arrive at: $u\sim a^2\Delta p/(\mu L)$ and $Q\sim ua^2\sim a^4\Delta p/(\mu L)$ from dimensional analysis.
- Fluid motion arises as a balance between the pressure drop driving motion and the frictional (viscous) resistance from the bounding walls. This balance applies independent of the cross-sectional channel shape.





Flow: Rectangular



Parabolic velocity distribution:

$$u(y) = \frac{\Delta p}{2\mu L} \left[\left(\frac{h}{2}\right)^2 - y^2 \right]$$

Approximate flow rate (channel of width w)

$$Q = w \int_0^h u(y) \mathrm{d}y = \frac{wh^3 \Delta p}{12\mu L}$$

Parabolic velocity distribution (known analytically in terms of a Fourier series):

$$u(x,y) = \frac{\Delta p}{2\mu L} \left[\left(\left[\frac{h}{2} \right]^2 - y^2 \right) - \sum_{n=0}^{\infty} a_n \cos\left(\frac{\lambda_n y}{h/2} \right) \cosh\left(\frac{\lambda_n x}{h/2} \right) \right]$$

where: $\lambda_n = \frac{(2n+1)\pi}{2}$ and, from the no-slip boundary conditions: $a_n = \frac{h^2(-1)^n}{\lambda_n^3 \cosh(\lambda_n w/h)}$





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Approximate flow rate (channel of width w)

$$Q = w \int_0^h u(y) \mathrm{d}y = \frac{wh^3 \Delta p}{12\mu L}$$

Corresponding flow rate

$$Q = 4 \int_0^{w/2} \int_0^{h/2} u(x, y) dy dx$$
$$Q = \frac{wh^3 \Delta p}{12\mu L} \left[1 - 6\left(\frac{h}{w}\right) \sum_{n=0}^\infty \lambda_n^{-5} \tanh\left(\frac{\lambda_n w}{h}\right) \right]$$

where: $\lambda_n = \frac{(2n+1)\pi}{2}$

Flow rate is nearly linear in aspect ratio *h/w*





Flow: Rectangular



Flow rate in a rectangular channel

$$Q = \frac{wh^3 \Delta p}{12\mu L} \left[1 - 6\left(\frac{h}{w}\right) \sum_{n=0}^{\infty} \lambda_n^{-5} \tanh\left(\frac{\lambda_n w}{h}\right) \right]$$

Approximate dimensionless flow rate









Workout Problem

While developing a microfluidic chip for your research, you decide a scale model would help you gain intuition about flow characteristics at the microscale. While most scale models are smaller that the original, your model will be 100 times larger (so that you can see it without a microscope).

	Viscosity	Density
Honey	8750 cP	1.42 g/mL
Olive oil	81 cP	0.92 g/mL
Water	1.025 cP @ 25°C	1 g/mL
Molasses	50,000 cP	1.50 g/mL

For the microfluidic chip, the flow conditions are: fluid velocity 1 mm/s, channel diameter 100 μ m, and the liquid is water at T = 25°C. The Reynolds number for both systems is to be duplicated, and the microchannel is hemicylindrical (use the hydraulic diameter). For the scale model, which of the condiments listed above from your kitchen would you choose as the flow liquid, if the velocity in the model is:

a.) 1 mm/s b.) 60 mm/s

c.) 340 mm/s

Recall: hydraulic diameter, D_H , relates flow in noncircular channels D to those in a circular channel:

 $D_H = \frac{4A}{P}$





Workout Problem

Hydraulic diameter of hemicylindrical channel:

$$D_H = \frac{4A}{P} = \frac{2\pi r^2}{\pi r + 2r} = 61.1 \ \mu \mathrm{m}$$

Reynold's number of microfluidic chip:

$$\mathscr{R} = \frac{\rho U D_H}{\mu} = (1000 \text{ kg/m}^3) (0.001 \text{ m/s}) (61.1 \times 10^{-6} \text{m}) (1.025 \times 10^{-3} \text{ Pa} \cdot \text{s})^{-1}$$
$$\mathscr{R} = 0.0596$$

a. Fluid flowing at 1 mm/s in scaled up model

Use Olive Oil.
$$\mathscr{R} = (920 \text{ kg/m}^3) (0.001 \text{ m/s}) \underbrace{(6.11 \times 10^{-3} \text{m})}_{100 \text{ times larger}} (81 \times 10^{-3} \text{ Pa} \cdot \text{s})^{-1} = 0.0694$$

b. Fluid flowing at 60 mm/s in scaled up model

Use Honey.
$$\mathscr{R} = (1420 \text{ kg/m}^3) \underbrace{(0.06 \text{ m/s})}_{60 \text{ times larger}} (6.11 \times 10^{-3} \text{m}) (8750 \times 10^{-3} \text{ Pa} \cdot \text{s})^{-1} = 0.0595$$

c. Fluid flowing at 340 mm/s in scaled up model
Use Molasses. $\mathscr{R} = (1500 \text{ kg/m}^3) \underbrace{(0.34 \text{ m/s})}_{240 \text{ times larger}} (6.11 \times 10^{-3} \text{m}) (50 \text{ Pa} \cdot \text{s})^{-1} = 0.0620$

340 times larger





Overview

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• Review of characteristic flows...

Péclet Number: Transport phenomena in a continuum

• Diffusion, separation, and mixing...

