Ellis Memorial & Eldridge House = Mondays 8:45-11:45 AM (traveling and on-site) MBTA
The Adult Day Health Program is a medically based community health model for elderly and/or disabled. It is designed to enhance the quality of life for the individuals we serve and keep those individuals living independently in the community.

Compass on the Bay = Mondays/Fridays 2-5PM (traveling and on-site) VAN
Compass on the Bay is a unique care facility with a specific focus on the issue of memory loss and Alzheimer’s disease in the aging process. The community offers innovative care for all residents, as well as individualized environments and programming for each senior. The facility specializes in maintaining and improving residents’ memory using an array of research-based techniques.

Windsor House = Tuesdays/Wednesdays 11AM-2PM (traveling and on-site) MBTA
The Windsor House is an Adult Day Health Program located in Cambridge that offers medical care, companionship, social services, specialized care, meals and care-coordination. As a volunteer, you will be participating in activities as well as running activities with the participants.

Newton Special Athletes: Zumba = Tuesdays 7-8:45PM (traveling and on-site) VAN
**THIS PROGRAM HAS ALREADY BEGUN SO WE WANT TO GET VOLUNTEERS OUT THERE ASAP. RUNS UNTIL FEBRUARY 25**
We are going to be dancing the night away. Zumba is the newest addition to Newton Special Athletes and they are so excited to have volunteers. We will be working with special athletes ages 10 and up.

Newton Special Athletes: Track = Tuesdays 6:30-8:30PM (traveling and on-site) VAN
**STARTING MARCH 18**
You will be helping out with training Special Olympics athletes (mostly adults, but some are teens), mostly jogging and walking with them. Wear comfortable clothes and sneakers.

Newton North High School’s Transition Program = Wednesdays 10:45AM-1:30PM (traveling and on-site) MBTA to BC and VAN pick-up
Volunteers will be interacting with teens that are part of Newton High School’s Transition Program. This program allows students who have been placed in the Special Education system to be readied for their time once they are no longer under the care of the school program.

LGBT Aging Project at Café Emmanuel = Thursdays 10AM-1PM (traveling and on-site) MBTA
The LGBT Aging Project hosts a weekly luncheon at Café Emmanuel in Emmanuel Church of Boston. You will be helping to set up and clean up the luncheon when you are not socializing with the elders. Because many of these people have been rejected before in their lives and may be reserved. Be outgoing, sensitive and open-minded.

MAB Adult Day Health Program = Thursdays 11AM-2PM (traveling and on-site) MBTA
At MABHab in Allston, adults with developmental disabilities, brain injuries, and secondary disorders such as blindness, deafness, behavioral challenges, cerebral palsy, and issues related to aging are provided with supports to help maximize their independence and enjoy the best possible quality of life. As a program that heavily relies on the continued support from regular volunteers, you will be a critical part in developing meaningful relationships with the adults on site. Additionally, you may have the opportunity to take part in community outings.
Charles River Center = Thursdays 3-6PM (traveling and on-site) VAN
Adult Extended Day volunteers work with creative learning activities that tend to be in regards to self-advocating a healthy lifestyle or organizing games and activities. If you have a hobby or special interest you are encouraged to teach it to the adults.

Heritage Apartments = Fridays 12-3PM (traveling and on-site) MBTA
The Heritage Apartments are a mixed facility that has housing for many different populations, with volunteers primarily working with the elderly and individuals with disabilities. You'll be running some games, doing some house/apartment visits, and beautification.

Little Sisters of the Poor = Saturdays 2-5PM (traveling and on-site) VAN
The Little Sisters of the Poor Home in Somerville offers a continuum of care to the needy elderly of the greater Boston area, assuring them security, dignity and respect as they age. From week to week things vary around site based on the weather, the seasons etc. You could be doing something different every week! On site, you are welcomed to share your skills or interested with the residents. For example, if you enjoy cooking, crocheting, reading books, or playing chess this is the site for you to share that!

The Strongwater Farm = TBA; VAN
Tewksbury Hospital Equestrian FARM provides equine therapeutic programs for the general public, as well as for clients of Tewksbury Hospital, schools and other service agencies. Volunteers help with barn upkeep and side walking during horse rides with older individuals, as well as individuals with disabilities.

POTENTIAL NEW SITES THIS SEMESTER

The Coolidge House
This skilled nursing facility with long and short-term residents and patients located is in Brookline. The Recreation Department heavily relies on dedicated volunteers to help enrich the lives of our residents by providing a variety of skills, experiences, and personalities.

Ivy Street School/Massachusetts Association for the Blind and Visually Impaired
The Ivy Street School is nestled right next to South Campus and, in the past, has had volunteers assist them with data entry for their program that matches sighted volunteers with people who have visual impairments in order to assist them in daily activities. This volunteer opportunity is ideal for someone who is dedicated to making a difference from behind the scenes.

Also potential for actual volunteer work with those who are blind or visually impaired at the Mass. Assoc. for the Blind and Visually Impaired.

TIMEFRAME FOR POTENTIAL SITES – 2-3 HOUR BLOCK POSSIBLY TUESDAY OR WEDNESDAY AFTERNOONS OR FRIDAY MORNINGS
**comment on availability if interested in any of these**