



# Aphasia Resource Center



Spring Session 2016

February 1 – April 25, 2016

Sargent College, Boston University  
635 Commonwealth Avenue,  
Boston, MA 02215

(617) 353-0197

<http://www.bu.edu/aphasiacenter>

Registration Deadline: Friday, January 8, 2016

The **Aphasia Resource Center** is pleased to announce the Spring 2016 Program. All weekly treatment groups are offered on Mondays or Wednesdays, from February 1<sup>st</sup>, to April 25<sup>th</sup>. We encourage you to request as many groups as you wish; however, registration requests are not a guarantee of enrollment, so places will be assigned based on your preference.

## Enrollment

You may request enrollment by:

1. Completing the form at the end of the packet and mailing it to (Please Note that Applications must be RECEIVED at BU by Friday, January 8<sup>th</sup>):  
Elise Spencer  
Aphasia Resource Center  
635 Commonwealth Ave  
Boston MA 02215
2. Telephone: (617) 353-0197
3. Email: [elisejs@bu.edu](mailto:elisejs@bu.edu)

**All registration request forms MUST be received by Friday, January 8<sup>th</sup>.** You will receive confirmation of your enrollment no later than Wednesday, January 20<sup>th</sup>. Group enrollment numbers will be strictly limited in order to preserve the quality of the treatment, and to maintain safety regulations. Registration requests received after the deadline will be assigned on a first come, first served basis while space is available.

If you wish to enroll in more than one group, please **RANK** the groups according to your preference. Please also indicate the **TOTAL** number of groups you would like to take.

**Please note: Registration requests are not a guarantee of enrollment.**

**New Referrals:** To help us provide the best possible care, we ask that all new referrals for the weekly groups participate in a speech and language evaluation at the ARC. You may be considered for group enrollment prior to an evaluation if you send recent reports along with your application.

This stipulation *does not* apply to the monthly Aphasia Community Group.

**Meeting dates and locations can be found on our website:**

[www.bu.edu/aphasiacenter](http://www.bu.edu/aphasiacenter).

## Fees

**\$100 for each group in which you are enrolled.** You will receive an invoice for your groups around the third week of session. Please DO NOT send payment with your registration request. We accept cash or checks payable to: Trustees of Boston University/ARC.

## Faculty

Elizabeth Hoover, PhD., CCC-SLP, BC-ANCDS	Jerome Kaplan M.A., CCC-SLP
Anne Carney, MS, CCC-SLP	Sarah McKinnon, MS, OTR/L

## **MONDAY GROUPS**

### **Book Group**

This group meets to discuss the content and ideas generated through reading a text. The “book” is ~300 pages in length, and is chosen by the group members from a choice of 4-5 offered texts. Group members may read the text from print or via CD.

Meeting time: Mondays, 10:30-11:45am  
Location: Room 303 (Third Floor)  
First meeting: Monday, February 1<sup>st</sup>  
Faculty: Elizabeth Hoover

### **Toastmasters**

This group will focus on communicating fluently and concisely when you are speaking in stressful situations such as when you meet new people, are speaking to a large group, or are using the telephone. This group is modeled after the Toastmasters Club, whose philosophy is to learn by doing in a supportive environment. Group members will have the chance to give both prepared and impromptu speeches, and to give feedback to other group members. We will incorporate specific strategies to increase your comfort and skill in speaking in these environments.

Meeting time: Mondays, 10:30 – 11:45  
Location: Room 610 (6<sup>th</sup> floor)  
First meeting: Monday, February 1<sup>st</sup>  
Faculty: Jerome Kaplan

### **Language Games**

This group will focus on different aspects of language (naming, discourse, gestures, reading and writing) through involvement in different types of age-appropriate games. Games will be chosen on a weekly basis by group consensus to facilitate group members' communication goals. Group members will also be encouraged to suggest and teach favorite games.

Meeting time: Mondays, 1:00 - 2:15pm  
Location: 303 (3<sup>rd</sup> floor)  
First meeting: Monday, February 1<sup>st</sup>  
Faculty: Liz Hoover

### **Aphasia Community Chorus**

Music, an essential form of communication, is especially rewarding, inspiring, and empowering for people with aphasia and related disorders. Facilitated by a music director, a neurologic music therapist from MedRhythms, LLC, and graduate students, the Aphasia Community Chorus will hold weekly rehearsals leading up to performances during the semester. Previous singing experience is not required. Please join us for this unique and exciting opportunity.

