



### Elastic Instabilities for Form and Function

#### Buckling, Wrinkling, Folding, and Snapping

Douglas P. Holmes

Mechanical Engineering Boston University

Sapienza, Università di Roma – Short Course (2015)









#### Thin Structures



Leonardo da Vinci, "Drapery study for a Seated Figure", c1470



"British Lettuce", http://www.britishleafysalads.co.uk/





#### Soft Robotics







#### Flexible Electronics





mc10 Inc., Cambridge, MA



UNIVERSITY





#### **Energy Harvesting**









#### Adaptive Surface Patterning









Overview

#### Elastic Instabilities for Form and Function Buckling, Wrinkling, Folding, and Snapping

#### **Geometry and Mechanics:**

• Fundamental equations, geometric rigidity, morphing.

#### **Buckling & Wrinkling:**

• Stability, wavelength, flexible electronics, mechanical metamaterials, adhesion.

#### Stress Focusing – Folding & Creasing:

• Wrinkle-to-fold, origami.

#### **Snapping**:

• Snapping surfaces.





### Mechanics of Thin



 $K = \kappa_1 \kappa_2 = \Diamond^4 [w, w, ] = 0 \qquad K = \kappa_1 \kappa_2 = \Diamond^4 [w, w, ] > 0 \qquad K = \kappa_1 \kappa_2 = \Diamond^4 [w, w, ] < 0$ Developable







Elastic Energy (variational form)

$$\delta \mathcal{U}_e = \iiint_V \sigma_{ij} \delta \varepsilon_{ij} \, \mathrm{d} V$$



$$\mathcal{U}_e = \iiint_V \sigma_{ij}(\varepsilon_{kl}) \ \varepsilon_{ij} \ \mathrm{d}V$$

Constitutive relationship:

$$\varepsilon_{ik} = \frac{1+\nu}{E}\sigma_{ik} - \frac{\nu}{E}\sigma_{jj}\delta_{ik}$$



 $\kappa_1 = R_1^{-1}$ 

 $\kappa_2 = R_2^{-1}$ 



Elastic Energy (linear, isotropic material)  $\mathcal{U}_e = \iint_A \mathrm{d}x \mathrm{d}y \int_{-h/2}^{h/2} \sigma_{ij} \varepsilon_{ij} \, \mathrm{d}z$ 

Since *h* is small, it is often reasonable to **neglect** the **through thickness dependence** of the energy density.

#### **Membrane Approximation**

$$\mathcal{U}_m = \frac{h}{2} \iint_A \mathrm{d}x \mathrm{d}y \left(\sigma_{\alpha\beta} \varepsilon_{\alpha\beta}\right)_{cs}$$

$$\mathcal{U}_m \sim Eh \iint_A \mathrm{d}x \mathrm{d}y \ (\varepsilon_{\alpha\beta})^2$$



Hooke's law:  $\sigma_{\alpha\beta}\approx E\varepsilon_{\alpha\beta}$ 

Scaling is valid to a numerical factor of order one, depending on Poisson's ratio.





#### **Membrane Approximation**

$$\mathcal{U}_m \sim Eh \iint_A \mathrm{d}x \mathrm{d}y \ \left(\varepsilon_{\alpha\beta}\right)^2$$

- Any reference to the transverse direction (z) has been eliminated by integration across the plate thickness.
- Membrane, or stretching energy, is linearly proportional to *E* and *h*.



- For an **isometric deformation**, the in-plane strain must vanish, therefore the membrane energy is zero.
- There are many ways to deform a plane isometrically to break this degeneracy we need to consider the plate's **bending energy**.





#### Bending energy

- Curved plate is under compression on one side and extension on the other.
- This contribution is missed by membrane theory since the stress is averaged over the thickness.





Radius of curvature of plate:



Strain:

 $\varepsilon_{\alpha\beta}(x) = z \frac{\partial^2 w}{\partial r^2} = \frac{z}{R}$ 

BO



#### Bending energy





Stresses & strains in bending:

Scaling of the bending energy:

$$\sigma_{ij} = Ez\partial_{\alpha}\partial_{\beta}w^{2}$$
  

$$\varepsilon_{ij} = z\partial_{\alpha}\partial_{\beta}w \qquad \qquad \mathcal{U}_{b} \sim \frac{Eh^{3}}{24}\iint_{A} \mathrm{d}x\mathrm{d}y \ |\partial_{\alpha}\partial_{\beta}w|^{2}$$





Elastic Energy of a Plate

$$\mathcal{U} \sim \underbrace{EhA|\varepsilon_{\alpha\beta}|^2}_{\text{stretching}} + \underbrace{Eh^3A|\partial_{\alpha}\partial_{\beta}w|^2}_{\text{bending}}$$

Scaling of the in-plane strain & out-of-plane curvature

$$|\varepsilon_{\alpha\beta}| \sim w^2/L^2 \qquad |b_{\alpha\beta}| = |\partial_{\alpha}\partial_{\beta}w| \sim w/L^2$$

**Scaling** of the elastic energy of the plate

$$\mathcal{U} \sim A \left[ Eh \left( \frac{w}{L} \right)^4 + Eh^3 \left( \frac{w}{L^2} \right)^2 \right]$$







#### Bending vs. Stretching

E – Elastic Modulus  $\varepsilon_{\alpha\beta}$  – in-plane strain

 $\begin{array}{l} h-\text{thickness} \\ \kappa-\text{curvature} \end{array}$ 

 $U_m \sim E h \varepsilon_{\alpha\beta}^2$ 

Energy in Compression  $\sim$  thickness

 $U_b \sim E h^3 \kappa^2$ 

Energy in Bending  $\sim$  thickness<sup>3</sup>

#### Thin structures deform by **bending** & avoid stretching





Scaling of the elastic energy of a plate



Ratio of stretching to bending:

$$\mathcal{U}_m/\mathcal{U}_b \sim w^2/h^2$$

If deflections of the plate are small, i.e.  $w \ll L$ 

Stretching can be neglected, Stretching can be decoupled from Bending.





