You are about to embark on the adventure of a lifetime!

Only 1% of university students in the United States study abroad!

BU in Sydney Slideshow
Agenda/Introductions

- Introductions and Program Statistics
- Logistics
- Academics
- Internships
- Life on Site
- Finances and Budgeting
- Health and Safety
- Action Items
- Wrap up/Questions
• 61 total students
• 48 Internship, 13 SED
• 49 BU, 12 non-BU
• 55 female, 6 male

*subject to change (withdrawals, new admits, etc.)
The **Hub Page** will be updated throughout the semester – keep checking back!

You must complete “Items Due Within Two Weeks” to be registered for the program.

BU Sydney website:  
[www.bu.edu/sydney](http://www.bu.edu/sydney)
There are five full-time and two part-time staff members based in Sydney who are responsible for the academic program, housing, student life, internship placement, and support.

There are also Senior Resident Assistants (4), Assistant Librarians (2), and Faculty (~19)

Program Director:  
Mark Connellan. He has been teaching in the Boston University Sydney program since its inception in 1992 and was appointed director in 2003.
WEEKS 1-6 (SESSION 1) 28 August – 06 October
Required course in First Phase:
CAS AN 368 Australian Culture & Society

First Teaching Session Elective Courses:
• CM 406: Brand Advertising and Promotion
• CO 350: Mass Media in Australia
• FT 345: Australian Cinema
• MK 463: Services Marketing and Management
• PO 206: The Australian Political System

WEEKS 7-14 (SESSION 2) 16 October – 04 December
Required course in Second Phase:
Internship Course – For codes see next slide

Second Teaching Session Elective Courses:
• AH 374: Australian Art & Architecture
• EC 464: The Pacific Rim: Economic and Political Orders
• IP 401: Sports Management in Australia and the Asia-Pacific Region
• MK 467: International Marketing Management
• SO 308: Australian Social Policy
• HF 328: The Australian Wine Industry

* SHA Students participating in 400 hour internship will receive 12 credits
Session 1: AN368 + Internship
Session 2: HF328 (or other session 2 class) + Internship
Internship Codes

- CAS AH 505  Internship in Arts/Arts Administration
- CAS EC 497  Internship in Business/Economics
- CAS PO 401  Internship in Politics
- CAS PO 405  Internship in International Organization
- CAS IR 455  Internship in International Organization
- CAS PS 495  Internship in Health and Human Services
- CAS CM 471  Internship in Advertising/Marketing/Public Relations
- COM FT 493/4 Internship in Film and Television
- COM JO 413  Internship in Broadcast Journalism
- COM JO 411  Internship in Journalism
- SHA HF 390  Field Placement in Hospitality Administration
- SAR HS 410  Field Placement in Human Physiology
Course selection will take place at 8pm (EST) on Sunday, 16 July.

- You will receive an e-mail from busydney@bu.edu with information about the online course selection process.
- Course numbers are capped and will fill up on a first come, first served basis and a course won't run if minimum numbers aren't reached.
- PLEASE NOTE: There will be a place on the form to indicate an academic requirement (which is different from an advisor approved course).
- SHA students participating in 400 hour placement do not need to register. You will be enrolled in AN368 + HF328
- Questions? E-mail: busydney@bu.edu
MAKE THE MOST OF YOUR SEMESTER ABROAD!

- CAS IP101 will provide you with tools for identifying cultural differences, patterns and values, and will challenge you to think critically about and reflect on your study abroad experience.

- Course is worth one (1) credit and is Pass/Fail.

- The syllabus and more information is found on the Global Learning Experience webpage.

- Please check your program Hub Page for instructions on how to enroll!

- Students enjoy the readings and a Spring 2015 participant said “[CAS IP101] forces you to really explore your environment and get out of your comfort zone. Gives you constant questions to think about while you travel.”
The Boston University Sydney Academic Centre (BUSAC) houses the program’s academic facilities, classrooms, library/computer room, and staff office.
Academics on Site

- Classes run according to a schedule provided on site
- As elaborated in the Pre-Departure Road Map, teaching and learning styles may differ dramatically
- No books required; course content is on Blackboard
- Faculty: local professors hired for BU program
Academic Policies

• All students are subject to BU’s [Academic Code of Conduct](#)

• Must take the full course load (16 credits) for a grade

• All coursework must be completed prior to end of program (or an F may be assigned)

• If accommodations are needed, notify BU Study Abroad and BU’s Office of Disability Services

• Attendance policies
  – Personal travel must NOT conflict with academic obligations
  – Details will be given during the on-site orientation and/or in syllabi
- Have your CV polished and perfected! Your CV will be read by BU advisors in Sydney to ascertain potential placements.

