FOLLOWING YOUR PASSIONS
FY101 Module

Part I: Do What You Love (15-20 minutes)

5 minute written or oral reflection: What are you passionate about and why?
How does it make you feel when you're doing that activity? What are the personal/social/professional (etc.) benefits? How would you be different without it?

Everyone who is willing can share their written reflection with the class. Instructor writes the reasons on the board.

Group Discussion: Our passions might be very different, but are there similarities among how they make us feel? Use the words/phrases on the board for reference.

Part II: Do What You’ve Never Done (5 minutes)

Think, Pair, Share: What do you want to try?
What is one skill, activity, hobby or interest area that you would like to explore at BU? What experiences do you want to have here? What are your untapped passions?

Without speaking, everyone should make contact with one other person in the room. “Maybe that person is someone whose reflection resonated with or inspired you. Maybe it’s someone you want to get to know better. Don’t let he/she be the person you know best in the room.”

Once everyone has made eye contact (to make sure there is an even number of people, do or don’t include your Peer Mentor), students are to move to sit next to their new partner and talk about what they want to try at BU (see above questions).

Examples (if needed): Travel, Salsa Dance, Mentor, Learn about a new culture or religion, Perform in a Play, Give Back, Debate

Share experiences with class.

Part III: Knowing What’s Out There & Getting Involved (15-20 minutes)

http://www.bu.edu/studentactivities/get-involved/

Have the class break into four groups. Each group should visit the above website and browse the student organizations alphabetically:
Group 1: #, A-C
Group 2: D-K
Group 3: K-R
Group 4: S-Z

While they browse, every student should make note of the following:

1) An organization you would consider getting involved in.
2) An organization that you wouldn’t have guessed existed, but does!

Each group shares with the class 1) The organizations that their group members would consider getting involved in or would like to learn more about and 2) Organizations that they would not have know existed before browsing the list.

**Peer Mentor Share:** Peer Mentor should share a group they are involved in on campus and how they got involved in the group and/or tips for getting involved on campus (post Student Activities Expo).

**Website:** Highlight calendar and other features on the new website