**Plates:** Stretching and bending are decoupled.

Shells: ?



Scaling of the elastic energy of a thin structure

$$\mathcal{U} \sim EhA|\varepsilon_{\alpha\beta}|^2 + Eh^3A|\partial_\alpha\partial_\beta w|^2$$

Assume deformations of an elliptical shell – material points are displaced radially by an amount w

• The relative extension, or strain, is given by:

 $|arepsilon_{lphaeta}|\sim w/R$  where R is the typical radius of curvature



$$\begin{array}{l} \hline \label{eq:scaling} \textbf{Mechanics of Shells} \\ \hline \textbf{Scaling of the elastic energy of a thin structure} \\ \mathcal{U} \sim EhA |\varepsilon_{\alpha\beta}|^2 + Eh^3 A |\partial_\alpha \partial_\beta w|^2 \\ & \text{Strain: } |\varepsilon_{\alpha\beta}| \sim w/R \\ \hline \textbf{Stretching energy: } \mathcal{U}_s \sim EhA \left(\frac{w}{R}\right)^2 \\ \hline \textbf{Bending energy: } \mathcal{U}_b \sim Eh^3 A \left(\frac{w}{R^2}\right)^2 \\ \hline \textbf{For a uniform deformation...} \\ \hline \textbf{Ratio of stretching to bending:} \\ \mathcal{U}_s/\mathcal{U}_b \sim (R/h)^2 \gg 1 \\ \hline \textbf{Stretching with bending for a curved shell is always a first order effect.} \\ \hline \end{array}$$





**Scaling** of the elastic energy of a thin structure

$$\mathcal{U} \sim EhA|\varepsilon_{\alpha\beta}|^2 + Eh^3A|\partial_\alpha\partial_\beta w|^2$$

Strain: 
$$|arepsilon_{lphaeta}|\sim w/R$$

Point force applied to the shell, causing a local deformation of  $\ell$ 

Bending energy:

For a point force deformation...

$$\mathcal{U}_b \sim Eh^3 A\left(\frac{w}{\ell^2}\right)^2$$

Scaling law for deformation depth:

$$\ell \sim \sqrt{Rh}$$



Balancing stretching and bending energies (equivalent to minimizing total elastic energy):



Fundamental equations of thin shell theory

- in-plane strain:  $\varepsilon_{\alpha\beta} \equiv \frac{1}{2}(a_{\alpha\beta} \overline{a}_{\alpha\beta})$
- curvature strain:  $\kappa_{lphaeta}\equiv b_{lphaeta}-\overline{b}_{lphaeta}$



Stress and moment are derived from the total elastic energy

$$\sigma^{\alpha\beta} \equiv \frac{\delta\mathcal{U}}{\delta\varepsilon_{\alpha\beta}} \equiv \frac{Eh}{1-\nu^2} \left[ (1-\nu)\varepsilon^{\alpha\beta} + \nu\overline{a}^{\alpha\beta}\varepsilon^{\gamma}_{\gamma} \right] \qquad \sigma^{\alpha\beta} \sim \mathcal{O}(Eh\varepsilon)$$
$$\mu^{\alpha\beta} \equiv \frac{\delta\mathcal{U}}{\delta\kappa_{\alpha\beta}} \equiv \frac{Eh^3}{12(1-\nu^2)} \left[ (1-\nu)\kappa^{\alpha\beta} + \nu\overline{a}^{\alpha\beta}\kappa^{\gamma}_{\gamma} \right] \qquad \mu^{\alpha\beta} \sim \mathcal{O}(Eh^3\kappa)$$

Shell equations are derived by expressions the variations in the in-plane and curvature strains.





Fundamental equations of thin shell theory  $\underbrace{\overline{\nabla}_{\alpha}\sigma^{\alpha\beta}}_{\gamma} + 2\overline{b}^{\beta}_{\ \gamma}\overline{\nabla}_{\alpha}\mu^{\gamma\alpha} + \mu^{\gamma\alpha}\overline{\nabla}_{\alpha}\overline{b}^{\beta}_{\ \gamma} + f^{\beta} = 0$  $\sim \mathcal{O}\left(\frac{Eh\varepsilon}{\ell}\right) \qquad \sim \mathcal{O}\left(\frac{Eh^3\kappa}{R\ell}\right) \qquad \sim \mathcal{O}\left(\frac{Eh^3\kappa}{R\ell}\right)$ If  $h\kappa \leq \varepsilon$ Ratio of first term to next two  $\overline{\nabla}_{\alpha}\sigma^{\alpha\beta} + f^{\beta} = 0$ ratio ~  $\mathcal{O}\left(\frac{\varepsilon}{h\kappa}\right) \mathcal{O}\left(\frac{R}{h}\right)$  $\overline{\nabla}_{\alpha}\overline{\nabla}_{\beta}\mu^{\alpha\beta} - \overline{b}_{\alpha\gamma}\overline{b}^{\beta}_{\ \gamma}\mu^{\alpha\beta} - \overline{b}_{\alpha\beta}\sigma^{\alpha\beta} - p = 0$  $\sim \mathcal{O}\left(\frac{Eh^3\kappa}{R^2}
ight) \qquad \sim \mathcal{O}\left(\frac{Eh\varepsilon}{R}
ight)$ If  $h\kappa \leq \varepsilon$ Ratio of second term to third term ratio ~  $\mathcal{O}\left(\frac{\varepsilon}{h\kappa}\right) \mathcal{O}\left(\frac{R}{h}\right)$  $\overline{\nabla}_{\alpha}\overline{\nabla}_{\beta}\mu^{\alpha\beta} - \overline{b}_{\alpha\beta}\sigma^{\alpha\beta} - p = 0$ 



