FY101 Letter to Myself

Ask students to write a letter to their “senior year selves”. Give them inspiration with our FY101 Letter to Myself video on YouTube:

https://tinyurl.com/FY101Letter

Students should answer the following questions in their letter:

**Your life now.**

- What are your current passions, interests and relationships?
- What are your current hopes?
- What about your current fears?

**Your future life.**

Predictions:
- Will your future self have the same major? Friends? Hobbies?
- Will you have studied abroad?
- What do you hope to have accomplished before graduation?
- What advice do you want to give your future self?

You can have students write letters in class or make it an out of class assignment. When completed, each letter should be placed in the provided envelopes with students’ name and BU ID on the sticker on the BACK of the envelope. Please return the folder of letters to CAS Student Programs & Leadership, Room 423; 100 Bay State Rd. We will keep the letters and mail them to your students Spring of their senior year.