BU’s BEST
Training for tomorrow, today

The BEST Five Years
Broadening Experiences in Scientific Training
2014-2019

BOSTON UNIVERSITY
MISSION

BU’s BEST provides opportunities for career exploration and skill development and aims to inspire and empower predoctoral trainees, postdoctoral scholars and their mentors to contribute to the biomedical workforce in a wide spectrum of careers.

VISION

Building tomorrow’s biomedical workforce today.
A landmark study by an advisory committee to the Director of the NIH reported that only ~23% of the biomedical workforce was engaged in tenured or tenure-track faculty positions, leaving nearly 80% of biomedical professionals in non-traditional positions. This led to the recognition that the tenured track position was becoming an “alternative” career.

One of the recommendations made by the advisory committee challenged the NIH to invest in an experiment to test different methods of improving training opportunities for predoctoral trainees and postdoctoral scholars to prepare them for the changing biomedical workforce. This led to the “NIH Director’s Broadening Experiences in Scientific Training (BEST)” awards and the building of a national network of awarded institutions.

As one of only 17 BEST institutions selected to be a BEST hub in the national network, Boston University is enhancing biomedical career development curricula and services to inspire and empower biomedical predoctoral students and postdoctoral scholars to explore wide-ranging careers both inside and outside academic research.

One of BU’s BEST Program strategies is to build an evolving curriculum that is responsive to workforce needs. We work closely with partners to align programming with real-time skill demands of the workforce, fostering training curricula that best position highly qualified individuals for current open positions in varied career pathways.

Another strategy is to advance programming and services that expose our trainees to varied biomedical career paths that they have yet to consider in industry research, academic research, law and regulatory affairs, science teaching, communications, policy, and business and administration.

Nearly 80% of biomedical PhDs are in non-tenure track positions.
THE NETWORK

Career Development in a National Network

BU is an integral member of the National BEST Consortium

NETWORK HUBS

Boston University
Cornell University
Emory University
Michigan State University
New York University
Rutgers University
University of Chicago
University of Colorado - Denver
University of North Carolina - Chapel Hill
University of California - Davis
University of California - Irvine
University of California San Francisco
UMass Medical School
University of Rochester
Vanderbilt University
Virginia Tech
Wayne State University

BU NETWORK ACTIVITIES

- Published papers and book (in press) on outcomes, lessons learned and best practices
- National- and local-level workshop presentations using program strategies linked to outcomes data
- Hosted colleagues from BEST Network at BU for workshops that fostered cross-hub engagement
- Leadership team joined national policy changing groups with other leaders in the field
- Regional analysis reports of workforce data to support trainee use for goal setting & hub use for career development planning of programming
- Created another network within the BEST consortium to bridge network to underrepresented groups in undergraduate STEM
COLLABORATION
BU’s BEST Engages Collaborators Across the University & Boston
to strengthen a shared vision for biomedical career development and implement innovative programming grounded in real-world settings.

ALUMNI AFFAIRS | Working to engage alumni in interactions with our biomedical trainees

ARROWS | Working together on programming to advance women in STEM

DATA OUTCOMES | Keeping track of our trainees' job outcome data

DEVELOPMENT | Bringing successful alumni to BU to network with our trainees and talk about their career paths

DIVERSITY, EQUITY & INCLUSION INITIATIVE
Co-sponsoring events

FEDERAL RELATIONS | Co-sponsoring and co-facilitating events to serve our biomedical trainees

GRADUATE AFFAIRS | Co-sponsoring and facilitating workshops

INDUSTRY ENGAGEMENT | Sponsoring lunch & learns and facilitating industry scientists access to the future pool of training

INNOVATE@BU | Hosting workshops for scientists interest

PROFESSIONAL DEVELOPMENT & POSTDOCTORAL AFFAIRS | Providing postdoctoral scholars with career development curriculum and services

PROPOSAL DEVELOPMENT OFFICE | Working together to host NRSA workshops for trainees