 $\sigma^{\alpha\beta} \sim \mathcal{O}(Eh\varepsilon)$  $\mu^{\alpha\beta} \sim \mathcal{O}(Eh^3\kappa)$  $\ell \sim (Rh)^{1/2}$ 





Approximate equations of thin shell theory

$$\overline{\nabla}_{\alpha}\sigma^{\alpha\beta} + f^{\beta} = 0$$

$$\overline{\nabla}_{\alpha}\overline{\nabla}_{\beta}\mu^{\alpha\beta} - \overline{b}_{\alpha\beta}\sigma^{\alpha\beta} - p = 0$$

As long as the Gaussian curvature is much less the curvature set by the deformation length:

 $\mathcal{K} \ll 1/\ell^2$ 



 $\sigma^{\alpha\beta} \sim \mathcal{O}(Eh\varepsilon)$  $\mu^{\alpha\beta} \sim \mathcal{O}(Eh^3\kappa)$  $\ell \sim (Rh)^{1/2}$ 

This problem can be solved by the introduction of particular scalar field (i.e. Airy potential), and ensuring compatibility between the strains.

$$\frac{1}{Eh}\overline{\nabla}^{4}\phi + \overline{b}_{\alpha\beta}\epsilon^{\alpha\gamma}\epsilon^{\beta\gamma}\overline{\nabla}_{\gamma}\overline{\nabla}_{\lambda}w = 0 \qquad \text{Donne} \\
B\overline{\nabla}^{4}w - \overline{b}_{\alpha\beta}\epsilon^{\alpha\gamma}\epsilon^{\beta\gamma}\overline{\nabla}_{\gamma}\overline{\nabla}_{\lambda}\phi = 0 \qquad \text{Ec}$$

Donnell-Mushtaru-Vlasov (DMV) Equations











DMV Equations (point load at the apex)

 $B\nabla^4 w - \nabla_k^2 \phi - \Diamond^4 [\phi, w] = p - \frac{F}{2\pi} \frac{\delta(r)}{r}$ 

Introducing the operators:

 $\nabla_k^2(f) \equiv R_{\beta}^{-1} f_{,\alpha\alpha} + R_{\alpha}^{-1} f_{,\beta\beta}$  $\diamond^4[f,g] \equiv f_{,\alpha\alpha} g_{,\beta\beta} - 2f_{,\alpha\beta} g_{,\alpha\beta} + f_{,\beta\beta} g_{,\alpha\alpha}$ 

Can be reduced to an ODE by assuming the pressurized shell is experiencing a uniform state of stress:  $\sigma=pR/2$ 

$$B\nabla^4 w - \sigma \nabla_k^2 w - \frac{Eh}{R^2} w = -\frac{F}{2\pi} \frac{\delta(r)}{r}$$



 $(a.) \qquad \downarrow F \qquad \downarrow F$ 

Eggb/a = 2b/a = 1.5Integration of the ODE leads to a linear<br/>relationship between force and displacement:

b/a = 1 b/a = 0.5  $F = k_1 w_0$ 

The shell's rigidity is given by:  $\,k_1\sim$ 

$$\frac{4\pi B}{\ell_b^2} \frac{\tau}{\log 2\tau}$$

Dimensionless pressure:  $au = rac{1}{4} p R^2 (EhB)^{-1/2}$ 

In the Reissner limit of  $au \ll 1$ 

$$k_1 = \frac{8B}{\ell_b^2} = 8\sqrt{BEh\mathcal{K}}$$

The shell's **rigidity** is tied to its **Gaussian curvature** – **deforming** the shell requires inplane **stretching**, which is energetically costly.





Egg

b/a = 2

#### b/a = 1.5 b/a = 1 b/a = 0.5

In the Reissner limit of  $\tau \ll 1$   $k_1 = \frac{8B}{\ell_b^2} = 8\sqrt{BEh\mathcal{K}}$ 

The shell's **rigidity** is tied to its **Gaussian curvature** – **deforming** the shell requires inplane **stretching**, which is energetically costly.

For an elliptical shell,  ${\scriptstyle R=a^2/b}$   $k_1=\displaystyle{b\over a}k_1^s$ 

Enhancement of structural rigidity by changing the shell's aspect ratio.





Lazarus et al. 2012.





Large deformations: (From experiments and numerics)

A second linear relationship between force and displacement:

 $F = k_2 w_0$ 

Considering the limit of large pressures, bending can be neglected:

(Balance of in-plane stretching to shell stretching from internal pressure)

$$\ell_p \sim R \left(\frac{pR}{Eh}\right)^{1/2}$$

Mean Curvature governs shell rigidity

$$k_2 = \pi p \mathcal{H}$$















#### Saccharomyces cerevisiae



AFM experiments measured yeast cell stiffness as osmotic pressure was varied.

Deflections ~ thickness, low internal pressure.

Turgor pressure estimated of 0.1 to 0.2 MPa, consistent with measurements from other techniques.

Same technique being used to measure **elastic** properties of **tomato fruit cells**, **plant tissures**, and **artificial biological microcapsules**.





# Geometric Morphing





### Swelling & Growth

#### Materials Science





Swelling of a sponge.



An almond leaf which was attacked by Taphrina Deformans.





Pine Cones





#### Tree-bound pine cones:

Hydrated & **closed**, protecting seeds

#### Fallen pine cones:

Dried out & opened, releasing seeds



E. Reyssat and L. Mahadevan. Journal of the Royal Society Interface, 6, 951, 2009.



# Articular Cartilage



0.015M NaCl

Shape change caused by ion concentration.

Residual strain at physiological conditions: 3-15%

0.5 M NaCl

Tensile prestress in cartilage protective against frequent compresses forces.

