
BIOGRAPHICAL SKETCH

NAME NANCY B. EMERSON LOMBARDO, Ph.D.	POSITION TITLE Adjunct Research Assistant Professor Neurology, Boston University, School of Medicine		
EDUCATION/TRAINING			
INSTITUTION AND LOCATION	DEGREE <i>(if applicable)</i>	YEAR(s)	FIELD OF STUDY
Yale University, New Haven, CT	Ph.D.	1979	Political Science
Yale University, New Haven, CT	M.A.		Political Science
Cornell University, Ithaca, NY	A.B.		Government

A. Research and Professional Positions and Honors

1981-present	Alzheimer's Association Vice-Chairman, National Board of Directors (1984-1995); Chairman of Public Policy Committee (1987-1990); Member of Committee (1981-present); Chairman of Chapter Committee (1983-1987); Member of Executive Committee, By-Laws Committee and Long-Range Planning Committee (1983-1995); Patient and Family Services Committee (1991-1995) Board member Emeritus (1996-present); Alzheimer's Association of Eastern Mass. Bd. Of Directors (1991-1997)
1990- present	Member, Advisory Board, Geriatric Research and Education Center, V.A. Med. Center, Bedford, MA
1991 -1996	Senior Research Associate, Research and Training Institute, Hebrew Rehabilitation Center for Aged, Roslindale, MA
1996-2002	Senior Research Scientist, Wellesley College Center for Research on Women, Wellesley, MA.
2001-present	Adjunct Research Assistant Professor of Neurology, and Senior Research Scientist, Boston University, School of Medicine, Boston, Massachusetts and "WOC" at Veterans Administration Medical Center, Bedford, MA.
11/2002-12/2003	Co-Investigator, Co-Director and Director of Education and Training, Institute of Geriatric Social Work, Boston University School of Social Work, Boston, Massachusetts

Awards and Honors

May 1965	Phi Beta Kappa and Mortar Board, Cornell University, NY.
May 1991	Distinguished Service Award, Alzheimer's Association, National Board of Directors
Sept 1997	1997 Honoree for Exceptional Service to the Alzheimer's Association and people with Alzheimer's disease. Alzheimer's Association of Eastern Massachusetts, Cambridge, MA.
May 1997	Hsieh Award for success in collaborating with the Asian community developing the Asian Caregiving Conference. Presented in Boston, MA., November 9, 1996.
May 2003	Public Service Award from Greater Boston Chinese Golden Age Center, Boston, MA

B. Publications

Emerson Lombardo, N. B., Volicer, L., Drebing, C. E., Martin, A. Castaneda-Sceppa, C., Bermudez, O., Wu, B., Imada, T., Holmes, M.S., Zhang X.W. (October 2004) Nutritional intervention for early Alzheimer's Disease (NEAD). *The Journal of Nutrition, Health & Aging Vol 8*, No.5, p.428.

Emerson Lombardo, N. B., Volicer, L., Martin, A. Drebing, C. E., Wu, B., Serper, L.L. (July 2004) Evidence Based Nutrition, Exercise, Cognitive Rehabilitation & Stress Management Interventions for Alzheimer's Disease: Treatment or Prevention? *Neurobiology of Aging Vol 25*: No. S2, p 206.

Emerson Lombardo, N.B., Wu, B., Zhang, X. W. (July/August 2002) The case for life style interventions to reduce risk of Alzheimer's disease: BEWELL program. *Neurobiology of Aging Vol 23*: No. 1s, p. S129.

Emerson Lombardo, N. B., Vehvilainen, L, Ooi, W. L., McManus, C., Malivert, M., Dresser, M.V.B., Volicer, L., Drebing, C. E., Xu, G., Rosowsky, E., Sheridan, P.L., (July/August 2002) Acupuncture significantly reduces anxiety and depression in persons with dementia: A pilot feasibility and effectiveness trial. *Neurobiology of Aging* Vol 23: No. 1s, p. S126.

