

PDP DA 114 Ballroom, Salsa & Merengue

Instructor: Anne Marie Paul

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Meets Mondays 12:20pm – 1:10pm; Remote only: 0.5 Credit

Dance Program Mission:

Our dance program provides students with technical, historical and compositional courses in multiple genres of dance designed to prepare and enhance their skills in communication, critical thinking and self-expression. Our curriculum choices offer multiple ways of investigating dance as a physical, aesthetic, intellectual and cultural practice. As part of *One BU /Recommendations for Accessing the Arts at BU*, we encourage our students to use their imaginative spirit to find opportunities to create innovative cross-discipline research and practice.

Course Description:

This course is designed as an introduction to Salsa & Merengue. Students who have had little or no instruction in Salsa or Merengue should begin their instruction here. The course is also in depth enough for students who may have taken previous Salsa & Merengue classes for the purpose of building confidence and gaining additional dance experience with a partner.

This class focuses on Salsa, Cha-Cha, Merengue and Bachata, night club style. As a remote class, students will work on an easy-to-follow routine in both the leaders' and followers' part in each dance. These routines could be danced with a partner, as well. Character, balance, poise, styling and music of each dance will be discussed and taught.

Music pieces and videos will be shared for inspiration and practice on the Blackboard, as will a video summary of each lesson. Time for questions, discussion and socialization will happen in each remote class. The last class will be a virtual Latin Dance Party!

Course Objectives:

- **Basic Elements:** the four elemental movements that create the Ballroom & Rhythm styles. (walks, chasses, rock steps, triple steps)
- **Identifying Styles:** Students will be able to identify and explain the difference between Salsa and Merengue and demonstrate that knowledge with physical clarity.
- **Directional Movements:** Students will learn the six directional movements required performing Salsa & Merengue. [forward, back, left, right, rotating left, rotating right]
- **Basic Rhythm Comprehension:** Students will learn to hear the basic key rhythms associated with Salsa & Merengue as each dance has its own rhythmical sound.
- **Time Signatures & Beat Values:** Simple time signatures will be explained and basic musical beat values will be taught and students are expected to be able to demonstrate them correctly according to the dance being danced. [Slow = 2, quick = 1, and = $\frac{1}{2}$ a = $\frac{1}{4}$]
- **Basic Dance Holds & Positions:** Students will learn the basics of the various dance holds and dance positions. Proper alignment of the head, torso, hips, and feet in relation to the partner for sound anatomical correctness and improved dance performance.
- **Basic Leading & Following:** Students will learn the leaders role and the followers role of partnership dancing

- **Basic Foot Patterns & Amalgamations:** Students will learn basic principle figures [foot patterns] and build the confidence to amalgamate [connect] several of them together to create their own unique groupings.

Note: The course may also include some basic instruction on Bachata and Cha-Cha as they are also Latin Night Club dances. Students looking to learn additional dances can enroll in one of the other Beginning Ballroom classes.

Required Attire:

- Form fitted clothing required (dance, aerobic or bike wear); supportive undergarments (i.e. sports bras, athletic supporters) recommended to ensure comfort and ease - individuals can determine best options for their body and can consult instructors with any questions.
- Please, no gum or dangerous jewelry.
- Hair secured away from face.
- For Ballroom classes: Ballroom or Latin shoes recommended, casual comfortable clothing that you can move in.

Learning Outcomes:

- Students will have fun and comprehend the basic concepts of Salsa & Merengue through a combination of oral instruction, visual demonstration and on the floor participation.
- Students will demonstrate basic partner dancing in Salsa and Merengue according to the different tempos of music being played.
- Students will develop interpersonal relationship skills that can carry beyond dance alone.
- Students will develop a healthier physical lifestyle by consciously using and coordinating their mind and body in movement through the medium of Salsa and Merengue.

NA when remote: Lockers:

Permanent lockers are available. All lockers are issued on a first come, first serve basis. Members use a Day Locker for free. See the staff at ProShop. Otherwise, bring your valuables into the studio.

Grading Policy:

This class will be graded Pass/Fail, based on attendance. Please visit the [Registrar's website](#) often to view relevant deadlines! Below is a list of possible grades you may receive in this class:

P – Pass: Completed course requirements, 80% or more classes attended

W – Withdraw: If you drop this class after the specified deadline, you will receive a “W” grade.

MG - Missing Grade: If you decide you do not want to take this course, but forget to drop it, this grade will appear on your transcript. You will still be allowed to graduate and it will not affect your overall GPA, however you are strongly encouraged to drop this course within the allotted deadline to avoid this grade. Dropping before the deadline will remove this class from your transcript entirely.

I – Incomplete: If you fail to meet the attendance requirements of this course, you will receive an “I” until you have made up all missed classes. Please make arrangements with your instructor to do so within the following semester. Your grade will be changed to a “P” once you have made up all classes.

AU- Audit: If you intend to audit this class, please fill out and ask your instructor to sign a Class Adjustment/AU form and turn it in to the Registrar's Office by the deadline.

F- Fail: It is very unlikely that you will receive a failing grade. Your instructor is happy to work with you to make up any missed classes. A grade of "F" will only be given in extenuating circumstances.

