

BU ASDA Newsletter

Issue 8

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Pre-Dental President Caroline Pronesti (CAS 2003)

Esther H

С 61 asi Special Olympics, Special Smiles in Massachusetts Amelia Grabe (DMD 2005)

Special Olympics, Special Smiles (SOSS) is one of the volunteering opportunities at BUGSDM with a particularly personal value to me. My uncle has Down's Syndrome and has been a Special Olympian in Pennsylvania for the past several years. So, you can imagine my excitement in participating at this year's SOSS!

The 2002 Massachusetts Special Olympics, Special Smiles program was held on Saturday, June 15, at Harvard University's athletic facilities in Allston, MA.

Dr. Steven Perlman started the program in 1993 with the mission to increase dental health care availability to people with mental retardation. Access to dental care is a critical issue for people with mental and physical disabilities. Dr. Perlman recognized that the Special Olympics would be an ideal place to offer free dental health screenings, nutritional information, mouthguards, and lists of local dentists in the athlete's hometown area who treat patients with special needs.

Increasing access to

care also involves increasing the number of dentists treating patients with special needs. Thus, AGD and ADA CE credits are available as an incentive for participation in the SOSS program.

(Continued on page 3)



Are those incredibly huge teeth or Amelia and Ariel in disguise?

P4K Program at BU Ariel Bales-Kogan (DMD 2003)



The Prevention for Kids (P4K) program is now in full swing

at the Goldman school. P4K was introduced a few months ago as a program that aims to education expecting parents and those w/ young infants about optimal oral hygiene and proper oral care.

The program is set to begin presentations at various daycare facilities in the Boston area. The first official presentation was on July 19 at a Wee Care center in Ouincy.

In collaboration with the Community Health Pro-

grams division at Boston University, directed by Ms. Kathy Lituri, ASDA is in the process of arranging an association with the Bright Horizons childcare centers.

If you are interested in participating, please contact your ASDA representative with your name and contact information. Volunteers will participate in presenting information to parents at selected locations in Boston and answering questions. A training session will be provided.

Weekly bookings of presentations start in August. Your participation and time would be greatly appreciated!

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August 2002

Explorer

EXCEL Students Roam around Boston Erik Reifenstahl (DMD 2005)

On July 8, 20 entering dental students began their careers at BU with the EX-CEL program.

The 4 week program is designed to introduce students to life at dental school. Representatives from ASDA were on hand to welcome participants and invite them to a scavenger hunt, starting from TGIF on Saturday, July 13.

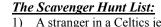
Joined at TGI Fridav's by council members Lily, Ariel, Amelia, and Erik, the EXCEL students enjoyed lunch before embarking on an adventure across the city.

Divided into four teams of 4 to 5, everyone set off with instant cameras, 10 films, a list of items, and a map. Their mission was to capture as many items (30 max) or people on the list and obtain 10 additional objects.

The list included getting a picture of the Citgo sign, a teammate serving coffee at Dunkin' Donuts, teammates getting a piggyback from strangers, your team in a convertible Porsche, and a male teammate modeling lingerie.

The team had 2 hours to fill the list and meet back at the dental school. The winning group of Leon, Alexis, Mahnaz, Nieca, and Liz scored a 58 out of a possible 81 points. As a reward for their labors, the winners received "trophies" of bottles of Listerine.

At the end of the day, everyone had a great time and could definitely say that they got to know their way around the city!



A stranger in a Celtics jersey 2) All

vour teammates with a statue and flowers 3) One teammate serving

coffee at

Saluting the Freedom Trail

- Dunkin Donuts
- You and a duck 4)
- Anything that says MFA 5) (Museum of Fine Arts)
- 6) Any 2 teammates doing janitorial work at a hotel
- A dog relieving itself in pub-7) lic



Dunkin' Donuts

8) You and a lobster 9) Any sausage vender displaying his/ her product 10) You and a horse, but your

feet can't be

- touching the ground 11) A Bostonian with an unconventional hairstyle
- 12) The Pearly Gates
- 13) The "Citgo" sign
- 14) All your team in a fountain
- 15) 25 strangers



16) 3 men and a baby 17) Any 2 of you in a handstand 18) Any 2 teammates getting piggybacks from 2 complete strang-

and flowers ers

- 19) A salute to the Freedom Trail
- 20) Anything w/ "Sam Adams"
- 21) Dental office sign w/ "DMD"
- 22) Anyone wearing BU logo

