

FYSOP 26

NEED-TO-KNOW GUIDE

AUGUST 24-28, 2015





First-Year Student

Outreach Project



A LETTER FROM YOUR PROGRAM MANAGERS

Greetings FYSOP 26!

Kirsten and Swanson here, your two program managers. FYSOP is just around the corner, and we cannot wait to welcome you to campus and the FYSOP family! You've made a great decision by kicking off your Boston University career with us, and we know this week is going to be filled with new friendships and self-exploration. Our team of coordinators, program assistants, and staff leaders have been working hard to prepare a challenging, reflective, and transformative program for y'all.

In this packet, you will receive program tips, the official FYSOP 26 schedule, and helpful information about move-in. You'll also get a chance to read up on the focus areas and the invigorating opportunities your coordinators have been arranging for you!

As recent Boston University graduates and FYSOP fanatics, we'd love to share a short packing list with you:

- Extra energy for those long days and nights, as well as an alarm clock to get you ready for the day.
- Tea and throat lozenges to soothe your throat after cheering with the rest of FYSOP all day long.
- Closed toe shoes-- bring your sneakers, we're gonna be working hard!
- An open mind with which to meet the many new experiences that this week will bring.
- A fun fact about yourself in your back pocket to share with all the new people you will meet.

Along with having participated in an engaging and educational program, you will walk away from your FYSOP experience with:

- A beautiful FYSOP t-shirt (featuring a special guest appearance by Salt the humpback whale!).
- A reusable water bottle, because our favorite color is green. #sustainability
- Knowledge that will empower you to think critically, ask questions, and seek long-term change.
- Connections with amazing community partners who are making waves throughout this great city.
- Friendships with other stellar first-years and staff to support you throughout your time at Boston University.

The spirit of FYSOP lives on past Friday, August 28th. We challenge you to stay actively involved with the Community Service Center after volunteering with FYSOP. Our numerous academic-year programs can continue to help you find your passions here at Boston University.

Pack your bags and prepare for the adventure of a lifetime! We can't wait to see you soon.

FYSOP forever,
K&S



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YOUR FYSOP 26 SCHEDULE

Monday, August 24

12:00pm-5:00pm	FYSOP Registration	George Sherman Union (GSU) Plaza
4:00pm	Residences officially available for first-year move-in	
5:00pm-7:00pm	Dinner	
7:00pm-7:30pm	Group Meet & Greet	Cummington Mall
8:00pm-10:00pm	Opening Ceremonies	Metcalf Hall, 2nd Floor, George Sherman Union
10:00pm-10:45pm	Group Breakout	Various Locations

Tuesday, August 25

6:30am-8:00am:	Breakfast	George Sherman Union Court
8:30am-10:00am:	Education Day Opener	Metcalf Hall, 2nd Floor, George Sherman Union
10am-5:00pm:	Education Day	Various Locations
5:00pm-7:00pm	Dinner	
7:00pm-10:00pm	FYSOP Outings	Various Locations

Wednesday, August 26

6:30am-8:00am:	Breakfast	George Sherman Union Court
9:00am-5:00pm	Service with Community Partners	
5:00pm-7:00pm	Dinner	
7:30pm-9:30pm	Program Night	Metcalf Hall, 2nd Floor, George Sherman Union

Thursday, August 27

6:30am-8:00am:	Breakfast	George Sherman Union Court
9:00am-5:00pm	Service with Community Partners	
5:00pm-7:00pm	Dinner	
8:00pm-10:00pm	Activities Night	Various Locations

Friday, August 28

6:30am-8:00am:	Breakfast	George Sherman Union Court
9:00am-5:00pm	Service with Community Partners	
5:00pm-7:00pm	Dinner	
8:30pm-10:00pm	Closing Ceremonies	Metcalf Hall, 2nd Floor, George Sherman Union



First-Year Student



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MOVE-IN & LOGISTICS

Registration and Move-In

FYSOP registration will begin at noon on Monday, August 24 and continue until 5pm at the George Sherman Union. At registration, you will receive your t-shirt, waterbottle, name tag, and a program schedule. On Monday, you will also move into your 2015-16 academic year housing. Please note that in some cases, rooms may not be ready until 4 pm. Before arriving on campus, please register your move-in date as Wednesday, August 26, 2015 on the Student Link; we will notify Boston University Housing of your participation in FYSOP so that you may move in on Monday, August 24, 2015. You can find more detailed information about move-in and registration on our [FAQ Page](#).