Emerson Lombardo, N.B., Wu, B., Malivert, M., Dresser, M.V.B., Washko, M., Stott, C. (July/August 2002) Individualized interventions for dementia family caregivers: Findings from a USA national policy study. *Neurobiology of Aging* Vol 23: No. 1s,. S1994.

Emerson Lombardo, N. B., Wu, B., Hohnstein, J.K., Chang, K. (2002) Chinese Dementia Specialist Education Program: Training Chinese American health care professionals as dementia experts, *Home Health Care Services Quarterly*, 21(1), 67-86.

Drebing, C.E., McCarty, E.F., **Emerson Lombardo, N.B.** (2002). Professional caregivers for patients with dementia: Predictors of job and career commitment. *American Journal of Alzheimer's Disease and Other Dementias*. 17(6), 357-366.

Emerson Lombardo, N. B., Dresser, M.V.B., Malivert, M., McManus, C., Vehvilainen, L, Ooi, W. L., Xu, G., Rosowsky, E., Drebing, C. E., Sheridan, P.L., Lewis, S., Imada, T, Hohnstein, J.K., Perry, K. (Fall 2001) Acupuncture as treatment for anxiety and depression in persons with dementia: Results of a pilot feasibility and effectiveness study. *Alzheimer's Care Quarterly*:4:2. pp.28-41.

Emerson Lombardo, N. Changing the culture of long-term care, *Dimensions: Newsletter of the Mental Health and Aging Network, American Society on Aging*, 8: 4, winter 2001, pp 2 & 7.

Emerson Lombardo, N., Wu, B., Hohnstein, J., (2001) The Chinese Dementia Awareness and Intervention Project: Raising awareness in the Chinese community. *Asian Pacific Affairs*, May/June 2001, pp 8-9,14.

Emerson Lombardo N, B Wu, J Hohnstein, et al. (2001). Training Community Providers as Dementia Care Specialists for Chinese-Speaking Elders. *Dimensions*, Vol. 8, No. 3. p.3.

Belleville-Taylor, P., Morris, J.N., **Emerson Lombardo, N** (2001) Caps related to mental health, cognition, in Morris, J.N., Fries, B.E., Bernabei, R., editors, *RAI-HomeCare (RAI-HC) Assessment Manual for Version 2.0*, pages 171-176.

Konstam, V., Marx, F., Schurer, J., Harrington, A., **Emerson Lombardo N.**, Deveney, S. (July 2000). Forgiving: What mental health counselors are telling us. *Journal of Mental Health Counseling*, 22:3: 253-267.

Emerson Lombardo, N. B., Vehvilainen, L, Ooi, W. L., Volicer, L., McManus, C., Dresser, M., Xu, G., Drebing, C. E. (2000). Acupuncture to treat anxiety and depression in Alzheimer's disease and vascular dementia: a pilot feasibility and effectiveness trial. *Neurobiology of Aging*, 21 No.1S: S132.

Emerson Lombardo, N. B., Wu, B., Harden, T. (2000). Individualized interventions for dementia family caregivers: Results of a national policy study. *Neurobiology of Aging*, 21 No.1S: S366.

Emerson Lombardo, N. B., & Ooi, W. L. (1998). A multicultural in-home skills training/support systems building program for family and informal caregivers of persons with dementia. *Neurobiology of Aging*, No. 19 (Suppl.45), abstract no 892.

Emerson Lombardo, N. B. (1997). Recognition and initial assessment of Alzheimer's disease, commentary 2-from the guideline developer's perspective. *Abstracts of Clinical Care Guidelines*. Vol. 9, No. 5, pages. 6-7.

Costa, P. T., Williams, T. F., **Emerson Lombardo, N. B.**, et al. (1996). *Recognition and Initial Assessment of Alzheimer's Disease and Related Dementias* Rockville, Maryland: U.S. Department of Health and Human Services. No. 19.

