



Aphasia Resource Center



Fall Session 2018

September 24, 2018 – December 6, 2018

Sargent College, Boston University
635 Commonwealth Avenue
Boston, MA 02215

(617) 353 – 0197

www.bu.edu/aphasiacenter

aphasiacenter@bu.edu

Registration Deadline: Wednesday, September 5, 2018

Registration

The **Aphasia Resource Center** is pleased to announce the Fall 2018 Program.

Enrollment

You may request enrollment by completing the form at the end of the packet. If you are new to groups, please see the section “*New Referrals*” below. Forms can be completed and sent by:

1. Mail to:
Boston University, Aphasia Resource Center
635 Commonwealth Ave, 6th Floor
Boston, MA 02215
2. Fax: (617) 358 – 5460
3. Email: aphasiacenter@bu.edu
4. Call (617) 353 – 0197 (we will fill out the form with you over the phone)

Deadline

All registration request forms MUST be received by Wednesday, September 5th, 2018.

You will receive confirmation of your enrollment no later than Friday, September 14th, 2018. Please be patient as it takes time for us to finalize groups.

Placement

We encourage you to request as many groups as you wish; however, **registration requests are not a guarantee of enrollment.**

If you wish to enroll in more than one group, please **RANK** the groups according to your preference. Please also indicate the **TOTAL** number of groups you would like to take. Places will be assigned based on your preference.

Group enrollment numbers will be strictly limited in order to preserve the quality of the treatment, and to maintain safety regulations. Registration requests received after the deadline will be assigned on a first come, first served basis while space is available.

New Referrals

To help us provide the best possible care, we ask that all new referrals for the weekly groups participate in a speech and language evaluation at the ARC.

**You may be considered for group enrollment prior to an evaluation if you send a recent evaluation report from another facility along with your application.*

Faculty

Elizabeth Hoover, PhD., CCC-SLP, BC-ANCDS

Jerome Kaplan M.A., CCC-SLP

Magdalen (Maggie) Balz, M.S. CCC-SLP

Meg Polyak, M.S. CCC-SLP

Monday Groups

• Monday Morning Sessions •

Storytelling/Toastmasters

This group will focus on communicating effectively when speaking in groups. It is modeled after Toastmasters International, whose philosophy is to learn by doing in a supportive environment. Group members will share stories and experiences on a variety of topics and will provide feedback to each other. Specific strategies in areas such as organization, eye contact, use of notes, and visual materials will be provided. The goal is to enable the storyteller/speaker to more effectively communicate in group speaking situations.

Meeting time: Mondays, 10:30–11:45 am

Location: Room 303

Faculty: Jerry Kaplan

Newsletter Group

This group will focus on storytelling through print. Depending on your goals, we will support your writing, photography, or drawing to create an ARC newsletter. Let us share your stories, opinions, photos, drawings, and/or puzzles in a printed publication with the ARC community.

Meeting time: Mondays, 10:30–11:45 am

Location: Room 643

Faculty: Liz Hoover

• Monday Afternoon Sessions •

Aphasia Community Chorus

Music, an essential form of communication, is especially rewarding, inspiring, and empowering for people with aphasia and related disorders. Facilitated by a neurologic music therapist from MedRhythms, LLC, and graduate students, the Aphasia Community Chorus will hold weekly rehearsals leading up to performances during the semester. Previous singing experience is not required. Please join us for this unique and exciting opportunity.

Meeting time: Mondays, 1:00 – 2:15 pm

Location: Room 107

Faculty: Jerome Kaplan, Speech-Language Pathologist and Caitlin Hyatt, Neurologic Music Therapist

Book Group

This group meets to discuss the content and ideas generated through reading a text. The “book” is ~300 pages in length, and is chosen by the group members from a choice of 4-5 offered texts. Group members may read the text from print or via CD.