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Convection



Convection current as hot water mixes with cold water

Diffusion



Diffusion of salt ions while curing pork

Péclet Number: convection/diffusion

http://quarkyscience.ca/project-of-the-month/convection-demonstration/ http://www.genuineideas.com/ArticlesIndex/diffusion.html





Convection





Péclet Number: convection/diffusion

High Reynolds: eddies chaotically stretch and fold fluid elements.

• Turbulent mixing & thermal convection move fluids.

Low Reynolds: mixing occurs by diffusion only

• Diffusion is remarkably slow – long mixing times.



Squires, Todd M., and Stephen R. Quake. "Microfluidics: Fluid physics at the nanoliter scale." Reviews of modern physics 77.3 (2005): 977. http://quarkyscience.ca/project-of-the-month/convection-demonstration/ http://www.genuineideas.com/ArticlesIndex/diffusion.html







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Relative importance: **convection** to **diffusion**:

 $\frac{U_0 w}{D} \equiv 0$

Convection



Diffusion





 \mathcal{U}

Consider a **small protein** flowing with liquid:

- Typical size: 5 nm
- Diffusion constant: 40 μm²/s
- e.g. Channel width: 100 μm
- e.g. Flow velocity: 100 μm/s

 $\mathscr{P} \sim 250$ channel widths $L_0 \sim 2.5 \text{ cm}$ $\tau_D \sim 4 \text{ min}$

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Interdiffusion

zone

(a)







Parallel Laminar Flows

Pressure-driven laminar flow of two adjacent miscible streams.

- Solution on left contains **calcium**.
- Solution on right contains calcium-dependent fluorophore, Fluo-3.
- In water, Fluo-3 and calcium form a fluorescent complex at a diffusion limited rate.

Convective-diffusion equation:

$$\mathscr{P}\mathbf{u}\cdot\nabla c = \nabla^2 c \cong \left(\frac{\partial}{\partial x} + \frac{\partial}{\partial y}\right)c$$

For high Péclet number flows, $\mathscr{P} \gg z/H \gg 1$

Diffusive broadening down the channel depends on both v & x

Away from boundaries, the interfacial region:





Maximum velocity

Average velocity

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Ismagilov, Rustem F., Abraham D. Stroock, Paul JA Kenis, George Whitesides, and Howard A. Stone. "Experimental and theoretical scaling laws for transverse diffusive broadening in two-phase laminar flows in microchannels." Applied Physics Letters 76, no. 17 (2000): 2376-2378. Sauires, Todd M., and Stephen R. Quake, "Microfluidics: Fluid physics at the nanoliter scale," Reviews of modern physics 77.3 (2005): 977.





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Away from boundaries, the interfacial region:

$$\delta_y \sim t^{1/2} \sim z^{1/2}$$

Lévêque Problem: Near from boundaries, velocity varies linearly with distance into the channel.

 $\delta_x \sim \left(D_m t\right)^{1/2}$



Diffusion across a linear flow field

Thickness of diffusion boundary layer

Shear rate: $G = \frac{\partial u_z}{\partial x}$

Diffusion is the only time scale in both x & y:

$$\delta_y \sim \delta_x \sim \left(\frac{zD_m}{G}\right)^{1/3}$$

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Stone, Howard A., Abraham D. Stroock, and Armand Ajdari. "Engineering flows in small devices: microfluidics toward a lab-on-a-chip." Annu. Rev. Fluid Mech. 36 (2004): 381-411.





Parallel Laminar Flows

Filter particles by size without a membrane.

- Pressure-driven laminar flow of two adjacent miscible streams.
- One stream is a dilute solution of different sized particles.
- Each particle has its own **diffusivity** and **Péclet number**.

Péclet number determines the channel length required for each component to **diffuse across the channel width**.

H filter works best when one Péclet number is large and the other is small.

• e.g. small particles diffuse across channel, large ones do not.

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Brody, James P., Paul Yager, Raymond E. Goldstein, and Robert H. Austin. "Biotechnology at low Reynolds numbers." Biophysical journal 71, no. 6 (1996): 3430-3441.

Brody, James P., and Paul Yager. "Diffusion-based extraction in a microfabricated device." Sensors and Actuators A: Physical 58, no. 1 (1997): 13-18. Squires, Todd M., and Stephen R. Quake. "Microfluidics: Fluid physics at the nanoliter scale." Reviews of modern physics 77.3 (2005): 977.


Sensing & Filtering

H Filter - Variant



Separation by Péclet number

- Components to be separated spread across channel at different rates.
- e.g. Separation of motile vs. nonmotile sperm.

Motile sperm **swim rapidly** and **randomly** to fill the channel, as compared to nonmotile sperm.

• Nonmotile sperm spread by diffusion alone.

Motile sperm purity at inlet (blue) vs. motile sperm purity at outlet (purple)

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Cho, Brenda S., Timothy G. Schuster, Xiaoyue Zhu, David Chang, Gary D. Smith, and Shuichi Takayama. "Passively driven integrated microfluidic system for separation of motile sperm." Analytical Chemistry 75, no. 7 (2003): 1671-1675.



Sensing & Filtering

Fabrication using multiple laminar streams ...beating diffusion...



reductant Fabrication of a three electrode system

- Multiple streams & large Péclet number.
- Minimal mixing over large distances.