Emerson Lombardo, N. B. (1996). *Dance/movement Therapy with Frail Older Adults: a Controlled Experiment to Demonstrate Effect on Mood, Social Interaction, and Physical Functioning of Nursing Home Residents and Adult Day Health Clients* Research Final Report to Administration on Aging; Boston: Hebrew Rehabilitation Center on Aging. (available on Amazon.com SuDoc HE 1.1002:D 19/2)

Emerson Lombardo, N. B., Fogel B. S., Robinson G. K., Weiss, H. P. (1996). *Achieving Mental Health of Nursing Home Residents Overcoming Barriers to Mental Health Care*. Boston: Hebrew Rehabilitation Center for Aged. 55pp.

Emerson Lombardo, N. B., Fogel, B. S., Robinson G. K., Weiss H. P. (1995). Achieving mental health of nursing home residents: Overcoming barriers to mental health care. *Journal of Mental Health and Aging*. Vol.1, No.3, pages.165-211.

Emerson Lombardo, N. B., Aronson M. K. "Caregiving research: An overview." In Iqbal K, J Mortimer, B Winblad and H Wisniewski (eds), *Research Advances in Alzheimer's Disease and Related Disorders*. 1994 Edition, Sussex, England: John Wiley & Sons Ltd., 1995.

Emerson Lombardo N. B., Belleville-Taylor P., Fogel B., Levine D. L., Morris J. N., Morris S. A., Murphy, K., Muse D. N., Ooi W. L., Sherwood S. (June 1994). *Barriers to Mental Health Services for Nursing Home Residents*. Washington, DC: American Association of Retired Persons, Public Policy Institute

Morris, J. N., **Emerson Lombardo, N. B.** (1994). A national perspective on SCU service richness: findings from the AARP survey. *Alzheimer Disease & Associated Disorders*; Vol 8., No. 1, pages. 87-96.

Emerson Lombardo N. B., Robinson G. K., Fogel B. S. (1994). Moving toward a national consensus: achieving the mental health of nursing home residents. *Dimensions*, , 1 (3)

Emerson Lombardo N. B., and Eisdorfer, C. (1993). "The Role of the Family in the Provision of Care for People with Alzheimer's Disease," *Alzheimer's Disease: Advances in Clinical and Basic Research*. Sussex England: John Wiley & Sons.

C. Research Support

"Cognitive Treatment of Persons with Early Stage Alzheimer's Disease: A Pilot Study"

Role: Principal Investigator

Agency Funding:

Kenneth Haas Memorial Trust

Type: Research Grant

Period: May 1, 2002-April 30, 2004

The Brain Enhancement Strengthening Treatment (BEST) study is a prospective pilot randomized controlled trial of a 26 week innovative cognitive rehabilitation intervention program for persons with early stage Alzheimer's disease who have MMSE scores of 20 and above, at least two years of college education and live with a caregiver willing to be their study partner. The program consists of cognitive/memory activities and teaching strategies for re-engaging in social situations in conjunction with standard treatment medication. The outcomes evaluated include memory, cognition, social functioning and mood. The central hypothesis is that the intervention will improve functioning or slow rate of decline in these areas.

"Boston University Alzheimer Disease Center Core"

Role: Co-Investigator 2001-2002:Coordinator of Minority Outreach Recruitment and Retention for Clinical Core

2001-present: Facilitator of BUADC Community Advisory Council for Administrative Core

Co-Investigator Education Core

Agency: National Institute of Aging

Type: Research Grant

Period: May 1, 2000 to June 30, 2006

The purpose of the Boston University Alzheimer's Disease Center (BU ADC) is to promote research on Alzheimer's Disease at BU and throughout the country by providing information and materials from well characterized patient, control and caregiver populations drawn from the ambulatory and late-stage suburban population at the Bedford VA Medical Center and the racially, ethnically, and culturally diverse poor urban population served in part by the BMC.

Completed Research Grants:

"Boston Minority Dementia Outreach and Education Program"

Role: Principal Investigator

Agency: National Institute on Aging

Period: July 1992 to Sept. 1996 at HRCA Oct. 1996

Type: R25 AG11216-06

to June 1998 at Center Research Women

To create educational and outreach protocols, caregiver programs for managing patients with dementia at home, and staff training programs for health and social service organizations in minority communities to raise awareness about Alzheimer's Disease and related dementias.