Waivers & Travel Itineraries

If you are under the age of 18 and will not be 18 by the time FYSOP starts, please remember to submit the waiver to fysop@bu.edu or by fax at 617-353-9424. Keep in mind that if you do not submit this waiver and are under the age of 18, you will not be able to participate in FYSOP.

[Access the waiver here.](#)

Additionally, we need every participant to complete and submit a travel itinerary so that we can aid you during your move-in process if needed. As a FYSOP volunteer, you will be able to move into your on-campus residence by 4 p.m. on Monday, August 26, 2013.

[Access the travel itinerary here.](#)

Social Media

Stay engaged with us online before you arrive on campus and throughout FYSOP!



Reminder

Don't forget: FYSOP is a substance-free program for all participants. The consumption of alcohol and/or the use of drugs is strictly prohibited.

#FYSOP26

HELLO

MY NAME IS

Abilities

Monday, August 24
12-5pm
George Sherman Union

FYSOP
REGISTRATION

PACKING LIST:

- Close-toed shoes
- Long pants
- Long-sleeved shirt
- Sunglasses
- Hat
- Bug spray
- Drawstring bag
- Clothes that can get dirty
- Sunscreen
- BU gear
- Positive attitude!

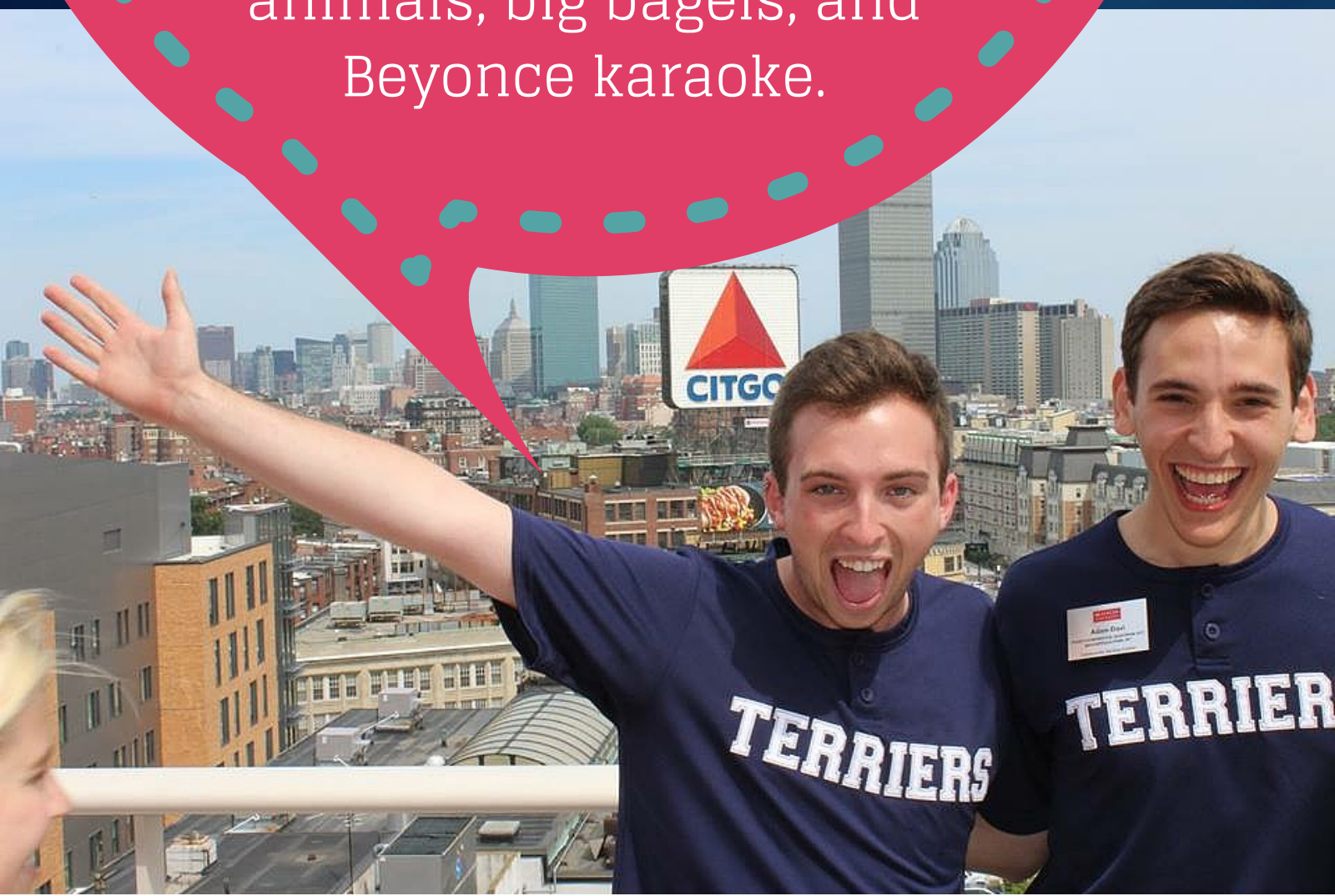
TILL Autism Center provides resources, activities, information and empowerment to families caring for a loved one with autism.