Nonmixing, **high Péclet flows** can fabricate/ etch structures within microchannels.

e.g. Parallel streams **selectively etch** a gold electrode

- A silver wire is formed by a precipitation reaction between the two streams.
- Result: three-electrode system.

Kenis, Paul JA, Rustem F. Ismagilov, and George M. Whitesides. "Microfabrication inside capillaries using multiphase laminar flow patterning." Science 285, no. 5424 (1999): 83-85.

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Mixing

Rapid mixing means doing better than diffusion.

Why mix?

- Study chemical reaction kinetics...
- Probe protein folding...



Fluid stirring will stretch and fold inhomogenous fluid elements until mixing occurs.

- Mixing: diffusive migration across streamlines.
- Stirring motions reduce distance over which mixing must occur.

General design principles for mixing:

Dispersion of tracers occurs first by **convective stretching** with the fluid, followed by **diffusive homogenization**.

Tracers: an object transported by and diffuses into the fluid, e.g. dyes, analyte molecules, proteins, cells, salt, or heat.







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Taylor, Geoffrey. "Dispersion of soluble matter in solvent flowing slowly through a tube." In Proceedings of the Royal Society of London A: Mathematical, Physical and Engineering Sciences, vol. 219, no. 1137, pp. 186-203. The Royal Society, 1953.

Taylor, Geoffrey. "Conditions under which dispersion of a solute in a stream of solvent can be used to measure molecular diffusion." Proceedings of the Royal Society of London. Series A. Mathematical and Physical Sciences 225, no. 1163 (1954): 473-477.



Mixing

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Mixing



Taylor Dispersion



Convective stretching enhances axial dispersivity

Taylor dispersivity is only valid at

- Long time scales: $t\gg w^2/D$
- Downstream lengths: $L \gg \mathscr{P} w$

Taylor dispersion acts in direction of flow.

• Not observed in T sensors or H filters

Taylor, Geoffrey. "Dispersion of soluble matter in solvent flowing slowly through a tube." In Proceedings of the Royal Society of London A: Mathematical, Physical and Engineering Sciences, vol. 219, no. 1137, pp. 186-203. The Royal Society, 1953.

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Rotary Mixer



Fluid pumped around a circular channel:

- radius R
- height h
- average velocity U_0 .

- (i.) Diffusion-dominated $\mathscr{P} = U_0 h / D \ll 1$
- Mixing occurs when tracers diffuse around the circumference of the ring, at time:

$$\tau_R \sim \frac{(2\pi R^2)}{D} = \left(\frac{2\pi R}{h}\right)^2 \tau_D$$

Independent of Péclet number.

(ii.) Taylor dispersion-mediated $1 \ll \mathscr{P} \ll 2\pi R/h$

Axial spreading increases diffusivity with Taylor dispersivity:

$$au_{TD} \sim rac{(2\pi R^2)}{D_z} = rac{D(2\pi R)^2}{U_0^2 h^2} \sim rac{ au_R}{\mathscr{P}^2}$$

Dominant when molecules diffuse over h before convection.

(iii.) Convectively Stirred $\mathscr{P} \gg 2\pi R/h$

At high flow rates, tracer stripes fold into themselves before molecules diffuse across channel.



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H.P. Chou, M.A. Unger, and S. Quake, Biomed. Microdevices, 3, 323, (2001).





Chaotic advection



Even simple **Stokes flows** can have **chaotic streamlines** that exponentially **stretch** and **fold**.

Steady, incompressible **two-dimensional flows** are integrable and **cannot exhibit chaotic trajectories**.

Steady **three-dimensional flows** can have chaotic streamlines (as can unsteady two dimensional flows).

Can occur in droplets by superposing two simple flow fields

• (e.g. sedimenting drop in a shear flow)

Aref, Hassan. "Stirring by chaotic advection." Journal of fluid mechanics 143 (1984): 1-21. Aref, Hassan. "The development of chaotic advection." Physics of Fluids, 14,4 (2002): 1315-1325. http://upload.wikimedia.org/wikipedia/en/b/b8/Blinking_vortex_flow.jpg Squires, Todd M., and Stephen R. Quake. "Microfluidics: Fluid physics at the nanoliter scale." Reviews of modern physics 77.3 (2005): 977.









Chaotic advection

Even simple **Stokes flows** can have **chaotic streamlines** that exponentially **stretch** and **fold**.

The **staggered herringbone mixer** is a chaotic mixer for continuous flow systems – independent of inertia.

- Asymmetric grooves in channel walls induce axially modulated secondary flow.
- Counter-rotating fluid rolls.
- Asymmetry is periodically reversed so that the distance between stripes halves with each cycle **exponential stretching/folding**.

Aref, Hassan. "Stirring by chaotic advection." Journal of fluid mechanics 143 (1984): 1-21. Aref, Hassan. "The development of chaotic advection." Physics of Fluids, 14,4 (2002): 1315-1325. Squires, Todd M., and Stephen R. Quake. "Microfluidics: Fluid physics at the nanoliter scale." Reviews of modern physics 77.3 (2005): 977.









Aref, Hassan. "Stirring by chaotic advection." Journal of fluid mechanics 143 (1984): 1-21. Aref, Hassan. "The development of chaotic advection." Physics of Fluids, 14,4 (2002): 1315-1325. Squires, Todd M., and Stephen R. Quake. "Microfluidics: Fluid physics at the nanoliter scale." Reviews of modern physics 77.3 (2005): 977.