2M NaCl

L. A. Setton, H. Tohyama, and V. C. Mow, Journal of Biomedical Engineering, **120**, 355, 1998.




### Swelling & Growth



J. Bard. Morphogenesis: The cellular and molecular processes of developmental anatomy, Cambridge University Press, 1990. J. Dervaux and M. Ben Amar. Physical Review Letters, **101**, 068101, 2008.





### Shaping Sheets



### Shaping elastic sheets by prescribing non-Euclidean metrics

- Prepare gels that undergo nonuniform shrinkage.
- Buckling thin films based on chosen metrics.



Y. Klein, E. Efrati, and E. Sharon, "Shaping of Elastic Sheets by Prescription of Non-Euclidean Metrics" Science, **315**, 1116, 2007.





### Shaping Sheets



#### Shaping elastic sheets by halftone gel lithography

- Photopattern thin films.
- Thermal-actuated shape change.
- Swell to embedding based on prescribed metric.







# Shaping Sheets

Programmed buckling by controlled lateral swelling in a thin elastic sheet

- How to prescribe a metric to produce a desire shape.
- Axisymmetric 3D structures.

Shape selection in non-Euclidean plates

- Existence of local isometries with waves that increase with radius.
- Energetically favorable to form lobes rather than saddles.



M.A. Dias, J.A. Hanna, and C.D. Santangelo "Programmed buckling by controlled lateral swelling in a thin elastic sheet" *PRE*, **84**, 036603, 2011. J.A. Gemmer and S.C. Venkataramani, "Shape selection in non-Euclidean plates" *Physica D: Nonlinear Phenomenon*, **240**(19), 1536, 2011.









Goal: Use swelling to predictably & permanently morph plates into shells













**Stretching Energy** (Assume all strains zero, except:  $a_{\theta\theta} - \overline{a}_{\theta\theta}$ )  $\mathcal{U}_s \simeq Eh \int_0^R \frac{(a_{\theta\theta} - r^2)^2}{r^3} \, \mathrm{d}r + Eh \int_R^{R_e/\alpha} \frac{(a_{\theta\theta} - \alpha^2 r^2)^2}{\alpha^2 r^3} \, \mathrm{d}r$ 

**Realized Metric:** Gauss Normal Coordinates  $\rho(r) = \int_0^r \sqrt{a_{rr}(r')} dr'$ 

 $\rho(r)$  measures the arc length along radial geodesics

First	Fundamental Form	
$ds^2$	$= d\rho^2 + a_{\theta\theta}(\rho)d\theta^2$	

Gaussian curvature  $-\partial_{
ho
ho}\sqrt{a_{ heta heta}}/\sqrt{a_{ heta heta}}$ 

Minimize Stretching Energy (Constant K metric)  $a_{\theta\theta}(\rho) = (\sin(\sqrt{K}\rho)/\sqrt{K})^2$ 







**Minimize Stretching Energy** (Constant K metric)  $a_{\theta\theta}(\rho) = (\sin(\sqrt{K}\rho)/\sqrt{K})^2$ 

Taylor Expand  $a_{\theta\theta}(\rho)$  (Assume:  $|K| < \alpha^2/R_e^2$ )



Flat metric

Kind of non-Euclidean metric

#### **Experiments:** Mechanical Strain





M. Pezzulla, S.A. Shillig, P. Nardinocchi, and D.P. Holmes , "Morphing of Geometric Composites via Residual Swelling," Under Review: Soft Matter , (2015). (also: arXiv:1504.03010)





#### Polyvinylsiloxane (PVS) – Zhermack Elite Double





#### **Characteristics:**

- Fast curing at room temperature.
- Easily vary elastic modulus

• The elastomer contains free, uncrosslinked polymer chains.





The elastomer contains free, uncrosslinked polymer chains.



M. Pezzulla, S.A. Shillig, P. Nardinocchi, and D.P. Holmes , "Morphing of Geometric Composites via Residual Swelling," Under Review: Soft Matter , (2015). (also: arXiv:1504.03010)







M. Pezzulla, S.A. Shillig, P. Nardinocchi, and D.P. Holmes , "Morphing of Geometric Composites via Residual Swelling," Under Review: Soft Matter , (2015). (also: arXiv:1504.03010)





BOSTON

UNIVERSITY



M. Pezzulla, S.A. Shillig, P. Nardinocchi, and D.P. Holmes , "Morphing of Geometric Composites via Residual Swelling," Under Review: Soft Matter , (2015). (also: arXiv:1504.03010)













BOS



### **Controlling Shape**



D.P. Holmes, M. Roché, T. Sinha, and H.A. Stone. "Bending and Twisting of Soft Materials by Non-homogenous Swelling" Soft Matter, 7, 5188, 2011.





Overview

#### Elastic Instabilities for Form and Function Buckling, Wrinkling, Folding, and Snapping

#### **Geometry and Mechanics:**

• Fundamental equations, geometric rigidity, morphing.

#### **Buckling & Wrinkling:**

• Stability, wavelength, flexible electronics, mechanical metamaterials, adhesion.

#### Stress Focusing – Folding & Creasing:

• Wrinkle-to-fold, origami.

#### **Snapping**:

• Snapping surfaces.





# Buckling





### Stability



Stable Equilibrium

- Lateral displacement **raises** the ball's center of gravity.
- **Increases** the potential energy.



Unstable Equilibrium

- Lateral displacement **lowers** the ball's center of gravity.
- **Decreases** the potential energy.



Neutral Equilibrium

 Lateral displacement
 no change in potential energy.