Meeting time: Mondays, 1:00 - 2:30pm  
Location: 610 (6<sup>th</sup> Floor)  
First meeting: Monday, February 1<sup>st</sup>  
Faculty: Jerome Kaplan, Caitlin Hyatt

## **WEDNESDAY GROUPS**

### **Conversation**

This group will address functional communication through talking, gesturing, drawing, and writing. Drawing upon our experiences and interests, participants will practice using effective strategies to exchange ideas and develop connections through communication.

Meeting time: Wednesdays, 10:30-11:45am  
Location: Room 643 (6<sup>th</sup> Floor)  
First meeting: Wednesday, February 3<sup>rd</sup>  
Faculty: Anne Carney

### **Total Communication**

This group will incorporate conversational, writing, gestural activities, and other forms of verbal and non-verbal communication. The emphasis will be on effective communication through any means. This group is designed for people with more severe forms of aphasia.

Meeting time: Wednesdays, 10:30-11:45am  
Location: Room 303 (3<sup>rd</sup> floor)  
First meeting: Wednesday, February 3<sup>rd</sup>  
Faculty: Jerome Kaplan

## WEDNESDAY GROUPS (cont'd)

### Caregiver Support Group

This group is intended to be a place where caregivers can voice their concerns, ask questions, discuss topics that affect them, and share experiences. Topics which may be addressed include stress, intimacy, loneliness, hope, guilt, hopelessness, as well as other concerns. There is no charge for this group. However, registration is required. Caregivers are expected to attend each session--barring unforeseen circumstances--in order to maintain continuity, ensure confidentiality, respect, and empathy among the participants. *There is no charge for this group.*

Meeting time: Wednesdays, 10:30-11:45am

Location: Room 257 (2<sup>nd</sup> floor)

First meeting: Wednesday, February 3<sup>rd</sup>

Facilitator: Celina Mark

### Community Service Group

Join us weekly as we explore ways to help others in need. We will work together to choose projects that are within our abilities. Some ideas include writing letters or sending care packages to service men and women, making hats for newborns, holding bake sales to raise funds to donate to a worthy cause, the possibilities are limitless. Participate in this new group and feel the benefits of helping others less fortunate than ourselves

Meeting time: Wednesdays, 10:30-11:45am

Location: 417 (4<sup>th</sup> Floor)

First meeting: Wednesday, February 3<sup>rd</sup>

Faculty: Sarah McKinnon

### Film

This group will feature both classic and contemporary films. Each will be screened over two or three sessions, followed by group discussion of the plot, characters, relationships, and other aspects of the film. Even if you've seen these films before, another look will give you an opportunity to discover new things.

Meeting time: Wednesdays, 1:00-2:15pm

Location: TBA

First meeting: Wednesday, February 3<sup>rd</sup>

Faculty: Jerome Kaplan

### iPAD Basics and iPAD as AAC

This group will begin with an overview of using the iPad and explore ways in which the iPad can be used as augmentative and alternative communication (AAC). Group members will use various apps to support their communication with others (e.g. *Maps, Camera/Photos, Skype/FaceTime, Safari, Calendar*, etc). The group will also review the iPad's accessibility features (e.g. text to speech, reader, etc). Group participants will be given regular homework assignments. Owning an iPad is not required for participation. However, please indicate on the application form if you have an iPad. This group is designed for people who are relatively new to the iPad.

Meeting time: Wednesdays, 1:00-2:15pm

Location: 303 (3<sup>rd</sup> Floor)

First meeting: Wednesday, February 3<sup>rd</sup>

Faculty: Anne Carney

### *Group Meeting Dates*

#### MONDAY GROUPS

Feb 1 ( <i>First Groups</i> )	Mar 14
Feb 8	Mar 21
Feb 15 <b>NO GROUPS</b>	Mar 28
Feb 22	Apr 4
Feb 29	Apr 11
Mar 7 <b>NO GROUPS</b>	Apr 18 <b>NO GROUPS</b>
Apr 25 ( <i>Last Groups</i> )	