"An Education and Outreach Program to Raise Awareness and Skills of Chinese Caregivers of Persons with Dementia Living at Home in the Greater Boston Chinese Community."

Role: Principal Investigator

Agency: Program Development, The Boston Foundation
The EHA Foundation
Period: February 1998 to May 31, 2000
Period: February 1998 to Dec 31, 2000

Type: Research Grant

The goal of this multifaceted service comprised of outreach, education, and training programs was to raise the Greater Boston Chinese community's awareness of dementia recognition, diagnosis, and care, and to improve appropriateness and dementia care skills of professional providers and family caregivers.

"Recognizing and Preventing Elder Abuse in the Chinese Community" and "Improving Mental Health"

Role: Co-Investigator and Subcontractor to Chinese Golden Age Center

Agency: New England Medical Center

Type: Research Grant

Period: February 1, 1999 to January 31, 2001
and new grant, Nov 2001-3

The objective for Year 1 was to train supervisory staff and create ongoing training resources, identify strategies for community outreach. Wellesley team helped create, implement, and evaluate the training program. Year 2 will focus on community outreach, services to direct care staff, and planning services to vulnerable elders. Sub-contractor on second grant Nov 1 2001 from NEMC to GBCGAC focus more broadly on mental health issues affecting Chinese American elders in the Boston area.

"Pilot Randomized Clinical Trial of Acupuncture Treatment for Alzheimer's Disease"

Role: Principal Investigator

Agency: The Alzheimer's Association (previous study funded by Helen Bader Foundation 1997-1999)

Type: Research Grant

Period: August 1, 1999 to July 31, 2001

The overall purpose of this small project for 10-12 subjects is to explore the effectiveness in a 13-week trial as a treatment for persons in the early or middle stages of Alzheimer's or a vascular dementia as compared to standard treatment controls.

"An Electronic Community for Alzheimer's Caregivers"

Role: Subcontractor and Evaluator to HEALTHvision

Agency: U.S. National Institute of Aging

Type: Research Grant

Period: 1997-2002

Controlled Trial of a computerized support program offering dementia patient caregivers, with limited outside assistance, access to web information/ education, skills training, behavior management tools, and videoconferencing support links to the Alzheimer's Association, peer mentors, and other caregivers. Patients and caregivers are supported by a web-based patient medical management system. Principal Investigators: Paul Gertman, MD and Laila Vehvilainen, MPH, MIM, M.A.

"Pilot Intervention to Assist Isolated Urban Elderly with Alzheimer's Disease"

Role: Subcontractor for Intervention, Co-Investigator

Agency: Alzheimer's Association

Type: Research Grant

Period: November 1, 2000 to Oct 31 2003,
continued other funding to present

Create and evaluate through randomized clinical trial an intervention program to identify isolated urban elders with memory impairment who do not have a family caregiver, especially minority persons, and to help them get services in their community, including diagnosis, medications, home and day care services.

"Institute of Geriatric Social Work, Boston University School of Social Work"

Role: Co-Investigator and Director of Education

Agency Funding:

The Atlantic Philanthropies

Type: Research, Education,
Policy Grant

Period: October 2002-October 2007

The Institute for Geriatric Social Work (IGSW) is dedicated to advancing social work practice in geriatric care nationally through education, research and public policy. The Institute is designing and will conduct a randomized clinical trial to investigate the effectiveness of social workers to improve health care outcomes for older people and also inform and seek to influence policy-makers to expand reimbursement options.

