



Aphasia Resource Center



Spring Session 2019

February 4, 2019 – April 29, 2019

Sargent College, Boston University
635 Commonwealth Avenue
Boston, MA 02215

(617) 353 – 0197

www.bu.edu/aphasiacenter
aphasiacenter@bu.edu

Registration Deadline: Friday, January 4, 2019

Registration

The **Aphasia Resource Center** is pleased to announce the *Spring 2019 Program*.

Enrollment

You may request enrollment by completing the form at the end of the packet. If you are new to groups, please see the section “*New Referrals*” below. Forms can be completed and sent by:

1. Mail:
Boston University, Aphasia Resource Center
635 Commonwealth Ave, 6th Floor
Boston, MA 02215
2. Fax: (617) 358 – 5460
3. Email: aphasiacenter@bu.edu
4. Call (617) 353 – 0197 (we will fill out the form with you over the phone)

Deadline

All registration request forms MUST be received by Friday, January 4, 2019.

You will receive confirmation of your enrollment no later than Friday, January 18, 2019. *Please be patient as it takes time for us to finalize groups.*

Placement

We encourage you to request as many groups as you wish; however, **registration requests are not a guarantee of enrollment.**

If you wish to enroll in more than one group, please **RANK** the groups according to your preference. Please also indicate the **TOTAL** number of groups you would like to take. Places will be assigned based on your preference.

Group enrollment numbers will be strictly limited in order to preserve the quality of the treatment, and to maintain safety regulations. Registration requests received after the deadline will be assigned on a first come, first served basis while space is available.

New Referrals

To help us provide the best possible care, we ask that all new referrals for the weekly groups participate in a speech and language evaluation at the ARC.

**You may be considered for group enrollment prior to an evaluation if you send a recent evaluation report from another facility along with your application.*

Faculty

Elizabeth Hoover, PhD., CCC-SLP, BC-ANCDS

Jerome Kaplan M.A., CCC-SLP

Magdalen (Maggie) Balz, M.S. CCC-SLP

Meg Polyak, M.S. CCC-SLP

Monday Groups

• Monday Morning Sessions •

Storytelling/Toastmasters

This group will focus on communicating effectively when speaking in groups. It is modeled after Toastmasters International, whose philosophy is to learn by doing in a supportive environment. Group members will share stories and experiences on a variety of topics and will provide feedback to each other. Specific strategies in areas such as organization, eye contact, use of notes, and visual materials will be provided. The goal is to enable the storyteller/speaker to more effectively communicate in group speaking situations.

Meeting time: Mondays, 10:30–11:45 am

Room: 303 (3rd Floor)

Faculty: Jerry Kaplan

Journaling Group

This group will introduce participants to journaling as a tool for reflection and communication. Group members may choose to express themselves through any combination of writing, drawing, photography, voice and video. Group members may also use an iPad for storing their journal and support for iPad use will be integrated into weekly sessions.

Meeting time: Mondays, 10:30–11:45 am

Room: 643 (6th Floor)

Faculty: Liz Hoover

• Monday Afternoon Sessions •

Aphasia Community Chorus

Music, an essential form of communication, is especially rewarding, inspiring, and empowering for people with aphasia and related disorders. Facilitated by a neurologic music therapist from MedRhythms, LLC, and graduate students, the Aphasia Community Chorus will hold weekly rehearsals leading up to performances during the semester. Previous singing experience is not required. Please join us for this unique and exciting opportunity.

Meeting time: Mondays, 1:00 – 2:30 pm (*please note later end time*)

Room: 610 (6th Floor)

Faculty: Jerome Kaplan, Speech-Language Pathologist and Caitlin Hyatt, Neurologic Music Therapist

Book Group

This group meets to discuss the content and ideas generated through reading a text. The “book” is ~300 pages in length, and is chosen by the group members from a choice of 4-5 offered texts. Group members may read the text from print or via CD.

