

REHABILITATION READINESS TRAINING TECHNOLOGY

The Psychiatric Rehabilitation Training Technology for Rehabilitation Readiness has three components:

- Assessing Readiness for Rehabilitation
- Developing Readiness for Rehabilitation
- Connecting for Rehabilitation Readiness

Each component can be taught independently or in a sequence designed by the individual trainer. In practice, the sequence for the performance of the activities is Assessing Readiness and then Developing Readiness. Connecting is performed throughout both Assessing and Developing Readiness.

Each training program includes a training module with easy-to-follow lesson plans; masters for transparencies that can be used to illustrate important points; and a participant reference handbook with lecture summaries, case studies, examples, practice exercises, and skill evaluation checklists. Assessing Readiness also includes a booklet of blank Assessing Readiness worksheets that can be reproduced for practice during training or for actual use.

Introduction to Rehabilitation Readiness—A Text

In addition to the training technology, a text is available that explains the context and the process for Rehabilitation Readiness. *Introduction to Rehabilitation Readiness* is useful as a stand alone text for classroom use or self study, or as a supplementary text to the training technology for Assessing and Developing Rehabilitation Readiness.

Price: \$24.95 plus shipping when purchased separately. Discounted when purchased with other training technology components.

Purchase the complete Rehabilitation Readiness Training Technology or just the components you need...

ASSESSING READINESS FOR REHABILITATION

Assessing Readiness is designed to collect and process information about a person's willingness to engage in psychiatric rehabilitation. During this activity, the practitioner and the consumer explore:

- the person's need for change;
- the level of commitment to make a change;
- the degree to which the person is open to being personally close to others;
- how well the person knows himself or herself; and
- how well the person understands the differences among various roles and settings.

This assessment culminates in a decision about what strategies will be useful for the next step in a person's recovery process.

DEVELOPING READINESS FOR REHABILITATION

Developing Readiness is designed to create learning experiences that are likely to encourage a person to participate in rehabilitation services. Together, the consumer and the practitioner:

- organize motivational activities that produce new insights;
- clarify the personal implications of the insights for the person's decision to participate in rehabilitation; and
- demonstrate credible support from significant others.

CONNECTING FOR REHABILITATION READINESS

Connecting for Rehabilitation Readiness emphasizes the importance of establishing a close, personal relationship between the practitioner and consumer. Connecting is fundamental to maximizing a person's engagement in the activities of Assessing and Developing Readiness. Practitioners are taught how to:

- demonstrate understanding of a person's ideas, experiences, and beliefs;
- self-disclose by sharing ideas, experiences, and beliefs; and
- inspire a sense of positive, personal purpose.

Rehabilitation Readiness Training Technology.....\$198

Complete, includes all three components plus introductory text:

- *Introduction to Rehabilitation Readiness* text
- Assessing Readiness for Rehabilitation Training Technology (Training module, reference handbook, and booklet of Assessing Readiness Worksheets)
- Developing Readiness for Rehabilitation Training Technology (Training module and reference handbook)
- Connecting for Rehabilitation Readiness Training Technology (Training module and reference handbook)

To purchase individual components:

Assessing Readiness for Rehabilitation Training Technology

Includes training module, reference handbook, and booklet of Assessing Readiness Worksheets.....\$86

Above with *Introduction to Rehabilitation Readiness* text\$96

Developing Readiness for Rehabilitation Training Technology

Includes training module and reference handbook\$76

Above with *Introduction to Rehabilitation Readiness* text\$86

Connecting for Rehabilitation Readiness Training Technology

Includes training module and reference handbook\$76

Above with *Introduction to Rehabilitation Readiness* text\$86

Additional Reference Handbooks for Trainees

A reference handbook is included with each technology for the trainer's use, handbooks for individual trainees can be purchased separately as follows:

Assessing Readiness Reference Handbook\$12

Assessing Readiness Worksheets.....\$6

Developing Readiness Reference Handbook.....\$12

Connecting for Rehabilitation Reference Handbook\$12

The cost for reference handbooks/worksheets are discounted 20% when 10 or more booklets in any combination are purchased.

ORDER FORM

Name _____

Agency _____

Street Address _____

City _____ State _____ Zip _____

Country _____ E-mail _____

Phone _____ Fax _____

Rehabilitation Readiness Training Technology ...\$198 _____

Assessing Readiness Training Technology.....\$86 _____

Above with *Intro to Rehab Readiness* text.....\$96 _____

Developing Readiness Training Technology\$76 _____

Above with *Intro to Rehab Readiness* text.....\$86 _____

Connecting Training Technology.....\$76 _____

Above with *Intro to Rehab Readiness* text.....\$86 _____

Additional Reference Handbooks for Trainees
(Please indicate quantity)

_____ Assessing Readiness Reference Handbook\$12 _____

_____ Assessing Readiness Worksheets.....\$6 _____

_____ Developing Readiness Reference Handbook\$12 _____

_____ Connecting Reference Handbook\$12 _____

(Less 20% discount when ordering 10 or more handbooks/worksheets in any combination.)..... _____

Introduction to Rehabilitation Readiness text\$24.95 _____

Subtotal..... _____

Shipping: Add 10% of subtotal for US shipping _____
(\$5 minimum charge); and 20% for international shipping (\$10 minimum charge).

Total..... _____

Payment Method

Enclosed is a check or money order payable to Boston University.
(Payment must be in U.S. funds by U.S. bank draft or international money order.)

Please charge my credit card:
_____ VISA _____ MasterCard _____ Discover Card

Card Account Number _____

Expiration Date _____

Signature of Authorized Buyer _____



CENTER for
PSYCHIATRIC REHABILITATION
Sargent College of Health and
Rehabilitation Sciences

REHABILITATION READINESS TRAINING TECHNOLOGY

Teaches practitioners how to help people to actively assess and develop their own readiness to engage in rehabilitation

Includes all the materials a trainer needs to begin teaching practitioners immediately and effectively using this state-of-the-art training technology.

Rehabilitation Readiness Training Technology

- Assessing Readiness for Rehabilitation
- Developing Readiness for Rehabilitation
- Connecting for Rehabilitation Readiness

Supplementary Text

- Introduction to Rehabilitation Readiness

Possible Uses

- For training new staff or for retraining existing staff.
- For training students in courses in rehabilitation counseling, psychology, psychiatry, psychiatric nursing, and social work.
- For workshop presentations and seminars for helping professionals.

Format of the Technology

- **Training Modules**
Provide trainers with structured, easy-to-follow lesson plans that include lecture points, examples, and directions for practice exercises. Masters for overhead transparencies are included in each training module.
- **Reference Handbooks**
Provide trainees with lecture summaries; case studies; examples for study, review, and discussion; written practice exercises; and skill evaluation checklists.

“People with psychiatric disabilities vary in terms of their readiness for rehabilitation. Readiness is a reflection of a person’s interest in rehabilitation, not his or her capacity to successfully complete a rehabilitation program.

The purpose of a readiness assessment is not to label or exclude people from participation in rehabilitation services. Rather, it is to help people understand enough about themselves and their recovery so that they perceive change as desirable and achievable.

This training technology is designed to teach practitioners how to help people to actively assess their own readiness for services, and then how to help them, if they wish, to engage in activities to develop their readiness.”

WILLIAM ANTHONY, PhD
EXECUTIVE DIRECTOR
CENTER FOR PSYCHIATRIC REHABILITATION
BOSTON UNIVERSITY