Selected Presentations from 2004-2005

- May 5, 2005 Invited Workshop Presentation: Map Thru the Maze Professionals Conference, Massachusetts Alzheimer's Association "Healthy Lifestyles to Lower Risk and Slow Progression of Alzheimer's Disease"
- April 30, 2005 Acupuncture Treatment of Anxiety and Depression in Persons with Alzheimer's Disease invited 45 minute oral presentation at Complementary and Alternative Medicine and Alzheimer's Disease Conference sponsored by University of Arkansas Alzheimer' Disease Center and National Institute on Aging.
- March 2005 3 Oral Workshops at American Society on Aging Annual Meeting in Philadelphia (1) Effective Methods for Forming Collaborations Between Community-Based Organizations and Universities to Improve Alzheimer's Disease Research and Community Service Programs (2) The Serper Method: Cognitive Rehabilitation for People With Early Alzheimer's Disease (3) How Golf Can Help Improve the Physical and Mental Health of At-Risk Urban Elders
- January 5 2005 Peer Reviewed Poster Presentation on Nutritional Intervention for Early Alzheimer's Disease (NEAD) at Eighteenth Annual Scientific Symposium/Poster Session sponsored by the Massachusetts Alzheimer's Disease Research Center and the Boston University Alzheimer's Disease Center.
- November 2004 Peer Reviewed Poster Presentation at Gerontological Society of America Annual Meeting: "Brain Enhancement Strengthening Treatment: The Serper Method of Rehabilitation for Persons with Early Stage Alzheimer's Disease - A Pilot Study"
- November 2004 Invited Oral Presentation at Grove Manor Nursing Facility for staff and public: "Healthy Lifestyles to Lower Risk and Slow Progression of Alzheimer's Disease"
- October 15, 2004 Peer Reviewed Poster Presentation, Alzheimer's Disease International annual meeting in Kyoto, Japan: "Evidence-Based Nutrition, Exercise, Cognitive Rehabilitation & Stress Management Interventions for Alzheimer's Disease: Treatment or Prevention?"
- October 1 2004 Peer Reviewed Plenary Oral Presentation at Symposium on Nutrition and Alzheimer's Disease sponsored by International Academy Nutrition and Aging (IANA) in Tokyo, Japan "Nutritional Intervention for Early Alzheimer's Disease (NEAD)"
- September 17 & 18, 2004 Invited Plenary Session, 2 Oral Presentations: Healthy Lifestyles to Lower Risk and Slow Progression of Alzheimer's Disease Part 1: Overview & Nutrition; Part 2: Physical & Mental Exercise, Stress & Depression Management, Social Interaction & Chi
- September 14, 2004 Invited Keynote Address to Massachusetts Alzheimer's Association Annual Meeting: Healthy Lifestyles to Lower Risk and Slow Progression of Alzheimer's Disease
- July 2004 Peer Reviewed Poster: International Alzheimer's Disease Research Conference, Philadelphia, PA "Evidence Based Nutrition, Exercise, Cognitive Rehabilitation & Stress Management Interventions for Alzheimer's Disease: Treatment or Prevention?"
- April 2004 Peer Revised Workshop Presentations at American Society on Aging Annual Meeting: "Cognitive Rehabilitation in People with Early Stage of AD: A Pilot Study of Brain Enhancement Strengthening Treatment"
- June 2003 3 Invited Oral Presentations, European Alzheimer's Association Annual Meeting, Thessaloniki, Greece, one each on Acupuncture Treatment of Anxiety and Depression in Alzheimer's Disease, Evidence for Lifestyle, and Cognitive Rehabilitation in People with Early Stage of AD: A Pilot Study of Brain Enhancement Strengthening Treatment
- Oral Presentations from 1999-2001, and selected 1996**
- Aug 1996 National Indian Council on Aging Conference, Albuquerque, NM. "Signs and Symptoms of Alzheimer's Disease and Vascular Dementia." Workshop presented to over 150 Indian elders by Nancy Emerson Lombardo and Neil Henderson.
- May 1999 Alzheimer's Association of Massachusetts, A Map Through the Maze Conference, Marlborough, MA. "Enhancing Mental Health Services for Minority Elders". Nancy Emerson Lombardo, Bei Wu, MS.