#### WEDNESDAY GROUPS

Feb 3 ( <i>First Groups</i> )	Mar 16
Feb 10	Mar 23
Feb 17	Mar 30
Feb 24	Apr 6
Mar 2	Apr 13
Mar 9 <b>NO GROUPS</b>	Apr 20 ( <i>Last Groups</i> )
May 2 ( <b>Chorus Only</b> )	

## Aphasia Community Group















Now in its 27<sup>th</sup> year, the Aphasia Community Group provides education, support, socialization, and resources for those whose lives have been touched by aphasia and related disorders. Presentations on treatment, recreation, and/or family support are offered by group members and guests. In the last portion of each session, participants meet in small "breakout" sessions to share ideas, feelings, and concerns. Family members meet separately from persons with aphasia. Light snacks and beverages are provided. There is NO charge for this group.

*Please Note: Weather conditions and other BU events may impact Aphasia Community Group sessions. Before attending please confirm by calling 617.353.0197 for a recorded message or check our website: <http://www.bu.edu/aphasiacenter/current-programs/aphasia-community-group/>.*



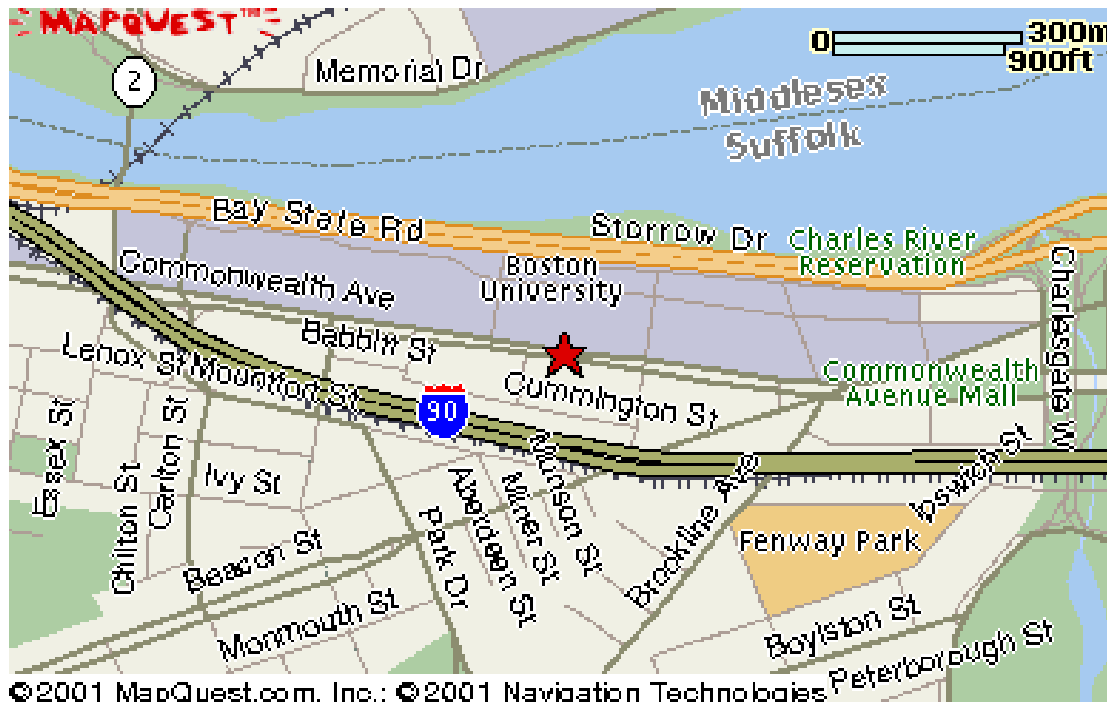
**January 30, 2016**  
**February 27, 2016**  
**March 26, 2016**  
**April 30, 2016**  
**May 21, 2016**  
**June 25, 2016**  
**July 30, 2016**  
**August 27, 2016**  
**September 17, 2016**  
**October 15, 2016**  
**November 12, 2016**  
**December 17, 2016**

Location: BU Sargent College, Room 102  
Faculty: Jerome Kaplan; Meeting dates: Saturdays, 11am-2pm

