



Aphasia Resource Center



Fall Session 2015

September 28 – December 9, 2015

Sargent College, Boston University
635 Commonwealth Avenue,
Boston, MA 02215

(617) 353-0197

<http://www.bu.edu/aphasiacenter>

Registration Deadline: Friday, September 4, 2015

The **Aphasia Resource Center** is pleased to announce the Fall, 2015 Program. All weekly treatment groups are offered on Mondays or Wednesdays, from September 28th to December 9th. We encourage you to request as many groups as you wish; however, registration requests are not a guarantee of enrollment, so places will be assigned based on your preference.

Enrollment

You may request enrollment by:

1. Completing the form at the end of the packet and mailing it to (Please Note that Applications must be RECEIVED at BU by Friday, Sept. 4th):
Elise Spencer
Aphasia Resource Center
635 Commonwealth Ave
Boston MA 02215
2. Telephone: (617) 353-0197
3. Email: elisejs@bu.edu

All registration request forms MUST be received by Friday, September 4th. You will receive confirmation of your enrollment no later than Friday, September 18th. Group enrollment numbers will be strictly limited in order to preserve the quality of the treatment, and to maintain safety regulations. Registration requests received after the deadline will be assigned on a first come, first served basis while space is available.

If you wish to enroll in more than one group, please **RANK** the groups according to your preference. Please also indicate the **TOTAL** number of groups you would like to take.

Please note: Registration requests are not a guarantee of enrollment.

New Referrals: To help us provide the best possible care, we ask that all new referrals for the weekly groups participate in a speech and language evaluation at the ARC. You may be considered for group enrollment prior to an evaluation if you send recent reports along with your application.

This stipulation *does not* apply to the monthly Aphasia Community Group.

Meeting dates and locations can be found on our website:

www.bu.edu/aphasiacenter.

Fees

\$100 for each group in which you are enrolled. You will receive an invoice for your groups around the third week of session. Please DO NOT send payment with your registration request. We accept cash or checks payable to: Trustees of Boston University/ARC.

Faculty

Elizabeth Hoover, PhD., CCC-SLP, BC-ANCDS	Jerome Kaplan M.A., CCC-SLP
Anne Carney, MS, CCC-SLP	

MONDAY GROUPS

Book Group

This group meets to discuss the content and ideas generated through reading a text. The “book” is ~300 pages in length, and is chosen by the group members from a choice of 4-5 offered texts. Group members may read the text from print or via CD.

Meeting time: Mondays, 10:30-11:45am
Location: Room 257 (Second Floor)
First meeting: Monday, September 28th
Faculty: Elizabeth Hoover

Toastmasters

This group will focus on communicating fluently and concisely when you are speaking in stressful situations such as when you meet new people, are speaking to a large group, or are using the telephone. This group is modeled after the Toastmasters Club, whose philosophy is to learn by doing in a supportive environment. Group members will have the chance to give both prepared and impromptu speeches, and to give feedback to other group members. We will incorporate specific strategies to increase your comfort and skill in speaking in these environments.

Meeting time: Mondays, 10:30 – 11:45
Location: Room 303 (3rd floor)
First meeting: Monday, September 28th
Faculty: Jerome Kaplan

Newsletter

Many individuals with aphasia struggle to produce written language. This group will focus on the fundamentals of writing simple sentences, working towards more complex narratives. At the end of the semester, the group will produce a Newsletter, the Aphasia Times, on behalf of the Aphasia Resource Center. Group members will be encouraged to work on specific tasks designed to meet their individual writing goals.

Meeting time: Mondays, 1:00 - 2:15pm
Location: 303 (3rd floor)
First meeting: Monday, September 28th
Faculty: Liz Hoover

Aphasia Community Chorus

Music, an essential form of communication, is especially rewarding, inspiring, and empowering for people with aphasia and related disorders. Facilitated by a music director, a neurologic music therapist from MedRhythms, LLC, and graduate students, the Aphasia Community Chorus will hold weekly rehearsals leading up to performances during the semester. Previous singing experience is not required. Please join us for this unique and exciting opportunity.

Meeting time: Mondays, 1:00 - 2:15pm
Location: TBA
First meeting: Monday, September 28th
Faculty: Jerome Kaplan, Caitlin Hyatt

WEDNESDAY GROUPS

Conversation

This group will address functional communication through talking, gesturing, drawing, and writing. Drawing upon our experiences and interests, participants will practice using effective strategies to exchange ideas and develop connections through communication.

Meeting time: Wednesdays, 10:30-11:45am
Location: Room 303 (3rd Floor)
First meeting: Wednesday, September 30th
Faculty: Anne Carney

Total Communication

This group will incorporate conversational, writing, gestural activities, and other forms of verbal and non-verbal communication. The emphasis will be on effective communication through any means. This group is designed for people with more severe forms of aphasia.

