



Workshop Series – Fall 2015:  
**F-1 Optional  
Practical Training**

### F-1 Optional Practical Training: Application Basics

Offered the first Friday of every month (excluding January and September) and other dates as convenient.

Covers topics for students preparing to apply for OPT:

- ✓ Eligibility factors and timing of application
- ✓ Considerations for travel and employment
- ✓ Tips for preparing and mailing the OPT application.

**Friday, October 2<sup>nd</sup>**

**Friday, October 9<sup>th</sup> (new!)**

**Thursday, October 22<sup>nd</sup>**

**Friday, November 6<sup>th</sup>**

**Friday, December 4<sup>th</sup>**

\*All sessions 3:00-4:00 p.m.

### F-1 Optional Practical Training: Transitions (STEM, Cap-Gap)

For students who have already submitted an OPT application and who may already be on OPT.

Covers advanced OPT topics including:

- ✓ 17-month extensions for students in certain Science, Technology, Engineering and Math (STEM) fields
- ✓ Questions about moving to H-1B employment-based immigration sponsorship
- ✓ “Cap-gap” extensions of status and work permission.

**Thursday, October 29<sup>th</sup>**  
3:00-4:00 p.m.

**Friday, November 13<sup>th</sup>**  
3:00-4:00 p.m.

**Wednesday, December 2<sup>nd</sup>**  
5:00-6:00 p.m.

All Workshops will be held at the ISSO:  
**888 Commonwealth Ave, 2<sup>nd</sup> Floor**

*Pre-Registration for these workshops is not required.  
Due to space limitations, the workshops are limited to 60 participants each.*