Meeting time: Mondays, 1:00 – 2:15 pm

Room: 643 (6th Floor)

Faculty: Liz Hoover

MONDAY GROUPS MEETING DATES	
February 4 <i>(First Groups)</i>	March 25
February 11	April 1
NO GROUP Feb 18 <i>(Presidents Day)</i>	April 8
February 25	NO GROUP April 15 <i>(Patriot's Day)</i>
March 4	April 22
NO GROUP March 11 <i>(BU Spring Break)</i>	April 29 <i>(Last Groups)</i>
March 18	/

Wednesday Groups

• Wednesday Morning Sessions •

Total Communication

This group will incorporate conversation, writing, gestures, and other forms of verbal and non-verbal communication. In addition, group members will explore ways in which the iPad can be used as augmentative and alternative communication (AAC). The emphasis will be on effective communication through any means. This group is designed for people with more severe forms of aphasia.

Meeting time: Wednesdays, 10:30–11:45 am

Room: 534 (5th Floor)

Faculty: Jerry Kaplan

Practice That “Counts” - A Group All About Numbers

Reading, understanding, and saying numbers can be challenging for people with aphasia. This group will teach strategies to improve accuracy with numbers. Every group session will focus on small group practice, including understanding time intervals and reading monetary amounts, as well as functional math to calculate a tip on a restaurant bill, a sale price while shopping, and measurements for cooking. Whole group practice will implement number games for members to share their successes, challenges, and effective strategies. Tasks will be adjusted as needed to challenge each client. All who are interested in this topic are welcome to join.

Meeting time: Wednesdays, 10:30–11:45 am

Room: 643 (6th Floor)

Faculty: Maggie Balz

Caregivers

This group is intended to be a place where caregivers can voice their concerns, ask questions, discuss topics that affect them, and share experiences. Topics which may be addressed include stress, intimacy, loneliness, hope, guilt, hopelessness, as well as other concerns. Caregivers are expected to attend each session--barring unforeseen circumstances--in order to maintain continuity, ensure confidentiality, respect, and empathy among the participants.

Meeting time: Wednesdays, 10:30–11:45 am

Room: 200 (2nd Floor)

Group led by: Celina Mark

• Wednesday Afternoon Sessions •

Movies

This group will feature both classic and contemporary movies and documentaries. Each movie will be screened over two or three sessions, followed by group discussion of the plot, characters, relationships, and other aspects of the movie. Even if you've seen a particular movie before, another look will provide an opportunity to discover new things. Movies will be selected based on group suggestions.

Meeting time: Wednesdays, 12:45 – 2:15 pm (*please note earlier start time*)

Room: 236 (2nd Floor)

Faculty: Jerome Kaplan

In the News

Many of us enjoy reading or watching the news. In this group, we will practice sharing ideas and opinions as we discuss current events taking place around the world. We will read and/or watch news articles and discuss these current events. This group requires reading comprehension and auditory comprehension of paragraphs (for example, reading and independently understanding a paragraph from the newspaper or listening and independently understanding a one-minute clip from a news broadcast).

Meeting time: Wednesdays, 1:00–2:15 pm

Room: 200 (2nd Floor)

Faculty: Maggie Balz

WEDNESDAY GROUPS MEETING DATES	
February 6 (<i>First Groups</i>)	March 20
February 13	March 27
February 20	April 3
February 27	April 10
March 6	April 17
NO GROUP March 13 (<i>BU Spring Break</i>)	April 24 (<i>Last Groups</i>)

Thursday Groups

• Thursday Morning Sessions •

Community Connection

This group uses structured activities to focus conversation around central themes or ideas and ends with a community visit. In each session, we will work hierarchically through the chosen theme allowing group members to build on vocabulary and increase their communicative effectiveness. In the last week, the group will visit a local place that exemplifies the theme studied throughout the semester. Our aim is to keep each session meaningful and interesting, creating opportunities to share ideas, experiences and have fun.

Meeting time: Thursdays, 10:30–11:45 am

Room: 303 (3rd Floor)

Faculty: Maggie Balz

• Thursday Afternoon Sessions •

Conversation

This group will address functional communication through talking, gesturing, drawing, and writing. Drawing upon our experiences and interests, participants will practice using effective strategies to exchange ideas and develop connections through communication.

