



Aphasia Resource Center



Spring Session 2018

January 29, 2018 – April 30, 2018

Sargent College, Boston University
635 Commonwealth Avenue
Boston, MA 02215

(617) 353 – 0197

www.bu.edu/aphasiacenter
aphasiacenter@bu.edu

Registration Deadline: Friday, January 5, 2018

Registration

The **Aphasia Resource Center** is pleased to announce the Spring 2018 Program.

Enrollment

You may request enrollment by completing the form at the end of the packet. If you are new to groups, please see the section “*New Referrals*” below. Forms can be completed and sent by:

1. Mail to:
Boston University, Aphasia Resource Center
635 Commonwealth Ave, 6th Floor
Boston, MA 02215
2. Fax: (617) 358 – 5460
3. Email: aphasiacenter@bu.edu
4. Call (617) 353 – 0197 (we will fill out the form with you over the phone)

Deadline

All registration request forms MUST be received by Friday, January 5, 2018.

You will receive confirmation of your enrollment no later than Monday, January 15, 2018. Please be patient as it takes time for us to finalize groups.

Placement

We encourage you to request as many groups as you wish; however, **registration requests are not a guarantee of enrollment.**

If you wish to enroll in more than one group, please **RANK** the groups according to your preference. Please also indicate the **TOTAL** number of groups you would like to take. Places will be assigned based on your preference.

Group enrollment numbers will be strictly limited in order to preserve the quality of the treatment, and to maintain safety regulations. Registration requests received after the deadline will be assigned on a first come, first served basis while space is available.

New Referrals

To help us provide the best possible care, we ask that all new referrals for the weekly groups participate in a speech and language evaluation at the ARC.

**You may be considered for group enrollment prior to an evaluation if you send a recent evaluation report from another facility along with your application.*

Faculty

Elizabeth Hoover, PhD., CCC-SLP, BC-ANCDS

Jerome Kaplan M.A., CCC-SLP

Magdalen (Maggie) Balz, M.S. CCC-SLP

Meg Polyak, M.S. CCC-SLP

Monday Groups

Conversation

This group will address functional communication through talking, gesturing, drawing, and writing. Drawing upon our experiences and interests, participants will practice using effective strategies to exchange ideas and develop connections through communication.

Meeting time: Mondays, 10:30–11:45 am

Faculty: Meg Polyak

Toastmasters

This group will focus on communicating fluently and concisely when you are speaking in stressful situations such as when you meet new people, are speaking to a large group, or are using the telephone. This group is modeled after the Toastmasters Club, whose philosophy is to learn by doing in a supportive environment. Group members will have the chance to give both prepared and impromptu speeches, and to give feedback to other group members. We will incorporate specific strategies to increase your comfort and skill in speaking in these environments.

Meeting time: Mondays, 10:30–11:45 am

Faculty: Jerry Kaplan

Book Group

This group meets to discuss content and ideas generated through reading a text. The “book” is ~300 pages in length, and is chosen by the group members from a choice of 4-5 offered texts. Group members may read the text from print or listen via audiobook.

Meeting time: Mondays, 1:00 – 2:15 pm

Faculty: Meg Polyak

Aphasia Community Chorus

Music, an essential form of communication, is especially rewarding, inspiring, and empowering for people with aphasia and related disorders. Facilitated by a neurologic music therapist from MedRhythms, LLC, and graduate students, the Aphasia Community Chorus will hold weekly rehearsals leading up to performances during the semester. Previous singing experience is not required. Please join us for this unique and exciting opportunity.

Meeting time: Mondays, 1:00 – 2:15 pm

Faculty: Jerry Kaplan

MONDAY GROUPS MEETING DATES	
January 29 <i>(First Groups)</i>	March 26
February 5	April 2
February 12	April 9
February 26	April 23
March 12	April 30 <i>(Last Groups)</i>
March 19	

Wednesday Morning Groups

Total Communication

This group will incorporate conversational, writing, gestural activities, and other forms of verbal and non-verbal communication. In addition, group members will explore ways in which the iPad can be used as augmentative and alternative communication (AAC). The emphasis will be on effective communication through any means. This group is designed for people with more severe forms of aphasia.

Meeting time: Wednesdays, 10:30–11:45 am

Faculty: Jerry Kaplan

Cognitive Core

This group will address attention and memory through listening, visual, and other interactive tasks. Attention (concentration and focus) and recall (memory) skills are needed for success at home and within our community. In each session, we will identify the cognitive skills used every day and select one to practice. We will also incorporate strategies that group members can use outside of sessions to increase their communication effectiveness.

Meeting time: Wednesdays, 10:30–11:45 am

Faculty: Maggie Balz

Book Group

This group meets to discuss the content and ideas generated through reading a text. The “book” is ~300 pages in length, and is chosen by the group members from a choice of 4-5 offered texts. Group members may read the text from print or listen via audiobook.

