

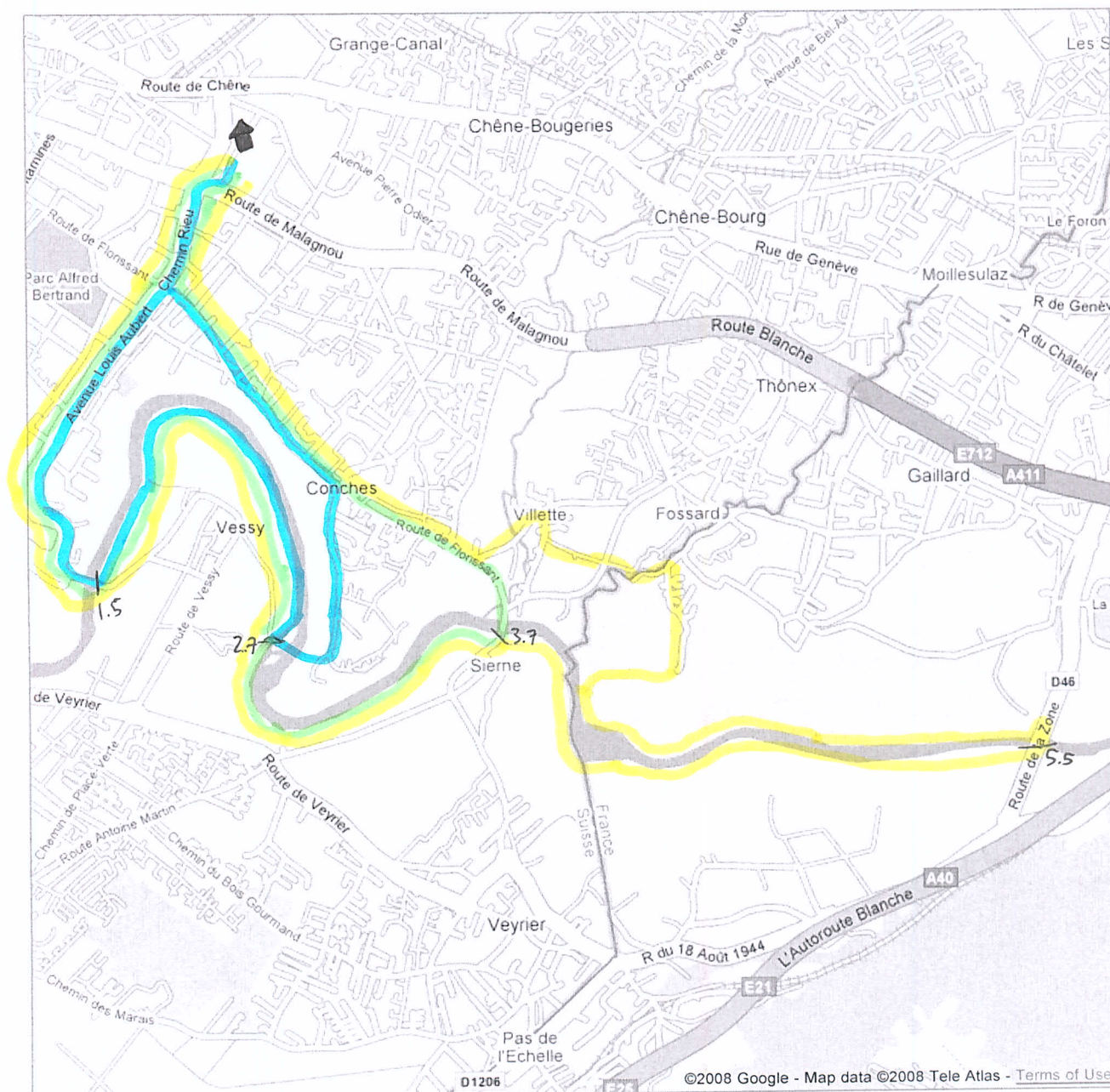
The routes: Arve Riverside

Highlights: Running on dirt paths, the Arve, Sierne farmland, crossing the border

Blue (4.5 miles): Exit the Cénacle by the road and run down Chemin Rieu (21 bus line). Keep going downhill until you hit Bout-du-Monde, then take a left. After you cross the Arve, look for the riverside path on your left. Run along the path until you hit the Hydro station, then look for the footbridge. Run uphill up the Chemin des Conches, then back to the Cénacle on the Route de Florissant.

Green (5.5 miles): Same as blue, but continue along the bank of the Arve until Pont de Sierne. There, take a left across the Bridge onto Florissant and back to the Cénacle. Couldn't be simpler.

Yellow (9.5 miles): This one's a real gem. Start out on Green, but at the Pont de Sierne keep going along the Arve (along the Sierne farm paths discussed in the Florissant section). Keep going until you hit the D46 bridge, the next bridge after Sierne (it takes a while). There, cross over to the other side and follow the other bank of the Arve back toward Geneva. When you get to the little parking area, follow the road (taking a left just after the greenhouses). After the speed-bump take your next left and run 100m until you see a modest border crossing. Cross into Switzerland here, and run straight until you hit the next major road – Thônex. Cross Thonex and run to the hamlet of Villette. In Villette, take a left – it'll lead you right back to Florissant and home.



4.5 = 4.5 miles

Run towards Bout-du-Monde sports complex, left towards Vessy, run along Arve river until you get to a hydro plant. cross the Foot bridge and return via Florissant.

5.5 = 5.5 miles

Start same as above, but keep going along Arve river after the hydro plant. cross Arve at next bridge (Pont du Sierne) and return on Florissant

9.5 = 9.5 miles

Same as above, but keep going after Sierne. Continue along Arve into France, keep going until you hit the D46 bridge, then cross the Arve and run back home, via Villetta.