

Implementation of the New Model of Antenatal Care in the Cook Islands.

Action Plan

My Long Term Goal:							
To implement the New Model of Antenatal Care in all service delivery points over the whole Cook Islands.							
Short/ Medium Term Goals to achieve long Term Goal	Actions required	Resources needed	Resources Available	Constraints	Who or What can help me	Target Date for action	Date completed
1.To get approval from the Ministry of Health	To see the Secretary of Health and to explain to him about this new ANC model, benefit to the women and to the Ministry	Well proven research data and results to convince the SOH	Myself with the knowledge and data from the course that I am doing	Availability of the SOH	The Hospital General Manager who is also a doctor and has much experience with Reproductive Health in this country	First week of November 2005 after our Cook Island medical conference.	
2. Policy Development	To see the Hospital General Manager To have meetings with the Director of Public health because ANC is under the PH department	Well proven research data and results to convince the general Manager and PHD	Myself with the knowledge and data from the course that I am doing	Approval from SOH Director of PH does not like new changes if it is not coming from her	WHO or UNFPA supporting this New ANC model	Second week of November 2005	
3. To request to have a meeting with the key personnel from the Ministry of Health with other stake holders like all the care givers, NGOs, Women's organization members and Youth group members	To invite these organizations On behalf of the Ministry of Health To explain the benefit of the new ANC Model	Place to have a meeting and the availability of all stakeholders. Copies of Dr. Villa's research to distribute to the participants	Myself with the knowledge and data from the course that I am doing	Restraint from the public about less visits	Support from the General Manager and PHD Support from the Midwives who had participated in this Module	Third week of Jan 2006	
4. Finalize the National Policy to apply the New ANC Model	To have all mentioned above stakeholders in a meeting	Funding to have this workshop.	Support from the GM, PHD and myself.	Should be none	NZ and Aus aid programme for the Women's Health Development in the CKI for funding the workshop.	February 2006.	
5. Training and practice Guide lines	To have work shops with the Mid wives from the ANC unit, Public health nurses from Rarotonga and the midwives from the Maternity unit	Funding to have this workshop.	Meeting place at PH dept. Papers and photocopiers.	Resistant from the older health care providers who are not willing to embrace new changes.	NZ and Aus aid programme for the Women's Health Development in the CKI for funding the workshop.	March 2006	
6. To start application of New ANC Model at the Rarotonga ANC unit	Practical demonstration Education of the mothers attending the clinic Supportive supervision	Well trained personnel to apply the new model	Already trained the midwives at the previous work shop	Restraint from the mothers who are not ready yet for smaller number of visits	More education and support from the caregivers can relieve the worries of mothers. More time to adapt to the new system	April 2006	

7. Study and follow up of the benefit and flaws for next six months after application in Rarotonga	Collect data Analyse data within these 6 months from Rarotonga ANC clinic	Statistician	Personnel from the Stats department within the Ministry	Should be none	Interns and the midwives	November 2006.	
8. To apply the New ANC model to the outer island Health facilities.	To train personnel from the outer island. There are 14 midwives and Nurse practitioners working in the outer islands.	Funds to start these work shops	Personnel already familiar with the implementation of New Model including myself.	Availability of funds Availability of personnel's	NZ and Aus aid programme for the Women's Health Development in the CKI for funding the workshop. Airline to sponsor for the travel of the personnel. Accommodation owners to help with stay of the participants.	Jan 2007	
9. Audit	Follow up of the situation after the New ANC model had been applied in the Beginning of 2007.	One trained person from the main island to visit to each clinic and to check the procedures and out come randomly for at least another year	Trained person	Availability of funds Availability of personnel's	NZ and Aus aid programme for the Women's Health Development in the CKI for funding the workshop. Airline to sponsor for the travel of the personnel. Accommodation owners to help with stay of the participants.	Whole of 2008 and 2009.	