- The placement process is a PROCESS! Flexibility & patience are key.

- Be OPEN. Our goal is to find you the best internship experience, not necessarily the biggest corporate name. TRUST your advisor!

- Do some reflection about what you hope to gain from the experience and what you are able to give the internship.

**ASAP**
Submit all relevant forms to Sydney. We will use this information to assign you an Advisor

**14 MARCH, 2017**
INTERNSHIP BEGINS
Students intern Tuesday – Friday for 7 weeks

**UPON ARRIVAL**
Pre-placement interviews with BU Advisor commence

Advisor helps you to arrange an interview at potential site/ Placement is finalized

**INTERNSHIP BEGINS**
Students intern Tuesday – Friday for 7 weeks
• Differences between US and Australian work cultures
• Dress: think about your field
• Advice from returnees
Culture

- Language
- Communication
- Courtesies
- Rituals
- Roles
- Customs
- Relationships
- Practices
- Expected behaviors
- Values
- Thoughts
- Manners of interacting

CULTURE
Culture Shock

I LOVE IT HERE! FIGHT ON!

HOLLYWOOD

NO ONE UNDERSTANDS ME. EVERYTHING IS SO DIFFERENT...

OH IT'S NOT BAD HERE AFTER ALL. I EVEN KIND OF LIKE IT!

CULTURE SHOCK
1. Research your host country prior to departure
2. Keep an open mind
3. Search out new experiences and friends
4. Do not judge the people of a country by one person or one experience
5. Keep a sense of humor
6. Listen and observe rather than merely see or hear
7. Reflect daily to process your experiences
8. Use your host university’s support system
9. Stay in touch with home
10. Remember you have traveled far to learn about and experience a new culture, and to represent your country and school; most people only DREAM about having this experience.

There is no "best way" to deal with culture shock; it always depends on the individual.
Life on Site: Housing

- 3-4 bedroom suites
- Small private bedroom
- Shared bathroom, kitchen & living area
- Bed linens, towel and basic kitchen supplies (pots & pans) provided
- Room assignments announced upon arrival, based on housing questionnaires
- Unlimited academic wi-fi; expect it to be slower than in the US
Life on Site: Getting Around

• BUSAC is located in the neighborhood of Chippendale
• 20 minute walk to Darling Harbour, 5 minutes to downtown
• Extensive network of ferries, buses and trains
• We are very close to Central Train Station and Railway Square, two major access points for public transport
• Lots to see and do in/around Sydney – we’ll send you a weekly newsletter the SydneySider Quay.
• Many students travel further afield on weekends, long weekends & mid-semester break
Life on Site: Daily Life

• Gym memberships offered through Sydney University
• There are a number of grocery stores nearby, including a brand new Woolworth’s (“Woolies”) grocery store just around the corner at Central Park Mall
• Program Assistant (PA) events, academic field trips, plus external tour offerings such as Surf Camp Australia and more!
**Budgeting & Finances**

- Students have personal spending to anticipate – travel, shopping, food, etc.
- Be sure to budget for local transportation
- Budgeting tips from former students
- Studying abroad can be as expensive/affordable as you make it!

**PROGRAM CHARGES** — Billed by Boston University

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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<tr>
<td>Program Tuition</td>
<td>$14,560</td>
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<tr>
<td>Housing/Student Services Fee</td>
<td>$6,414</td>
</tr>
<tr>
<td>(Includes housing, excursions, overseas medical insurance, and emergency travel assistance coverage.)</td>
<td></td>
</tr>
<tr>
<td><strong>Total Program Charges</strong></td>
<td><strong>$20,974</strong></td>
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</table>

**US MEDICAL INSURANCE** — Optional, Billed by Boston University

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<tbody>
<tr>
<td>Medical Insurance</td>
<td>$2,014</td>
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<tr>
<td>(Waived if student demonstrates coverage by a comprehensive US based policy)</td>
<td></td>
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<tr>
<td><strong>Total Program Charges With Medical Insurance</strong></td>
<td><strong>$22,988</strong></td>
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**ESTIMATED ADDITIONAL EXPENSES** — Not included in Program Charges