### Stability

#### **Euler Buckling**



#### "Stable-Symmetric Bifurcation"







 $\overline{\nabla}_{\alpha}\overline{\nabla}_{\beta}\mu^{\alpha\beta} - \left(\overline{b}_{\alpha\beta} + \overline{\nabla}_{\alpha}\overline{\nabla}_{\beta}w\right)\sigma^{\alpha\beta} - p = 0$ 







**Buckling into Arches**  
**Föppl-von Kármán Plate Equations**  

$$\underbrace{B\nabla^{4}w}_{bending} \xrightarrow{h} \underbrace{\Diamond^{4}[\phi, w]}_{stress} = 0$$

$$\underbrace{B\nabla^{4}w}_{stress} \xrightarrow{h} \underbrace{\Diamond^{4}[\phi, w]}_{stress} = 0$$

$$\underbrace{\nabla^{4}\phi}_{stress} \xrightarrow{h} \underbrace{\nabla^{4}\phi}_{gt} \xrightarrow{h} \underbrace{\partial^{4}\phi}_{gt} = 0$$

$$\underbrace{\nabla^{4}\phi}_{stress} \xrightarrow{h} \underbrace{\partial^{4}\phi}_{gt} \xrightarrow{h} \underbrace{\partial^$$



BOSTON

UNIVERSITY



**D.P. Holmes**, B. Tavakol, G. Froehlicher, and H.A. Stone, "Control and Manipulation of Microfluidic Fluid Flow via Elastic Deformations", Soft Matter, 9(29), 7049, (2013).

B. Tavakol, D.P. Holmes, and H.A. Stone, "Extended Lubrication Theory", Under Review, (2014).

mechanics of slender structures









#### Buckling of microscale elastic plates

- Fabrication of semiconductor nanoribbons for stretchable electronics.
- Flexible substrate: PDMS, chemically altered with UV light.
- Uniaxially strained PDMS, strips of single-crystal GaAs (gallium arsenide) bonded to the adhesive sites.
- Release of the prestrain causes a uniaxial compressive stress that buckles the nanoribbons into arches.
- Adhesive boundaries (as opposed to clamped) yields a variation on the classical elastica problem – the sticky elastica.

















#### Buckling of microscale elastic plates

- Nanoribbons with prestrains exceeding 50% were fabricated.
- Deposition of gold onto the arches makes them functional electrodes.
- Example device: Metal-semiconductor-metal photodetectors
  - Photosensor functional up to 51.4% strain in tension and -18.3% in compression.
- Technique has been extended to form: single-wall carbon nanotube arches, MOSFETs, piezoelectric energy harvesters.







**D.P. Holmes**, B. Tavakol, G. Froehlicher, and H.A. Stone, "Control and Manipulation of Microfluidic Fluid Flow via Elastic Deformations", Soft Matter, 9(29), 7049, (2013).

BOSTON UNIVERSITY

B. Tavakol, D.P. Holmes, and H.A. Stone, "Extended Lubrication Theory", Under Review, (2015).



Fluid flow through channels with variable geometry



B. Tavakol, G. Froehlicher, D.P. Holmes, and H.A. Stone. "Extended Lubrication Theory: Estimation of Fluid Flow in Channels with Variable Geometry," Under Review: Physics of Fluids, (2015).

BOSTON UNIVERSITY





Bertoldi et a., Advanced Materials, 21, 1-6, (2009)



mechanics of slender structures











J. Shim et al. IJSS, (2015).

















J. Shim et al., "Buckling-induced encapsulation of structured elastic shells under pressure," PNAS, (2012)

BOSTON UNIVERSITY









# Buckling into Shells

**Critical Buckling Stress** 

$$\sigma_c = \frac{k^2 E}{12 \left(1 - \nu^2\right)} \left(\frac{h}{a_i}\right)^2$$

Critical Buckling Strain

$$\varepsilon_c = \frac{k^2}{12\left(1+\nu\right)} \left(\frac{h}{a_i}\right)^2$$

Equilibrium Equation Circular Plate (cylindrical coordinates):

$$r^2 \frac{d^2 \varphi}{dr^2} + r \frac{d\varphi}{dr} + \left(\frac{P r^2}{D} - 1\right)\varphi = 0$$

General Solution:  $\varphi = A_1J_1(k) + A_2Y_1(k)$ 

Solution:  $k J_0(k) - (1-\nu)J_1(k) = 0$ 

**First buckling mode:** *k* = **2.16** (simply supported B.C.'s)












D.P. Holmes, and A.J Crosby, "Crumpled Surface Structures", Soft Matter, 4, 82, (2008).





















JNIVERS

At what voltage will the plate buckle?



B. Tavakol, M. Bozlar, G. Froehlicher, H. A. Stone, I. Aksay, and D. P. Holmes, "Buckling Instabilities of Dielectric Elastomeric Plates for Flexible Microfluidic Pumps," Soft Matter, 10(27), 4789–4794, (2014).

B. Tavakol, A. Chawan, and D. P. Holmes, "Buckling Instability of Thin Films as a Means to Control or Enhance Fluid Flow within Microchannels," in preparation, (2015).

















B. Tavakol, M. Bozlar, G. Froehlicher, H. A. Stone, I. Aksay, and D. P. Holmes, "Buckling Instabilities of Dielectric Elastomeric Plates for Flexible Microfluidic Pumps," Soft Matter, 10(27), 4789–4794, (2014).



# mechanics of slender structures

### Swelling & Buckling



D.P. Holmes, M. Roché, T. Sinha, and H.A. Stone. "Bending and Twisting of Soft Materials by Non-homogenous Swelling" Soft Matter, **7**, 5188, 2011.