Chaotic advection

Asymmetry pattern on channel causes exponential stretching/folding.

After N cycles of time: $au_{
m cyc} \sim N L_{
m cyc}/U$

Stripes separated by distance: $h_{
m eff} \sim h/2^N$

Time to diffuse between stripes: $au_D \sim h_{
m eff}^2/D$

Mixing: $au_{
m cyc} \sim au_D$

Therefore, the number of cycles:

 $N_{\rm chaotic} \sim \ln \mathscr{P}$

Time for chaotic mixing:

 $au_{\mathrm{chaotic}} \sim \frac{L_{\mathrm{cyc}}}{h} \frac{\ln \mathscr{P}}{\mathscr{D}} \tau_D$





Overview

Confined Fluid Flow: Microfluidics and Capillarity

Reynolds Number: Inertia vs. Viscous effects

• Review of characteristic flows...

Péclet Number: Transport phenomena in a continuum

• Diffusion, separation, and mixing...

Geometric confinement: Controlling and manipulating fluid flow

• Microfluidic fabrication, valving, pumping...

Capillary Number: Viscosity vs. Surface tension

• Droplet formation, capillary rise, elasticity...





Geometric Confinement: Control & Manipulation of Fluid Flow





A Giraffe's Jugular



http://upload.wikimedia.org/wikipedia/commons/e/e6/Giraffes_at_west_midlands_safari_park.jpg





A Giraffe's Jugular









Brøndum, E., et al. "Jugular venous pooling during lowering of the head affects blood pressure of the anesthetized giraffe." American Journal of Physiology-Regulatory, Integrative and Comparative Physiology 297.4 (2009): R1058-R1065.





A Giraffe's Jugular



Brøndum, E., et al. "Jugular venous pooling during lowering of the head affects blood pressure of the anesthetized giraffe." American Journal of Physiology-Regulatory, Integrative and Comparative Physiology 297.4 (2009): R1058-R1065.

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A Giraffe's Jugular







Flexible Tubes

Almost all vessels carrying fluids with the body are flexible.

Fluid-structure interactions between **internal flow** and tube **deformation** often **dictate** a vessel's **biological function** or dysfunction.







Flexible Tubes

Starling Resistor



Figure 1 A Starling Resistor: a collapsible tube is mounted between two rigid tubes and is enclosed in a chamber held at pressure $p_{\rm e}$. Flow with volume flux Q is driven by the imposed pressure drop $p_{\rm u} - p_{\rm d}$.



Grotberg, James B., and Oliver E. Jensen. "Biofluid mechanics in flexible tubes." Annual Review of Fluid Mechanics 36.1 (2004): 121.





Flexible Tubes

Starling Resistor (1D Model)



Mass conservation:

$$\frac{\partial \alpha}{\partial t} + \frac{\partial (u\alpha)}{\partial x} = 0$$

$$\alpha = \text{ tube cross sectional area}$$

Momentum conservation:



(Very) Reduced model

- "Bench-top" model for a deformable airway
- Consider airways as single, compliant tube
- Prone to instabilities best with low Reynolds

Compliance of tube gives rise to fluid-structure interactions

O.E. Jensen, "Flows through deformable airways" (2002), see: http://www.biomatematica.it/urbino2002/programmi/oejnotes.pdf Grotberg, James B., and Oliver E. Jensen. "Biofluid mechanics in flexible tubes." Annual Review of Fluid Mechanics 36.1 (2004): 121.





How do we translate these ideas to microfluidic devices?





A Fabricate master by rapid prototyping 200 µm B Place posts to define reservoirs **C** Cast prepolymer and cure 3 1 cm **D** Remove PDMS replica from master **E** Oxidize PDMS replica and flat in plasma and seal replica flat

Fabrication

100 µm 100 µm

Duffy, David C., et al. "Rapid prototyping of microfluidic systems in poly(dimethylsiloxane)." Analytical chemistry 70.23 (1998): 4974-4984.





Fabrication



Duffy, David C., et al. "Rapid prototyping of microfluidic systems in poly(dimethylsiloxane)." Analytical chemistry 70.23 (1998): 4974-4984. M.A. Burns, C.H. Mastrangelo, T.S. Sammarco, F.P. Man, J.R. Webster, et al., "Microfabricated structures for integrated DNA analysis." Proc. Natl. Acad. Sci. USA, 93:5556-5561, (1996).





Fabrication



Duffy, David C., et al. "Rapid prototyping of microfluidic systems in poly(dimethylsiloxane)." Analytical chemistry 70.23 (1998): 4974-4984. T. Thorsen, S.J. Maerkl, S.R. Quake, "Microfluidic large-scale integration." Science, 298:580-584, (2002).





"Quake" valve

- Bilayer microfluidic chip.
- Thin film separating two flow channels.
 - One channel: Fluid
 - One channel: Air (controlling)
- Pressurized air deflects the thin film and closes the fluid channel.







"Quake" valve

- Bilayer microfluidic chip.
- Thin film separating two flow channels.
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 - One channel: Air (controlling)
- Pressurized air deflects the thin film and closes the fluid channel.







