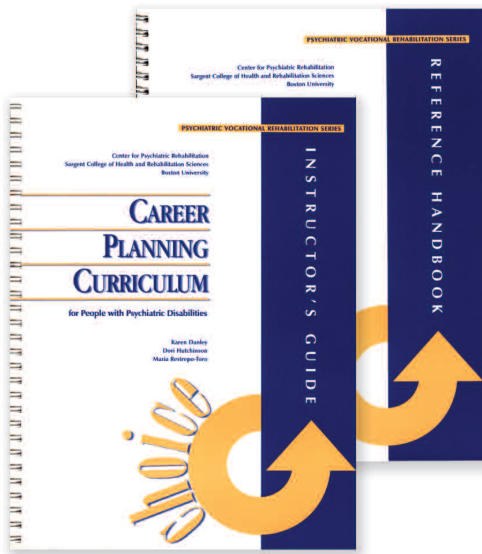


Career Planning Curriculum: Instructor's Guide and Reference Handbook

Karen Danley, Dori Hutchinson, and Maria Restrepo-Toro



Career Planning Curriculum: Instructor's Guide and Reference Handbook are designed to guide rehabilitation practitioners in helping people with psychiatric disabilities to specify and to plan for the attainment of vocational goals that reflect both reality and hope.

The content of the curriculum is derived from the choose-get-keep approach to psychiatric vocational rehabilitation developed at the Boston University Center for Psychiatric Rehabilitation. This approach integrates effective practices of vocational rehabilitation with tested psychiatric rehabilita-

tion principles to help people with psychiatric disabilities to develop the skills, supports, and experiences they need to gain satisfying and successful employment in an occupation of choice.

The curriculum is the culmination of years of experience and feedback from participants and practitioners at the Center's Career Education Program and Career Achievement Services—programs consisting of classroom instruction, and intensive peer and professional support that have served over 250 individuals with psychiatric disabilities during the last 12 years. Earlier versions of the curriculum also have been used in a range of clinical and educational settings.

Although the curriculum is detailed and comprehensive, skilled psychiatric rehabilitation practitioners are encouraged to tailor the curriculum to meet the unique needs of individuals they serve.

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