Plate Shape



• Calculate & minimize the plate's energy as a function of time.

$$\mathcal{U}_{m} = \frac{h}{2E} \int_{A} \left[ \left( \nabla^{2} \varphi \right)^{2} - (1 + \nu) \Diamond^{4} [\varphi, \varphi] \right] dA,$$
$$\mathcal{U}_{b} = \frac{B}{2} \int_{A} \left[ \left( \nabla^{2} w \right)^{2} - (1 - \nu) \Diamond^{4} [w, w] \right] dA$$

• Satisfy compatibility between out-of-plane **curvature** & in-plane **stretching**.

$$-\Delta K = \epsilon_{\alpha\gamma}\epsilon_{\beta\delta} \ \varepsilon_{\alpha\beta,\gamma\delta} = \frac{1}{E}\nabla^4\varphi$$

• Assume a form for the Airy stress function

$$\varphi = \frac{E\Delta K}{64} \left( x_1^2 + x_2^2 \right) \left( a^2 + b^2 - x_1^2 - x_2^2 \right)$$



• Minimize the energy with respect to the **principal curvatures**.

D.P. Holmes, A. Pandey, M. Pezzulla, and P. Nardinocchi,. In Preparation (2014).



Plate Shape



• Calculate & minimize the plate's energy as a function of time.

$$\mathcal{U}_{m} = \frac{h}{2E} \int_{A} \left[ \left( \nabla^{2} \varphi \right)^{2} - (1 + \nu) \Diamond^{4} [\varphi, \varphi] \right] dA,$$
$$\mathcal{U}_{b} = \frac{B}{2} \int_{A} \left[ \left( \nabla^{2} w \right)^{2} - (1 - \nu) \Diamond^{4} [w, w] \right] dA$$

• Satisfy compatibility between out-of-plane **curvature** & in-plane **stretching**.

$$-\Delta K = \epsilon_{\alpha\gamma}\epsilon_{\beta\delta} \ \varepsilon_{\alpha\beta,\gamma\delta} = \frac{1}{E}\nabla^4\varphi$$

• Assume a form for the Airy stress function

$$\varphi = \frac{E\Delta K}{64} \left( x_1^2 + x_2^2 \right) \left( a^2 + b^2 - x_1^2 - x_2^2 \right)$$



• Minimize the energy with respect to the **principal curvatures**.

D.P. Holmes, A. Pandey, M. Pezzulla, and P. Nardinocchi,. In Preparation (2014).



Plate Shape



Minimization of the total strain energy with respect to the unknown curvatures:



D.P. Holmes, A. Pandey, M. Pezzulla, and P. Nardinocchi,. In Preparation (2014).



D.P. Holmes, A. Pandey, M. Pezzulla, and P. Nardinocchi,. In Preparation (2014).



D.P. Holmes, A. Pandey, M. Pezzulla, and P. Nardinocchi,. In Preparation (2014).



D.P. Holmes, A. Pandey, M. Pezzulla, and P. Nardinocchi,. In Preparation (2014).



## Dynamics: Twisting



D.P. Holmes, M. Roché, T. Sinha, and H.A. Stone. "Bending and Twisting of Soft Materials by Non-homogenous Swelling" Soft Matter, **7**, 5188, 2011.













Wrinkle Wavelength:

- Balance of the plate's bending energy, and the energy required to deform the underlying substrate.
- Bending penalizes short wavelengths.
- Deforming the elastic foundation penalizes long wavelengths.
- Intermediate wavelength emerges when the reaction of the underlying layer is proportional to the deflection of the plate.



Equilibrium Plate Eq. (FvK)  $B\nabla^4 w - h\sigma_{\alpha\beta}\partial^2_{\alpha\beta}w = 0$ 

1D wrinkles in x-direction:

$$B\frac{\partial^4 w}{\partial x^4} - h\sigma_{xx}\frac{\partial^2 w}{\partial x^2} + Kw = 0$$





1D wrinkles in x-direction:

$$B\frac{\partial^4 w}{\partial x^4} - h\sigma_{xx}\frac{\partial^2 w}{\partial x^2} + Kw = 0$$

Linearizing this equation & disregarding any stretching of the mid-plane due to curvature, i.e. second term is zero

$$B\frac{w}{L^4} \sim Ku$$

Scaling sets the wavelength:

$$L \to \lambda \sim \left(\frac{B}{K}\right)^{1/4}$$



In the limit of a deep substrate:  $h \ll \lambda \ll H_s \\ \lambda \sim h \left( \frac{E}{E_s} \right)^{1/3}$ 





1D wrinkles in x-direction:

$$B\frac{\partial^4 w}{\partial x^4} - h\sigma_{xx}\frac{\partial^2 w}{\partial x^2} + Kw = 0$$

Linearizing this equation about the flat, unbuckled state:

$$u_{\alpha} = w = 0$$

Linearized strains:

$$\varepsilon_{\alpha\beta} \approx 1/2(u_{\alpha,\beta} + u_{\beta,\alpha})$$



Perform linear stability analysis. Linearized equations below permit periodic solutions:

$$B\nabla^4 w - h\sigma_0 \nabla^2 w = -p \quad \text{and} \quad \nabla^4 \phi = 0$$
  
$$\sigma_c = E^* \left(\frac{3E_s^*}{2E^*}\right)^{2/3} \qquad \lambda = \pi h \left(\frac{2E^*}{3E_s^*}\right)^{1/3}$$







Effective or Reduced moduli:

Plate: E Substrate: 
$$E^* = \frac{E}{1 - \nu^2}$$
 
$$E^* = \frac{E_s(1 - \nu_s)}{(1 + \nu_s)(3 - 4\nu_s)}$$











### Thickness gradient:

50 μm	



mechanics of slender structures

Wrinkling







### Wrinkled adhesion:

- Maximum separation for a single wrinkle scales with its **perimeter** and the adhesion **Herringbone n** energy of the **interface**.
- Smaller wrinkles with a short persistence length will enhance adhesion.
- Low amplitude wrinkles enhance adhesion by increasing the contact line during separation.

$$\frac{P_s}{P} \sim \underbrace{\left(\frac{G_c}{E^*A}\right)^{1/4}}_{materials} \underbrace{\left(\frac{R}{A}\right)^{1/4}}_{geometry}$$







Wrinkling



Davis et al. "Mechanics of wrinkled surface adhesion," Soft Matter, 7(11), 5373, (2011).