- July 1999 The Eighth National Alzheimer's Disease Education Conference, Long Beach, CA. "Acupuncture: A Chinese Complementary Therapy for Dementia". Nancy Emerson Lombardo and Laila Vehvilainen, MIM, MPH, Ph.D.
- Sept 1999 Fourth Global Conference of the International Federation on Aging. "Typology of the Individualized Interventions for Dementia Careers: A Global Perspective". Nancy Emerson Lombardo, Bei Wu, MS., Tamara Harden. Montreal. (Note: in published program authors are Nancy Emerson Lombardo, Anne Harrington, & Bei Wu)
- Sept 1999 Alzheimer's Disease International, 15th International Conference, Johannesburg. "Typology of the Individualized Interventions for Dementia Careers: A Global Perspective". Nancy Emerson Lombardo, Bei Wu, MS., Tamara Harden.
- Sept 1999 Alzheimer's Disease International, 15th International Conference, Johannesburg. "Acupuncture: A Chinese Complementary Therapy for Dementia". Nancy Emerson Lombardo and Laila Vehvilainen, MIM, MPH, Ph.D.
- Nov. 1999 Gerontological Society of America, Annual Meeting, San Francisco, CA. "Identification and Analysis of Individualized Interventions for Dementia Family Caregivers". Nancy Emerson Lombardo, Anne Harrington, Bei Wu, MS., Tamara Harden. "Researching Underserved Elder Populations: Idea/Experience Exchange Workshop" Nancy Emerson Lombardo, University of Massachusetts, Boston: Conference on Culture, Mental Health and Aging.
- Nov. 1999 "Chinese Awareness of Dementia." Nancy Emerson Lombardo, Bei Wu, MS., "Organizational Change to Increase Access for Diverse Populations." Nancy Emerson Lombardo, Dan O'Leary. "Chinese Awareness of Dementia." Bei Wu, MS, Nancy Emerson Lombardo. "Strategies for Practitioners Working with Chinese." Bei Wu, MS., Nancy Emerson Lombardo.
- March 2000 BayPath Professional Training Center, Framingham, MA. "Organizational Changes to Meet the Needs of Elderly Minority Clients". Nancy Emerson Lombardo.
- March 2000 American Society on Aging, 46th Annual Meeting, San Diego, CA. "Typologies of Individualized Interventions For Dementia Carers: A Global Perspective". Nancy Emerson Lombardo, Bei Wu, MS, Anne Harrington, Ph.D., Tamara Harden, MA.
- March 2000 American Society on Aging, 46th Annual Meeting, San Diego, CA. "Acupuncture for People with Dementia". Nancy Emerson Lombardo, Bei Wu, MS, Anne Harrington, Ph.D., Tamara Harden, MA.
- March 2000 American Society on Aging, 46th Annual Meeting, San Diego, CA. "Brain Wellness". Nancy Emerson Lombardo, Wee Lock Ooi, Dr PH., Laila Vehvilainen, MIM, MPH, Ph.D., Ladislav Volcier, MD, Ph.D., Guangli Xu, Lic.Ac.
- April 2000 Alzheimer's Association of Rhode Island, 8th Annual Conference for Caregivers, Warwick, RI. "Brain Wellness Program for Older Adults". Nancy Emerson Lombardo, Bei Wu, Ph.D. Candidate, Shu Wen Zhang, Professor, Tamara Harden, Ph.D. Candidate.
- April 2000 Alzheimer's Association of New Hampshire, Alternative Therapies: Finding Solutions in Ancient Practice Conference, Meredith, NH. "Acupuncture as a Treatment for People with Dementia". Nancy Emerson Lombardo, Laila Vehvilainen, MIM, MPH, Wee Lock Ooi, Dr PH., Claire McManus.
- May 2000 Alzheimer's Association of Massachusetts, A Map Through the Maze Conference, Marlborough, MA. "Acupuncture to Treat Depression and Anxiety in People with AD". Nancy Emerson Lombardo, Bei Wu, MS., Ph.D. Candidate, Shu Wen Zhang, Laila Vehvilainen, MIM, MPH, Ph.D., Wee Lock Ooi, Dr PH., Claire McManus.
- June 2000 American Association of Geriatric Psychiatrists, Providing Optimal Health Services in Long Term Care Conference, Bethesda, MD. Member, Conference Steering Committee and presenter "Strategies for change to achieve optimal mental health in long term care", Nancy Emerson Lombardo.
- June 2000 Wellesley College Center for Research on Women, Wellesley MA. "Acupuncture to Treat Depression and Anxiety in People with AD". Nancy Emerson Lombardo.
- July 2000 American Society on Aging, New England Summer Series, Worcester, MA. "Forgiveness: What is it? Why Should we Forgive? How Can we do it?" Nancy Emerson Lombardo, Hali Diecidue, Susan Melia.