Meeting time: Wednesdays, 10:30-11:45am
Location: Room 643 (6th floor)
First meeting: Wednesday, September 30th
Faculty: Jerome Kaplan

WEDNESDAY GROUPS (cont'd)

Caregiver Support Group

This group is intended to be a place where caregivers can voice their concerns, ask questions, discuss topics that affect them, and share experiences. Topics which may be addressed include stress, intimacy, loneliness, hope, guilt, hopelessness, as well as other concerns. There is no charge for this group. However, registration is required. Caregivers are expected to attend each session--barring unforeseen circumstances--in order to maintain continuity, ensure confidentiality, respect, and empathy among the participants. *There is no charge for this group.*

Meeting time: Wednesdays, 10:30-11:45am

Location: Room 257 (2nd floor)

First meeting: Wednesday, September 30th

Facilitator: Celina Mark

Community Connection

This group uses structured activities to focus conversation around central themes or ideas and ends with a community visit. In each session, we will work hierarchically through the chosen theme allowing group members to build on vocabulary and increase their communicative effectiveness. In the last week, the group will visit a local place that exemplifies the theme studied throughout the semester. Our aim is to keep each session meaningful and interesting, creating opportunities to share ideas, experiences and have fun.

Meeting time: Wednesdays, 1-2:15pm

Location: 303 (3rd Floor)

First meeting: Wednesday, September 30th

Faculty: Anne Carney

Film

This group will feature both classic and contemporary films. Each will be screened over two or three sessions, followed by group discussion of the plot, characters, relationships, and other aspects of the film. Even if you've seen these films before, another look will give you an opportunity to discover new things.

Meeting time: Wednesdays, 1:00-2:15pm

Location: TBA

First meeting: Wednesday, September 30th

Faculty: Jerome Kaplan

Group Meeting Dates

MONDAY GROUPS

Sept. 28 (<i>First Groups</i>)	Nov 2
Oct 5	Nov 9
Oct 12 NO GROUPS	Nov 16
Oct 19	Nov 23
Oct 26	Nov 30
	Dec 7 (<i>Last Groups</i>)

WEDNESDAY GROUPS

Sept 30 (<i>First Groups</i>)	Nov 4
Oct 7	Nov 11 (<i>Groups will be held</i>)
Oct 14	Nov 18
Oct 21	Nov 25 NO GROUPS
Oct 28	Dec 2
	Dec 9 (<i>Last Groups</i>)

Aphasia Community Group

Now in its 26th year, the Aphasia Community Group provides education, support, socialization, and resources for those whose lives have been touched by aphasia and related disorders. Presentations on treatment, recreation, and/or family support are offered by group members and guests. In the last portion of each session, participants meet in small "breakout" sessions to share ideas, feelings, and concerns. Family members meet separately from persons with aphasia. Light snacks and beverages are provided. There is NO charge for this group.

Please Note: Weather conditions and other BU events may impact Aphasia Community Group sessions. Before attending please confirm by calling 617.353.0197 for a recorded message or check our website: <http://www.bu.edu/aphasiacenter/current-programs/aphasia-community-group/>.



August 22, 2015 (Ice Cream Social)

September 19, 2015

October 17, 2015

November 21, 2015

December 19, 2015 ("Buffasia")

["Rain check" date Dec. 20th]

January 30, 2016

February 27, 2016

March 26, 2016

April 30, 2016

May 21, 2016



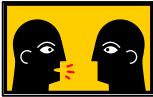









June 25, 2016

Location: BU Sargent College, Room 102
Faculty: Jerome Kaplan; Meeting dates: Saturdays, 11am-2pm



