

Mental Health Resource Guide

To set up an initial appointment in Behavioral Medicine:

Call (617) 353-3569 and ask to schedule an initial appointment. Student will be scheduled for a 15-minute evaluation. These appointments are usually available within 48-72 hours.

For urgent issues:

- During business hours, call Behavioral Medicine at (617) 353-3569 and ask to speak with the triage clinician.
- During nights and weekends, call (617) 353-3569 and ask to speak with the clinician on call.
- In an emergency, call BUPD at (617) 353-2121. They will facilitate a transport to the hospital.

For more information, please visit <http://www.bu.edu/shs/behavioral-medicine/>.

Additional mental health and substance abuse resources on campus:

Center for Anxiety and Related Disorders (CARD): Cognitive Behavioral therapy for anxiety disorders; students pay out of pocket for these services
bu.edu/card (617) 353-9610

Center for Psychiatric Rehabilitation - Coaching, skills training, groups
940 Commonwealth Ave
617-353-3549 cpr.bu.edu

Collegiate Recovery Program: Support groups, fun sober activities for students in recovery from addiction.
recovery@bu.edu bu.edu/shs/wellness/general-health-programs/recovery-at-boston-university

Danielsen Institute - Neuropsychological testing, individual and family therapy
185 Bay State Rd
617-353-3047 (assessment) 617-353-9742 (therapy) bu.edu/danielsen

Sexual Assault Response & Prevention Center (SARP)- Support, advocacy due to sexual assault, rape, sexual harassment, dating/domestic violence and stalking
930 Commonwealth Ave
617-353- SARP (7277) (24 hours daily) sarp@bu.edu bu.edu/sarp

Other supports and resources on campus:

Center for Career Development - Advising, networking, workshops
Center for Student Services, 100 Bay State Road
617-353-3590 bu.edu/careers

Center for Gender, Sexuality and Activism - Safe space, groups, social justice focus
775 Commonwealth Ave, Lower Level
617-358-5575, cgsa@bu.edu bu.edu/cgsa

Educational Resources Center - Peer tutoring, writing and time management workshops
Center for Student Services, 100 Bay State Road
617-353-7077 bu.edu/erc

Howard Thurman Center for Common Ground - Discussion groups, book club, social activities
George Sherman Union, 775 Commonwealth Ave, Lower level
617-353-4745 bu.edu/thurman

International Student and Scholars Office (ISSO) - Advising, visa issues
888 Commonwealth Avenue, 2nd Floor
617-353-3565 bu.edu/isso

Marsh Chapel - Pastoral care, short-term support, social and fellowship events
735 Commonwealth Avenue
Brother Larry Whitney 857-413-7112, Jessica Chicka (international students chaplain)
bu.edu/chapel

Office of Disability Services - Accessibility and accommodation services
19 Deerfield Street, 2nd Floor
617-353-3658 bu.edu/disability

Office of Residence Life - Housing, room changes due to medical issues
25 Buick St
617-353-4380 bu.edu/reslife

Sargent Choice Nutrition Center - Individual meetings, groups for nutrition, disordered eating
635 Commonwealth Ave, 4th floor
617-353-2721 bu.edu/scnc

Scarlet Safe Walk - Walking escorts 8pm-2am, 3am on weekends
617-353-4877

Student Activities Office - Center for hundreds of student groups
Sargent Activities Center, 1 University Place
617-353-3635 bu.edu/studentactivities

University Service Center - Leave, Withdrawal, course load and tuition issues
881 Commonwealth Ave East, downstairs
617-358-1818 bu.edu/usc