



Center for Psychiatric Rehabilitation eCast
October 2011

FALL WORKSHOPS AT BOSTON UNIVERSITY - All are Welcome



Workshop I: Nov. 8 - How do you express the experience of prejudice and discrimination due to psychiatric disability? How do you translate that experience into a positive and educational format?

This workshop on **COMBATING PREJUDICE AND DISCRIMINATION THROUGH PHOTOVOICE EMPOWERMENT** will teach

skills of Photo Voice, an internationally recognized approach in the public health field, adapted to those with the lived experience of psychiatric illness. Presenters will share their experiences and results from the research done at the Boston University Center for Psychiatric Rehabilitation. For more information on [PhotoVoice](#), [click here](#). Or watch a video on the subject on [Facebook](#).



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Workshop II: Nov.9 - How much direction do you provide to someone with psychiatric disability who is trying to establish and achieve new goals? The workshop incorporates a new workbook for learning **SELF DIRECTED PSYCHIATRIC REHABILITATION ACTIVITIES**. It allows maximum participation by the person with lived experience and gives him/her some tools for success.

For registration information please [click here](#).

Fact Sheet: Serving Individuals with Psychiatric Disabilities In Centers of Independent Living

The national network of Centers for Independent Living increasingly serves individuals with psychiatric disabilities, or a combination of physical/sensory/intellectual disabilities and psychiatric disabilities. This revised and updated publication from the Temple University Collaborative on Community Inclusion of Individuals with Psychiatric Disabilities provides CIL staff with clear

and current information to help them better respond to the needs of people in recovery from mental illnesses. [The Fact Sheet can be downloaded at no cost.](#)



NEW! PVRCanada: Supporting the Realization of Meaningful Employment



PVRCanada is now being offered in Modular format: Take one Module, or take them all ! Announcing Module 1 Training Session: Identifying Employment Support Needs

November 21-22, 2011, Toronto, ON.

Participation Options:

1. Workshop Participant: Attend a two-day training session, receive the session materials, and obtain a Certificate of Attendance.
2. Certificate Participant: The PVR Certificate is comprised of six Modules in total. Attend the two-day training, receive all materials, associated readings, and practical application assignment with support for immediate utilization of new skills and tools. (2012 Modules are to be held in January 30-31, March 26-27, June 04-05, September 17-18, and Nov. 05-06). Space is limited - register in advance!



To Register: Contact Christine Grace McMulkin of Christine Grace and Community (christine@christinegraceandcommunity.com) or call Christine at 416.628.4683.

Contact Debbie Nicolellis at Boston University for more on the Certificate Program in PVR, or [click here to see our website](#)

PVRCanada Module Series offered in collaboration by Christine Grace and Community and the Center for Psychiatric Rehabilitation at Boston University.

The British Ministry of Defense has launched a campaign to promote better awareness of the mental health injuries of war.

Called "Don't bottle it up", it aims to remove the stigma from wounds that cannot be seen - and urges servicemen and women not to ignore warning signs. [Click here for more information.](#)

NEW!! *Self-Directed Psychiatric Rehabilitation Activities*



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The *Self-Directed Psychiatric Rehabilitation Activities* is a new product, published by the Center for Psychiatric Rehabilitation, designed to facilitate a personal exploration, either independently or with support, through the process of considering, choosing, getting, and keeping a preferred living, learning, working, or social role.

Activity outlines, examples, and worksheets in this manual are written to help individuals learn about the processes through the experience of direct application. The process in this manual is designed to assist a person to explore and learn about what is involved in developing readiness for rehabilitation; choosing a valued role in residential, educational, vocational, and social settings; and reviewing the skills and supports that may be needed for success and satisfaction within a chosen role. These *Self-Directed Activities* may be used independently, with a support person, or with a small group of peers.

A valuable resource for individuals, peers, mental health and rehabilitation service providers, family members, and others, *Self-Directed Psychiatric Rehabilitation Activities* is designed to be a user-friendly tool either to introduce a person to this rehabilitation process or to build on past experiences in choosing, getting and keeping a valued role.

For more information, go to: <http://www.bu.edu/cpr/products/curricula/self-directedpra.html>
For any questions, please contact Sue McNamara by e-mail at suemacs@bu.edu or by phone at (617) 358-2574.

Screening Day

On October 6, 2011, the Center for Psychiatric Rehabilitation participated in the National Depression Screening Day by offering screenings on the Boston University campus. Get your organization ready to help next year.

Conference Board Update

Announcements and Upcoming Events

The Conference Board website has been revised and updated.
You may need to refresh or reload the page in your browser to see the update. [Click here.](#)



What's New on DRRK?

We have devised a new look for the *Disability Research Right to Know* website. We are continuing to update articles. [Go to the site to view our progress!](#)



Research Study

Boston University Center for Psychiatric Rehabilitation is conducting a research study and looking for participants. [See the Facebook page for details.](#)

Please help us improve our e-newsletter:

Suggestions are welcome and should be emailed to Bernie Kingsley at bernardk@bu.edu.
If you would like to be removed from our e-mail list, please visit our [unsubscribe page](#).
Please complete a brief survey [by clicking here](#).

This eCast was produced by Bernard Kingsley and Kelly Dickinson

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