



Aphasia Resource Center



Fall Session 2016

September 26 – December 8, 2016

Sargent College, Boston University
635 Commonwealth Avenue
Boston, MA 02215

(617) 353-0197

www.bu.edu/aphasiacenter

Registration Deadline: Tuesday, September 6, 2016

The **Aphasia Resource Center** is pleased to announce the Fall 2016 Program.

We encourage you to request as many groups as you wish; however, registration requests are not a guarantee of enrollment, so places will be assigned based on your preference.

Enrollment

You may request enrollment by:

1. Completing the form at the end of the packet and mailing it to:

Leslie Caiola
Aphasia Resource Center
635 Commonwealth Ave, 6th Floor
Boston, MA 02215

Please note that applications must be RECEIVED by Tuesday, September 6, 2016.

2. Telephone: (617) 353-0197

3. Email: lesliec@bu.edu

All registration request forms MUST be received by Tuesday, September 6th. You will receive confirmation of your enrollment no later than Thursday, September 15th. Group enrollment numbers will be strictly limited in order to preserve the quality of the treatment, and to maintain safety regulations. Registration requests received after the deadline will be assigned on a first come, first served basis while space is available.

If you wish to enroll in more than one group, please **RANK** the groups according to your preference. Please also indicate the **TOTAL** number of groups you would like to take. **Please note: Registration requests are not a guarantee of enrollment.**

New Referrals: To help us provide the best possible care, we ask that all new referrals for the weekly groups participate in a speech and language evaluation at the ARC. You may be considered for group enrollment prior to an evaluation if you send recent reports along with your application. Please contact us at 617.353.0197 to arrange an evaluation.

Meeting dates and locations can be found on our website:

www.bu.edu/aphasiacenter

Faculty

| | |
|---|------------------------------------|
| Elizabeth Hoover, PhD., CCC-SLP, BC-ANCDS | Jerome Kaplan M.A., CCC-SLP |
| Anne Carney, MS, CCC-SLP | Sue Berger, PhD, OTR/L, BCG, FAOTA |

MONDAY GROUPS

Toastmasters

This group will focus on communicating fluently and concisely when you are speaking in stressful situations such as when you meet new people, are speaking to a large group, or are using the telephone. This group is modeled after the Toastmasters Club, whose philosophy is to learn by doing in a supportive environment. Group members will have the chance to give both prepared and impromptu speeches, and to give feedback to other group members. We will incorporate specific strategies to increase your comfort and skill in speaking in these environments.

Meeting time: Mondays, 10:30 – 11:45 am
Location: Room 303
First meeting: Monday, September 26
Faculty: Jerome Kaplan

Intro to Journaling

This group will introduce participants to journaling as a tool for reflection and communication. Group members may choose to express themselves through any combination of writing, drawing, photography, voice and video. Group members may also use an iPad for storing their journal and support for iPad use will be integrated into weekly sessions.

Meeting time: Mondays, 10:30 – 11:45 am
Location: Room 643
First meeting: Monday, September 26
Faculty: Anne Carney

Aphasia Community Chorus

Music, an essential form of communication, is especially rewarding, inspiring, and empowering for people with aphasia and related disorders. Facilitated by a neurologic music therapist from MedRhythms, LLC, and graduate students, the Aphasia Community Chorus will hold weekly rehearsals leading up to performances during the semester. Previous singing experience is not required. Please join us for this unique and exciting opportunity.

Meeting time: Mondays, 1:00 - 2:15 pm
Location: Room 610
First meeting: Monday, September 26
Faculty: Jerome Kaplan

“In The News”

Many of us enjoy reading or watching the news. In this group, we will practice sharing thoughts and ideas as we discuss current events taking place around the world. We will read and/or watch news articles and discuss these current events. Participants should understand spoken or written language at a paragraph level.

Meeting time: Mondays, 1:00 - 2:15 pm
Location: Room 257
First meeting: Monday, September 26
Faculty: Anne Carney

WEDNESDAY GROUPS

Caregiver Support Group

This group is intended to be a place where caregivers can voice their concerns, ask questions, discuss topics that affect them, and share experiences. Topics which may be addressed include stress, intimacy, loneliness, hope, guilt, hopelessness, as well as other concerns. Caregivers are expected to attend each session--barring unforeseen circumstances--in order to maintain continuity, ensure confidentiality, respect, and empathy among the participants.