"Quake" valve



 $100 \ \mu m$





"Quake" valve

Push-down Valves

- Control lines above flow channels.
- Pressure flattens membrane valve **down** to seal.
- Suitable for low aspect ratio (1:10) & shallow (~10um) channels.
 - Flow geometry: 100um x 13um
 - Control geometry: 100um x 10-25um
- Applications: where fluid flow must be in contact with substrate (spotting DNA, patterned substrate, etc.)





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Push-up Valves

- Control lines belowflow channels.
- Pressure deflect membrane valve up to seal.
 - Flow geometry: 100um x 13um-50um
 - Control geometry: 100um x 10-25um
- Applications: suspension of large particles (eukaryotic cells, large beads, etc.)

Studer, Vincent, Giao Hang, Anna Pandolfi, Michael Ortiz, W. French Anderson, and Stephen R. Quake. "Scaling properties of a low-actuation pressure microfluidic valve." Journal of Applied Physics 95, no. 1 (2004): 393-398.

https://sharedfacilities.stanford.edu/service_center/show_external/22/microfluidics-foundry





Unger, Marc A., Hou-Pu Chou, Todd Thorsen, Axel Scherer, and Stephen R. Quake. "Monolithic microfabricated valves and pumps by multilayer soft lithography." Science 288, no. 5463 (2000): 113-116.

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Pneumatic Pumps



Multiple control channels – alternating pressure in/out.

Peristaltic pumping:

 Frequency dependent flow rate

Unger, Marc A., Hou-Pu Chou, Todd Thorsen, Axel Scherer, and Stephen R. Quake. "Monolithic microfabricated valves and pumps by multilayer soft lithography." Science 288, no. 5463 (2000): 113-116.





Flexible microfluidic device with single deformable arch.



Stretching /bending the device reduces the arch height, partially opens the channel.









Douglas P. Holmes, Behrouz Tavakol, Guillaume Froehlicher, and Howard A. Stone. "Control and manipulation of microfluidic flow via elastic deformations." Soft Matter 9, no. 29 (2013): 7049-7053.







Buckled arch in microfluidic chamber.

Arch shape obtained from buckling analysis of elastica. Apex:

$$w(0) = \frac{2}{\pi} \sqrt{\Delta L_0 \left(L_0 + \Delta L_0 \right)}$$



Douglas P. Holmes, Behrouz Tavakol, Guillaume Froehlicher, and Howard A. Stone. "Control and manipulation of microfluidic flow via elastic deformations." Soft Matter 9, no. 29 (2013): 7049-7053.







Navier-Stokes Equations:

...conservation of momentum...



Continuity Equation:

...conservation of mass...

$$\frac{\partial \rho}{\partial t} + \nabla \cdot (\rho \mathbf{u}) = 0$$

Stokes Equations:

 $\mu \nabla^2 \mathbf{u} = \nabla p$ Neglect inertia & body forces

 $abla \cdot \mathbf{u} = 0$ Incompressible: $\delta \rho / \rho \ll 1$







Shape of the impingement:

$$H(X) = 1 - \frac{\lambda}{2} \left[1 + \cos(\pi X)\right]$$

Stokes Equations:

 $\mu \nabla^2 \mathbf{u} = \nabla p$ Neglect inertia & body forces

 $abla \cdot {f u} = 0$ Incompressible: $\delta
ho /
ho \ll 1$

Dimensionless Parameters:

Lengths:

$$X = \frac{x}{L_0}, \ Y = \frac{y}{h_0}$$

Velocities:

$$U = \frac{u}{q_0/h_0}, \ V = \frac{v}{q_0/L_0}$$

Pressure:

$$P = \frac{p}{\Delta p} = \frac{p}{\mu q_0 L_0 / h_0^3}$$

B. Tavakol, G. Froehlicher, D.P. Holmes, and H.A. Stone. "Extended Lubrication Theory: Estimation of Fluid Flow in Channels with Variable Geometry," Under Review: Physics of Fluids, (2015).







Shape of the impingement:

$$H(X) = 1 - \frac{\lambda}{2} \left[1 + \cos(\pi X)\right]$$

Dimensionless Equations:



Boundary Conditions:

U = 0, V = 0 at Y = 0 and H(X) No slip $\int_0^{H(X)} U(X,Y) \, dY = 1$ Total flow rate is prescribed

Perturbation Expansion:

 $U(X, Y; \delta) = U_0(X, Y) + \delta^2 U_2(X, Y) + \delta^4 U_4(X, Y) + \dots$ $V(X, Y; \delta) = V_0(X, Y) + \delta^2 V_2(X, Y) + \delta^4 V_4(X, Y) + \dots$ $P(X, Y; \delta) = P_0(X, Y) + \delta^2 P_2(X, Y) + \delta^4 P_4(X, Y) + \dots$




Extended Lubrication

Fluid flow through channels with variable geometry



B. Tavakol, G. Froehlicher, D.P. Holmes, and H.A. Stone. "Extended Lubrication Theory: Estimation of Fluid Flow in Channels with Variable Geometry," Under Review: Physics of Fluids, (2015).

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Extended Lubrication

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B. Tavakol, G. Froehlicher, D.P. Holmes, and H.A. Stone. "Extended Lubrication Theory: Estimation of Fluid Flow in Channels with Variable Geometry," Under Review: Physics of Fluids, (2015).



