BU Aphasia Resource Center



Summer Session 2020

June 1, 2020 – August 6, 2020

All groups will be held online via Zoom, a video conferencing service.

High speed internet and the use of a laptop, desktop computer or tablet is recommended for the best experience.

www.bu.edu/aphasiacenter aphasiacenter@bu.edu (617) 353 – 0197

Registration Deadline: Friday, May 15, 2020

Registration

The **Aphasia Resource Center** is pleased to announce the Summer 2020 Program.

Enrollment

You may request enrollment by completing the separate registration form. If you are new to groups, please see the section "New Referrals" below.

- Forms can be completed and sent by email to <u>aphasiacenter@bu.edu</u>
- You may also register by phone at (617) 353 0197
 - o Leave a message with your name, contact information and group selection.
 - We can also call you back and fill out the form with you over the phone.

Deadline

Registration request forms MUST be received by Friday, May 15, 2020 to receive full consideration.

Placement and Confirmation

Group enrollment numbers will be strictly limited in order to preserve the quality of the treatment, and to maintain safety regulations. Requests will be reviewed to determine appropriateness of each individual for the requested group(s). Registration requests received after the deadline will be assigned on a first come, first served basis while space is available.

If you wish to enroll in more than one group, please *RANK* the groups according to your preference. Please also indicate the **TOTAL** number of groups you would like to take. Places will be assigned based on your preference.

We encourage you to request as many groups as you wish; however, <u>registration requests are not a guarantee of enrollment</u>. You will receive confirmation of enrollment with your group placement no later than Friday, May 22, 2020. If you do not receive a confirmation, please contact the center.

New Referrals

To help us provide the best possible care, we ask that all new referrals send a recent evaluation report from another facility along with your application.

Faculty

Elizabeth Hoover, PhD., CCC-SLP, BC-ANCDS Magdalen (Maggie) Balz, M.S., CCC-SLP Anne Carney, M.S., CCC-SLP Jerome (Jerry) Kaplan M.A., CCC-SLP

Note about Online Groups

Information about joining online groups with Zoom will be shared after group confirmations have been sent out. Stay tuned for an announcement about the Caregivers Group.

Monday Groups

Monday Morning Groups

Toastmasters

This group will focus on communicating effectively when speaking in groups. It is modeled after Toastmasters International, whose philosophy is to learn by doing in a supportive environment. Group members will share stories and experiences on a variety of topics and will provide feedback to each other. Specific strategies in areas such as organization, eye contact, use of notes, and visual materials will be provided. The goal is to enable the storyteller/speaker to more effectively communicate in group speaking situations.

Meeting time: Mondays, 10:30–11:45 am **Faculty**: Jerry Kaplan

Community Connection

This group uses structured activities to focus conversation around central themes or ideas and will end with a community-focused activity. In each session, we will work hierarchically through the chosen theme allowing group members to build on vocabulary and increase their communicative effectiveness. In the last week, depending on the current social distancing restrictions, we will plan an event to celebrate the theme for the semester. This may include a virtual community visit, such as a virtual tour of a local museum, or some other "safe" celebration of the theme. Our aim is to keep each session meaningful and interesting, creating opportunities to share ideas, experiences and have fun.

Meeting time: Mondays, 10:30–11:45 am **Faculty**: Liz Hoover

Monday Afternoon Groups

Music Appreciation Group

The Music Appreciation Group, formerly the Chorus Group, will gather via Zoom Video to discuss, listen to, and perform songs from a variety of genres. Group members will be encouraged to share favorite songs, music videos, perform on their own musical instruments and in group singing.

Meeting time: Mondays, 1:00 – 2:15 pm **Faculty**: Jerry Kaplan

Book Group 1

This group meets to discuss the content and ideas generated through reading a text. The "book" is ~300 pages in length, and is chosen by the group members from a choice of 4-5 offered texts. Group members may read the text or listen to an audio version.

Meeting time: Mondays, 1:00 – 2:15 pm **Faculty**: Liz Hoover

Wednesday Groups

Wednesday Morning Groups

Conversation

This group will address functional communication through talking, gesturing, drawing, and writing. Drawing upon our experiences and interests, participants will practice using effective strategies to exchange ideas and develop connections through communication. This group is designed for people with all levels of aphasia.

Meeting time: Wednesdays, 10:30–11:45 am **Faculty**: Jerry Kaplan

Podcast Group: Stories for Learning and Laughing

Today you can find a podcast about almost anything! This group will review and analyze the art of storytelling by reviewing podcasts created by others. Each week we will listen to and discuss two or more podcasts. Send in your favorite podcasts to share with the group or come and learn about something new. Most importantly, each week we will try to find a podcast to make us smile and laugh! All are welcome to join.

