

BNI-ART Institute

Youth Brief Intervention and Referral: Interview Scoring Sheet

Date__ Interviewer Initials__ Evaluator Initials__

CRITERIA	Y	N
Engagement <ul style="list-style-type: none"> • ask permission for talk about alcohol/drugs • ask about a day in the person's life • ask how drinking and marijuana fits in with life • ask about patient's values, (what's important to them) 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Decisional Balance: Pros and Cons of alcohol/drug use <ul style="list-style-type: none"> • elicit good things about alcohol/drug use • elicit less good things about alcohol/drug use • draw upon screening answers • sum up and restate in patient's own words (reflective listening) 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Feedback <ul style="list-style-type: none"> • Ask permission to share information • NIAAA guidelines or salient information • Elicit response from patient 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Readiness Ruler <ul style="list-style-type: none"> • use general readiness to change question (ruler) • ask, why not less? • elicit other reasons for changing 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Negotiate Action Plan <ul style="list-style-type: none"> • elicit specific steps • write steps on the prescription for change form • ask about future goals (discrepancy) & how change fits in • ask about challenges to change • ask about past successes <ul style="list-style-type: none"> ➤ what they did ➤ who/what helped them (social support) ➤ community/resources that helped • explore benefits of change 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Summarize & Thank (Referrals) <ul style="list-style-type: none"> • summarize action plan • offer referrals <ul style="list-style-type: none"> ➤ to primary care ➤ for substance abuse treatment if necessary ➤ to mental health if depression or past psychiatric problems are mentioned • Review/ make additions to prescription for change • Sign/Give prescription for change to patient • Thank patient 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

Each "Yes" check = 4 points, Maximum score = 100 points

Score _____

General Performance Feedback (20 points—5=2 points; 4=1 point;<4=0)

PART 2 SCORE = _____ TOTAL SCORE (PARTS 1 & 2) = _____

Comments/Examples

• Language appropriate Not appropriate Appropriate

0	1	2	3	4	5

• Open Questions More Closed More Open

0	1	2	3	4	5

• Reflective listening Not reflective Reflective

0	1	2	3	4	5

• Percent of talking by patient compared to interviewer (Voice)

0%	20%	40%	60%	80%
(1)				(5)

• Respect Disrespectful Respectful

0	1	2	3	4	5

• Negotiation(Choice) One-sided Agenda Shared Agenda

0	1	2	3	4	5

• Affirmations Not Encouraging Encouraging self-change

0	1	2	3	4	5

• Knowledge of facts/resources Low High

0	1	2	3	4	5

• Allowing for silence and duration of pauses before jumping in

No pause			Uses silence effectively		
0	1	2	3	4	5

• Listening for cues Misses opportunities Uses opportunities to go deeper

0	1	2	3	4	5