Extended Lubrication



B. Tavakol, G. Froehlicher, D.P. Holmes, and H.A. Stone. "Extended Lubrication Theory: Estimation of Fluid Flow in Channels with Variable Geometry," Under Review: Physics of Fluids, (2015).





Bioinspiration

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Davis, N. T. and J. G. Hildebrand (2006). "Neuroanatomy of the sucking pump of the moth, Manduca sexta (Sphingidae, Lepidoptera)." Arthropod Structure & Development.

Eberhard, S. H. and H. W. Krenn (2005). "Anatomy of the oral valve in nymphalid butterflies and a functional model for fluid uptake in Lepidoptera." Zoologischer Anzeiger - A Journal of Comparative Zoology 243(4): 305-312.



Electrical Valves

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B. Tavakol, M. Bozlar, G. Froehlicher, H. A. Stone, I. Aksay, and D. P. Holmes, "Buckling Instabilities of Dielectric Elastomeric Plates for Flexible Microfluidic Pumps," Soft Matter, 10(27), 4789–4794, (2014).



Electrical Valves



B. Tavakol, M. Bozlar, G. Froehlicher, H. A. Stone, I. Aksay, and D. P. Holmes, "Buckling Instabilities of Dielectric Elastomeric Plates for Flexible Microfluidic Pumps," Soft Matter, 10(27), 4789–4794, (2014).

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Fluid Electrodes





At what **voltage** will the plate **buckle**?







Microfluidic Fabrication

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- 1. Prepare the **top** substrate with the **microfluidic** channel.
- 2. Prepare the **bottom** substrate with all **controlling** channels.
- 3. Make the thin, dielectric film.
- 4. Bond the substrates on both sides of the dielectric film.
 - Film will **buckle** at the intersection between channels.
- 5. Fill the channels with conductive fluids.
- 6. Apply a voltage to induce buckling

B. Tavakol, A. Chawan, and D. P. Holmes, "Buckling Instability of Thin Films as a Means to Control or Enhance Fluid Flow within Microchannels," in preparation, (2015).



Valving



B. Tavakol, A. Chawan, and D. P. Holmes, "Buckling Instability of Thin Films as a Means to Control or Enhance Fluid Flow within Microchannels," in preparation, (2015).





Pumping



B. Tavakol, A. Chawan, and D. P. Holmes, "Buckling Instability of Thin Films as a Means to Control or Enhance Fluid Flow within Microchannels," in preparation, (2015).





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• Review of characteristic flows...

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• Droplet formation, capillary rise, elasticity...





Viscous Forces Interfacial Forces

Coiling honey

Wetting of water on a textured surface

Capillary Number: viscous/interfacial

Honey: http://www.honeyassociation.com/webimages/honey-dipper.jpg Droplet: http://www.rycobel.be/en/technical-info/articles/1337/measuring-dynamic-absorption-and-wetting





Viscous Forces



Interfacial Forces



Capillary Number: viscous/interfacial



Monodisperse droplet generation

- Droplet emulsions in immiscible fluids
- Injection of water into stream of oil

Interfacial tension prevents the fluids from flowing alongside each other.

Surface tension acts to reduce the interfacial area. $\sigma_c \sim \gamma/R$

Viscous stresses act to extend and drag the interface downstream. $\sigma_v \sim \mu U_0/h$

Characteristic droplet size:



Capillary number:

Squires, Todd M., and Stephen R. Quake. "Microfluidics: Fluid physics at the nanoliter scale." Reviews of modern physics 77.3 (2005): 977. Thorsen, Todd, et al. "Dynamic pattern formation in a vesicle-generating microfluidic device." Physical review letters 86.18 (2001): 4163. Honey: http://www.honeyassociation.com/webimages/honey-dipper.jpg Droplet: http://www.rycobel.be/en/technical-info/articles/1337/measuring-dynamic-absorption-and-wetting





Drop formation in a flow-

focusing configuration

a silicone oil continuous

phase.

Viscous Forces



Interfacial Forces



Capillary Number: viscous/interfacial



Characteristic droplet size:

 $R \sim \frac{\gamma}{\mu U_0} h = \frac{h}{\mathscr{C}}$

Stone, Howard A., Abraham D. Stroock, and Armand Ajdari. "Engineering flows in small devices: microfluidics toward a lab-on-a-chip." Annu. Rev. Fluid Mech. 36 (2004): 381-411.



Viscous Forces



Interfacial Forces



Capillary Number: viscous/interfacial



Sequential drop breakup at T-junctions

- Generally, it is difficult to form small drops at high-volume fraction. This "passive" route allows size reduction after fabrication.
- The ratio of two daughter droplets depends on the lengths of the arms off the Tjunction.

Stone, Howard A., Abraham D. Stroock, and Armand Ajdari. "Engineering flows in small devices: microfluidics toward a lab-on-a-chip." Annu. Rev. Fluid Mech. 36 (2004): 381-411. Link et al. 2003





Viscous Forces

Interfacial Forces



Capillary Number: viscous/interfacial



Jiandi Wan and Howard A. Stone. "Microfluidic generation of a high volume fraction of bubbles in droplets." Soft Matter 6, no. 19 (2010): 4677-4680. Honey: http://www.honeyassociation.com/webimages/honey-dipper.jpg Droplet: http://www.rycobel.be/en/technical-info/articles/1337/measuring-dynamic-absorption-and-wetting





Viscous Forces

Interfacial Forces



Capillary Number: viscous/interfacial

Large **surface-to-volume** ratios in microfluidic devices

- Makes surface effects increasingly important.
- Important when free fluid surfaces are present.

