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The demographic revolution is here...

Seventy percent of baby boomers will use long-term supports and services during their lifetime.

From the Director

Skills for 'first responders'

New CADER Program Will Train Members Of the Clergy in Aging and Mental Health

By Bronwyn Keefe



The need to link older adults with mental health services is great—and often unmet. The reason is that too few of those who are in a position to help have the necessary skills. Over the past ten years, CADER has successfully trained thousands of aging-services professionals in the skills required to identify and address older adults' mental (or 'behavioral') health concerns. Now, members of the clergy will receive similar training through a new program CADER is developing across the Commonwealth of Massachusetts, funded by the Department of Public Health.

'First responders.' Like those who work in aging services, members of the clergy are often the first to be confronted with an older adult's mental health concern. The clergy report heavy demands to provide help with mental health issues, but many say they feel overwhelmed and ill-equipped for the task. Most members of the clergy are not trained in aging, and, like many aging-services providers, are not trained in behavioral health. Without training, mental health issues go unrecognized, undiagnosed, and untreated. Members of the clergy have the position and the inclination to respond. **Now they will have the skills....** [Read more](#) about **The CADER Clergy Behavioral Health in Aging Program.**

Boston University photo of Bronwyn Keefe, interim director of CADER

CADER Behavioral Health in Aging Certificate

With CADER's Behavioral Health in Aging Certificate Program, social workers and other health and social service providers develop the skills they need to understand, identify, and respond to older adults who have cognitive and behavioral health concerns in any



practice setting. The program is flexible, with online and face-to-face courses. Topics include dementia, depression, suicide prevention, and substance use and abuse. Visit the [CADER website](#) for more information or to [sign up](#) (use code **ENEWS2017** for a 10 percent discount).

Issues and Views

Readers' Question Time

What Are You Reading This Summer?

*If summer has its joys, reading is certainly one of them. That's why every year at this time we ask a group from the fields of aging and disability what they've been reading and why. This year, **Erlene Rosowsky**, of William James College and Harvard University; **Dawn Carr**, of Florida State University; and **Dave Baldrige**, of the International Association for Indigenous Aging, recommended titles for enjoyment and illumination. [Here's what they said.](#)*



Photos courtesy Erlene Rosowsky (left), Dawn Carr (middle)
Photo of Dave Baldrige (right) by Heather Hogabaum

In This Issue

[Training clergy in aging & mental health](#)

[Summer reading](#)

[Aging-services providers need training in religion & spirituality](#)

[#ProtectOurCare](#)

Courses in the Pipeline

Watch for

- Legal Issues in Aging and Disability (revised)

The Center Presents

Bronwyn Keefe, interim director of CADER, will co-present a workshop, "Meeting the Training Needs of Payers: Best Practices and Lessons Learned in State Example," at the Annual Conference for the National Association on Area Agencies on Aging (n4a), in Savannah, Georgia, Aug. 1, with Greg Olsen, Acting Director, New York State Office for the Aging. Visit <http://www.n4aconference.org> for more info.

In my opinion

People in Aging Services Need Training About Clients' Religiousness and Spirituality

By Susan H. McFadden



Susan H. McFadden, Ph.D., is a professor emerita of psychology at the University of Wisconsin. She has written numerous books and articles on religion, spirituality, and emotion in later life and the implications for practice with older adults. The core of her work has been bringing together researchers and practitioners around these topics.

For very practical reasons, just as members of the clergy will benefit from training in aging and mental health, as Bronwyn Keefe writes [in this issue](#), people in aging-services professions must be able to talk about religiousness and spirituality. They must recognize that many of our clients locate the most profound sources of coping strength in their faith. We can see that faith as a resource and, in some cases, as a burden. But, for good or ill, it is a significant part of many people's lives.... [Read more](#)

Photo courtesy Susan McFadden

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The LearningEdge from the Center for Aging & Disability Education & Research at Boston

Notable News and Resources

'Action Alert' from AAHD

People with Disabilities Would Lose Big With GOP Health Care Act and Trump Budget

People with disabilities are among those with the most to lose under the American Health Care Act (AHCA) now making its way through Congress and the cuts to Medicaid contained in President Donald Trump's new budget proposals. The version of the AHCA passed by the House of Representatives calls for more than \$800 billion in Medicaid

University is sent quarterly, free of charge, to readers who have expressed an interest in improving knowledge and skills of the social services workforce for older adults and people with disabilities. If you have received this issue from a friend and wish to be added to our mailing list, click [here](#).

[Past issues](#)



Center for Aging & Disability Education & Research

(formerly IGSW)

Boston University
School of Social Work
264 Bay State Road
Boston, MA 02215
USA

Phone: 617-358-2626

E-mail: cader@bu.edu

If Congress wants to protect people with disabilities, they should leave Medicaid and the #ACA alone
#MedicaidWorks
#ProtectOurCare

reductions. The Trump budget would slash another \$610 billion. In response, the American Association on Health and Disability (AAHD) has issued an 'Action Alert' that details what individuals, families, and service providers can do to raise awareness of these threats and preserve vital services. [Read more](#) for **easy-to-use resources for action**.

Older adults and medications

National Institute on Aging Offers Easy-to-Follow Prescription for Safety and Effectiveness

Just Ask. The answers to a few simple questions can go a long way toward ensuring that an older adult will gain the most benefit from prescribed medications and avoid dangerous errors and adverse effects. [A list of questions](#) to ask the doctor or pharmacist before starting a new medication is part of a plan from the National Institute on Aging at NIH to increase safety and effectiveness of medication use for older adults.... [Read more](#)

Courses and Certificate Programs

High-Quality Online Training Available for The Aging and Disability Workforce

Expand your skill set and knowledge by earning CEUs or Certificates from Boston University's Center for Aging & Disability Education & Research (CADER). For over 10 years, CADER has worked with individuals and agencies across the country providing high-quality, cost-effective, self-paced online certificate programs and courses. **For a list of available programs, and information, [read more](#).**

* [individual courses](#) * [certificate programs](#) * [CEUs](#) * [programs for organizations](#) *

National Institute on Aging
AgePage

Medicines:
Use Them Safely

Jerry looked at his five pill bottles. It was getting hard to keep track of his growing list of medicines. He needed a way to remember what each medicine was for, how much to take, and when.

Medicines help us live longer and healthier. But, taking them the wrong way or mixing certain drugs can be dangerous. You need to be careful to keep track of your medicines and use them safely.

What Are Medicines? What Are Drugs?

Medicines, often referred to as drugs, can be:
 ◆ **Prescriptions.** What you can get only with a doctor's order (for example, pills to lower your cholesterol or an asthma inhaler)

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Editorial and Production Staff: Mary Johnson, editor; Olive Tan, associate editor; Anna Papantonakis, editorial assistant.

Advisory Board: Scott Miyake Geron, Bronwyn Keefe, Susan Kryczka, Kathy Kuhn, Anna Papantonakis, Richard Petty.

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