- 23) All your team in a police car
- 24) Greek letters
 - 25) Convertible Porsche (bonus if you're in it)
 - 26) Male teammate modeling lingerie (1 pt for each item)
 - 27) A 6 pack
- 28) Female teammate wearing leather chaps
- 29) Anyone in fluorescent pink
- 30) Haymarket

Additional objects:

Charles River water sample 1)

- 2) Empty Tiffany bag
- Boston 3) postcard photographed by the vendor



2 teammates doing hotel janitorial

work, 2 doing handstands,

1 wearing BU logo, male team-

mate with lingerie and a 6-pack

Bonus points for team sitting in a convertible Porsche

- Matchbook/napkin w/ Boston 4) hotel name on it
- Token 5)
- Business card w/Chinatown 6) address
- Spanish translation of "Your 7)

molar needs a crown, and I can do it with tender loving care"

8) any Boston newspaper with the date July 12 on it 9) a playbill

from any Boston theatre 10) any copy of the "Explorer," the BU ASDA newsletter



2 teammates getting piggybacks from 2 complete strangers



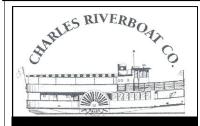
Explorer

AIDS Run/Walk Ariel Bales-Kogan (DMD 2003)

Once again, the ASDA team participated in the AIDS Action Committee's (AAC) Walk and Run, held this year on Sunday, June 2.

It was a beautiful day for the event as runners took their place at the end of the esplanade awaiting the 9:30am buzzer to start the race. While runners pursued a timely finish to the 5k journey along the Charles River, walkers began their 10k trek around the Boston area.

Overall, it is estimated that more than 3000 people par-



BU-ASDA

proudly invites you to join us for an enchanting evening cruise......

Friday August 16

Boarding @ 7:30pm from Cambridge Side Galleria

> Premium Open Bar Music and Dancing

> > \$40 Single \$75 Double

For tickets, please see your class reps or ASDA officers

ticipated in the walk or run, raising over \$2 million.

AAC is a non-profit organization dedicated to increasing awareness, to providing education, and to funding AIDS research. For more events of the AAC, you can go to their website at www.aacevents.org. They accept donations at all times.

The yearly event ended with informational boutiques, lots of free food and drinks, and an incredible live concert at the Hatch Shell on the esplanade. Please join us next year when we do it again.

(Continued from page 1) SOSS This program has spread all over the world, notably in Israel and at the Pan-European Games.

A day at SOSS is filled with interactions with the Olympians themselves as well as their coaches, family members, and fellow volunteers. Many BUGSDM faculty and staff were present—Dr. Perlman, Dr. Farsai, Dr. Hutter, Dr. Kilgore, Dr. Figueroa, Ellen Yadon—in addition to a myriad of dental students from BU, Tufts, and Harvard.
 Ariel at the Hatch Shell after

finishing the run

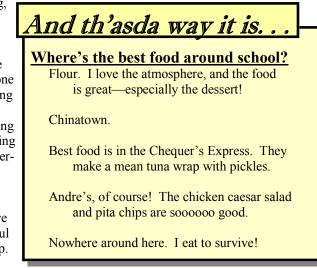
Each athlete who came through the clinic made an indelible impression on all who were there, and it was a most gratifying experience. Many friends were made, and I even saw a young lady develop a crush on one of the volunteers!

I'm definitely looking forward to next year's event. I can't wait to see the athletes whom I was fortunate to meet this year and cheer them on in their events!

For more information on SOSS, check out their website at <u>www.specialsmiles.org</u> — you'll be glad you did!