Billy LePage is from Los Gatos, CA and a junior studying Sociology. His interests are coffee, Twitter, and destroying oppression.

Adam Davi is from Massapequa, NY and a junior studying Organizational Behavior. His interests are small animals, big bagels, and Beyonce karaoke.

The Abilities focus area seeks to eradicate systems within policy, media, and relationships that inhibit individuals based on their ability. We aim to help others better understand that equality can be achieved by fostering a culture of respect in our actions and words. To be an effective ally, it is necessary to recognize that most of us will experience some form of disability in our lifetime, whether it be physical, mental, social or emotional, and it is important to learn how to engage in dialogue with and about people who are differently abled. This dialogue serves as a platform for advocating for equal access and accommodation until it becomes the standard, while actively addressing stigma and empowering individuals. In the past, we have partnered with Perkins School for the Blind, TILL's Autism Support Center, and the Northeast Arc.



Animals FYSOP26

Hey ANIMALS! We are getting ready for FYSOP26 and hope you are as excited as we are for FYSOP.

Our vision is to explore animals through three lenses:

- *animals as companions
- *animal rights vs. animal welfare
- *conscious consumerism

We will be exploring new perspectives, reflecting on our own lived experiences, and working with various community partners in the Greater Boston Area. This is a great time to learn about the city you will be in for the next few years and meet some wonderful people!

We can't wait to see you on August 24th!

– Sharlayne and Aubrey

Community Partner Highlight:

Ellen Gifford Cat Shelter!

We will be visiting them on Wednesday, Thursday, and Friday during FYSOP. They are a cage-free cat shelter that works to find forever homes for their felines. They rely on volunteers to help clean, care, and socialize cats 365 days a year! Their mission is to provide a safe haven for abandoned, stray, abused, neglected, unwanted and injured cats with the goal of rehoming. If you volunteer here be sure to try and find the FYSOP23 brick in their side walk!



Your Coordinators!

Sharlayne Arana is a junior in the College of Arts and Sciences studying psychology. She loves to dance and eat good FOOD!

Aubrey Fiacco is a senior in the College of Arts and Sciences studying biology and psychology. She loves musicals and quoting DORY from *Finding Nemo*!

Keep up with FYSOP!



[facebook!](#)



[twitter!](#)



[instagram!](#)

PACKING LIST

- *Close-toed shoes
- *Long Pants
- *Clothing you can get dirty
- *A Can Do Attitude!!





#PEDIASHORE
#FYSOP26

CHILDREN

FOR CHILDREN FOCUS AREA

XXXXXXXXXX > FYSOP 26 < XXXXXXXXXXXX

HELLO

Greetings! I am Chris Sanchez, one half of the Children's Focus Area Coordinating team. I am excited to introduce the lovely world of FYSOP to incoming First Years and to all of our staff. We have been planning a week of service, education and reflection and are both so incredibly stoked to introduce it to y'all. I am currently a Californian Junior in the College of Arts & Sciences majoring in Neuroscience and minoring in the School of Education with Deaf Studies. In the future, I hope to continue working with youth whether relating to neuroscience or not.

I'm Aarthi Chezian, the other half of the Children's Focus Area Coordinating team. I am senior from the great state of New Jersey in the College of Arts and Sciences studying Biology with a specialization in Cell Biology, Molecular Biology, and Genetics. I cannot wait to get to know all of you incoming first-years and our staff and introduce you all to the amazing Children's Focus Area! In the future, I'd love to be working with youth on a global scale.