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Board/Food</td>
<td>$3,000</td>
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<tr>
<td>Airfare (from the West Coast)*</td>
<td>$2,300</td>
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<tr>
<td>Local Transportation</td>
<td>$650</td>
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<tr>
<td>Books</td>
<td>$100</td>
</tr>
<tr>
<td>Visa/Immigration Requirements*</td>
<td>$365</td>
</tr>
<tr>
<td>Personal Spending</td>
<td>$3,000</td>
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<tr>
<td><strong>Total Estimated Additional Expenses</strong></td>
<td><strong>$9,415</strong></td>
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**TOTAL ESTIMATED EXPENSES**

<table>
<thead>
<tr>
<th>Amount</th>
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<tr>
<td>$32,403</td>
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</table>
Sample Prices (AUD)

- Taxi (5 miles): $26
- **Weekly** ticket public transit: $60
- Pair of Levi’s jeans: $98
- Nike shoes: $144
- Shampoo: $6
- Toothpaste: $3.54
- Cold medicine: $8
- Dinner for 2 in pub: $51
- Fast food combo meal: $11
- Beer: $7
- Cappuccino: $4

[https://www.expatistan.com/cost-of-living/sydney](https://www.expatistan.com/cost-of-living/sydney)
Staying connected with home
- Skype/Facetime; think of alternatives too (e.g. have your parents call your mobile from Skype)
- Email, messaging, and apps (WhatsApp)
- Differences locally: wi-fi at residence can be spotty; less public wi-fi spots

Mobile Phones
- US-based international mobile phone plans are more expensive and often don’t work. Skip them. You will need a local Australian number
- You must have a local number for internships, emergencies and ease of use (making local friends!)
- A cheap, pay-as-you-go basic mobile phone option will be available for you to purchase at Orientation in Sydney. You will also have the option to purchase just a SIM card. Details on how to activate a phone and phone plans will also be given at Orientation.
- If you are planning on bringing a phone, this phone must be unlocked in order to use it with an Australian service provider.
- Keep your current smartphone on “airplane mode” and use apps on wi-fi when it’s available.
- In Australia, it is free to accept a call on your mobile phone. We therefore recommend your parents/friends in the US Skype call your Australian mobile.
Plan ahead!

- Visit your doctor about any health concerns or for a physical, if overdue
- Maintain regular dental appointments
- Make a plan to access your medications abroad
  - Talk to your doctor
  - Make a copy of your prescriptions; keep them with your packed medications
  - If allowable, obtain a supply for full semester
  - If you can’t obtain a full supply of medication, get a letter from your doctor explaining your medication (dosage, molecular name, etc.) and you will make an appointment in Sydney to get a new prescription
  - Do not plan to ship medicine abroad
- Understand that medical facilities will be different abroad
- Learn about local health system and cultural differences
- Contact program staff with any concerns
Mental Health

• Talk to your therapist/counselor about mental health while abroad and make a plan before you go.

• Even if you may be excited about new opportunities, stress or anxiety may increase abroad.

• Keep Healthy:
  – Cultural norms: very active, health conscious city
  – Keep up routine (when possible)
  – HTH covers mental health care
  – Use the on-site staff as a resource
At least two weeks before the program start date, all students will be automatically enrolled in international insurance coverage and emergency travel assistance services through HTH WorldWide, including evacuation coverage.

- **Valid for the duration of the program, and extendable at the student’s expense**
  
  - Detailed coverage information is provided on the BU Study Abroad Health & Safety page and again by email at the time of enrollment
  
  - In case of need of medical treatment, mental health counseling, or travel assistance while abroad or to set up appointments in advance, contact HTH directly and identify yourself as a Boston University student:
    - +1 610-254-8771
    - globalhealth@hthworldwide.com

- **All students are required to maintain their US-based health insurance coverage while abroad**
Program Emergency Plan

• Boston University closely monitors the security situation across the world, and follows guidance from local authorities and the US State Department
• Detailed emergency plans and general safety precautions will be explained during orientation

Personal Emergency Plan

• Always have emergency contact numbers with you, both in your phone and separately
• Enroll in the State Department STEP Program to get travel alerts and warnings
• Talk with your family about communication expectations so they know you are okay
Take Responsibility for your OWN Risk Management!

