BU Aphasia Resource Center

Fall Session 2017

September 25, 2017 – December 6, 2017

Sargent College, Boston University
635 Commonwealth Avenue
Boston, MA 02215

(617) 353 – 0197

www.bu.edu/aphasiacenter
aphasiacenter@bu.edu

Registration Deadline: Wednesday, September 6, 2017
Registration

The Aphasia Resource Center is pleased to announce the Fall 2017 Program.

Enrollment

You may request enrollment by completing the form at the end of the packet. If you are new to groups, please see the section “New Referrals” below. Forms can be completed and sent by:

1. Mail to:
   Leslie Caiola
   Boston University, Aphasia Resource Center
   635 Commonwealth Ave, 6th Floor
   Boston, MA 02215

2. Fax: (617) 358 – 5460

3. Email: aphasiacenter@bu.edu

4. Call (617) 353 – 0197 (we will fill out the form with you over the phone)

Deadline

All registration request forms MUST be received by Wednesday, September 6th, 2017.

You will receive confirmation of your enrollment no later than Friday, September 15th, 2017. Please be patient as it takes time for us to finalize groups.

Placement

We encourage you to request as many groups as you wish; however, registration requests are not a guarantee of enrollment.

If you wish to enroll in more than one group, please RANK the groups according to your preference. Please also indicate the TOTAL number of groups you would like to take. Places will be assigned based on your preference.

Group enrollment numbers will be strictly limited in order to preserve the quality of the treatment, and to maintain safety regulations. Registration requests received after the deadline will be assigned on a first come, first served basis while space is available.

New Referrals

To help us provide the best possible care, we ask that all new referrals for the weekly groups participate in a speech and language evaluation at the ARC.

*You may be considered for group enrollment prior to an evaluation if you send a recent evaluation report from another facility along with your application.

Faculty

Elizabeth Hoover, PhD., CCC-SLP, BC-ANCDS

Jerome Kaplan M.A., CCC-SLP

Magdalen (Maggie) Balz, M.S. CCC-SLP
Monday Groups

**Conversation**
This group will address functional communication through talking, gesturing, drawing, and writing. Drawing upon our experiences and interests, participants will practice using effective strategies to exchange ideas and develop connections through communication.

**Meeting time:** Mondays, 10:30–11:45 am  
**Location:** Room 303  
**Faculty:** Jerome Kaplan

**Cognitive Core**
This group will address attention and memory through listening, visual, and other interactive tasks. Attention (concentration and focus) and recall (memory) skills are needed for success at home and within our community. In each session, we will identify the cognitive skills used every day and select one to practice. We will also incorporate strategies that group members can use outside of sessions to increase their communication effectiveness.

Cognitive Core is a new group at the Aphasia Resource Center. It was designed to strengthen the underlying attention and memory skills that support the language system in conversation and listening. This group would be most appropriate for people with aphasia who have mild-moderate deficits and report difficulty with attention/ concentration, working memory, and/ or recalling details. Group members will be most successful if they can comprehend 3-step instructions and speak at the multi-sentence level.

**Meeting time:** Mondays, 10:30–11:45 am  
**Location:** Room 610  
**Faculty:** Maggie Balz

**Film**
This group will feature both classic and contemporary films. Each will be screened over two or three sessions, followed by group discussion of the plot, characters, relationships, and other aspects of the film. The first film of the semester will be “Florence Foster Jenkins” (2016) starring Meryl Streep. Other films will also be considered based on group suggestions and preferences. Even if you've seen these films before, another look will give you an opportunity to discover new things.

**Meeting time:** Mondays, 1:00 – 2:15 pm  
**Location:** Room 101  
**Faculty:** Jerome Kaplan

**Book Group**
This group meets to discuss the content and ideas generated through reading a text. The “book” is ~300 pages in length, and is chosen by the group members from a choice of 4-5 offered texts. Group members may read the text from print or via CD.

