

Recovery from Severe Mental Illnesses: Research Evidence and Implications for Practice—Vols 1 & 2

Edited by Larry Davidson, Courtenay Harding, and LeRoy Spaniol



*Over 30 years
of accumulating
evidence supporting
the possibility
of recovery for
people with severe
mental illnesses*

In two landmark volumes, Davidson, Harding, and Spaniol present over 30 years of accumulating evidence that challenges the long-held view that severe mental illnesses typically follow a deteriorating course.

Volume 1 explores the concept and possibility of recovery and follows with a number of long-term outcome studies that suggest that a significant percentage of people with severe mental illnesses dramatically improves over time. Personal accounts by people who have recovered to varying degrees provide further evidence that individuals achieve higher levels of role functioning, adjustment, and subjective well-being than previously thought.

Volume 2 explores the range of interventions that have been found to promote recovery for people with serious mental illnesses, including psychiatric rehabilitation, community integration, treatment, case management, and advocacy. Volume 2 also addresses the role of family members and other supports, how mental health systems can become recovery-oriented systems of care, and future directions for research and practice.

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