MISSION STATEMENT

The Children's focus area seeks to create and to promote an environment that fosters the growth and success of youth from infancy to young adulthood. We seek to address matters that include the influence of media, mental and physical health, familial stability, and social determinants of poverty by addressing developmental risk factors. FYSOP participants will immerse themselves into the Boston community through education, reflection and service by connecting with youth at schools and community centers and assisting educators and nonprofit organizations for the upcoming academic year and their events. In the past, we have partnered with Hanscom Air Force Base, Cradles to Crayons, Welcome Baby, and local YMCAs.

PACKING LIST

- Sneakers
- Clothes you wouldn't mind getting dirty
- Water bottle
- Sunscreen
- An open-mind
- Drawstring bag
- Your selfie stick
- And your winning personality!

FYSOP26 Elders: All you need to know



Sasha Parodi
Russian-American
Majors: Psychology
and Journalism
Favorite hobby:
Dance

Jess Kaplan
Pittsburgh, PA
Major: Biology
Favorite hobby:
eating Thai food

Your Cost!

Stay in the Loop!



Community Partner Spotlight

MISSION STATEMENT

While elders are generally respected in modern day society, they are viewed as separate or disconnected from the general population. Aging, however, is a natural process in which we gain powerful life experiences. For FYSOP 26, we want to open the discussion on what aging actually looks like and develop our perception of elders as active members of our society. We will discuss these topics through the vehicles of physical, mental and societal implications of the aging process in a constantly evolving world. Our past community partners have included Compass on the Bay, Ethos and Rogerson Communities.

VOLUNTEER DAYS: ATTIRE

- Closed-toed shoes
- Casual but modest attire
- Clothing you don't mind getting a little dirty



This integrated living facility houses just under 200 people and provides both long-term and short-term care for its residences. Not only does it provide a space that engages elders with various types of therapies and activities such as music therapy and various recreational therapy, it also specializes in Alzheimer's and memory care. We are very excited to work with Sherrill House and support elders through various stages of life. Our volunteers will make one-on-one connections with the residents through creative and interactive activities.



First-Year Student Outreach Project

ENVIRONMENT

26

Meet Your Coordinators

Brittney and Tom love the outdoors and exploring their city. They both have a passion for coffee and dancing, even though they're not very good.



Our Mission

The environment focus area's mission is to cultivate a purpose behind sustainable lifestyles, informing each interaction we have with our natural environment. We are exploring a person's right to a clean and safe environment, the Earth's inherent right for respectful treatment, and the interconnectedness between the environment and its inhabitants. The current impacts and future ongoing damages of climate change underlay all of these themes. We have partnered with community organizations who protect Boston's nature as well as inspire sustainability within the city, such as the Rose Kennedy Greenway and Boston Nature Center.

Community Partner Spotlight

The Rose Kennedy Greenway is a large public green space that is organically maintained by the city of Boston. They work to bring outdoor art initiatives, farmer's markets, and local food to Boston's beautiful green belt. We are excited to be working with them this summer, as well as all our other fantastic community partners around the Greater Boston Area.

Packing List

Please bring closed-toe shoes, clothes that you can get dirty, and your wonderful personalities!!

Check Us Out Here!

#fysop26

#trees

FYSOP26 FOOD JUSTICE

MISSION

The Food Justice focus area advocates for a healthy, affordable, sustainable, and equitable food system. From worker to consumer, each person is a necessary and valued component of the food chain, with a fundamental right to produce, distribute, and access good food. This focus area aims to promote the visibility and dignity of each interdependent community that contributes to the structural food system. By deconstructing the food system and addressing systemic challenges, we will promote sustainable solutions with community partners to achieve social change. In past years, we have partnered with The Food Project, ReVision Urban Farm and Higher Ground

COMMUNITY PARTNER

RevisionUrban farm is a community based urban agriculture project. It provides accessible, affordable, nutritious and culturally appropriate food to residents of the surrounding community. The project also provides training for both youth and Boston's residence who are experiencing homelessness, empowering the community through their food initiatives.



YOUR COORDINATORS



NAAMIT TUBUL

Naamit Tubul is a junior in the College of Arts and Sciences studying sociology and political science. She lives for comfort food and will order french toast at any diner. Naamit has fallen in love with the food justice movement in Boston and is so excited to share her passion with all of the first-year students.