**Meeting time:** Mondays, 1:00 – 2:15 pm  
**Location:** Room 643  
**Faculty:** Liz Hoover

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### MONDAY GROUPS MEETING DATES

<table>
<thead>
<tr>
<th>September 25 (First Groups)</th>
<th>November 6</th>
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<tr>
<td>October 2</td>
<td>November 13</td>
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<td>October 16</td>
<td>November 20</td>
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<td>October 23</td>
<td>November 27</td>
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<td>October 30</td>
<td>December 4 (Last Groups)</td>
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Total Communication

This group will incorporate conversational, writing, gestural activities, and other forms of verbal and non-verbal communication. In addition, group members will explore ways in which the iPad can be used as augmentative and alternative communication (AAC). The emphasis will be on effective communication through any means. This group is designed for people with more severe forms of aphasia.

**Meeting time:** Wednesdays, 10:30–11:45 am  
**Location:** Room 303  
**Faculty:** Jerry Kaplan

Caregivers

This group is intended to be a place where caregivers can voice their concerns, ask questions, discuss topics that affect them, and share experiences. Topics which may be addressed include stress, intimacy, loneliness, hope, guilt, hopelessness, as well as other concerns. Caregivers are expected to attend each session—barring unforeseen circumstances—in order to maintain continuity, ensure confidentiality, respect, and empathy among the participants.

**Meeting time:** Wednesdays, 10:30–11:45 am  
**Location:** Room 257  
**Group led by:** Celina Mark

Toastmasters

This group will focus on communicating fluently and concisely when you are speaking in stressful situations such as when you meet new people, are speaking to a large group, or are using the telephone. This group is modeled after the Toastmasters Club, whose philosophy is to learn by doing in a supportive environment. Group members will have the chance to give both prepared and impromptu speeches, and to give feedback to other group members. We will incorporate specific strategies to increase your comfort and skill in speaking in these environments.

**Meeting time:** Wednesdays, 1:00 – 2:15 pm  
**Location:** Room 303  
**Faculty:** Jerry Kaplan

| **WEDNESDAY GROUPS MEETING DATES** |
|-------------------------------|------------------|
| September 27                  | November 1       |
| *(First Groups)*              |                  |
| October 4                     | November 8       |
| October 11                    | November 15      |
| October 18                    | November 29      |
| October 25                    | December 6       |
| *(Last Groups)*               |                  |
Thursday Groups

Community Connection

This group uses structured activities to focus conversation around central themes or ideas and ends with a community visit. In each session, we will work hierarchically through the chosen theme allowing group members to build on vocabulary and increase their communicative effectiveness. In the last week, the group will visit a local place that exemplifies the theme studied throughout the semester. Our aim is to keep each session meaningful and interesting, creating opportunities to share ideas, experiences and have fun.

**Meeting time:** Thursdays, 10:30–11:45 am  
**Location:** Room 303  
**Faculty:** Maggie Balz

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Games

This group will focus on different aspects of language (naming, discourse, gestures, reading and writing) through involvement in different types of age-appropriate games. Games will be chosen on a weekly basis by group consensus to facilitate group members’ communication goals. Group members will also be encouraged to suggest and teach favorite games.

**Meeting time:** Thursdays, 1:00–2:15 pm  
**Location:** Room 236  
**Faculty:** Maggie Balz

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<table>
<thead>
<tr>
<th>THURSDAY GROUPS MEETING DATES</th>
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<td>September 28 (First Groups)</td>
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<td>October 5</td>
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<td>October 12</td>
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<td>October 19</td>
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<td>October 26</td>
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Now in its 28th year, the Aphasia Community Group provides education, support, socialization, and resources for those whose lives have been touched by aphasia and related disorders. Presentations on treatment, recreation, and/or family support are offered by group members and guests. In the last portion of each session, participants meet in small "breakout" sessions to share ideas, feelings, and concerns. Family members meet separately from persons with aphasia. Light snacks and beverages are provided.

Please Note: Weather conditions and other BU events may impact Aphasia Community Group sessions. Before attending please confirm by calling 617.353.0197 for a recorded message or check our website: www.bu.edu/aphasiacenter

Location: BU Sargent College, Room 102
Faculty: Jerome Kaplan
Meeting Time: 11:00 am – 2:00 pm

Aphasia Community Group Dates

Saturday, September 16, 2017
Ice Cream Social

Saturday, October 21, 2017
Attorney Diane Gold

Saturday, November 18, 2017
Lori Tomasetti: Brain Injury Assn. of MA; Bostonality

Saturday, December 9, 2017
Buffasia
(Planned Snow Date: Sunday, December 10th)

Note: There is no ACG session in August
Location and Directions

Sargent College, Boston University
Aphasia Resource Center, Room 607
635 Commonwealth Avenue, Boston MA 02215

**PARKING:**

**Parking at BU is extremely limited.** There are some metered parking spaces in front of the college and on surrounding streets.

