Mental Health Resource Guide

To set up an initial appointment in Behavioral Medicine:
Call (617) 353-3569 and ask to schedule an initial appointment. Student will be scheduled for a 15-minute evaluation. These appointments are usually available within 48-72 hours.

For urgent issues:
• During business hours, call Behavioral Medicine at (617) 353-3569 and ask to speak with the triage clinician.
• During nights and weekends, call (617) 353-3569 and ask to speak with the clinician on call.
• In an emergency, call BUPD at (617) 353-2121. They will facilitate a transport to the hospital.

For more information, please visit http://www.bu.edu/shs/behavioral-medicine/.

Additional mental health and substance abuse resources on campus:

**Center for Anxiety and Related Disorders (CARD):** Cognitive Behavioral therapy for anxiety disorders; students pay out of pocket for these services
bu.edu/card  (617) 353-9610

**Center for Psychiatric Rehabilitation** - Coaching, skills training, groups
940 Commonwealth Ave
617-353-3549  cpr.bu.edu

**Collegiate Recovery Program:** Support groups, fun sober activities for students in recovery from addiction.
recovery@bu.edu  bu.edu/shs/wellness/general-health-programs/recovery-at-boston-university

**Danielsen Institute** - Neuropsychological testing, individual and family therapy
185 Bay State Rd
617-353-3047 (assessment)  617-353-9742 (therapy)  bu.edu/danielsen

**Sexual Assault Response & Prevention Center (SARP)** - Support, advocacy due to sexual assault, rape, sexual harassment, dating/domestic violence and stalking
930 Commonwealth Ave
617-353- SARP (7277) (24 hours daily)  sarp@bu.edu  bu.edu/sarp

**Other supports and resources on campus:**

**Center for Career Development** - Advising, networking, workshops
Center for Student Services, 100 Bay State Road
617-353-3590  bu.edu/careers
Center for Gender, Sexuality and Activism - Safe space, groups, social justice focus  
775 Commonwealth Ave, Lower Level  
617-358-5575, cgsa@bu.edu  bu.edu/cgsa

Educational Resources Center - Peer tutoring, writing and time management workshops  
Center for Student Services, 100 Bay State Road  
617-353-7077  bu.edu/erc

Howard Thurman Center for Common Ground - Discussion groups, book club, social activities  
George Sherman Union, 775 Commonwealth Ave, Lower level  
617-353-4745  bu.edu/thurman

International Student and Scholars Office (ISSO) - Advising, visa issues  
888 Commonwealth Avenue, 2nd Floor  
617-353-3565  bu.edu/isson

Marsh Chapel - Pastoral care, short-term support, social and fellowship events  
735 Commonwealth Avenue  
Brother Larry Whitney 857-413-7112, Jessica Chicka (international students chaplain)  
bu.edu/chapel

Office of Disability Services - Accessibility and accommodation services  
19 Deerfield Street, 2nd Floor  
617-353-3658  bu.edu/disability

Office of Residence Life - Housing, room changes due to medical issues  
25 Buick St  
617-353-4380  bu.edu/reslife

Sargent Choice Nutrition Center - Individual meetings, groups for nutrition, disordered eating  
635 Commonwealth Ave, 4th floor  
617-353-2721  bu.edu/scnc

Scarlet Safe Walk - Walking escorts 8pm-2am, 3am on weekends  
617-353-4877

Student Activities Office - Center for hundreds of student groups  
Sargent Activities Center, 1 University Place  
617-353-3635  bu.edu/studentactivities

University Service Center - Leave, Withdrawal, course load and tuition issues  
881 Commonwealth Ave East, downstairs  
617-358-1818  bu.edu/usc

Last update on 1/24/18