KYLE BANNON

Kyle Bannon is a Senior in Sargent College studying human physiology. He loves Beyoncé and wants to teach his future corgi the Crazy in Love choreography. He's so excited to be a part of FYSOP26 Food Justice area and hopes to create an open and welcoming space to discuss new issues surrounding the food system.

WHAT TO BRING ON YOUR VOYAGE

- close-toed shoes
- clothes that you can get dirty
- sunscreen
- hat/baseball cap
- backpack
- a unicorn
- dance moves to pop lock and crop it



#POPLOCKNCROPIT

FYSOP 26

GENDER & SEXUALITY



Mission & Vision

This year, the Gender & Sexuality focus area will highlight the ways in which we form our **identities** and how we find **community**. We will inspire students to create a safer environment for women, queer, and trans people, as well as examine the intersections of race, class, and ability. To narrow in on our mission, we have three specific focuses this year. We will look at the multidimensional nature of **violence and trauma**, and will examine how the communities we work with experience specific acts of violence. We will also be looking at how our **physical bodies** can affect our identity by examining body and sex positivity. Additionally, we want to look at **media representation**, and how the media often misrepresents these communities.

Your Coordinators

DJ Rock

Year: Senior

Major: Journalism

Hometown: Belleville, NJ

What I'm Most Excited

About for FYSOP 26: I've been a volunteer and staff leader in this focus area for the past 2 years. I know there will be tons of #FyCries since it's my last FYSOP ever, but I can't wait to hear everyone talk about their personal GS journeys. And of course, the GS Call!



Jess Klein

Year: Senior

Major: English & Political Science

Hometown: Ormond Beach, FL

What I'm Most Excited

about for FYSOP 26: I'm excited about sharing all of my experiences and helping first-years find their identities. I'm also pumped for all of the cool organizations we'll be volunteering at during the week, especially Casa Myrna, a new community partner for FYSOP this year!

Our Community Partners:

Boston Gay & Lesbian Adolescent Social Services
Café Emmanuel
Casa Myrna
Emerge Domestic Violence
Finex House

Healing Abuse Working for Change
Hispanic-Black Gay Coalition
Multi-Service Eating Disorder Association
The Women's Center
Theater Offensive

Welcome to....

HOMELESSNESS & HOUSING

FYSOP 26

MISSION

The Homelessness and Housing focus area aims to acknowledge and address detrimental attitudes and stereotypes towards individuals experiencing homelessness. Homelessness can happen to anyone due to the loss of a family or friend support system. Causes for homelessness can range from mental and physical health conditions to economic challenges including foreclosure or forced eviction. Homelessness affects a wide range of people.

What to pack:
Clothes to get dirty in
Long pants
Closed-toed shoes
Sunscreen



Dan Leary

College of Arts and Sciences
Class of 2017
Biochemistry & Molecular Bio
Hobbies: Comedy, Food & Golf

Community Partner Spotlight

Founded in 1974, Rosie's Place served as the first women's shelter in the United States. Their overarching mission is provide a safe place for women who are experiencing homelessness. The shelter aims to help women maintain their dignity and find jobs and safety in their lives.

Dagny Barclay

Sargent College
Class of 2017
Behavior & Health
Hobbies: Cooking, Netflix & Traveling



Human Rights

Our Mission

In an effort to breakdown what divides us, we aim to facilitate conversations as advocates of empowerment for all populations. We strive to clarify the common misconceptions that surround human rights and shed light on the fact that violations of basic human needs happen everywhere. We will explore the connections between access to fundamental human needs, race, class, citizenship, and identity. By exposing ourselves to environments of vast cultural richness with glaring lack of opportunity, we seek to showcase the framework of teamwork within the Greater Boston community. The system we live in is inherently not equal; the world we live in wrongly treats many as less human than others. After taking a walk in the shoes of individuals in other populations, we hope that participants will recognize that they too have a place in this community of understanding and respect for all cultures, and that this actualization will lay the groundwork in allying ourselves with the Greater Boston community.

Meet the Coordinators



While Katriona loves acoustics, sunrises, and coffee, Taylor loves the outdoors, Teen Wolf, and Follow The Honey



Their passions for education, opportunity, well-being and social justice meet somewhere beautiful, and emerge in what is the Human Rights focus area.