Meeting time: Wednesdays, 10:30–11:45 am

Faculty: Liz Hoover

Caregivers

This group is intended to be a place where caregivers can voice their concerns, ask questions, discuss topics that affect them, and share experiences. Topics which may be addressed include stress, intimacy, loneliness, hope, guilt, hopelessness, as well as other concerns. Caregivers are expected to attend each session--barring unforeseen circumstances--in order to maintain continuity, ensure confidentiality, respect, and empathy among the participants.

Meeting time: Wednesdays, 10:30–11:45 am

Group led by: Celina Mark

WEDNESDAY GROUPS MEETING DATES	
January 31 <i>(First Groups)</i>	March 21
February 7	March 28
February 14	April 4
February 21	April 11
February 28	April 18
March 14	<i>April 25 (Last Groups)</i>

Wednesday Afternoon Groups

Film

This group will feature both classic and contemporary films. Each film will be screened over two or three sessions, followed by group discussion of the plot, characters, relationships, and other aspects of the film. Films will also be considered based on group suggestions and preferences. Even if you've seen these films before, another look will give you an opportunity to discover new things.

Meeting time: Wednesdays, 1:00 – 2:15 pm

Faculty: Jerry Kaplan

Conversation

This group will address functional communication through talking, gesturing, drawing, and writing. Drawing upon our experiences and interests, participants will practice using effective strategies to exchange ideas and develop connections through communication.

Meeting time: Wednesdays, 1:00 – 2:15 pm

Faculty: Maggie Balz

WEDNESDAY GROUPS MEETING DATES	
January 31 <i>(First Groups)</i>	March 21
February 7	March 28
February 14	April 4
February 21	April 11
February 28	April 18
March 14	<i>April 25 (Last Groups)</i>

Thursday Groups

Community Connection

This group uses structured activities to focus conversation around central themes or ideas and ends with a community visit. In each session, we will work hierarchically through the chosen theme allowing group members to build on vocabulary and increase their communicative effectiveness. In the last week, the group will visit a local place that exemplifies the theme studied throughout the semester. Our aim is to keep each session meaningful and interesting, creating opportunities to share ideas, experiences and have fun.

Meeting time: Thursdays, 10:30–11:45 am

Faculty: Maggie Balz

Games

This group will focus on different aspects of language (naming, discourse, gestures, reading and writing) through involvement in different types of age-appropriate games. Games will be chosen on a weekly basis by group consensus to facilitate group members' communication goals. Group members will also be encouraged to suggest and teach favorite games.

Meeting time: Thursdays, 1:00–2:15 pm

Faculty: Maggie Balz

THURSDAY GROUPS MEETING DATES	
February 1 <i>(First Groups)</i>	March 22
February 8	March 29
February 15	April 5
February 22	April 12
March 1	April 19
March 15	April 26 <i>(Last Groups)</i>

Aphasia Community Group

Monthly Saturday Group

Now in its 28th year, the Aphasia Community Group provides education, support, socialization, and resources for those whose lives have been touched by aphasia and related disorders. Presentations on treatment, recreation, and/or family support are offered by group members and guests. In the last portion of each session, participants meet in small "breakout" sessions to share ideas, feelings, and concerns. Family members meet separately from persons with aphasia. Light snacks and beverages are provided.

Please Note: Weather conditions and other BU events may impact Aphasia Community Group sessions. Before attending please confirm by calling 617.353.0197 for a recorded message or check our website: www.bu.edu/aphasiacenter

Location: BU Sargent College, Room 102

Faculty: Jerome Kaplan

Meeting Time: 11:00 am – 2:00 pm

Aphasia Community Group Dates Date Change:

****Date change: Sunday, January 28, 2018**

Saturday, February 24, 2018

Saturday, March 24, 2018

Saturday, April 28, 2018

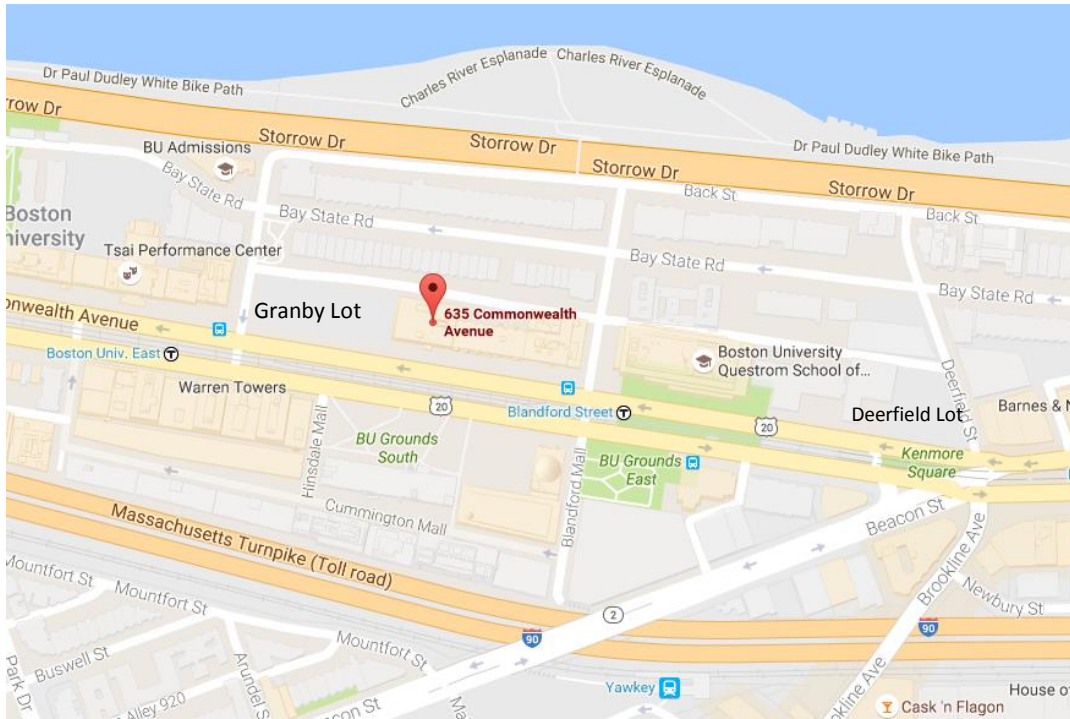
Saturday, June 2, 2018

Saturday June 30, 2018

Saturday, July 28, 2018

Location and Directions

Sargent College, Boston University
Aphasia Resource Center, Room 607
635 Commonwealth Avenue, Boston MA 02215



PARKING:

Parking at BU is extremely limited. There are some metered parking spaces in front of the college and on surrounding streets.

Parking Lots: There are parking lots which charge a \$16 daily rate or \$3 per ½ hour. Discount vouchers may be purchased for \$12 (each) for the Granby Lot from the front desk on the 6th floor for the Aphasia Resource Center. Only cash or check payment accepted. Please visit this link for lot location and rate details:

www.bu.edu/parking/lots-locations/family-guests-and-visitor-parking/

Purchase of vouchers is not a guarantee of parking in the lots. All parking lots on BU campus are public lots and can be full. It is important to note that if you see empty spots in the lots, these may be reserved for other departments, events, or research groups.

Granby Lot, 665 Commonwealth Ave: From Kenmore Square, bear to the right onto Commonwealth Ave. The lot is located on the right on the corner of Granby St.















Kenmore Lot, 30 Deerfield St: Located within Kenmore Square, the lot is on the right immediately after you bear onto Commonwealth Ave.

BY "T": Take the Green Line "B" train (Boston College) to the "Blandford St." or "Boston University East" stop.



Aphasia Resource Center

Spring 2018

	Monday	Wednesday	Thursday	Saturday
10:30 – 11:45 am	 Conversation  Toastmasters	 Total Communication  Cognitive Core  Book Group with Liz  Caregivers	 Community Connection	Aphasia Community Group  Sargent College Room 102 11am-2pm <u>Sunday, January 28</u> <u>February 24, 2018</u> <u>March 24, 2018</u> <u>April 28, 2018</u> <u>June 2, 2018</u> <u>June 30, 2018</u> <u>July 28, 2018</u>
11:45 am – 1:00 pm	 Lunch Break <i>(on your own)</i>			
1:00 – 2:15 pm	 Book Group with Meg  Aphasia Community Chorus	 Film  Conversation	 Games	

Registration Request Form

ALL FIELDS REQUIRED:

I am a returning member of the Aphasia Resource Center.

or

I am new to the Aphasia Resource Center
and I have included a recent SLP or Neuropsychology report(s)

Name: _____

Address: _____

City

State

Zip

Phone: _____ Email: _____

What is the best way to reach you? (Choose one): email or phone

***I would like to enroll in _____ (# number) groups in total.**

Please **rank** groups of interest in order of preference (#1 being your first choice; 1,2,3)

	Monday Groups	Wednesday Groups	Thursday Groups
<i>Morning Groups</i>	<input type="checkbox"/> Conversation <input type="checkbox"/> Toastmasters	<input type="checkbox"/> Total Communication <input type="checkbox"/> Cognitive Core <input type="checkbox"/> Book Group: Liz <input type="checkbox"/> Caregivers Support Group Name: _____	<input type="checkbox"/> Community Connection
<i>Afternoon Groups</i>	<input type="checkbox"/> Book Group: Meg <input type="checkbox"/> Chorus	<input type="checkbox"/> Film <input type="checkbox"/> Conversation	<input type="checkbox"/> Games

- Registration **MUST BE RECEIVED BY Friday, January 5, 2018** to receive full consideration.
- Registration requests are not a guarantee of enrollment. We will confirm group enrollment by **Monday, January 15th**.
- There are no fees to attend weekly groups.

___ I am interested in being contacted by the BU research labs (Aphasia Research Lab, Language Science Lab, or Stepp Lab) for participation in aphasia/stroke research studies.

Please fill out form and return by:

• **mail** to: Aphasia Resource Center, 635 Commonwealth Ave, 6th Floor, Boston, MA 02215

• **fax** to: (617) 358 – 5460 • **email** to: aphasiacenter@bu.edu • or **call** (617) 353 – 0197