Meeting time: Mondays, 1:00 – 2:15 pm

Location: Room 643

Faculty: Liz Hoover

MONDAY GROUPS MEETING DATES	
September 24 <i>(First Groups)</i>	November 5
October 1	November 12
October 15	November 19
October 22	November 26
October 29	December 3 <i>(Last Groups)</i>

Wednesday Groups

• Wednesday Morning Sessions •

Total Communication

This group will incorporate conversation, writing, gestures, and other forms of verbal and non-verbal communication. In addition, group members will explore ways in which the iPad can be used as augmentative and alternative communication (AAC). The emphasis will be on effective communication through any means. This group is designed for people with more severe forms of aphasia.

Meeting time: Wednesdays, 10:30–11:45 am

Location: Room 303

Faculty: Jerry Kaplan

Practice That “Counts” - A Group All About Numbers

Reading, understanding, and saying numbers can be challenging for people with aphasia. This group will teach strategies to improve accuracy with numbers. Every group session will focus on small group practice, including understanding time intervals and reading monetary amounts, as well as functional math to calculate a tip on a restaurant bill, a sale price while shopping, and measurements for cooking. Whole group practice will implement number games for members to share their successes, challenges, and effective strategies. Tasks will be adjusted as needed to challenge each client. All who are interested in this topic are welcome to join.

Meeting time: Wednesdays, 10:30–11:45 am

Location: Room 534

Faculty: Maggie Balz

Caregivers

This group is intended to be a place where caregivers can voice their concerns, ask questions, discuss topics that affect them, and share experiences. Topics which may be addressed include stress, intimacy, loneliness, hope, guilt, hopelessness, as well as other concerns. Caregivers are expected to attend each session--barring unforeseen circumstances--in order to maintain continuity, ensure confidentiality, respect, and empathy among the participants.

Meeting time: Wednesdays, 10:30–11:45 am

Location: Berg Conference Room

Group led by: Celina Mark

• Wednesday Afternoon Sessions •

Movies

This group will feature both classic and contemporary movies and documentaries. Each movie will be screened over two or three sessions, followed by group discussion of the plot, characters, relationships, and other aspects of the movie. Even if you've seen a particular movie before, another look will provide an opportunity to discover new things. Movies will be selected based on group suggestions.

Meeting time: Wednesdays, 1:00 – 2:30 pm (*please note later end time*)

Location: Room 220

Faculty: Jerome Kaplan

Conversation

This group will address functional communication through talking, gesturing, drawing, and writing. Drawing upon our experiences and interests, participants will practice using effective strategies to exchange ideas and develop connections through communication.

Meeting time: Wednesdays, 1:00–2:15 pm

Location: Room 303

Faculty: Meg Polyak

WEDNESDAY GROUPS MEETING DATES	
September 26 <i>(First Groups)</i>	October 31
October 3	November 7
October 10	November 14
October 17	November 28
October 24	December 5 <i>(Last Groups)</i>

Thursday Groups

• Thursday Morning Sessions •

What's Cooking in the Kitchen?

Many people with aphasia would like to be more active in the kitchen. Reading recipes, using utensils, and identifying nutritionally balanced foods can be challenging after a stroke or brain injury. This group will have two “hands-on” cooking sessions, as well as other conversational learning opportunities surrounding the theme of food and meal preparation. Clients will work with speech therapy, occupational therapy, and nutrition to access their potential for preparing food and cooking. Group members will trial adaptive equipment, nutrition recommendations, and reading comprehension strategies with recipes. New strategies and skills will be implemented in two cooking sessions at the middle and end of the semester. All are welcome to join.

(This group was inspired by Anne Carney's *Aphasia Test Kitchen* this past summer. You are welcome to sign up for this group whether or not you participated in her class.)

Meeting time: Thursdays, 10:30–11:45 am

Location: Room 107

Faculty: Maggie Balz

• Thursday Afternoon Sessions •

Conversation

This group will address functional communication through talking, gesturing, drawing, and writing. Drawing upon our experiences and interests, participants will practice using effective strategies to exchange ideas and develop connections through communication.