**Parking Lots:** There are parking lots which charge a $16 daily rate or $3 per ½ hour. Discount vouchers may be purchased for $10 (each) for the Granby Lot from the front desk on the 6th floor for the Aphasia Resource Center. Only cash or check payment accepted. Please visit this link for lot location and rate details:

www.bu.edu/parking/lots-locations/family-guests-and-visitor-parking/

Purchase of vouchers is not a guarantee of parking in the lots. All parking lots on BU campus are public lots and can be full. It is important to note that if you see empty spots in the lots, these may be reserved for other departments, events, or research groups.

**Granby Lot,** 665 Commonwealth Ave: From Kenmore Square, bear to the right onto Commonwealth Ave. The lot is located on the right on the corner of Granby St.

**Kenmore Lot,** 30 Deerfield St: Located within Kenmore Square, the lot is on the right immediately after you bear onto Commonwealth Ave.

**BY "T":** Take the Green Line "B" train (Boston College) to the "Blandford St." or "Boston University East" stop.
<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Saturday</th>
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<tbody>
<tr>
<td>10:30 – 11:45 am</td>
<td>Conversation Room 303</td>
<td>Total Communication Room 303</td>
<td>Community Connection Room 303</td>
<td>Aphasia Community Group</td>
</tr>
<tr>
<td></td>
<td>Cognitive Core Room 610</td>
<td>Caregivers Room 257 (Berg)</td>
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<td>Sargent College Room 102 11am-2pm</td>
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<tr>
<td>11:45 am – 1:00 pm</td>
<td>Lunch Break (on your own)</td>
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<td></td>
<td>September 16, 2017 October 21, 2017 November 18, 2017 December 9, 2017</td>
</tr>
<tr>
<td>1:00 – 2:15 pm</td>
<td>Film Room 101</td>
<td>Book Group Room 643</td>
<td>Toastmasters Room 303</td>
<td>There is no ACG session in August</td>
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<td></td>
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<td></td>
<td>Games Room 236</td>
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<tr>
<td></td>
<td>Conversation Room 257</td>
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Registration Request Form

ALL FIELDS REQUIRED:

☐ I am a returning member of the Aphasia Resource Center.

or

☐ I am new to the Aphasia Resource Center and:
 ☐ I have included a recent SLP or Neuropsychology report(s) with my registration.

Name: ____________________________________________________________

Address: __________________________________________________________

__________________________________________________________________

City         State       Zip

Phone: ___________________________ Email: __________________________________

What is the best way to reach you? (choose one): ☐ email ☐ phone

*I would like to enroll in _______ (number) groups in total.

Please rank groups of interest in order of preference (#1 being your first choice; 1,2,3)

<table>
<thead>
<tr>
<th>Morning Groups</th>
<th>Monday Groups</th>
<th>Wednesday Groups</th>
<th>Thursday Groups</th>
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<tbody>
<tr>
<td>☐ Conversation</td>
<td>☐ Total Communication</td>
<td>☐ Community Connection</td>
<td></td>
</tr>
<tr>
<td>☐ Cognitive Core</td>
<td>☐ Caregivers Support Group Name: ____________________</td>
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</tbody>
</table>

| Afternoon Groups | | |  |
| ☐ Film | ☐ Toastmasters | ☐ Games |
| ☐ Book Group | | |
| ☐ Conversation | | |

- Registration MUST BE RECEIVED BY Wednesday, September 6, 2017 to receive full consideration.
- Registration requests are not a guarantee of enrollment. We will confirm group enrollment no later than Friday, September 15, 2017.
- There are no fees to attend weekly groups.

___ I am interested in being contacted by the BU research labs (Aphasia Research Lab, Language Science Lab, or Stepp Lab) for participation in aphasia/stroke research studies.

Please fill out form and return by:

- mail to: Aphasia Resource Center, 635 Commonwealth Ave, 6th Floor, Boston, MA 02215
- fax to: (617) 358 – 5460
- email to: aphasiacenter@bu.edu
- or call (617) 353 – 0197