

**Psychiatric
Rehabilitation
Training
Technology**



**Reference
Handbook**



**CONNECTING
FOR
REHABILITATION
READINESS**

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THE CENTER FOR PSYCHIATRIC REHABILITATION was established in 1979 in response to the recognition of the need for additional knowledge and skills to help to improve the lives of persons with severe psychiatric disabilities. The center is affiliated with Boston University's Sargent College of Health and Rehabilitation Sciences and is staffed by professionals from many disciplines who have national reputations in the fields of rehabilitation and mental health.

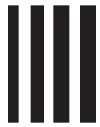
The mission of the center is the development, demonstration, dissemination, and utilization of the new knowledge and technology contributing to the recovery of people with severe mental illness.

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SUMMARY OF REHABILITATION READINESS

Definition

Rehabilitation Readiness is preparing the consumer to begin rehabilitation.

Benefit

Rehabilitation Readiness increases the likelihood that the consumer will be willing to engage in the rehabilitation process.

Activities

- Assessing Readiness for Rehabilitation
- Developing Readiness for Rehabilitation
- Connecting for Rehabilitation Readiness

Condition

Whenever the consumer and practitioner are considering the possibility of using the rehabilitation process.



TYPES OF CLOSENESS

Physical Closeness

Sharing a physical activity or being physically near.

Emotional Closeness

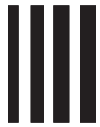
Sharing personal experiences.

Intellectual Closeness

Sharing ideas.

Spiritual Closeness

Sharing firmly held beliefs about the intangible essence of life.



SUMMARY OF CONNECTING

Definition

Connecting is establishing a close bond with another person.

Benefit

Connecting develops a trusting relationship between the client and the practitioner.

Skills

- Demonstrating Understanding
- Self-Disclosing
- Inspiring
- Accompanying

Condition

Whenever you have contact with a person with whom you are Assessing or Developing Readiness for Rehabilitation.