Meeting time: Thursdays, 1:00–2:15 pm

Room: 303 (3rd Floor)

Faculty: Maggie Balz

THURSDAY GROUPS MEETING DATES	
February 7 <i>(First Groups)</i>	March 21
February 14	March 28
February 21	April 4
February 28	April 11
March 7	April 18
NO GROUP March 14 <i>(BU Spring Break)</i>	April 25 <i>(Last Groups)</i>

Aphasia Community Group

Monthly Saturday Group

Now in its 29th year, the Aphasia Community Group provides education, support, socialization, and resources for those whose lives have been touched by aphasia and related disorders. Presentations on treatment, recreation, and/or family support are offered by group members and guests. In the last portion of each session, participants meet in small "breakout" sessions to share ideas, feelings, and concerns. Family members meet separately from persons with aphasia. Light snacks and beverages are provided.

Please Note: Weather conditions and other BU events may impact Aphasia Community Group sessions. Before attending please confirm by calling 617.353.0197 for a recorded message or check our website: www.bu.edu/aphasiacenter

Location: BU Sargent College, Room 102

Faculty: Jerome Kaplan

Meeting Time: 11:00 am – 2:00 pm

Aphasia Community Group Dates

Saturday, January 26, 2019

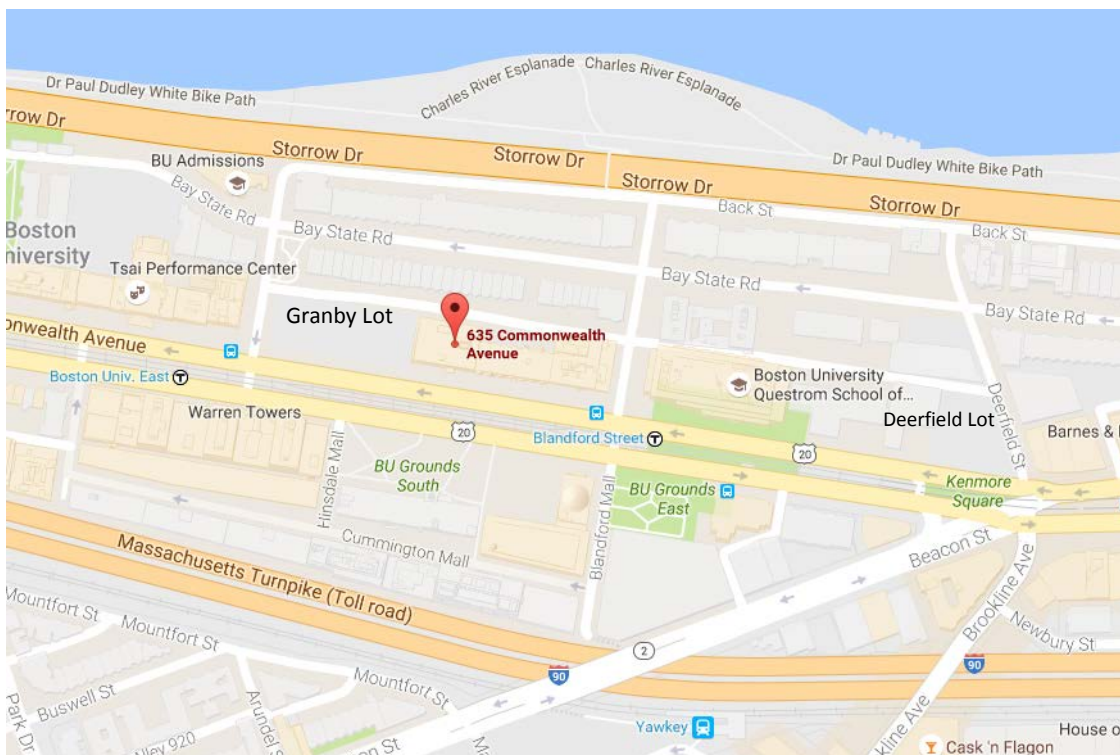
Saturday, February 23, 2019

Saturday, March 23, 2019

Saturday, April 27, 2019

Location and Directions

Sargent College, Boston University
Aphasia Resource Center, Room 607
635 Commonwealth Avenue, Boston MA 02215



PARKING:

Parking at BU is extremely limited. There are some metered parking spaces in front of the college and on surrounding streets.