**There is no charge for this group, however registration is required.*

Meeting time: Wednesdays, 10:30-11:45 am

Location: Room 257

First meeting: Wednesday, September 28

Facilitator: Celina Mark

Total Communication

This group will incorporate conversational, writing, gestural activities, and other forms of verbal and non-verbal communication. The emphasis will be on effective communication through any means. This group is designed for people with more severe forms of aphasia.

Meeting time: Wednesdays, 10:30-11:45 am

Location: Room 303

First meeting: Wednesday, September 28

Faculty: Jerome Kaplan

Conversation

This group will address functional communication through talking, gesturing, drawing, and writing. Drawing upon our experiences and interests, participants will practice using effective strategies to exchange ideas and develop connections through communication.

Meeting time: Wednesdays, 10:30-11:45 am

Location: Room 643

First meeting: Wednesday, September 28

Faculty: Anne Carney

Film

This group will feature both classic and contemporary films. Each will be screened over two or three sessions, followed by group discussion of the plot, characters, relationships, and other aspects of the film. Even if you've seen these films before, another look will give you an opportunity to discover new things. Among the films being considered are "The Martian" (2015) starring Matt Damon, "Adam's Rib" (1949) starring Spencer Tracy and Katharine Hepburn, and "Lars and the Real Girl" (2007) starring Ryan Gosling and Patricia Clarkson. Other films will also be considered based on group suggestions and preferences.

Meeting time: Wednesdays, 1:00-2:15 pm

Location: Room 236

First meeting: Wednesday, September 28

Faculty: Jerome Kaplan

iPad Basics

This group will begin with an overview of using the iPad and explore ways in which the iPad can be used as augmentative and alternative communication (AAC). Group members will use various apps to support their communication with others (e.g. Maps, Camera/Photos, Skype/FaceTime, Safari, Calendar, etc). The group will also review the iPad's accessibility features (e.g. text to speech). Owning an iPad is not required for participation. However, please indicate on the application form if you have an iPad. This group is designed for people who are relatively new to the iPad.

Meeting time: Wednesdays, 1:00-2:15 pm

Location: Room 303

First meeting: Wednesday, September 28

Faculty: Anne Carney

THURSDAY GROUPS

Book Group

This group meets to discuss the content and ideas generated through reading a text. The "book" is ~300 pages in length, and is chosen by the group members from a choice of 4-5 offered texts. Group members may read the text from print or via CD.

Meeting time: Thursdays, 10:30-11:45 am

Location: Room 257

First meeting: Thursday, September 29

Faculty: Elizabeth Hoover

How to Outsmart Your Smart Phone

Join us to learn the many features of your smart phone. The specific features we address will depend on class interest but may include silencing the ringer, changing the ringer sound, checking messages, setting alarms, taking and viewing photos, and uploading and using free apps such as FaceTime/Skype, music, flashlights, and others.

Meeting time: Thursdays, 10:30-11:45 am

Location: Room 107

First meeting: Thursday, September 29

Faculty: Sue Berger

Games Group

This group will focus on different aspects of language (naming, discourse, gestures, reading and writing) through involvement in different types of age-appropriate games. Games will be chosen on a weekly basis by group consensus to facilitate group members' communication goals. Group members will also be encouraged to suggest and teach favorite games.

Meeting time: Thursdays, 1:00 - 2:15 pm

Location: Room 257

First meeting: Thursday, September 29

Faculty: Elizabeth Hoover

Group Meeting Dates

MONDAY GROUPS

| | |
|--------------------------------|------------------------------|
| Sep 26 (<i>First Groups</i>) | Nov 7 |
| Oct 3 | Nov 14 |
| Oct 10 NO GROUPS | Nov 21 |
| Oct 17 | Nov 28 |
| Oct 24 | Dec 5 (<i>Last Groups</i>) |
| Oct 31 | |