- Talk to your family and friends about the location-buildings, housing, staff, insurance, resources
- Practice situational awareness: Be aware of your surroundings; be vigilant of others.
- Do not drive (road and pedestrian accidents are #1 cause of injury/death abroad)
- Do not participate in demonstrations or protests
- Drink responsibly –The majority of problems student’s face are related to alcohol. It’s not the staff’s responsibility to manage your consumption!
- Travel with others and look out for each other.
- Pay attention to the news (before and during the program)
- Practice safe sex and report any sexual assault to staff abroad.
Our Expectations of you:

We expect that you will...

• Share responsibility for your safety and that of others in the program

• You will be reachable by local phone at all times. Keep your phone charged and topped-up with minutes.

• You will reach out to program staff and your family if you experience, witness or become aware of a serious incident of any kind.

• You will report issues of any sort in a timely manner to the on-site staff (or directly to Boston if necessary) so that we can help you.
Personal Safety

Keep your belongings safe

– Do not bring valuables or sentimental items abroad
– Avoid carrying large amounts of cash
– Monitor your wallet/purse closely. Keep money hidden, or consider a money belt
– Limit smartphone usage in public
– Carry only necessities out at night – make sure you have emergency numbers with you
Boston University is committed to fostering a safe learning environment for all members of the University community and preventing sexual misconduct.

- **All forms of sexual misconduct, including rape, acquaintance rape, sexual assault, domestic and dating violence, stalking, and sexual harassment** are violations of Boston University’s policies, whether they happen on campus or off campus.

- Reporting: On-site staff should be first resource. If unavailable or uncomfortable reporting, contact Title IX Deputy Coordinator Debbie Miller at millerda@bu.edu.

- BU staff/site staff are obligated to report any incident of sexual misconduct

- On-site staff will go over this in orientation

“I didn’t know what to call what happened to me, I just knew it felt bad.”
You don’t have to go through this alone.

**Contact**

- **Dean of Students Office**
  617-353-4126
  dos@bu.edu

- **The Center for Sexual Assault Response & Prevention**

- **Visit www.bu.edu/safety for more information.**
• Applications are due **May 1**
  
  • Online application
  
  • Supplemental Materials
    • Look out for what needs to be notarized!
    • Your 956a must be sent to lprema@bu.edu ASAP
  
  • Attended Visa Workshop or received directions via email
  
  • Look out for supplemental materials from Lauren & signed 956a
  
  • Visas granted electronically via email; no sticker in passport
  
  • Fee payment:
    • Notify your bank/credit card provider of charge in Australian dollars
    • Will occur around July

***Process may vary for non-US citizens***
All Materials PAST DUE/Approaching

Phase 2: Self Check

Have you completed everything in Phases 1 and 2? Here is a self-check to make sure you’re on the right track. Make sure you’re keeping track of any upcoming deadlines and budgeting enough time to complete them on-time. If you missed a deadline, be sure to check in with your Program Manager and complete that task right away.

YOU SHOULD HAVE COMPLETED:
(From Phase 1)

• Confirmed your participation via your BU Study Abroad Application, paid your program deposit, and filled out the accompanying online forms.
• Watched the Pre-departure Roadmap Webinar
• Attend the Visa Application Workshop – MAR 30 or APR 12
• Booked a seat on the group flight (optional) – TBD
• Registered for the “Global Learning Experience” 1-credit course (optional)

(From Phase 2)

• Submitted the Internship Form – APR 17
• Submitted the Housing Questionnaire – APR 17
• Attended your pre-departure meeting – APR 20
• Non-US Citizens Applied for a Visa – MAY 01
• Completed the Criminal Background Check: MAY 01
• Submitted the RA/PA application (optional) – MAY 05
• Course Selection: JUN 16 8pm
• Submit Flight Information to busydney@bu.edu – JUL 16
• Made any necessary doctors appointments and located your nearest travel clinic for immunizations.
• Contacted HTH for “Pre-Trip Planning” (if necessary)
• Contacted BU Disability Services to plan for academic accommodations and other support services (if necessary)
Flights

- Will receive a recommended group flight in the coming weeks
- Cost of flight is not included in program fee
- Those on group flight (or around the same time) will be picked up at the airport by Sydney staff
- Independent arrivals will receive instructions from Sydney staff
- Independent travelers must arrive by 10am on 23 August and must e-mail their confirmed itineraries to busydney@bu.edu

