

Toward a Vision of Recovery

FOR MENTAL HEALTH AND PSYCHIATRIC REHABILITATION SERVICES

2nd Edition

2

by William A. Anthony, PhD

This revised and expanded second edition of *Toward a Vision of Recovery* traces Dr. Anthony's thoughts on recovery, beginning with a declaration in 1992 that recovery should be the guiding vision of the entire mental health field.

He follows with a discussion of the standards for developing recovery-oriented service systems, the need to incorporate helping processes that are fundamental to people's recovery into evidence-based mental health practice, and the need to transform research in the field by exploring the barriers and the facilitators to recovery—or simply, researching what makes people well.

Anthony and co-authors, Cheryl Gagne and William White, conclude with an analysis of recovery as the common vision of the fields of mental health and addictions.

An extensive list of resources and publications related to recovery from mental illnesses is included at the end of the book.

“On the Road to Recovery”—a video presentation on DVD

An informative and inspiring, 30-minute presentation on recovery by Dr. William Anthony, produced by the California affiliate of the National Alliance on Mental Illness.

Uses: To inform about the need for a recovery vision for people with mental illnesses, to increase understanding of the recovery vision, and to stimulate an analysis of the implications of a recovery vision.

Audience: Valuable tool for stimulating group discussion for mental health service providers, students, researchers, administrators, families, consumers/survivors, and board members. An insightful and critical resource for educating community service providers—including emergency, educational, medical, and legal personnel.



To purchase the DVD and the book of readings—\$85 plus shipping

Includes the 30-minute DVD “On the Road to Recovery” and the book of readings, *Toward a Vision of Recovery* (2007, 64 pages, soft cover, ISBN: 978-1-878512-21-5)

To purchase the book only: \$23.95 plus shipping

20% discount on purchase of 10 or more books: ~~\$23.95~~ \$19.16 per copy plus shipping

Individuals with psychiatric disabilities and their family members are eligible for a 20% discount on the book only (\$19.16 per book plus shipping). Orders from agencies and organizations, including mental health agencies and consumer organizations, are not eligible for the consumer/family discount, but are eligible for the 20% discount when ordering 10 or more copies. Discount offers cannot be combined.

Bill Anthony dared to champion recovery for people with psychiatric disabilities when most professionals flatly did not believe him. He has been writing and speaking about recovery for almost 20 years, and this material demonstrates the evolution of his ideas on recovery during that period.

Martha Long, Director, The Village Integrated Service Agency, Long Beach, CA

In an age when recovery is being co-opted and becoming just another word for treatment as usual, Bill Anthony's voice is clear and strong. He uses very skillful means to convey the full meaning of recovery, especially to those who have not experienced it.

Edward L. Knight, Vice President of Recovery, ValueOptions, Colorado Springs

...Pulls the reader/listener passionately into the very real vision of recovery-for-all....can be used easily by individuals and groups to promote a message of hope... identifies ways people and systems can apply the notion that recovery is possible.

Kathy Muscari, Director, CONTAC (self-help national technical assistance center)

Bill Anthony's presentations always make me think. This DVD is a great first training to help staff and persons served, better understand the concept of recovery. I use it all the time for family education as well.

Jeanette Depoy, Community Friendship, Inc., Atlanta, GA

...Delivers essential knowledge...for every practitioner in the field, while giving hope to those who have been diagnosed with serious mental illness and their families.

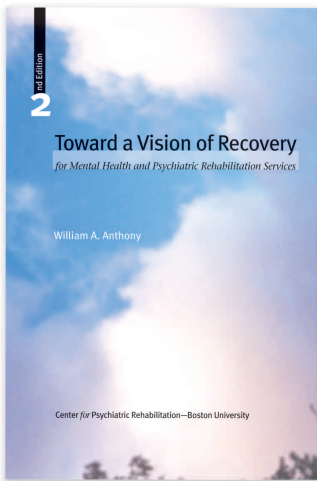
Ron Christensen, Assistant Director, Community Life Program, Story County, IA

...Makes the most important contribution in the area of rehabilitation for people with mental illness that I have seen in years. It constitutes a statement that there is “hope” and that people with mental illness can achieve in our community if we just expect that they can do so.

Elmer C. Bartels, former Commissioner, Massachusetts Rehabilitation Commission

How inspiring...the whole Archway community is viewing it in small groups and discussing the possibilities it opens for the field. Great job!

Lou Van Hollen, Executive Director, Archway Station, Inc., Cumberland, MD



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