

## Incorporating Telebehavioral Health Services in Care Delivery

### About this Seminar

Target audience: Social workers and other social service providers

Content level: Beginner to Intermediate

Date Course Revised: January 2019

Instructor(s) name and bios(s): Myrtise Kretsedemas

**Myrtise Kretsedemas is a licensed independent clinical social worker and public health professional with 20 years of experience integrating public health and social work principles to develop and implement health programs. As a mental health clinician, her work focuses on depression, cultural identity, issues related to migration-related stress and acculturation, and the relationship between mental health disorders and physical health conditions. In 2015, Myrtise founded Perspectives Health Services (PHS) to increase access to quality mental health care through telehealth. PHS is a telemental health practice that works with community health centers, public schools and mental health facilities to provide culturally competent mental health care, clinical supervision and consultation services. Myrtise currently offers telemental health care for Haitian migrants through the Maine Mobile Health Program.**

### Agenda/Outline:

<b>9:30-10:00</b>	<b>Introduction to telebehavioral health</b>
<b>10:00-10:30</b>	<b>Research on the effectiveness of telebehavioral health</b>
<b>10:30-11:00</b>	<b>Legal and ethics issues related to telebehavioral practice and service delivery</b>
<b>11:00-11:15</b>	<b>Break</b>
<b>11:20-12:00</b>	<b>Assessing readiness to offer telebehavioral health services</b>
<b>12:00-12:20</b> <b>service delivery</b>	<b>Resources to develop appropriate protocols, policies, and procedures to guide</b>
<b>12:20-12:30</b>	<b>Evaluations</b>

### Course Completion Requirements:

**All learners are required to attend the entire workshop and complete an evaluation to receive credit for this workshop. The instructor will hand out a paper evaluation form at the end of the workshop. Attendees will need to turn in evaluation form when they sign out of the workshop to receive credit.**

**The learner will need to request an ASWB ACE Continuing Education Certificate from Boston University School of Social Work staff. A staff member will confirm attendance and will email a PDF certificate within 30 days of request to the learner.**

### ACE Approval Statement:

## Incorporating Telebehavioral Health Services in Care Delivery

Boston University School of Social Work, 1121, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Boston University School of Social Work maintains responsibility for this course. ACE provider approval period: 11/8/2018 – 11/8/2021.

### System Requirements:

Please visit the [BU IT Help Desk System Requirements](#) page to view system requirements.

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