Parking Lots: There are parking lots which charge a \$17 daily rate or \$3 per ½ hour. Discount vouchers may be purchased for \$12 (each) for the Granby Lot from the front desk on the 6th floor for the Aphasia Resource Center. Only cash or check payment accepted. Please visit this link for lot location and rate details:










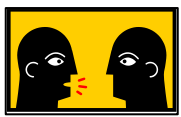


www.bu.edu/parking/lots-locations/family-guests-and-visitor-parking/

Purchase of vouchers is not a guarantee of parking in the lots. All parking lots on BU campus are public lots and can be full. It is important to note that if you see empty spots in the lots, these may be reserved for other departments, events, or research groups.

Granby Lot, 665 Commonwealth Ave: From Kenmore Square, bear to the right onto Commonwealth Ave. The lot is located on the right on the corner of Granby St.

Kenmore Lot, 30 Deerfield St: Located within Kenmore Square, the lot is on the right immediately after you bear onto Commonwealth Ave.

BY "T": Take the Green Line "B" train (Boston College) to the "Blandford St." or "Boston University East" stop.

Times	Monday	Wednesday	Thursday	Saturday
<p>10:30 – 11:45 am</p>	 Storytelling/ Toastmasters <i>Room: 303</i>	 Total Communication <i>Room: 534</i>	 Community Connection <i>Room: 303</i>	<p>Aphasia Community Group</p>  <p>Sargent College Room 102 11am-2pm</p>
	 Journaling Group <i>Room 643</i>	 Numbers Group <i>Room 643</i>		
<p>11:45 am – 1:00 pm</p>	 <p>Lunch Break <i>(on your own)</i></p>			<p>January 26, 2019</p>
<p>1:00 – 2:15 pm</p>	 Aphasia Community Chorus <i>(*until 2:30 pm)</i> <i>Room: 610</i>	 Movies <i>(*starts at 12:45 pm)</i> <i>Room: 236</i>	 Conversation <i>Room: 303</i>	<p>February 23, 2019</p>
	 Book Group <i>Room 643</i>	 In the News <i>Room: 200</i>		<p>March 23, 2019</p>

Registration Request Form

ALL FIELDS REQUIRED:

I am a returning member of the Aphasia Resource Center.

or

I am new to the Aphasia Resource Center

and;

I have included a recent SLP or Neuropsychology report(s) with my registration.

Name: _____

Address: _____

City

State

Zip

Phone: _____ Email: _____

What is the best way to reach you? (choose one): email phone

I would like to enroll in _____ (# number) groups in total.

Please **rank** groups of interest in order of preference (#1 being your first choice; 1,2,3)

	Monday Groups	Wednesday Groups	Thursday Groups
<i>Morning Groups</i>	<input type="checkbox"/> Storytelling/ Toastmasters	<input type="checkbox"/> Total Comm	<input type="checkbox"/> Community Connection
	<input type="checkbox"/> Journaling	<input type="checkbox"/> Numbers	
<i>Afternoon Groups</i>	<input type="checkbox"/> Chorus <i>*until 2:30 pm</i>	<input type="checkbox"/> Caregiver Name: _____	<input type="checkbox"/> Conversation
	<input type="checkbox"/> Book	<input type="checkbox"/> Movies	
		<input type="checkbox"/> In the News	

- Registration **MUST BE RECEIVED BY Friday, January 4, 2019** to receive full consideration.
- Registration requests are not a guarantee of enrollment. We will confirm group enrollment no later than Friday, January 18, 2019.

____ I am interested in being contacted by the BU research labs (Aphasia Research Lab, Language Science Lab, or Stepp Lab) for participation in aphasia/stroke research studies.

Please fill out form and return by:

- mail to: Aphasia Resource Center, 635 Commonwealth Ave, 6th Floor, Boston, MA 02215
- fax to: (617) 358 – 5460 or email to: aphasiacenter@bu.edu or call (617) 353 – 0197