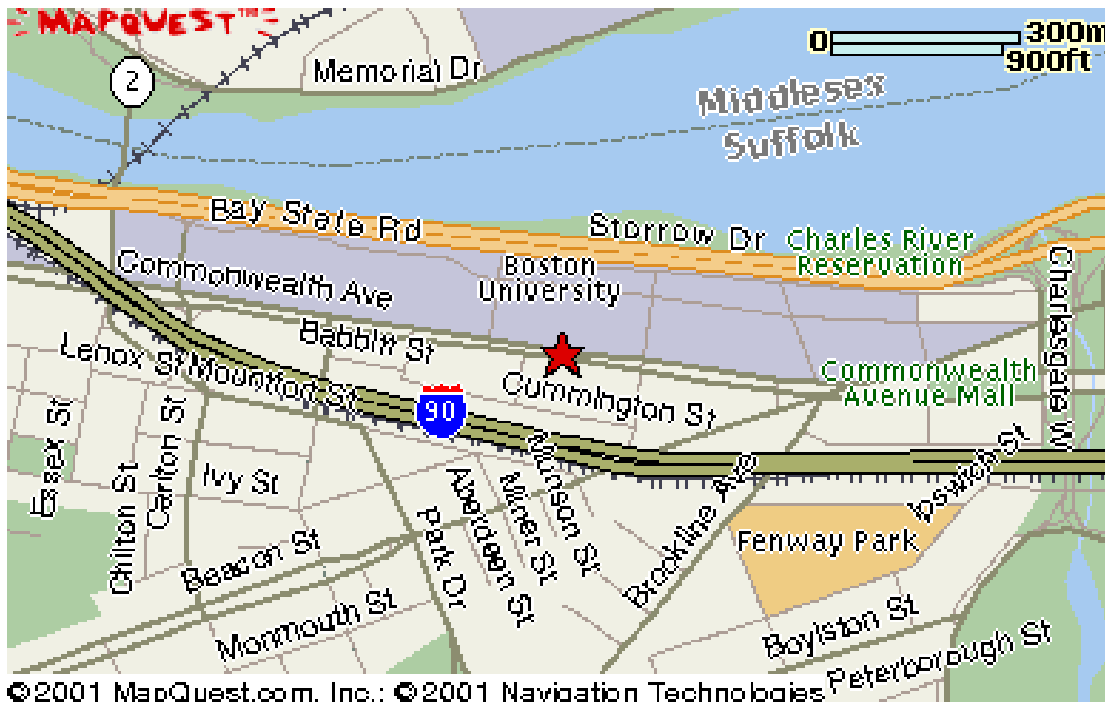
Aphasia Resource Center

FALL 2015

	Monday	Wednesday	Saturday
10:30-11:45	 <p>Book Group Room 257</p>  <p>Toastmasters Room 303</p>	 <p>Conversation Room 303</p>  <p>Total Communication Room 643</p>  <p>Care-Giver Support Group Room 257</p>	<p>Aphasia Community Group</p>  <p>11am-2pm</p> <p>Sargent College Room 102</p> <p>August 22, 2015 (Ice Cream Social) September 19, 2015 October 17, 2015 November 21, 2015 December 19, 2015 ("Buffasia") ["Rain check" date Dec. 20th] January 30, 2016 February 27, 2016 March 26, 2016 April 30, 2016 May 21, 2016 June 25, 2016</p>
11:45-1:00	 <p>LUNCH BREAK (on your own)</p>	 <p>LUNCH BREAK (on your own)</p>	
1:00-2:15	 <p>Aphasia Community Chorus Room 610</p>  <p>Newsletter Room 303</p>	 <p>Film Group Room: 643</p>  <p>Community Connection Room 303</p>	

LOCATION AND DIRECTIONS:

Aphasia Resource Center, **Room 607**
Sargent College, Boston University
635 Commonwealth Avenue, Boston MA 02215



PARKING:

Parking at BU is limited. There are some metered parking spaces in front of the college and on surrounding streets. There are other lots which charge a \$12 daily rate. Discount **vouchers may be purchased for \$8 (each)** from Elise Spencer on the 6th floor for the Aphasia Resource Center.

Granby Lot, 665 Commonwealth Ave: From Kenmore Square, bear to the right onto Commonwealth Ave. The lot is located on the right on the corner of Granby St.

Deerfield Lot, 30 Deerfield St: Located within Kenmore Square, the lot is on the right immediately after you bear onto Commonwealth Ave.

BY "T": Take the Green Line "B" train (Boston College) to the "Blandford St." or "Boston University East" stop.

Student Involvement:

The Academic Speech, Language and Hearing Center at Sargent College, Boston University trains students who wish to become speech-language pathologists and audiologists. The ARC, in keeping with this academic policy, will allow graduate students the opportunity to participate in facilitating all aphasia group sessions. All treatment sessions will be supervised by a licensed speech-language pathologist, in accordance with ASHA policy.

Each client of the Aphasia Resource Center is therefore asked to give consent to the observation and recording of sessions involving the client, and to the use of these recordings and other information regarding the client for purposes related to student education.

Registration Request Form:

Please detach and mail to:

Elise Spencer
Aphasia Resource Center at Boston University 6th FL
635 Commonwealth Avenue
Boston, MA 02215

REQUIRED:

- I am new to the Aphasia Resource Center
 - I have included a recent SLP or Neuropsychology report(s) from other facilities where I have received treatment with my registration
 - I am a returning member of the Aphasia Resource Center
-

Name: _____

Address: _____

City _____ State _____ Zip _____

Phone: _____ Email: _____

I would like to enroll in _____ (number) groups in total.

Please **rank** groups of interest in order of preference (#1 being your first choice; 1,2,3)**Monday Groups****Wednesday Groups**

<input type="checkbox"/> Book Group (Mon am)	<input type="checkbox"/> Conversation (Wed am)
<input type="checkbox"/> Toastmasters (Mon am)	<input type="checkbox"/> Total Communication (Wed am)
<input type="checkbox"/> Newsletter (Mon pm)	<input type="checkbox"/> Caregivers Support Group (Wed am)
<input type="checkbox"/> Chorus (Monday pm)	<input type="checkbox"/> Community Connection (Wed pm)
	<input type="checkbox"/> Film (Wed pm)

- Registration requests **MUST BE RECEIVED BY Friday, Sept 4th** to receive full consideration.
- Registration requests are not a guarantee of enrollment. We will confirm group enrollment no later than Friday, September 18th.

____ I am interested in being contacted by the Aphasia Research Lab, Language Science Lab, or Stepp Lab for participation in aphasia/stroke research studies.
