

The routes: Countryside

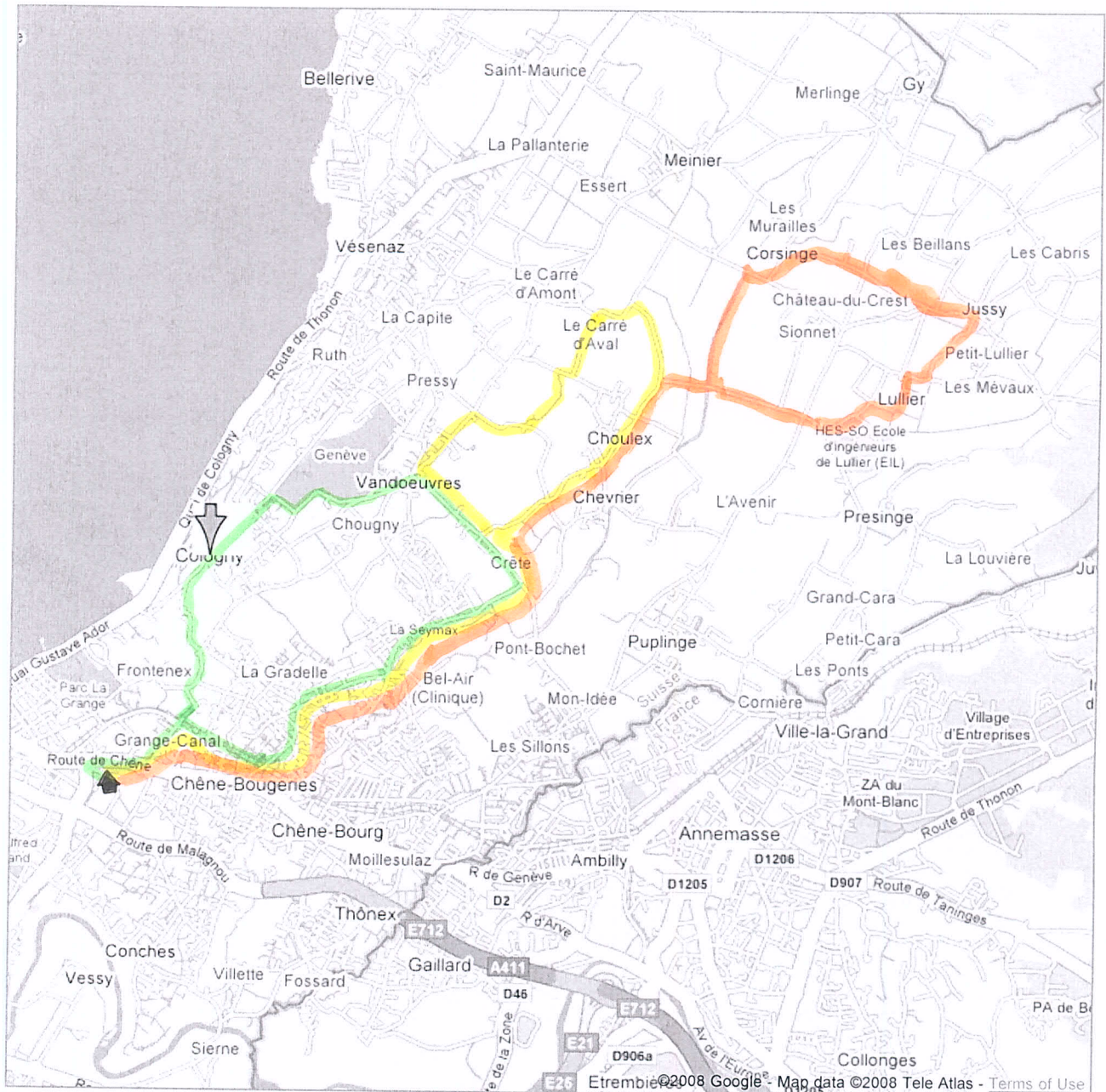
These routes show some of Geneva's hidden beauty and are well worth the effort.

Highlights: views of Mont-Blanc, views of the Jura, waterfowl preserve, chateaux, vineyards, farms... just incredible.

Green (6.5 miles): Leave the Cénacle in the direction of the Tram stop, then turn right and run uphill on Chêne. Turn left on Grange-Canal, and continue straight until the railway tracks. Turn right and run down the paved path cut along the railway embankment. Run until the next level crossing, then turn left and run straight until the roundabout, where you'll want to bear right onto Jean-Jacques Rigaud. Follow that until you can turn left on Chemin de la Seymaz, then run until you hit Mon-Idée. At Mon-Idée, turn left and run to the beautiful hamlet of Vandoeuvres. At the Vandoeuvres intersection, bear left onto the Chemin des Hauts Crêts. Keep going until you can turn right, downhill on Fraidieu. When you see the weird gothiquesque castle type thing, turn left and run into Cologny. When you get to Cologny's main intersection, continue downhill on the Rampe de Cologny, watching for Chemin le Fort on your left. Take that, and run uphill through the vineyard to route de Frontenex... and then home!

Yellow (11.5 miles): Same as Green, but take a right off of Mon-Idée toward Choulex. Run through picturesque Choulex and straight into the waterfowl reserve. Keep going on the same path, bearing left after the vine-covered hill and up the steep Vy-la-Tour into Carré d'Aval. You should now be more or less facing back toward Geneva, so run until you hit the Route de Choulex. When you do, take a right and then left on the Route de Meinier. This will bring you back to Vandoeuvres, where you will take a left on Mon-Idée to retrace your steps home.

Orange (14 miles): Had to find a new highlighter color for this one. Same as Yellow, but in the reserve take a right onto the Motte path and the footbridge, followed by a quick left so you're running along the waterway. Continue until the Route de Compois, where you'll take a right and then a quick left into Corsinge. Take your next right, which will lead you to Jussy and its fabulous château. Once in Jussy, look for the Route de Lullier on your right, which is lovely and brings you into Lullier. Bear right and it'll take you back to the Route de Jussy. Once back on the Route de Jussy, look for the Chemin de la Motte on your right, which will lead you back into the reserve and back home on retraced steps. Pat yourself on the back and go take a nap.



6.5 miles

Up route de Chêne to Grange-canal, then take the paved path next to the train tracks
chemin des Boulines, chemin de la Seymaz, then left on Mon-Idée to crête, keep going until
Vandoeuvres. bear straight in Vandoeuvres (uphill) on "hauts crêts" Right on "Froidieu", left on
Capite, then left on "Chemin le fort", keep going until Cénacle.

11.5 miles

Start same, but bear right on Route de Choulex. continue through Choulex into wildlife
reserve, left up steep hill (la V-la-tur) into Carré d'Aval, return to Vandoeuvres via chemin des Carrés,
then home free

14 miles - epic

Same as above, but take a right in the nature preserve across a footbridge. Go left along
the waterway, quick right on Compois, then left into Corsinge. ^{right} ~~left~~ towards the Château,
then into Jussy. Run through Lullier then cross the Route de Jussy back into the
Rocourt