Meeting time: Wednesdays, 10:30 am – 11:45 am **Faculty:** Maggie Balz

Arm Chair Travel

Do you love to travel? While we may not be able to leave our homes, we can still share our travel stories, adventures and aspirations. Within the theme of travel experiences and interests, participants will address functional communication through talking, gesturing, drawing, and writing as well as via photos, souvenirs and other memorabilia. Come away with us!

Meeting time: Wednesdays, 10:30 am – 11:45 am **Faculty:** Anne Carney

Wednesday Groups

Wednesday Afternoon Groups

Movies

This group will feature both classic and contemporary movies and documentaries. Each movie will be screened over two or three sessions, followed by group discussion of the plot, characters, relationships, and other aspects of the movie. Even if you've seen a particular movie before, another look will provide an opportunity to discover new things. Movies will be selected based on group suggestions.

Meeting time: Wednesdays, 1:00 – 2:15 pm **Faculty**: Jerry Kaplan

Artistic Expression & Appreciation Group

In this group, we will collectively create and review creative pieces. Some weeks we will write together. Other weeks we will share art in our homes or find favorite pieces from museums around the world. We will also take inspiration from nature and find beauty in our everyday surroundings. Group members may choose to express themselves through any combination of writing, drawing, photography, or video. All creative works will be catalysts for conversation and discussion to share ideas and inspirations. All are welcome to join.

Meeting time: Wednesdays, 1:00 pm – 2:15 pm **Faculty:** Maggie Balz

In the News

Many of us enjoy reading or watching the news. In this group, we will practice sharing thoughts and ideas as we discuss current events taking place around the world. Together, we will read and/or watch news articles and discuss these current events. Each meeting, we will also focus a portion of the discussion on at least one positive news story. Participants should understand spoken or written language at a paragraph level.

Meeting time: Wednesdays, 1:00 pm – 2:15 pm **Faculty**: Anne Carney

Thursday Groups

Thursday Morning Groups

Book Group 2

This group meets to discuss the content and ideas generated through reading a text. The "book" is ~300 pages in length, and is chosen by the group members from a choice of 4-5 offered texts. Group members may read the text or listen to an audio version.

Meeting time: Thursdays, 10:30 – 11:45 am **Faculty**: Anne Carney

Thursday Afternoon Groups

Language Games

This group will address various aspects of communication (e.g. naming, discourse, gesture, drawing and writing) through friendly and competitive games. Each week, participants will be given a choice of games that will target a range of communication goals. Group members are also welcome to suggest and introduce games.

Meeting time: Thursdays, 1:00–2:15 pm **Faculty**: Anne Carney

Group Meeting Dates

MONDAY GROUPS MEETING DATES			
June 1 (First day of Monday groups)	July 6		
June 8	July 13		
June 15	July 20		
June 22	July 27		
June 29	August 3 (Last day of Monday groups)		

WEDNESDAY GROUPS MEETING DATES			
June 3 (First day of Wednesday groups)	July 8		
June 10	July 15		
June 17	July 22		
June 24	July 29		
July 1	August 5 (Last day of Wednesday groups)		

THURSDAY GROUPS MEETING DATES				
June 4 (First day of Thursday groups)	July 9			
June 11	July 16			
June 18	July 23			
June 25	July 30			
July 2	August 6 (Last day of Thursday groups)			

Aphasia Community Group Monthly Saturday Group

Now in its 31st year, the Aphasia Community Group provides education, support, socialization, and resources for those whose lives have been touched by aphasia and related disorders.

Presentations on treatment, recreation, community and family support are offered by group members and guests. In the last portion of each session, the group is divided into smaller "breakout" sessions to share ideas, feelings, and concerns.

Given the current social distancing requirement, the monthly in-person Aphasia Community Group is suspended. However, we will offer on-line "drop-in/check-in" sessions periodically. We will send email announcements about these online sessions.

Faculty: Jerry Kaplan

BOSTON UNIVERSITY Aphasia Resource Center Summer 2020				
Times	Monday	Wednesday	Thursday	Saturday
10:30 – 11:45 am	Toastmasters (Jerry Kaplan)	Conversation (Jerry Kaplan)		
	Community Connection (Liz Hoover)	Podcast Group (Maggie Balz)	Book Group 2 (Anne Carney)	Aphasia Community
		Arm Chair Travel (Anne Carney)		Group Aphasia
11:45 am – 1:00 pm	Lunch Break		We will send email	
1:00 – 2:15 pm	Music Appreciation (Jerry Kaplan)	Movies (Jerry Kaplan)	sessions that will be held	about any online sessions that
	Book Group 1 (Liz Hoover)	Artistic Expression & Appreciation (Maggie Balz)	Language Games (Anne Carney)	
		In the News (Anne Carney)		