WEDNESDAY GROUPS

| | |
|--------------------------------|------------------------------|
| Sep 28 (<i>First Groups</i>) | Nov 9 |
| Oct 5 | Nov 16 |
| Oct 12 | Nov 23 NO GROUPS |
| Oct 19 | Nov 30 |
| Oct 26 | Dec 7 (<i>Last Groups</i>) |
| Nov 2 | |

THURSDAY GROUPS

| | |
|--------------------------------|------------------------------|
| Sep 29 (<i>First Groups</i>) | Nov 10 |
| Oct 6 | Nov 17 NO GROUPS |
| Oct 13 | Nov 24 NO GROUPS |
| Oct 20 | Dec 1 |
| Oct 27 | Dec 8 (<i>Last Groups</i>) |
| Nov 3 | |

Aphasia Community Group

Now in its 27th year, the Aphasia Community Group provides education, support, socialization, and resources for those whose lives have been touched by aphasia and related disorders. Presentations on treatment, recreation, and/or family support are offered by group members and guests. In the last portion of each session, participants meet in small "breakout" sessions to share ideas, feelings, and concerns. Family members meet separately from persons with aphasia. Light snacks and beverages are provided.

There is NO charge for this group.

Please Note: Weather conditions and other BU events may impact Aphasia Community Group sessions. Before attending please confirm by calling 617.353.0197 for a recorded message or check our website: <http://www.bu.edu/aphasiacenter/current-programs/aphasia-community-group/>

Aphasia Community Group Dates

September 10, 2016

October 15, 2016

November 12, 2016

December 17, 2016

Note: there is no session in August

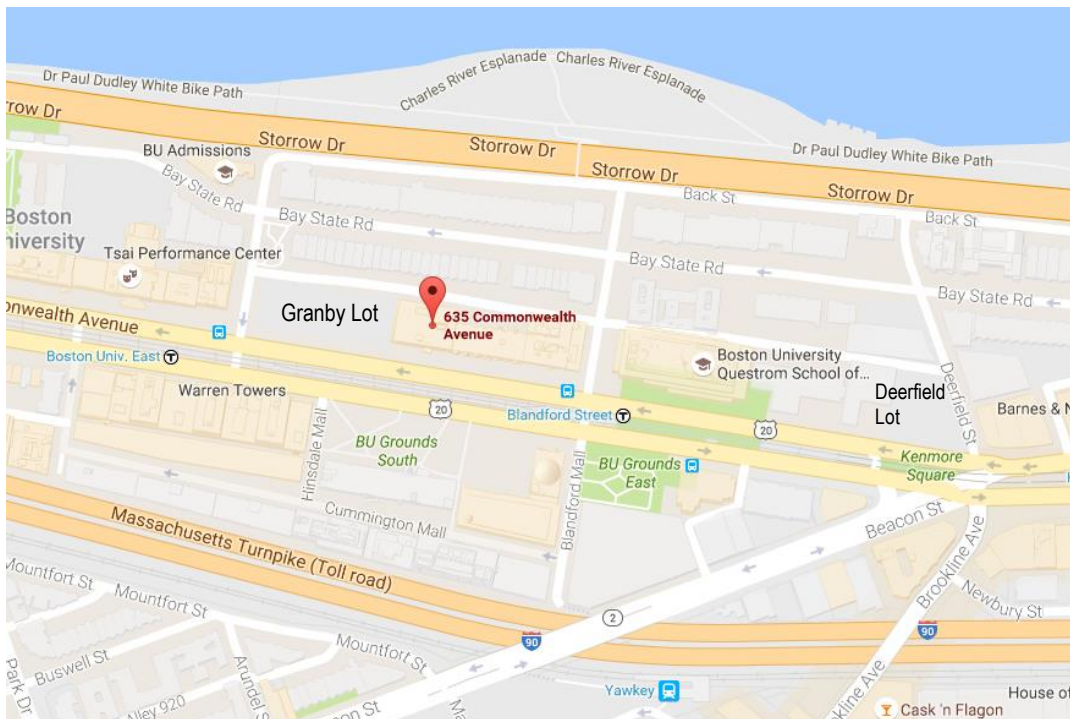
Location: BU Sargent College, Room 102

Faculty: Jerome Kaplan

Meeting Time: 11:00 am – 2:00 pm

LOCATION AND DIRECTIONS:

Aphasia Resource Center, **Room 607**
Sargent College, Boston University
635 Commonwealth Avenue, Boston MA 02215



PARKING:

Parking at BU is limited. There are some metered parking spaces in front of the college and on surrounding streets. There are other lots which charge a \$15 daily rate. Discount **vouchers may be purchased for \$10 (each)** from Leslie Caiola on the 6th floor for the Aphasia Resource Center. Cash or check payment accepted.