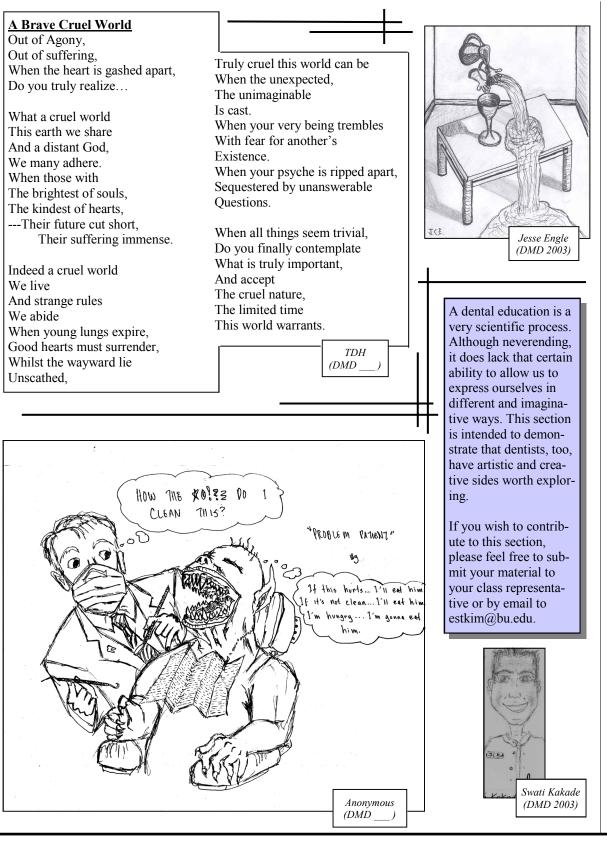
The environment was

electrifving. and you could feel the excitement in the air. Everyone was enjoying the experience of being there, helping such wonderful people who were extremely appreciative and thankful for our help.



Explorer

The Artistic Dentist



Legislative Update

Catherine Bunin-Stevenson (DMD 2005)



For many years now, one thing has been pretty clear-cut to health care providers, patients, and lawyers. People with HIV or AIDS are covered by the American with Disabilities Act (ADA). The ADA clearly states that an em-

clearly states that an employee cannot be fired

due to his or her HIV status. In 1999, an Atlanta dental hygienist was suspended from treating patients due to his HIV status and was offered a desk job. The

hygienist refused the desk job and was fired. The hygienist then sued his employer under the ADA. The Northern Georgia U.S. District Court Judge Charles A. Pennell, Jr., upheld the hygienist's firing, stating that the hygienist's asymptomatic HIV infection posed a "direct threat" to patients.

The hygienist and his lawyers appealed the ruling to the 11th circuit, which concluded that "the district court properly granted summary judgment to Valley Forge [his employer], because a HIV-infected dental hygienist poses a significant risk of HIV transmission to his patients.

The hygienist's last recourse was to appeal to the U.S. Supreme Court. On May 28, 2002, the U.S. Supreme Court refused to hear his case. In lay terms, this means that a health care provider who is HIV positive (or has AIDS) may be prevented from treating patients.

Throughout this case, the American Dental Association filed the Amicus Brief. In this

If you contract HIV, you can lose your right to

treat patients.

brief to the U.S. Supreme Court, the ADA asked the court to "clarify what remains [for] many dentists and other health care providers [under] an ambiguous federal law."

Since the high court refused to hear this case, no answers will be coming soon. However, all health care providers should seriously consider what it means

> to them that they must treat HIV/AIDS patients in the same way they treat everyone else. If you contract HIV from a patient, you can lose your right to treat patients.

So, what happens to

health care providers who are HIV/AIDS positive and want to treat only HIV/AIDS patients? Perhaps it's time we all started thinking more openly and looking more closely at safer alternatives for everyone!



Did you know?

Most dentists provide treatment for their patients according to key professional principles such as beneficence, autonomy, and veracity (think: "Ethics," "Behavioral Sciences," and "IPPM"). Unfortunately, there are some dentists to whom these concepts are foreign, yet they are allowed to continue practicing.

In a recent article published in a May issue of the *Boston Globe*, the problem of long delays in resolving dental malpractice suits was emphasized. According to statistics based on data from the Massachusetts Board of Registration in Dentistry, "there have been 1,359 dental complaints filed within the last 5 years. More than half of the complaints were against just 252 dentists."

So, how many of those cases were resolved? 65%

Doesn't sound too bad perhaps. But think about this. Many of those cases were resolved only 4-5 years after the initial complaint. And in the 876 cases resolved, only 40 out of 555 dentists were disciplined.

What's the main reason for the delay? Severe staff shortages in the dental disciplinary board. —> Any

volunteers?

And th'asda way it is. . .

Where's your favorite place to study?

Espresso Royale Café, near Northeastern.

My couch! There's a huge butt mark to prove it!

The McNary seminar rooms. It'd be great though if we had a study lounge on an additional top floor of the dental school!

