

Hoarding treatment in action: A role play of assessment and intervention techniques

About this Seminar

Target audience: Social workers and other social service providers

Content level: Beginner to Intermediate

Date Course Revised: January 2019

Instructor(s) name and bios(s): Patty Underwood, LICSW

Patty Underwood, LICSW, is a clinical social worker at Riverside Community Care and in private practice in Cambridge, MA. She graduated from BUSSW in 2007 and works with the BU Hoarding Project, the Town of Newton Hoarding Task Force, and provides trainings and workshops on the subject of hoarding disorder. She is a co-author of Group treatment for hoarding disorder: Therapist guide. (Steketee, Muroff, & Underwood, 2014) and a contributing co-author in the Clinical Handbook of Obsessive-Compulsive and Related Disorders (Storch & Lewin, eds, (2016) She is the 2016 recipient of the NASW Emerging Leader award.

Agenda/Outline:

10:00-10:30	Introduction to Hoarding Disorder
10:30-11:30	Specialized CBT Treatment for Hoarding Disorder
11:30-11:45	Break
11:45-12:15	Skills training
12:15-1:00	Role play
1:00-2:00	Lunch
2:00-2:30	Meet the clients
2:30-3:30	Live demonstration of treatment techniques: model-building, creating hierarchies (non-acquisition and letting go), thought record, and behavioral experiment.
3:30-3:45	Break
3:45-4:15	Group treatment
4:15-4:45	Wrap up
4:45-5:00	Evaluations

Course Completion Requirements:

All learners are required to attend the entire workshop and complete an evaluation to receive credit for this workshop. The instructor will hand out a paper evaluation form at the end of the workshop. Attendees will need to turn in evaluation form when they sign out of the workshop to receive credit.

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The learner will need to request an ASWB ACE Continuing Education Certificate from Boston University School of Social Work staff. A staff member will confirm attendance and will email a PDF certificate within 30 days of request to the learner.

ACE Approval Statement:

Boston University School of Social Work, 1121, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Boston University School of Social Work maintains responsibility for this course. ACE provider approval period: 11/8/2018 – 11/8/2021.

System Requirements:

Please visit the [BU IT Help Desk System Requirements](#) page to view system requirements.

For information about [refunds, cancellations, accommodations](#). To contact us, please email pepssw@bu.edu or call 617-353-3756.