Surface tensions can exert significant stress

- Result in free surface deformations.
- Can drive fluid motion.

Capillary forces tend to draw fluid into wetting microchannels

• Occurs when **solid-liquid** interfacial **energy** is **lower** than the **solid-gas** interfacial **energy**.

Squires, Todd M., and Stephen R. Quake. "Microfluidics: Fluid physics at the nanoliter scale." Reviews of modern physics 77.3 (2005): 977. Honey: http://www.honeyassociation.com/webimages/honey-dipper.jpg Droplet: http://www.rycobel.be/en/technical-info/articles/1337/measuring-dynamic-absorption-and-wetting





Viscous Forces



Interfacial Forces



Capillary Number: viscous/interfacial

Capillary forces tend to draw fluid into wetting microchannels

Dynamics of surface tension-driven intrusion into a pipe of radius w occurs from **balance** of **capillary** and **viscous forces**.

Curved meniscus at fluid-gas interface – Laplace pressure

 $\Delta p \sim \Delta \gamma/w$

Difference in surface energies (solid-liquid to solid-gas)

$$\Delta \gamma = \gamma_{sl} - \gamma_{sg}$$

Squires, Todd M., and Stephen R. Quake. "Microfluidics: Fluid physics at the nanoliter scale." Reviews of modern physics 77.3 (2005): 977.





Viscous Forces



Interfacial Forces



Capillary Number: viscous/interfacial

Capillary forces tend to draw fluid into wetting microchannels

Dynamics of surface tension-driven intrusion into a pipe of radius w occurs from **balance** of **capillary** and **viscous forces**.

Stoke's flow: $\mu \nabla^2 \mathbf{u} = \nabla p$ Scaling of the flow rate:

$$u \sim \frac{\Delta P w^2}{\mu L}$$

From the pressure – surface tension relationship:

$$u \sim \frac{\Delta \gamma w}{\mu L}$$

Squires, Todd M., and Stephen R. Quake. "Microfluidics: Fluid physics at the nanoliter scale." Reviews of modern physics 77.3 (2005): 977.





Viscous Forces



Interfacial Forces



Capillary Number: viscous/interfacial

Capillary forces tend to draw fluid into wetting microchannels

From the pressure – surface tension relationship:

$$u \sim \frac{\Delta \gamma w}{\mu L}$$

Capillary number determines the dynamics:

$$\mathscr{C} \sim w/z$$

The column length changes as the fluid front moves: ($u=\partial z/\partial t$)

• Fluid invades the channel at an ever slowing rate:

$$z \sim \left(\frac{\Delta \gamma w}{\mu} t\right)$$

Washburn equation

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Viscous Forces



Interfacial Forces



Capillary Number: viscous/interfacial

Surface patterning can create "wall-less" microchannels which confine fluids.

Chemically treat a surface to make some areas hydrophilic and others hydrophobic.

Spreading along hydrophilic **stripe** is similar to the **Washburn** analysis, however the height of the fluid stripe:

$$h \sim w^2/R_r$$

• R_r is the radius of curvature of the inlet reservoir drop.

$$z \sim \left(\frac{\Delta \gamma w^4}{\mu R_r^3} t\right)^{1/2}$$

- Spreading requires: $\mathscr{C}\ll 1$

Squires, Todd M., and Stephen R. Quake. "Microfluidics: Fluid physics at the nanoliter scale." Reviews of modern physics 77.3 (2005): 977. Gau et al., 1999 Darhuber et al., 2001





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Viscous Forces

Capillary Number: viscous/interfacial

Chemically treat walls of microfluidic channel to make pressure-sensitive valves.

Pressure sensitive pumping

- From pressure drop across fluid channel (different from Quake valve)
- Fluid is confined to hydrophilic region if:

Interfacial Forces



Channel is patterned with hydrophilic stripe (center), weakly hydrophobic surface (bottom channels), and strongly hydrophobic (top channels).



Zhao et al., 2001 Squires, Todd M., and Stephen R. Quake. "Microfluidics: Fluid physics at the nanoliter scale." Reviews of modern physics 77.3 (2005): 977.



Capillary Rise



Balance: Surface Tension & Gravity

J.M. Bell and F.K. Cameron, "The flow of liquids through capillary spaces," J. Phys. Chem. 10, 658-674, (1906).











mechanics of slender structures





Fluid-structure interaction:

- Droplet bends and folds the sheet.
- Droplet is minimizing the amount of its surface in contact with air.
- Liquid-air surface area is minimized at the expense of bending the sheet.