Meeting time: Thursdays, 1:00–2:15 pm

Location: Room 303

Faculty: Maggie Balz

THURSDAY GROUPS MEETING DATES	
September 27 (<i>First Groups</i>)	November 1
October 4	November 8
October 11	November 15
October 18	November 29
October 25	December 6 (<i>Last Groups</i>)

Aphasia Community Group

Monthly Saturday Group

Now in its 29th year, the Aphasia Community Group provides education, support, socialization, and resources for those whose lives have been touched by aphasia and related disorders. Presentations on treatment, recreation, and/or family support are offered by group members and guests. In the last portion of each session, participants meet in small "breakout" sessions to share ideas, feelings, and concerns. Family members meet separately from persons with aphasia. Light snacks and beverages are provided.

Please Note: Weather conditions and other BU events may impact Aphasia Community Group sessions. Before attending please confirm by calling 617.353.0197 for a recorded message or check our website: www.bu.edu/aphasiacenter

Location: BU Sargent College, Room 102

Faculty: Jerome Kaplan

Meeting Time: 11:00 am – 2:00 pm

Aphasia Community Group Dates

Saturday, September 15, 2018

Saturday, October 13, 2018

Saturday, November 10, 2018

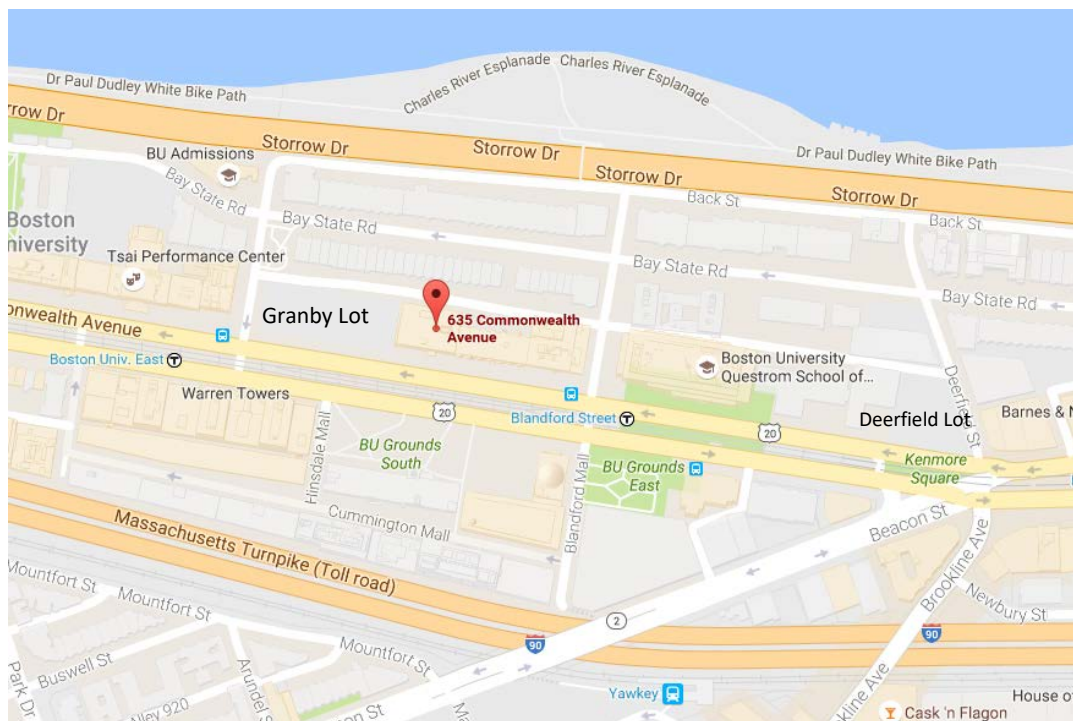
Saturday, December 8, 2018

Buffasia

(Planned Snow Date: Sunday, December 9)

Location and Directions

Sargent College, Boston University
Aphasia Resource Center, Room 607
635 Commonwealth Avenue, Boston MA 02215



PARKING:

Parking at BU is extremely limited. There are some metered parking spaces in front of the college and on surrounding streets.