- July 2000 Alzheimer's Association, World Alzheimer Congress, Washington, D.C. "Acupuncture to Treat Anxiety and Depression in Alzheimer's Disease and Vascular Dementia: A Pilot Feasibility and Effectiveness Trial". Nancy Emerson Lombardo.
- July 2000 Alzheimer's Association, World Alzheimer Congress, Washington, D.C. "Practice & Policy Recommendations for Individualized Interventions for Dementia Family Caregivers". Nancy Emerson Lombardo, Bei Wu, Ph.D., Tamara Harden, MA.
- July 2000 Alzheimer's Association, World Alzheimer Congress, Washington, D.C. "Individualized Interventions for Dementia Family Caregivers: Results of a National Study". Nancy Emerson Lombardo.
- July 2000 Alzheimer's Association, World Alzheimer Congress, Washington, D.C. "Serving Persons with Dementia and their Families in the Chinese Community". Nancy Emerson Lombardo, Bei Wu, Ph.D.
- Oct 2000 Society for Acupuncture Research, Baltimore, MD. "Acupuncture to Treat Anxiety and Depression in Alzheimer's Disease and Vascular Dementia: A Pilot Feasibility and Effectiveness Trial Funded by the Helen Bader Foundation". Nancy Emerson Lombardo, Claire McManus
- Nov 2000 Family Re-Union 9; Families and Seniors: Across the Generations, Nashville, TN. "Supporting Mental Health of Seniors and Caregivers". Nancy Emerson Lombardo, Michael Benjamin, MPH., Robert Butler, MD., Richard Margolin, MD.
- Nov 2000 Gerontological Society of America, Annual Scientific Meeting, Washington, D.C. "Acupuncture to Treat Anxiety and Depression in Alzheimer's Disease: A Pilot Feasibility and Effectiveness Trial". Nancy Emerson Lombardo, Laila Vehvilainen, MIM, MPH, Ph.D., Wee Lock Ooi, Dr. PH., Ladislav Volcier, MS, Ph.D., Claire McManus, Guangli Xu, Lic.Ac., MD.
- March 2001 First Joint Conference of the American Society on Aging and the National Council on Aging, New Orleans, LA. "Practice, Policy and Research Recommendations for Individualized Interventions for Dementia Family Caregivers". Nancy Emerson Lombardo, Tamara Harden, MA, Robyn Stone, Richard Browdie, Sharen Eckert, Lynn Friss Feinberg.
- April 2001 NE Regional Minority Health Conference, Eliminating Health Disparities, Nashua, NH. "Organizational Changes to Meet the Needs of Elderly Minority Clients & Research Participants". Nancy Emerson Lombardo.
- April 2001 NE Regional Minority Health Conference, Eliminating Health Disparities, Nashua, NH. "Increasing Minority Access to Dementia Services: Research, Challenges & Opportunities". Nancy Emerson Lombardo.
- April 2001 Wellesley Center for Women Trustees Meeting, Wellesley MA. "Aging Policies: Challenges Today and Tomorrow". Nancy Emerson Lombardo
- April 2001 Wellesley Center for Women Trustees Meeting, Wellesley MA. "Carework for Elderly". Nancy Emerson Lombardo, Ellen Gannett, Nancy Marshall, & Anne Noonan.