RESPONSIBLE CONDUCT OF RESEARCH | Co-sponsoring workshops

SCHOOL OF PUBLIC HEALTH | Sharing best practices in career development

STUDENT ORGANIZATIONS | Working together on career exploration events

TECHNOLOGY TRANSFER | Participating in panel discussions and hosting internships

ORGANIZATIONS WHO HAVE MET WITH OUR STUDENTS

- 23andMe
- AAAS Science & Technology Policy Fellowship
- Acceleron Pharma, Inc.
- Addgene
- Anylum
- Alan Alda Communicating Science
- ALS Therapy Development Institute
- Amgen
- AstraZeneca
- Aviagen
- Axcella
- Back Bay Life Science Advisors
- BeiGene
- Biogen
- Bluebird Bio
- Boston QSP
- Boston Scientific
- Broad Institute
- BUMC
- C4 Therapeutics
- Celerion
- Cell Press
- Cell Reports
- Cell Signaling Technology
- Center for International Studies, MIT
- CHDI
- Cholate, Hall & Stewart
- Cisco Systems
- Cooley LLP
- CRISPR Therapeutics
- Data Carpentry
- Decision Resources
- DT Ward PC
- DynaMed Plus
- Eli Lilly
- Editas Medicines
- Excelyrate Capital
- Finnegan, Henderson, Farabow
- Garrett & Dunner, LLP
- Flagship VentureLabs
- Futures in Life Sciences (FILS) Events
- GSK
- Hamilton, Brook, Smith & Reynolds
- Homology Medicines, Inc.
- ImmuneXcite
- INSIGHT
- Insulet
- Ixcela
- Jackson Laboratory
- Janssen Prevention Center
- Journal of Molecular Biology
- JoVE
- Kiniksa
- LabCentral
- Lathrop Gage’s Intellectual Property Division
- Lewis-Burke Associates
- Mass Innovation Labs
- MassBio
- MassBioEd
- Merck
- Moderna Therapeutics
- National Institute of Biomedical Imaging and Bioengineering
- Navigant
- Neuroendocrine Tumor Research Foundation
- Northeastern University
- Novartis Institutes for Biomedical Research
- Nutter McClennen & Fish LLP
- Ohana Biosciences
- Outcome Capital
- PA Consulting Group
- PDPA
- Pfizer
- Philips Research North America
- Propel Careers
- Saint-Gobain
- Sanofi
- Scholar Rock
- Science from Scientists
- Shore
- Simon-Kucher & Partners
- Smart Labs
- Stonehill College
- Structural Genomics Consortium
- Sunstein Kann
- Sunovion Pharmaceuticals
- Synlogic
- Syros Pharmaceuticals
- Takeda
- Trinity Partners
- Vertex
- Wave Life Sciences
2011
Postdoctoral Affairs Office launched by Graduate Medical Sciences to provide biomedical postdoctoral scholars with career development curriculum and services.

2012
Postdoctoral Affairs Office builds partnership with Propel Careers to provide biomedical predoctoral trainees and postdoctoral scholars career coaching and networking with life sciences leaders, industry researchers and entrepreneurial organizations in diagnostics, therapeutics and healthcare.

2014
Graduate Medical Sciences receives NIH award to expand biomedical career development programing and services to biomedical predoctoral trainees and postdoctoral scholars. BU becomes one of 17 institutions in a new national network called the BEST Network to disseminate innovations and best practices.

2015
Professional Development and Postdoctoral Affairs (PDPA) launched by Boston University to provide professional development programming across all disciplines melds with Postdoctoral Affairs Office. BU’s BEST begins collaborative activities with PDPA.

2017
Graduate Medical Sciences gets NSF award that expands the BEST Network’s innovations and best practices to STEM undergraduates in five minority serving institutions.

2018
Graduate Medical Sciences gets Burroughs Wellcome Fund and Digital Education Initiative awards to develop a phone app (called TOTAL) in collaboration with local partners to enable biomedical predoctoral trainees and postdoctoral scholars expanded access to career development programming across Boston area institutions.
Strategies to ENGAGE predoctoral students and postdoctoral scholars to explore careers

Over **100 trainees and scholars** participated in one-on-one career coaching offered to tailor resumes and cover letters, search for the right jobs and highlight skills gained at BU.

More than **70 trainees** have attended **18 site visits** since 2017.

The Industry Trek was very inspiring and motivating. I learned a lot and look forward to joining industry upon the completion of my PhD.”

Jess Floro
PhD Candidate, MTM

Over **50 internships** offered, spanning many biomedical career tracks.

As a postdoc, I took advantage of internships to learn and build skill sets around teaching, which is a really great experience for us to apply to our career.”