	<b>Aphasia Resource Center</b> <b>FALL 2015</b>		
	<b>Monday</b>	<b>Wednesday</b>	<b>Saturday</b>
10:30-11:45	 Book Group Room 303   Toastmasters Room 610	<div>   </div> <div>           Conversation Room 643           <span>             Total Communication Room 303           </span> </div> <div>   </div> <div>           Care-Giver Support Group Room 257           <span>             Community Service Group Room 417           </span> </div>	<b>Aphasia Community Group</b>   11am-2pm  Sargent College Room 102
11:45-1:00	 LUNCH BREAK (on your own)	 LUNCH BREAK (on your own)	<b>January 30, 2016</b> <b>February 27, 2016</b> <b>March 26, 2016</b> <b>April 30, 2016</b> <b>May 21, 2016</b> <b>June 25, 2016</b> <b>July 30, 2016</b> <b>August 27, 2016</b> <b>September 17, 2016</b> <b>October 15, 2016</b> <b>November 12, 2016</b> <b>December 17, 2016</b>
1:00-2:15	 Aphasia Community Chorus Room 610 (until 2:30)   Language Games Room 303	 Film Group Room: TBA   iPad Basics and iPad as AAC Room 303	

## LOCATION AND DIRECTIONS:

Aphasia Resource Center, **Room 607**  
Sargent College, Boston University  
635 Commonwealth Avenue, Boston MA 02215



## PARKING:

**Parking at BU is limited.** There are some metered parking spaces in front of the college and on surrounding streets. There are other lots which charge a \$15 daily rate. Discount **vouchers may be purchased for \$10 (each)** from Elise Spencer on the 6<sup>th</sup> floor for the Aphasia Resource Center.

**Granby Lot**, 665 Commonwealth Ave: From Kenmore Square, bear to the right onto Commonwealth Ave. The lot is located on the right on the corner of Granby St.

**Deerfield Lot**, 30 Deerfield St: Located within Kenmore Square, the lot is on the right immediately after you bear onto Commonwealth Ave.

**BY "T":** Take the Green Line "B" train (Boston College) to the "Blandford St." or "Boston University East" stop.

## Student Involvement:

The Academic Speech, Language and Hearing Center at Sargent College, Boston University trains students who wish to become speech-language pathologists and audiologists. The ARC, in keeping with this academic policy, will allow graduate students the opportunity to participate in facilitating all aphasia group sessions. All treatment sessions will be supervised by a licensed speech-language pathologist, in accordance with ASHA policy.

Each client of the Aphasia Resource Center is therefore asked to give consent to the observation and recording of sessions involving the client, and to the use of these recordings and other information regarding the client for purposes related to student education.

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**Registration Request Form:**

Please detach and mail to:

Elise Spencer  
Aphasia Resource Center at Boston University 6<sup>th</sup> FL  
635 Commonwealth Avenue  
Boston, MA 02215

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**REQUIRED:**

- ☐ I am new to the Aphasia Resource Center
- ☐ I have included a recent SLP or Neuropsychology report(s) from other facilities where I have received treatment with my registration
- ☐ I am a returning member of the Aphasia Resource Center
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Name: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

I would like to enroll in \_\_\_\_\_ (number) groups in total.

Please **rank** groups of interest in order of preference (#1 being your first choice; 1,2,3)

Monday Groups	Wednesday Groups
<input type="checkbox"/> Book Group (Mon am)	<input type="checkbox"/> Conversation (Wed am)
<input type="checkbox"/> Toastmasters (Mon am)	<input type="checkbox"/> Total Communication (Wed am)
<input type="checkbox"/> Language Games (Mon pm)	<input type="checkbox"/> Caregivers Support Group (Wed am)
<input type="checkbox"/> Chorus (Monday pm)	<input type="checkbox"/> Community Service Group (Wed am)
	<input type="checkbox"/> Film (Wed pm)
	<input type="checkbox"/> iPad Basics (Wed pm)

- Registration requests **MUST BE RECEIVED BY Friday, January 8<sup>th</sup>** to receive full consideration.
- Registration requests are not a guarantee of enrollment. We will confirm group enrollment no later than Wednesday, January 20<sup>th</sup>.

\_\_\_\_ I am interested in being contacted by the Aphasia Research Lab, Language Science Lab, or Stepp Lab for participation in aphasia/stroke research studies.

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