E. Overview of Professional Career.

Nancy B. Emerson Lombardo, PhD is expert in organizing interdisciplinary and multicultural project teams and facilitating collegial, collaborative innovative efforts in research, education, and public policy. Dr. Emerson Lombardo has extensive research experience including work with interventions for frail elders and caregivers, educational programs, surveys and policy analyses on mental health issues of the elderly, and evaluations using both qualitative and quantitative methods. In recent years she has worked with colleagues to develop and propose lifestyle interventions for both treatment and prevention of Alzheimer's disease. Her primary effort in 2004 is leading a team developing a Nutritional Intervention for Early Alzheimer's Disease (NEAD) for the dual purposes of testing in randomized clinical trials and to propose as a prevention initiative for people to adopt to reduce their own risk of Alzheimer's disease.

She is currently the Principal Investigator (PI) of two grants including: (1) the BEST study of a cognitive rehabilitation treatment for persons with early stage Alzheimer's disease and (2) a national policy study of dementia caregiver interventions, all of which involve education, skills training and counseling for family caregivers (now nearing completion); She is also a Co-Investigator with the Boston University Alzheimer's Disease Center where she helps facilitate the Community Advisory Council, and staff the Education and Administrative Cores. She

is a Co-I for the Vulnerable Isolated Persons project which is testing an innovative social work model for assisting persons with memory loss living alone get diagnosed and served.

She is also responsible for organizing the curriculum and speakers for a conference entitled "Wellness for Persons with Dementia" to be held in Boston October 20-21, 2005, sponsored by Rogerson Communities in conjunction with the Alzheimer's Disease research centers at both Boston University and Harvard University Schools of Medicine.

Past experiences include serving as PI of two pilot clinical trials of acupuncture to treat anxiety and depression in persons with dementia and a randomized controlled trial of dance movement therapy. Both intervention studies were the first of their kind in the US and both reduced anxiety in persons with dementia.

Dr. Emerson Lombardo also recently served as Co-Director of the Boston University School of Social Work's Geriatric Institute of Social Work and as evaluation sub-contractor of a recently completed study of an internet intervention support system with Alzheimer's caregivers funded as an SBIR by the National Institute on Aging. A key part of this intervention was remote social worker counseling for caregivers and patients via computer-based video cameras and the internet. She also served as the PI of a National Institute on Aging-funded study titled, "Boston Minority Outreach and Education Project," that led to the development and successful implementation of a "Dementia Specialist Education Program," a certificate program which attracted and trained over 120 diverse health/aging providers in the Boston area including many social workers. She also was PI of two recently completed efforts, a foundation-funded project to enhance the capacity of the Chinese community in Boston to serve Chinese persons with dementia and their families (which included a Chinese Dementia Specialist Education Program and two new family caregiver interventions co-designed and carried out by bilingual, bicultural social workers).

Dr. Emerson Lombardo is a member Emeritus of the national Alzheimer's Association Board of Directors, having served 1980-1995, for which she led, in succession, the development of the national chapter system (1981-1987) and the national public policy effort (1987-1991) including leading the Board of Directors to initiate the national Public Policy forum, a professional public policy staff, a Washington office, a national advocates training program, to join the Long Term Care and Nursing Home Reform coalitions. She also personally initiated the Alzheimer's Association successful request of Congress to create and fund the State Alzheimer's Demonstration Grant program. She has served on the Boards of four Association Chapters, two of which she co-founded in the early 1980's. She is a member, and former Board member, of the Alzheimer's Association of Massachusetts and Board member of Council Towers and Forward Inc, non-profit housing for African American seniors. Dr. Emerson Lombardo serves on the editorial boards of the American Society of Aging's Dimensions newsletter and the Journal of Mental Health and Aging, and on the Leadership Council for the Mental Health and Aging Network of the American Society on Aging. She is also a volunteer member of the Research Task Force of the Multicultural Coalition on Aging, the Boston Alzheimer's Partnership (two organizations created as result of her NIA grant work), and Critical MASS, a public/private coalition of individuals and groups dedicated to ending health care disparities in Massachusetts.