### Biaxial Compression

- Early examples of wrinkling appeared when **thin metallic films** (50 nm) were **deposited** by electron beam evaporation **onto PDMS**.
- Deposition locally heats the PDMS, upon cooling the compressive stress buckles the bilayer into a herringbone patter.

 $20 \mu m \leq \lambda \leq 50 \mu m$ 









Obtained by linear stability of the cylindrical wrinkling pattern







E.P. Chan and A.J. Crosby, "Fabricating Microlens Arrays by Surface Wrinkling", Advanced Materials, (2006)





Overview

### Elastic Instabilities for Form and Function Buckling, Wrinkling, Folding, and Snapping

#### **Geometry and Mechanics:**

• Fundamental equations, geometric rigidity, morphing.

#### **Buckling & Wrinkling:**

• Stability, wavelength, flexible electronics, mechanical metamaterials, adhesion.

### Stress Focusing – Folding & Creasing:

• Wrinkle-to-fold, origami.

### **Snapping**:

• Snapping surfaces.





# Folding











# Folding

Wrinkling to Fold

Bending

$$\mathcal{U}_b \approx \frac{B}{2} \int_0^L \mathrm{d}l \; \partial_x^2 w \sim BL\left(\frac{A}{\lambda^2}\right)^2$$

Resistance of substrate  $\mathcal{U}_K \approx \frac{K}{2} \int_0^L \mathrm{d}l \ \partial_x^2 w \sim KLA^2$ 

Inextensibility

$$\Delta \approx \frac{K}{2} \int_{0}^{L} dl \, \partial_{x}^{2} w \sim L \left(\frac{A}{\lambda}\right)^{2}$$
Fold:  $\frac{\Delta}{\lambda} \approx 0.3$ 







Folding

### Wrinkling to Fold







# Wrinkling & Folding





#### Wrinkle Formation



Strain Localization





D.P. Holmes and A.J. Crosby, "Draping Films: A Wrinkle to Fold Transition" Physical Review Letters, 105, 038303, (2010).



# Wrinkling & Folding

### Wrinkling – Point Load

• Stress distribution:

$$\sigma_{rr}^w \sim \rho g \delta \left(\frac{L}{h}\right)$$

 $\mathbf{2}$ 

- Resistance of fluid substrate proportional to  $\rho g$
- Number of radial wrinkles:

$$N \sim \left(\frac{\sigma_{rr}a^2}{\overline{E}h^2}\right)^{1/4} \sim \frac{1}{h} \left(\frac{\rho g \delta L^2 a^2}{\overline{E}}\right)^{1/4}$$







### Folding at large deformation – asymptotic isometry

• Thin elastic film is forced into a curved, nondevelopable shape

D.P. Holmes and A.J. Crosby, "Draping Films: A Wrinkle to Fold Transition" *Physical Review Letters*, **105**, 038303, (2010).D. Vella et al. "Indentation of ultrathin elastic films and the emergence of aymptotic isometry," arXiv 1410.2795





### Localization



Indenter-shell aspect ratio:

 $= \frac{R_1}{R_2}$ 

Lazarus, et al. Soft Matter, (2013).




### Localization







Localization







## Localization

#### Lock & Key Colloids – Polymerization induced buckling.







Folding

#### Curved Crease





#### Origami – Miura Ori



Dias, Marcelo A., and Christian D. Santangelo. "The shape and mechanics of curved-fold origami structures." EPL (Europhysics Letters) 100.5 (2012): 54005. Mahadevan, Science, 2005.





Folding

#### Nitinol Shape Memory Alloy







Folding

#### Nitinol Shape Memory Alloy



Hawkes et al. "Programmable matter by folding," PNAS, 107(28), 12441-12445, (2010).





### Self-folding Origami Bird



### Origami & Mechanical Metamaterials



BOSTON

UNIVERSITY

Na, Jun-Hee, et al. "Programming Reversibly Self-Folding Origami with Micropatterned Photo-Crosslinkable Polymer Trilayers." Advanced Materials 27.1 (2015): 79-85.

Silverberg, Jesse L., et al. "Using origami design principles to fold reprogrammable mechanical metamaterials." science 345.6197 (2014): 647-650.







D. Chen et al. "Surface Energy as a Barrier to Creasing of Elastomer Films: An Elastic Analog to Classical Nucleation," PRL **109**, 038001, (2012).





### Crease vs. Wrinkle

- Fundamentally different type of instability.
- Both are **bifurcations** from a state of homogenous compression.
- Wrinkles bifurcate by a field of **strain small in amplitude**, and **nonlocal in space**.
- Creases bifurcate by a field of strain large in amplitude and localized in space.
- Wrinkles are predicted theoretically, they are **preceded by creases**.



## Wrinkles form by a **linear perturbation**, creases form by **nucleation and growth**.

D. Chen et al. "Surface Energy as a Barrier to Creasing of Elastomer Films: An Elastic Analog to Classical Nucleation," PRL **109**, 038001, (2012).





### Crease vs. Wrinkle

- Nucleation and growth of creases are analogous to classical nucleation theory for a **thermodynamic phase transition**.
- Forming a crease reduces the elastic energy, yet increases the surface area – barrier to nucleation.
- Absence of surface energy, crease forms at fixed strain: a = 0.429

 $\varepsilon_0 = 0.438$ 

• Nucleation size:

$$a_{\rm nuc} \approx \frac{1}{2} \frac{A}{B} \frac{\gamma}{\mu(\varepsilon - \varepsilon_0)}$$

 $\mathcal{E}$ 

• Overstrain:

$$-\varepsilon_0 \sim \left(\frac{\gamma}{\mu H}\right)^{1/2}$$
elastocapillary





BOST

UNIVERSITY

D. Chen et al. "Surface Energy as a Barrier to Creasing of Elastomer Films: An Elastic Analog to Classical Nucleation," PRL **109**, 038001, (2012).