Sarah Mazzilli, PhD
Assistant Professor, Medicine, BUSM

Over **162 workshops:**
- 90 Career Exploration
- 70 Skill Enhancement
THE CURRICULUM

Driving Career Development Curriculum
for predoctoral trainees and postdoctoral scholars to explore multiple career tracks

BU’s BEST has hosted **over 160 workshops** attended by **700+ trainees**, including both skill development and career exploration workshops. The career exploration workshops span the seven career tracks: academic research, business & administration, communication, industry research, law and regulatory, policy, and teaching. Many career exploration workshops have engaged Boston University alumni to speak with trainees about their careers and act as alumni mentors. This has offered a great opportunity for the University to engage with over **200 alumni** and keep them connected with Boston University. Program data show strong positive feedback from participants.

Examples of programing in these tracks:

**TRACK 1 | Academic Research**
- Grant Writing Course
- Career Panel

**TRACK 2 | Business**
- Entrepreneurship Workshop
- Medical Affairs Lunch & Learn

**TRACK 3 | Communication**
- Narrative Writing Workshop
- Pro Tips From A Cell Press Editor

**TRACK 4 | Industry Research**
- Lunch & Learn
- Boston QSP Panel

**TRACK 5 | Law**
- Science Law Panel Discussion
- Overview of Health Product Regulation Course

**TRACK 6 | Policy**
- Lunch with S&T Policy Fellow for the CA State Legislature
- AAAS Case Study

**TRACK 7 | Teaching**
- Teaching in the BioSciences Panel Discussion
- Teaching at Undergrad Institutions
Biomedical Workforce Data 2018

Information from Labor Insight™ allows educational institutions to analyze the job market to identify demand for specific jobs, as well as the skills and credentials employers are seeking to fill the jobs. The data enable analysis of regional demand and job trends and allow educational institutions to plan programming to meet employer needs. Trainees can use the data to identify opportunities that will best prepare them to achieve their career goals.

**ACADEMIC RESEARCH**
- **Number of Job Postings**
  10,099
- **High Demand Areas**
  New York, Los Angeles, Chicago
- **Top Job Titles**
  Postdoctoral Fellow, Research Scientist, Director of Research

**INDUSTRY RESEARCH**
- **Number of Job Postings**
  13,371
- **High Demand Areas**
  Boston, San Francisco, New York
- **Top Job Titles**
  Scientist, Development Associate, Clinical Trial Manager

**BUSINESS**
- **Number of Job Postings**
  8,728
- **High Demand Areas**
  New York, Boston, San Francisco
- **Top Job Titles**
  Medical Science Liaison, Analytics Consultant, Program Manager

**COMMUNICATION**
- **Number of Job Postings**
  3,095
- **High Demand Areas**
  Boston, New York, San Francisco
- **Top Job Titles**
  Medical Writer, Marketing Manager, Communication Manager

**LAW**
- **Number of Job Postings**
  1,898
- **High Demand Areas**
  Boston, New York, San Francisco
- **Top Job Titles**
  Corporate Counsel, Attorney, Safety Officer

**POLICY**
- **Number of Job Postings**
  673
- **High Demand Areas**
  Washington, D.C., New York, Boston
- **Top Job Titles**
  Survey Statistician, Policy Analyst, Science Research Analyst

**TEACHING**
- **Number of Job Postings**
  2,496
- **High Demand Areas**
  New York, Los Angeles, San Francisco
- **Top Job Titles**
  Professor, Instructor, Lecturer
SITE VISITS

**Back Bay Life Science Advisors | February 26, 2019**

Back Bay Life Science Advisors is a consulting firm located in Boston. Predoctoral trainees and postdoctoral Scholars had the opportunity to interact with PhDs at the firm about their career paths and practice consulting skills via case study. Trainees used the case information to create a positioning summary statement and assess commercial potential and the valuation and exit considerations.

**Cell Press | March 29, 2018**

Cell Press publishes over 40 scientific journals. Their mission is to communicate and promote the advancement of science. BU’s BEST predoctoral trainees and postdoctoral scholars learned about the ins and outs of how publishing in the scientific arena operates and what a day in the life of an editor is like. They were able to tour the facility and network with PhDs at Cell Press.
C4 Therapeutics is a growing biotech company in the Boston area. Attendees had the opportunity to tour the lab, engage in round table discussions with chemistry, biology, legal and project management teams, and listen to presentations from PhDs in a variety of career tracks.