Py, Charlotte, Paul Reverdy, Lionel Doppler, José Bico, Benoit Roman, and Charles N. Baroud. "Capillary origami: spontaneous wrapping of a droplet with an elastic sheet." Physical Review Letters 98, no. 15 (2007): 156103.



mechanics of slender structures





Fluid-structure interaction:

Elastic energy of a plate – bending: $\mathcal{U}_e = \frac{1}{2} \iint_P \mathrm{d}x \mathrm{d}y \int_{-h/2}^{h/2} \mathrm{d}z \left(\sigma_{\alpha\beta} \varepsilon_{\alpha\beta}\right)$

Relation between in-plane strain to out-of-plane bending:

$$\varepsilon_{\alpha\beta}(x) = z \frac{\mathrm{d}^2 w}{\mathrm{d}x^2} = \frac{z}{R}$$

Bending energy:

 $\mathcal{U}_b = \frac{1}{2} \iint_P \mathrm{d}x \mathrm{d}y \; \frac{Eh^3}{12} \left(\frac{1}{R}\right)^2$

 $\mathcal{U}_{h} \sim Eh^{3}$

Py, Charlotte, Paul Reverdy, Lionel Doppler, José Bico, Benoit Roman, and Charles N. Baroud. "Capillary origami: spontaneous wrapping of a droplet with an elastic sheet." Physical Review Letters 98, no. 15 (2007): 156103.



mechanics of slender structures







Fluid-structure interaction:

Bending energy:

 $\mathcal{U}_b \sim Eh^3$

Surface energy:

 $\mathcal{U}_{\gamma} \sim \gamma L^2$

Elastocapillary length:

 $\ell_{ec} \sim \sqrt{\frac{Eh^3}{\gamma}} \sim \sqrt{\frac{B}{\gamma}}$

Elastocapillary bending of sheet:

 $7\ell_{ec} \leq L \leq 12\ell_{ec}$

Py, Charlotte, Paul Reverdy, Lionel Doppler, José Bico, Benoit Roman, and Charles N. Baroud. "Capillary origami: spontaneous wrapping of a droplet with an elastic sheet." Physical Review Letters 98, no. 15 (2007): 156103.













mechanics of slender structures























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Elastocapillarity







Solid: Polyvinylsiloxane Fluid: Silicone Oil (5 cSt)

20x faster than real time

 $E \approx 1 MPa (PVS)$ L = 20 mm $d \approx 2 mm$ $h \approx 0.5 mm$



D.P. Holmes, A. Pandey, P.-T. Brun, and S. Protière, In Preparation, (2015).

mechanics of slender structures







D.P. Holmes, A. Pandey, P.-T. Brun, and S. Protière, In Preparation, (2015).



iii.

00000,0000000

 z_{m_0}

100

200

iv. 000000000v.

O Top meniscus ♦ Bottom meniscus

300

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400



1. Elastocapillary rise between flexible fibers.



b.

 $z_m \ (mm)$

15

10

5

0

0

D.P. Holmes, A. Pandey, P.-T. Brun, and S. Protière, In Preparation, (2015).





1. Elastocapillary rise between flexible fibers.



Stationary meniscus height rises linearly with elastocapillary length.



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Polymers & Swelling

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2. Swelling-induced bending.



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D.P. Holmes, M. Roché, T. Sinha, and H.A. Stone. "Bending and Twisting of Soft Materials by Non-homogenous Swelling" Soft Matter, 7, 5188, 2011.





2. Swelling-induced bending.



- Thermal diffusion through the beam thickness.
- Shape obtained by minimizing the bending moment in the beam.
- Beam curvature as temperature diffuses.

$$\begin{aligned} \frac{\kappa_{1}h}{\varepsilon_{m}(1+\nu)} &= 1.33e^{-\frac{\pi^{2}t/\tau}{4}} - 0.77e^{-\frac{9\pi^{2}t/\tau}{4}} + \dots \\ \bullet \text{ Poroelastic time scale} \\ \tau_{p} &\approx \frac{\mu h^{2}}{kE} \end{aligned} \qquad \begin{array}{l} \mu &= \text{ Solvent viscosity} \\ h &= \text{ Thickness} \\ k &= \text{ Permeability } (k \approx 10^{-18} \text{ m}^{2}\text{/s}) \\ E &= \text{ Elastic modulus } (E = 10^{6} \text{ Pa}) \end{aligned}$$







D.P. Holmes, A. Pandey, and S. Protière, In Preparation, (2015).

D.P. Holmes, M. Roché, T. Sinha, and H.A. Stone. "Bending and Twisting of Soft Materials by Non-homogenous Swelling" Soft Matter, 7, 5188, 2011.







2. Swelling-induced bending.





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D.P. Holmes, A. Pandey, and S. Protière, In Preparation, (2015).

D.P. Holmes, M. Roché, T. Sinha, and H.A. Stone. "Bending and Twisting of Soft Materials by Non-homogenous Swelling" Soft Matter, 7, 5188, 2011.





3. Bending dominates surface tension.



Peeling occurs if the curvature exceeds the bending capillary length.



ΒO

JNIVERSI

D.P. Holmes, A. Pandey, and S. Protière, In Preparation, (2015).

Roman, Benoit, and José Bico. "Elasto-capillarity: deforming an elastic structure with a liquid droplet." Journal of Physics: Condensed Matter 22.49 (2010): 493101.





- 1. Elastocapillary rise between flexible fibers.
 - At short times, elastocapillary rise dominates the deformation.
- 2. Swelling-induced bending.

Bending is constrained by surface tension, as the beam bends with a lower curvature than a free swelling beam.

3. Bending dominates surface tension.

Separation occurs as the "natural" curvature of the beam exceeds the fluids ability to confine it.







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D.P. Holmes, A. Pandey, and S. Protière, In Preparation, (2014).







D.P. Holmes, A. Pandey, and S. Protière, In Preparation, (2014).



Baobab Flowering





BBC - Planet Earth: Seasonal Forests



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