Letter Grade: Dance Minors will receive a letter grade (A, B, C, D) indicative of their attendance, skill and improvement throughout the semester. (Note that these factors are directly correlated; good attendance leads to improvement and success.)

Diversity, Inclusion, Equity and Antiracism Statement

The BU Dance Program commits to actively improve our diversity, inclusion and equity programming and practice antiracism. We are committed to listening, assessing, and doing better to bring about change within our classes, programs, and in our community. We support FitRec's pledge.

FitRec is committed to:

- Listening to the voices of Black and Indigenous POC and the lessons of history
- Learning as individuals and as a staff, including stretching ourselves and knowing we will make mistakes
- Creating space, both physical and mental, to expand the dialog about inclusion, equity and equality
- Challenging the status quo and pushing past "what is" and moving into genuine inclusion and belonging

In our dance classes, faculty and students will be expected to:

- be attentive and self-aware of biases and prejudices that impact choices and interactions
- create thoughtful and intentional actions
- be respectful of each other's opinions and be open to changing our mind
- assume positive intent and recognize we are all growing and learning

We ask our students and members of the BU dance community to share their experiences, recommendations, and concerns.

Respectfully,

Micki Taylor-Pinney, Coordinator of Dance, mtaypin@bu.edu; Lynda Rieman, Assistant Coordinator of Dance/Theater Manager, lrrieman@bu.edu; Liz Roncka, Assistant Coordinator of Dance, lizronck@bu.edu

Attendance Policy & Make-Up Classes:

Classes begin promptly, typically with a warm-up. Accordingly, arriving more than 10 minutes late jeopardizes full immersion in the lesson. Students entering class beyond that time may not receive credit for the day. Please come on time and ready to dance.

Students are expected to adhere strictly to the BU Dance Department's attendance policy. Students must have 80% attendance and are allowed no more than 3 absences per semester, medical and family emergencies notwithstanding. Full participation for the entire class is expected from all students; injured students may receive credit for observing class. Students who will be missing class, arriving late or leaving early for any reason should please notify instructor in advance.

Standard Make-Up Options:

- Attend other credit dance classes taught by your instructor.
- Attend other credit dance classes after receiving permission from instructor.
- Attend dance performances approved by your instructor.
- Attend free End-of-Semester classes.
- Get written permission from budance@bu.edu to attend non-credit dance class (2 business days' notice; fee required) NOTE: make-ups slips must be signed and provided to instructor or Micki Taylor-Pinney (slips on website).
- Please feel free to ask questions and/or make appointments for consultations with your instructor or with Micki Taylor-Pinney, Director of Dance, at (617) 353-1597 (mtaypin@bu.edu).

Blackboard, FitRec Website & Course Evaluation:

A Blackboard course site may be available for this class online at <http://www.learn.bu.edu> and if so, can be accessed by entering your BU username and password. All students enrolled in this class should have access to this site, even if your school does not use Blackboard. This site will give you access to the course syllabus, any additional content, and allow you to email other students in this class. Emergency cancelations as well as other announcements may also be posted here.

For a detailed explanation of PDP credit class policies, information on registration, or schedules please visit the FitRec's website: <http://www.bu.edu/fitrec/about/physical-education/>

Course evaluations will be sent via email at midterm and at the end of the semester. Please take the time to fill these out – your feedback is very important to us!

Student Conduct:

Boston University's codes of conduct are enforced at the Fitness and Recreation Center at all times. Use of Boston University facilities is a privilege and participants are expected to be good citizens and respect the rights of others. Individuals who engage in unacceptable or irresponsible behavior may have their access to the Fitness and Recreation Center revoked or modified indefinitely as determined by the Executive Director of Physical Education, Recreation and Dance. Students may be subject to further university disciplinary action as outlined in the Boston University Code of Student Responsibilities (www.bu.edu/dos/policies/student-responsibilities).

Schedule:

Week	Curriculum
1	Introduction to basic elements, poise, posture and basic dance position, basic rhythm and sound of the dance, rhythm terms and beat values. Basic dance hold. Introduction to the basic rhythm and characterization of the dance + introduction of named foot patterns for the first dance
2	Review of previous week + Concepts of leading & following in the basic + additional principle figures
3	Review & practice of previous materials + amalgamating the figures
4	Additional leading/following concepts according to the foot patterns being danced + basic partnering concepts
5	Review of materials to date + Partnering presentation concepts
6	Dance performance concepts: Presentation of the partner and maintaining the character of the dance. Social style vs Competitive style
7	Music Identification week – Hearing the difference between dances + dancing
8	Introduction to the 2 nd dance for the semester – basic rhythm & characterization of the dance + introduction of named foot patterns
9	Review of previous week + Concepts of leading & following in the basic + additional principle figures
10	Review & practice of previous materials
11	Additional leading/following concepts according to the foot patterns being danced + key partnering concepts
12	Review of materials to date + Key partnering & presentation concepts
13	Dance performance concepts: Presentation of the partner and maintaining the character of the dance. Social style vs Competitive style
14	Dance Party

Curriculum Notes: Weekly curriculum presentation may change based on the learning capacity and retention rate of the class being instructed. Classes may receive instruction in additional dances if time and class retention rates permit. Repetition is reinforcement and it is necessary for students to be able to continue and /or repeat enrolling in the same courses and sections in multiple semesters.