If I tell you, it won't by my favorite place to study anymore, would it?

Favorite place to study is a secret; otherwise, everyone else would be there.

In-Profile: Dr. Emerling

Ariel Bales-Kogan (DMD 2003)



Jean S. Emerling, DDS

Director, Predoctoral Removable Prosthodontics; Professor of General Dentistry. BA, DDS, State University of New York at Buffalo

Most of us will only get to know Dr. Jean Emerling as the foundation of the removable prosthodontics course. The familiar voice on every Wednesday of sophomore year, delivering the fundamentals of removable, three identical sentences at a time. Yet, behind the doctor of infinite removable knowledge is a woman with enough spunk to surprise you all.

Dr. Emerling graduated from SUNY-Buffalo dental school in 1970. Following graduation, she continued her education in a GPR program. However, during residency she noticed her hands were cramping and a physician consultation diagnosed her with osteoarthritis. With the belief that this disease was progressive, Dr. Emerling decided that private practice would not be feasible and decided to make her path in the world of academia.

Her teaching start was at University of Pennsylvania (UPenn) dental school. The method by which she received her BU job interview is the first bizarre story to be told. She called the chair of removable prosthodontics, Dr. Mori, to ask for an interview. At the time of the phone call, Dr. Ruel was sitting in Dr. Mori's office; Dr. Ruel was acquainted with Dr. Emerling from his experience at UPenn and did not hesitate to respond "hire her" when Dr. Mori asked him "who's this Jean Emerling?" And so the interview was set-up, and soon after, Dr. Emerling began her work at the Goldman school.

Dr. Emerling strongly enjoys the teaching environment. In 1980 she became the assistant dean of removable prosthodontics, but resigned after a short 2-year period to return back to clinical teaching. She believes and states that "one of the strongest things that [BU has] is the faculty." With that in mind, she continues to make her

impression in our education with her own unique style.

There is no other lecturer with quite the same methodology of information delivery. For those of us who have experienced her in the past, and for those who will experience her soon, her style is

boldly evident. The way by which she repeats the exact same sentence two or three times, changing just the intonation is a signature of her teaching, and a sure key of an important fact. She believes that creating songs or melodies from the information is crucial to retaining the knowledge. Her infamous analogies to "Superman's cape" and the "hinged door" have clearly become engraved in



those of us who succeeded to pass her class. Though, the challenges of taking her exams are not nearly as interesting

as the personal side of JE.

Dr. Emerling commutes from Falmouth to Boston on a daily basis, but "lives" in Nantucket. She has been married to her husband for the past 34 years, a pediatrician whom she met while in dental school. The story of their first encounter is the next bizarre story to be told. It was her sophomore year and Dr. Emerling was sitting in the kitchen with a friend prying through the "Medention" yearbook (it combined medical and dental students) that had just come out. As she was flipping through the pictures of the medical students, her husband's-to-be picture caught her eye. At the same instant that she pointed to his picture and mentioned to her friend that "if there was one guy from the entire page that she would want to date, it would be him...", the phone rang. To her surprise, and by some twilight zone wavelength

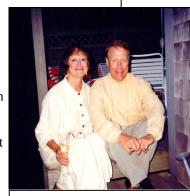
She continues to make her impression in our education with her own unique style. disturbance, it was him on the phone, calling to ask her out on a date. They have been together ever since. The couple has no children of their own, but claim many kids by proxy via their professions and close friends. In alternating years, they plan travel excursions, as both

have a flare for seeing the world. Her favorite place in the world to-date is Madrid, Spain. The next destination will fall not too far from there, as they currently plan to travel to Portugal. Every fall they visit neighboring Canada to partake in the Toronto Film Festival. While there, they never skip Dr. Emerling's "favorite restaurant in North *(Continued on page 7)*

(Continued from page 6, "In-Profile") America" -- North 44.

Out of dental school she is a completely different personality than she is behind the mi-

crophone. For fun, she organizes a Christmas party for the removable teachers each vear, but in July! The party is set at a local Boston restaurant, along with a fully dressed



Dr. and Dr. Emerling (her husband)

Santa. Every attendee must sit on Santa's lap and whisper how deserving he/she has been of the "being good" title. Gifts are exchanged and then everyone returns to their customary summer duties. The most bizarre of these stories are the ones of what Dr. Emerling and her husband did for the other's 40th birthday celebration.

