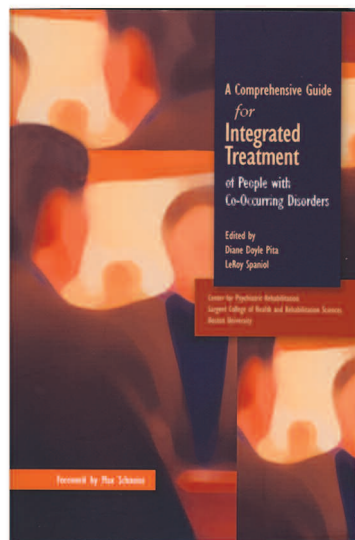


A Comprehensive Guide for Integrated Treatment of People with Co-Occurring Disorders

Edited by Diane Doyle Pita & LeRoy Spaniol



Treatment for co-occurring substance abuse disorders and mental illness is one of the most significant issues facing mental health systems. Effective treatment requires an integrated approach. Clinicians do not have to change dramatically to competently serve people with dual disorders, but they do need to acquire a level of competency in the field in which they were not originally trained.

This compilation offers current, innovative thinking and research from leading experts in the field. It was developed by the editors as a text for a course on dual disorders—combining Doyle Pita’s expertise on substance dependency with Spaniol’s expertise

in severe mental illness. The text is recommended for undergraduate and graduate students, mental health workers, program administrators, researchers, and advocates.

Contents

- Parameters and Course of Disorders
- Assessment
- Treatment
- Cognitive-Behavioral Approaches
- Clinical Issues
- Role Recovery
- Family and Self-Help Support
- Legal System Involvement

Foreword by Max Schneier

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