Novel Programming Linked to Labor Skill Needs

- **AAAS CASE Annual Workshop in Washington D.C.** Empowering trainees to become a voice for basic research and exposing them to science policy
- **Alan Alda Communicating Science Workshop Series** Empowering scientists to effectively communicate their work to others
- **Data Carpentry Workshop Series** Giving scientists the basic bioinformatics skills they need to work with big data
- **Drug Discovery & Pharmacology Workshops with Industry** Imparting key knowledge and skills sought after in industry
- **Industry Lunch & Learns** Connecting trainees and scholars with industry scientists
- **Innovate@BU Entrepreneurship Workshop Series** Inspiring scientists to think like entrepreneurs
- **Introduction to Leadership for Biomedical Education Course** Empowering leadership practices in order for participants to lead
- **Mentoring Circles** Enabling scientists to engage with professionals in their career track of interest
- **Narrative Writing Program for Scientists** Stimulating trainees and scholars to write and express their work beyond the confines of scientific publications
Dr. Erika Ebbel Angle
Community Service Award

In the Fall of 2018, BU’s BEST launched a new award in honor of an alum, Dr. Erika Ebbel Angle. This award recognizes current predoctoral trainees and postdoctoral scholars that are actively engaged in STEM community service and/or outreach. The selection committee had an extremely hard time choosing the winner, as there were many worthy applications. The recipients for the 2019 Dr. Erika Ebbel Angle Community Service Award are:

Katharine Babcock, a first year PhD Candidate in the Department of Anatomy and Neurobiology was awarded first place for her work with *Embedding Brains to Inspire Minds*. She is using the financial support from the award to create a permanent collection of normal and pathological brain specimens to use at various outreach events in the community. She was inspired to apply for this award after her experience providing brain demonstrations at the Museum of Science last year, where it was clear members of the public wanted to handle the specimens but were not allowed to because of their fragility.

Alicia Wooten, a sixth year PhD Candidate in the Pulmonary Center, was awarded second place for her work with Atomic Hands. She is using the financial support of the award towards an organization she co-founded, Atomic Hands. Founded by two Deaf scientists, Atomic Hands was created to bring together the Deaf STEM community and showcase the amazing world of science in an entertaining and accessible way. By increasing public accessibility to STEM through American Sign Language (ASL), we aim to foster collaborations and networking opportunities among current and future Deaf STEMists.

Ryan Quinton, Josiane Fofana and Whitney Manhart all received honorable mentions in this award.

Dr. Erika Ebbel Angle is a 2012 graduate of the Department of Biochemistry. She is the founder and Executive Director of Science from Scientists, which aims to teach and inspire the next generation to identify and solve real-world problems by improving STEM literacy. Angle also is the co-founder and CEO of Ixcela, a health and wellness company that helps individuals improve their internal health.
Best BET Network

Broadening Experience in Scientific Training – Beginning Enhancement Track (BEST BET) is funded by a National Science Foundation (NSF) initiative called Inclusion across the Nation of Communities of Learners of Underrepresented Discoverers in Engineering and Science (INCLUDES).

BEST BET is a pilot project to scale-up the BEST Network by harnessing the biomedical career development programming and expertise of five BEST research-intensive institutions across the country including Boston University; Cornell University; University of Colorado, Denver; University of North Carolina, Chapel Hill; and Wayne State University.

One aim of the program is to engage traditionally underrepresented undergraduate students studying science in early career exploration. Another aim is to build capacity of minority-serving undergraduate institutions to provide career resources that will increase underrepresented minority student awareness of and motivation for pursuing STEM careers/advanced degrees.

The program also offers shadowing experiences (or “site visits”) that will provide undergraduates with the opportunity to attend a multi-day event at one of our partner sites during the spring, summer or fall semester. Each BEST BET partner site has put together a unique schedule that will enable participants to do more than just attend a seminar or panel discussion.

In March 2019, BU’s BEST collaborated with BEST BET to host nine undergraduates from minority serving institutions including the University of Massachusetts Lowell, Shaw University and the University of Puerto Rico at Carolina. The undergraduates were paired with predoctoral trainees from BU. Program data show repeated strong satisfaction ratings with programming and student reporting of improved understanding of what it is like to be a graduate student and work in a lab to do research.
THE TEAM

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THE BEST IS YET TO COME!

We are grateful to our partners who have helped us serve our trainees. BU’s BEST continues to grow with exciting initiatives (BEST BET) and spinoffs (TOTAL). We look forward to working with our trainees and helping them explore a variety of careers and gain career development skills.

We are excited to partner and collaborate with you in the future!

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