Granby Lot, 665 Commonwealth Ave: From Kenmore Square, bear to the right onto Commonwealth Ave. The lot is located on the right on the corner of Granby St.






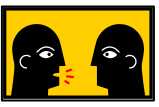








Deerfield Lot, 30 Deerfield St: Located within Kenmore Square, the lot is on the right immediately after you bear onto Commonwealth Ave.

BY "T": Take the Green Line "B" train (Boston College) to the "Blandford St." or "Boston University East" stop.

Student Involvement:

The Academic Speech, Language and Hearing Center at Sargent College, Boston University trains students who wish to become speech-language pathologists and audiologists. The ARC, in keeping with this academic policy, will allow graduate students the opportunity to participate in facilitating all aphasia group sessions. All treatment sessions will be supervised by a licensed speech-language pathologist, in accordance with ASHA policy.

Each client of the Aphasia Resource Center is therefore asked to give consent to the observation and recording of sessions involving the client, and to the use of these recordings and other information regarding the client for purposes related to student education.

| | Monday | Wednesday | Thursday | Saturday |
|--------------------|--|--|--|--|
| 10:30 – 11:45 am |  Toastmasters Room 303 |  Total Communication Room 303 |  Book Group Room 257 | Aphasia Community Group  11am-2pm Sargent College Room 102 September 10, 2016 October 15, 2016 November 12, 2016 December 17, 2016 <i>Note: there is no session in August</i> |
| |  Intro to Journaling Room 643 |  Conversation Room 643 | | |
| 11:45 am – 1:00 pm |  Lunch Break (on your own) |  Lunch Break (on your own) |  Lunch Break (on your own) | |
| 1:00 – 2:15 pm |  Aphasia Community Chorus Room 610 |  Film Room 236 |  Games Group Room 257 | |
| |  In the News Room 257 |  iPad Basics Room 303 | | |

Registration Request Form:

Please detach and mail to:

Leslie Caiola
Aphasia Resource Center at Boston University
635 Commonwealth Avenue, 6th Floor
Boston, MA 02215

REQUIRED:

- I am new to the Aphasia Resource Center
 - I have included a recent SLP or Neuropsychology report(s) from other facilities where I have received treatment with my registration
 - I am a returning member of the Aphasia Resource Center
-

Name: _____

Address: _____

City _____ State _____ Zip _____

Phone: _____ Email: _____

I would like to enroll in _____ (number) groups in total.

Please **rank** groups of interest in order of preference (#1 being your first choice; 1,2,3)

| Monday Groups | Wednesday Groups | Thursday Groups |
|--|--|--|
| <input type="checkbox"/> Toastmasters (Mon am) | <input type="checkbox"/> Total Communication (Wed am) | <input type="checkbox"/> Book Group (Thurs am) |
| <input type="checkbox"/> Intro to Journaling (Mon am) | <input type="checkbox"/> Conversation (Wed am) | <input type="checkbox"/> How to Outsmart Your Smart Phone (Thurs am) |
| <input type="checkbox"/> Aphasia Community Chorus (Mon pm) | <input type="checkbox"/> Caregivers Support Group (Wed am) | <input type="checkbox"/> Games Group (Thurs pm) |
| <input type="checkbox"/> In the News (Mon pm) | <input type="checkbox"/> Film (Wed pm) | |
| | <input type="checkbox"/> iPad Basics (Wed pm) | |

- Registration requests **MUST BE RECEIVED BY Tuesday, September 6, 2016** to receive full consideration.
- Registration requests are not a guarantee of enrollment. We will confirm group enrollment no later than Thursday, September 15th.

____ I am interested in being contacted by the Aphasia Research Lab, Language Science Lab, or Stepp Lab for participation in aphasia/stroke research studies.