Parking Lots: There are parking lots which charge a \$16 daily rate or \$3 per ½ hour. Discount vouchers may be purchased for \$12 (each) for the Granby Lot from the front desk on the 6th floor for the Aphasia Resource Center. Only cash or check payment accepted. Please visit this link for lot location and rate details:









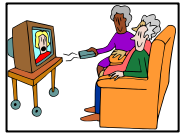



www.bu.edu/parking/lots-locations/family-guests-and-visitor-parking/

Purchase of vouchers is not a guarantee of parking in the lots. All parking lots on BU campus are public lots and can be full. It is important to note that if you see empty spots in the lots, these may be reserved for other departments, events, or research groups.

Granby Lot, 665 Commonwealth Ave: From Kenmore Square, bear to the right onto Commonwealth Ave. The lot is located on the right on the corner of Granby St.

Kenmore Lot, 30 Deerfield St: Located within Kenmore Square, the lot is on the right immediately after you bear onto Commonwealth Ave.

BY "T": Take the Green Line "B" train (Boston College) to the "Blandford St." or "Boston University East" stop.

Times	Monday	Wednesday	Thursday	Saturday
<p>10:30 – 11:45 am</p>	 <p>Storytelling/ Toastmasters Room 303</p>	 <p>Total Communication Room 303</p>	 <p>What's Cooking in the Kitchen? Room 107</p>	<p>Aphasia Community Group</p>  <p>Sargent College Room 102 11am-2pm</p>
	 <p>Newsletter Group Room 643</p>	 <p>Numbers Group Room 534</p>		
<p>11:45 am – 1:00 pm</p>	 <p>Lunch Break <i>(on your own)</i></p>			<p>September 15</p>
<p>1:00 – 2:15 pm</p>	 <p>Aphasia Community Chorus Room 107</p>	 <p>Movies Room 220 <i>(1:00 - 2:30 pm)</i></p>	 <p>Conversation with Maggie Room 303</p>	<p>October 13</p>
	 <p>Book Group Room 643</p>	 <p>Conversation with Meg Room 303</p>		<p>November 10</p> <p>December 8</p>

Registration Request Form

ALL FIELDS REQUIRED:

I am a returning member of the Aphasia Resource Center.

or

I am new to the Aphasia Resource Center and;

I have included a recent SLP or Neuropsychology report(s) with my registration.

Name: _____

Address: _____

City

State

Zip

Phone: _____ Email: _____

What is the best way to reach you? (choose one): email phone

I would like to enroll in _____ (number) groups in total. Please **rank** groups of interest in order of preference (#1 being your first choice; 1,2,3)

	Monday Groups	Wednesday Groups	Thursday Groups
<i>Morning Groups</i>	<input type="checkbox"/> Storytelling/ Toastmasters	<input type="checkbox"/> Total Comm <input type="checkbox"/> Numbers	<input type="checkbox"/> Cooking
	<input type="checkbox"/> Newsletter	<input type="checkbox"/> Caregivers <i>Caregiver Name:</i> _____	
<i>Afternoon Groups</i>	<input type="checkbox"/> Chorus	<input type="checkbox"/> Movies	<input type="checkbox"/> Conversation
	<input type="checkbox"/> Book Group	<input type="checkbox"/> Conversation	

- Registration **MUST BE RECEIVED BY Wednesday, September 5, 2018** to receive full consideration.
- Registration requests are not a guarantee of enrollment. We will confirm group enrollment no later than Friday, September 14, 2018.

___ I am interested in being contacted by the BU research labs (Aphasia Research Lab, Language Science Lab, or Stepp Lab) for participation in aphasia/stroke research studies.

Please fill out form and return by:

- mail to: Aphasia Resource Center, 635 Commonwealth Ave, 6th Floor, Boston, MA 02215
- fax to: (617) 358 – 5460 or email to: aphasiacenter@bu.edu or call (617) 353 – 0197