***You are not automatically booked on a flight

Advantage Travel:
Web: http://advantagetravelcny.com/
Phone: 315-471-2222
Toll Free: 800-788-1980
LOGISTICS
• Arrive at the airport no later than two hours prior to your departure
• Wear heavier clothes/layers on the flight to be able to have room in your suitcase
• Confirm your departure time and flight

CARRY ON
• Passport with printed visa confirmation e-mail
• Liquids 3oz or less in plastic bags (check www.tsa.gov for up to date requirements)
• Essentials to last you a few days in your carry-on in case your luggage gets lost (toothpaste, deodorant, underwear, medicine, socks)
• Full roundtrip flight itinerary
• Site contact details and address of your program site

HEALTH WHILE TRAVELING
• Drink lots of water and stay hydrated; get up and move around cabin
• Be sure to time your medications while traveling
• Get lots of sleep after you arrive: jetlag can take up to a week to go away!
• **Luggage:**
  – Use bags that are light and sturdy – one large, one carry on, one shoulder bag or backpack
  – Pack only what you can carry *yourself*
  – Check airline restrictions on weight and number of bags you can take aboard, overage fees may apply
  – Do not plan on shipping items abroad
• **Things to bring:**
  – You are provided with 1 towel, 1 pillow and bed linens. Bring any extra items you need (e.g. beach towel, extra pillow, etc.)
  – Outlet adapter
  – Specific clothing for the site climate & internship
  – External hard drive or USB drive for backing up academic work

• **What NOT to bring:**
  – Sentimental items you couldn’t do without
  – Personal appliances (hairdryers, straighteners, shavers); you can get one there

Check out these helpful pages of the bu.edu/sydney website:
  What to Bring
  Adaptors & Converters
Weather Averages

Sydney: temperatures (°C)

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<th>Fahrenheit (°F)</th>
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</thead>
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<td>5</td>
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<tr>
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<td>22*</td>
<td>71.6*</td>
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<td>35</td>
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<tr>
<td>40</td>
<td>104</td>
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</tbody>
</table>

*Celsius (°C) | Fahrenheit (°F)*
```

*room temperature
Some communication you can expect to receive over the next few months:

- From Boston staff:
  - General reminders
  - Getting Ready to Go e-mail (important reminders sent a few weeks before departure)
  - HTH e-mail
  - Financial information

- From Sydney staff:
  - Pre-departure e-mails

Join BUSA on Facebook and follow us on Twitter!
Urgent: complete outstanding Sydney/visa forms!
- Send criminal background check results to busydney@bu.edu
- Send signed 956a form to Lauren: lprema@bu.edu

Complete general pre-departure documents to get registered for your program

Prepare for your course registration (July 16)

Watch the online Pre-Departure Road Map (again!)
• BU provides a variety of educational programs designed to promote awareness and prevention of sexual assault and domestic violence.

• **Rape Aggression Defense (RAD) training**

• The Boston University Police Department offers RAD training several times during the year, and can schedule additional sessions on request.

• **Sexual Assault Response & Prevention Center**

• In cooperation with BU’s [Student Health Services](http://www.bu.edu/shs/wellness/), SARP provides a variety of services, including:
  – Step Up. Step In. (bystander training)
  – health services
  – mental health counseling
  – violence prevention workshops during the academic year and upon request

• **Be Safe@BU**

• The Dean of Students provides programming at student orientation and beyond to educate the BU community on a variety of safety measures, including assault prevention.

• [Wellness & Prevention Services](http://www.bu.edu/shs/wellness/)

• Non-BU students, please also research your university’s services
LGBTQ Resources
• **US State Department Advice for LGBT Travelers**
• **Diversity and Inclusion Abroad: Sexual Orientation Abroad**

Disability resources
• **Diversity and Inclusion Abroad: Student with Disabilities Abroad**
• **Abroad with Disabilities Facebook Community**

Women’s issues by site
• **US State Department Advice for Women Travelers**
• **Diversity and Inclusion Abroad: Women Abroad**
• BU: [http://www.bu.edu/shs/resources/](http://www.bu.edu/shs/resources/)

Many additional resources can be found online.
• Join the **BU Sydney Fall 2017 Facebook Group**
  www.facebook.com/groups/BUinSydneyFall2017/

• Like the **BU Sydney Facebook Page**
See you in Sydney!

BU in Sydney Slideshow
au revoir

Go away!