Dr. Emerling was relaxing on a Nantucket beach in her bathing suit enjoying the 40th year sunrays. Suddenly, she is blindfolded and kidnapped, and placed on a plane going from Nantucket to Hyannis. (Keep in mind she is in her bathing suit). Upon arrival in Hyannis, the blindfold is removed to the sight of an old car, across which she

reads "if you think this car is old wait 'til vou see Jean Emerling." In this embarrassing getaway vehicle, she is whisked away to their home in Falmouth. When

> she arrives, all her friends greet her, in white togas, and the birthday celebration continues from there. That was the event to top her organized celebration of her husband's 40th birthday. Keep in mind his birthday is in the middle of winter, below freezing tempera-

tures outside, snow and ice, etc. Jean Emerling invited all her husband's

friends over, but not to the house. They were to sneak in quietly through the back and plunge into their outdoor jacuzzi. (It is unclear if these people were dressed or not, it is left to the imagination). Once all the

friends were in the hot tub, they began singing "happy birthday" to attract her husband's attention outside. However, as everyone crammed into the outdoor hot

tub, the water overflowed and completely drenched their clothes. The party was a success, but all the guests had to leave only "partially" dressed and very wet.

When asked about what advice she would give students entering the clinic and students about to enter the real world, she gives the same advice to both. She simply states that when "seeing a new patient, or finishing a case ... [pause] ... always act in a way that will allow you to sleep at night." As a student now, and a professional later, you must do everything you can to prepare for your patient, take worries away, and calm yourself. Hence, likewise, "never do anything that would cause you not to sleep at night."



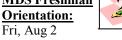
Dr. Emerling with Dr. Tanja Braecher, recipient of the Remo Award, at the Senior Dinner of 1996

The best piece of advice that she has received from a faculty member was "keep up the quality; speed takes care of itself!" Those words of wisdom should certainly apply to all BU students as well. Lastly,

please don't forget that donations are still accepted towards the Emerling Lexus Fund, coins and notes all received without discrimination.

Upcoming Events...

Lunch and Learns: Aug: Southern Dental Industries Oct: Colgate Pharmaceuticals Nov: Sonicare **MDS Freshman**



@ 12:30 pm

BU ASDA Cruise Friday, August 16 @ 7:30pm

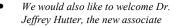
We would like to say goodbye to Dr. Neal Bellanti, past associate dean for academic affairs. For the

leal Rellanti

Announcements...

past five vears, Dr. Bellanti was responsible for overseeing the predoctoral educational program at BUGSDM,

speaking with and advising students on just about anything.



dean for academic affairs at BUGSDM. Dr. Hutter is the Chairman and Associate Professor of the Department of Endodontics at Boston Uni-



versity, as well as the immediate past president of the American Association of Endodontists.

Strange but True Stories of "Do-it-yourself" Dentistry Heard on My Externship Swati Kakade (DMD 2003) One patient had fractures/ I informed my patient that a tooth knew that I'd be needing denneeded to be crowned. The assiscraze lines in several teeth. I tures. That's why I already tant then discussed the fee schedinformed the patient that those bought some used ones on the ule with him. When I returned to teeth were fractured and may internet." the bay, the patient exclaimed: need endo and crowns. The "Gosh, Doc, why would I want to patient responded: "I know my A patient came in needing three spend all that money on a crown teeth were chipped, but they're extractions. He said: "Doc, okay now . No crowns neceshere when I can get a nice gold these teeth are really bothering one done at the flea market!" sary, Doctor. I fixed them me. I need you to take them myself with crazy glue." out - my screwdrivers and pliers I had a patient whose tooth #8 just couldn't do the job!" looked considerably larger than A patient with six teeth re-#9 and was also strangely discolmaining came for dental treatored with a very flaky texture. ment. The remaining teeth Curious, I asked the patient what were severely periodontally had happened to the tooth. She involved and therefore rereplied, "Oh, I chipped it, and quired extraction. I explained the old filling came out. So, I to her that she would be needjust filled it back in with some ing complete upper and lower paper mache tissue and glue." dentures. She replied: "Yes, I <u>Solve this!</u> Can you guess whose childhood pics these are? В С А Hint: They have grown up to be prominent course directors here at BU. Dr. Brown (fixed) C. Dr. Emerling (removable) B. Dr. McManana (operative)