

## Implementation of the New Model of Antenatal Care

### Action Plan

My Long Term Goal:

Increase family planning users thus reduce number of unplanned pregnancies

Short/Medium Term Goals to Achieving Long Term Goal	Actions Required	Resources Needed	Resources Available	Constraints	Who or What Can Help Me	Target Date for Action	Date Completed
Increase number of mothers attending 6 weeks post natal visits	Antenatal awareness- Importance of attending 6 weeks post natal check- Benefits etc,etc.	Information package for women of reproductive age.  Pregnancy test kit for home testing  Female condom	Qualified midwives –ANC, FP & MCH trained nurses.  Good access  specialist are available  Emergency contraceptives  IUCD  Male condom  FP – pills - Microlut	Not enough qualified staff to do mass campaign etc	Community leaders and community educators And Non-Government Organizations  Schools-Tertiary education  Provincial nurses, Midwives and Nurse Practitioners	Immediately	On going

			Depo-Provera Pregnancy test (lab. Test only)				
Increase number of Family Planning users	Awareness and counselling in ANC and all CBA	Pregnancy home testing kit Emergency contraceptive IUCD as emergency contraception	Information booklet and IEC materials are available	Cultural believe and practices Geographical Isolation and access to services	involvement of partners Access to services	immediately	On going
Reduce number of unplanned pregnancies	Awareness on safe sex practices Good follow up and monitoring of clients Service accessibility	Qualified midwives	Emergency contraception	Cultural believe and practices Frequent change of partners	Community leaders, community educators and NGO Partners	August 2005	August 2006
Reduce number of pregnant women	Awareness on importance of 6 weeks Post Natal visits	Increased qualified staffs and community workers to work in the program	Qualified Midwives and RH stall Wide variety methods of	Geographical isolation Poor accessibility	Community leaders, community educators and NGO	Aug2005	August 2006

	Service accessibility and good monitoring of FP users		family planning choices are available		Partners Provincial Nurses , Midwives and users practitioners		