A. Pandey and D.P. Holmes. "Swelling-Induced Deformations: A Materials-Defined Transition from Structural Instability to Surface Instability," Soft Matter, 9, 5524, (2013).







A. Pandey and D.P. Holmes. "Swelling-Induced Deformations: A Materials-Defined Transition from Structural Instability to Surface Instability," Soft Matter, 9, 5524, (2013).





<u>BOSTON</u>

UNIVERSITY



A. Pandey and D.P. Holmes. "Swelling-Induced Deformations: A Materials-Defined Transition from Structural Instability to Surface Instability," Soft Matter, 9, 5524, (2013).







A. Pandey and D.P. Holmes. "Swelling-Induced Deformations: A Materials-Defined Transition from Structural Instability to Surface Instability," Soft Matter, 9, 5524, (2013).





UNIVERSIT

### Can the fluid bend the structure?

## Bending $\mathcal{U}_b = \frac{B}{2} \int_L \theta'(s)^2 \mathrm{d}s \sim \overline{E}h^3$

## Swelling $\mathcal{U}_s = \int_{V_f} \sigma \varepsilon_{eq} \, \mathrm{d}V_f \sim E \varepsilon_{eq}^2 V_f$

Length scale:

$$\ell_{es} \sim \left(\varepsilon_{eq}^2 V_f\right)^{1/3}$$









Material	$\delta_s (cal^{1/2}cm^{-3/2})$	$\mu$ (D)	$\epsilon_{eq}$
PDMS	7.3	0.6-0.9	_
Diisopropylamine	7.3	1.2	1.13
Triethylamine	7.5	0.7	0.58
Hexanes	7.3	0.0	0.35
Toluene	8.9	0.4	0.31
Ethyl acetate	9.0	1.8	0.18

 $\ell_{es} \sim \left(\varepsilon_{eq}^2 V_f\right)^{1/3}$ 





A. Pandey and D.P. Holmes. "Swelling-Induced Deformations: A Materials-Defined Transition from Structural Instability to Surface Instability," Soft Matter, 9, 5524, (2013).













A. Pandey and D.P. Holmes. "Swelling-Induced Deformations: A Materials-Defined Transition from Structural Instability to Surface Instability," Soft Matter, 9, 5524, (2013).





# Snapping





## **Snappy Functionality**

#### Limit Point Instability

Rapid Jump From A to B









#### **Dielectric Elastomer**



#### **Composite Materials**









## Snapping





### Statics



### Two Geometric Quantities:

End Shortening: Stretchability:  $d = \frac{\Delta L}{L} \qquad \mathcal{S} = \frac{B}{EhL^2b} = \frac{h^2}{12L^2} \quad \boxed{d/\mathcal{S}}$ 







## Statics



$$U_B = \frac{1}{2}w_0f + \tau^2\left(d - \mathcal{S}\tau^2\right)$$

A. Pandey, D. Moulton, D. Vella, and **D.P. Holmes**, "Dynamics of Snapping Beams and Jumping Poppers", *EPL* (Europhysics Letters), **105**(2), 24001, (2014). A. Pandey, D. Moulton, D. Vella, and **D.P. Holmes**. arXiv:1310.3703, 2013.



## Force vs. Displacement





### Force vs. Displacement





### Statics

Transition from Symmetric to Asymmetric shape: Minimize Bending Energy





### Dynamics





Dynamics

At leading order in  $\epsilon$ , eigenvalue problem for  $\sigma$ , with eigenfuction  $w_p(x)$  satisfying





## Dynamics





## From Beams to Shells



## **Snapping Dynamics**



mechanics of slender structures





## **Snapping Dynamics**





## **Snapping Surfaces**



a. Clamp the PDMS elastomer array over a hole.









## Rapid Optical Switch



D.P. Holmes and A.J. Crosby, "Snapping Surfaces," Advanced Materials, 19, 21, 3589-3593, 2007.


## Summary

- Understanding and controlling the shapes of slender structures.
- Harness instabilities for advanced functionality.
- Large, fast, reversible deformations for adaptable materials.



## **Relevant Publications by Pl**

- D.P. Holmes and A.J. Crosby, "Snapping Surfaces," Advanced Materials, 19, 21, 3589-3593, 2007.
- D.P. Holmes, and A.J Crosby, "Crumpled Surface Structures", Soft Matter, 4, 82, (2008).
- A. Pandey, D. Moulton, D. Vella, and D.P. Holmes, "Dynamics of Snapping Beams and Jumping Poppers", EPL (Europhysics Letters), 105(2), 24001, (2014).
- **D.P. Holmes**, B. Tavakol, G. Froehlicher, and H.A. Stone, "Control and Manipulation of Microfluidic Fluid Flow via Elastic Deformations", *Soft Matter*, **9**(29), 7049, (2013).
- B. Tavakol, M. Bozlar, G. Froehlicher, H.A. Stone, I. Aksay, and D.P. Holmes. "Buckling Instability of Dielectric Elastomeric Plates for Flexible Microfludic Pumps." Under Review, 2014.
- B. Tavakol, **D.P. Holmes**, and H.A. Stone, "Extended Lubrication Theory", Under Review: Physics of Fluids, (2015).

## Acknowledgements

Behrouz Tavakol Anupam Pandey

Howard A. Stone(Princeton)Ilhan Aksay(Princeton)Michael Bozlar(Princeton)Guillaume Froehlicher(Princeton)

Dominic Vella Derek Moulton (Virginia Tech) (Virginia Tech)

(Oxford)

(Oxford)

## Funding

- Army Research Office MURI (#W911NF-09-1-0476)
- NSF CMMI Mechanics of Materials (#1300860)