Community Partners



Packing List

- Comfortable, weather-appropriate clothes you don't mind getting dirty. Closed-toed shoes.
- Casual, clean, comfortable attire.
- An open mind

Connect with us

<https://fysop26humanrights.wordpress.com>

fysop.com

fysop26humanrights@gmail.com

PUBLIC HEALTH: FYSOP 26



VISION

Public Health concentrates on maintaining a healthy life in three different lenses: physical, societal, and environmental. We aim to educate participants within those lenses that include mental health stigma, the relationship between identity and well-being, and the access to resources that promote healthy living. Leading a fulfilling life includes being cognizant of your choices and recognizing disparities within your communities. Activities may include harm-reduction education, providing local produce to low-income neighborhoods, and supporting those denied a healthy life. In the past, participants have worked with Children's AIDS Program, Brigham and Women's Hospital, and Community Servings.

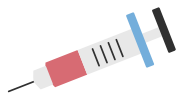


A COMMUNITY PARTNER

The International Medical Equipment Collaborative (IMEC) is a non-profit organization in North Andover that donates medical supplies and equipment to developing countries around the world. With 200,000 square feet, volunteers help out employees in packaging and distributing medical supplies to these countries. Through this, volunteers will learn how the location of where a person was raised can heavily impact their access to health care and supplies.

WHAT TO BRING

- Closed toe shoes
- Bug spray
- Comfy clothes that you wouldn't mind getting dirty
- Sunglasses, sun screen, hats
- Smiles and joy



Alana is a junior in the College of Communication studying public relations with a minor in International Relations. She is from Aurora, Colorado but has ironically never been skiing. Alana wants to find ways for a myriad of communities to live conscious healthy lives. And her body is made of dim-sum.

YOUR FYCOS!



Giancarlo is a rising junior in the College of Arts and Sciences studying psychology and sociology. He grew up in Woodland Hills, CA and is passionate about transformative justice and iced coffee. Giancarlo aspires to impact others by educating them about recognizing disparities within communities and breaking certain stigmas associated with public health.

FYSOP 26 URBAN ENGAGEMENT

OUR MISSION:

The Urban Engagement focus area aims to examine the social, political, and economic institutions that foster both development and disenfranchisement of our shared urban spaces. We will use our examination of these institutions as a framework for understanding forms of systemic oppression, in particular, generational effects of racism and classism. Through exploration of these topics, we will empower incoming first-years to explore how their respective environments shape their personal identities. First-years will engage as advocates for their peers within the Boston University community, as well as their neighbors in the Greater Boston area.

PACKING TIPS:

Closed toed shoes
Sunscreen

Comfy clothes for hot weather and a lil mess!

Your best dance moves~
Your best * healthy * cheer voice
A smile and an open mind

IT'S HAPPENING!

SOCIAL MEDIA:

facebook.com/fysop

insta: @fysop

twitter: @heyfysop

fysop26urbanengagement.wordpress.com

YOUR COORDINATORS



Talia Flores is a senior studying health science in Sargent College and public health in the School of Public Health. When she is not off exploring city eateries or kayaking on the Charles, you can find her by the track as a sprinter and jumper for Boston University's Track and Field team. After FYSOP, she will be embarking on her next big adventure, studying and interning in Geneva, Switzerland!



Laura Gray is a junior in the College of Arts and Sciences majoring in Sociology and minoring in Public Health. When she is not in the Community Service Center, you can probably find her singing with her acappella group, The Boston University BosTones, or DJing her radio show through BU's WTBU Radio. Laura was a first year volunteer for the Public Health focus area her freshman year, and was a staff leader for Public Health last summer.

FEATURED COMMUNITY PARTNER: CITY LIFE / VIDA URBANA

Vida Urbana is a community partner located in Jamaica Plain that Urban Engagement is thrilled to be partnering with for the first time this FYSOP. City Life/Vida Urbana is a grassroots community organization that works to keep Bostonian residents in their homes and fight back against housing displacement.

They speak to the affects of gentrification and how it pushes communities, namely those of color, out of their homes. The neighborhoods the organization mainly works with are Dorchester, Roxbury, Mattapan, and East Boston. The organization says "We promote individual empowerment, develop community leaders and build collective power to effect systemic change and transform society". This site truly believes in keeping the communities of Boston neighborhoods intact and allowing members to speak up and speak out for their rights. Volunteers will be working directly with the organization to paint their facilities, as well as canvass houses in the greater Boston area with their trained organizers.