



Auckland Programs



Study Abroad

Name the type of animal is known for eating the strips of rubber from car windows.

Name the type of animal is known for eating the strips of rubber from car windows

The Kea bird (will also just accept bird)



Only ____% of NZ's population is human – the rest are animals

Only 5% of NZ's population is human – the rest are animals.

Name the 3 official languages of NZ

Name the 3 official languages of NZ.

English, Maori, NZ Sign Language

Name the extreme sport that started in NZ.

Name the extreme sport that started in NZ.

Bungee Jumping



In 1990, the NZ Prime Minister appointed a
National _____

In 1990, the NZ Prime Minister appointed a National Wizzard.



Ian Brackbury Channell

<http://www.wizard.gen.nz/>

Agenda/Introductions



- Introductions and Program Statistics
- Logistics
- Academics
- Internships
- Life on Site
- Finances and Budgeting
- Health and Safety
- Action Items
- Wrap up/Questions

Introductions

Lauren Prema
Program Manager
Boston

Returnee

Leo Blais, Internship, Spring '16
David DeSario, Internship, Spring '16



Giant Weta –
heaviest insect

Auckland Staff



Kevin Martin, Program Director
kmartin@bu.edu

Brett Armstrong, Assistant Director
brettnz@bu.edu

Vivienne Kent, Professor



Program Statistics

- **36 total students**
- 21 Internship,
- 3 Management
- 12 University Studies
- 31 BU, 5 non-BU
- 30 female, 6 male
- 2 AUT, 34 UofA




Pre-Departure Roadmap



Boston University Study Abroad Pre-Departure Roadmap



 Study Abroad

▶ twitter.com/BUabroad ▶ facebook.com/BUabroad ▶ bu.edu/abroad

AUCKLAND PROGRAMS HUB PAGE FALL 2017

Phase 1: First Things First
(Admission – April 1)

Phase 2: Core Preparations
(April 1 – July 15)

Phase 3: Final Considerations
(July 15 – Departure)

[In-Country Guide](#)

[The Fine Print:
Policies and Procedures](#)

[Calendar](#)

[Contacts](#)

You're in! This Hub Page is your one-stop-shop for all program related information prior to your departure.

Everything you need to do before studying abroad will be addressed on this page – think of it as a living checklist. Be sure to check this page regularly, as many of the sections above contain action items with specific deadlines. We will also update this page with new information throughout the semester.

Phases 1, 2 and 3 contain time-sensitive action items, so be sure you're staying on track! Each phase contains a self-check so you can double check to see if you've completed everything along the way.

The "In-Country Guide" contains a wealth of information about the place you'll be calling home for the next semester. Be sure to read through that section to learn about everything from cultural customs, to academic differences, to daily life.

VISA VISA VISA

Phase 2: Core Preparations (April 01 – July 1)

▼ Course Selection: University of Auckland Due MAY 15

▲ Visa Application: Due MAY 15

Please read this section VERY carefully. New Zealand's Washington Embassy is extraordinarily strict about its visa application requirements. Your application may be denied or significantly delayed if you do not follow the instructions carefully.

WHAT TYPE OF VISA AM I APPLYING FOR?

You are applying for a **Student Visa (NZ 1012)**. Citizens of any country can apply for this visa, and it will allow you multiple entries into NZ, and to stay and study in the country for up to 6 months.

WHEN SHOULD I APPLY FOR MY VISA?

The deadline for mailing your application is May 15. Failure to apply for the visa by this time could revoke admission to the program.

Prior to applying for your visa, make sure that your passport will be valid at least **three months past the date you plan to leave** New Zealand (U.S. State Dept. recommends 6 months).

Once you mail in your visa application packet, **processing time is up to three weeks (15 business days)**. The New Zealand Visa Application Center may keep your passport for approximately 3 weeks, so you should plan any international travel during the time leading up to your departure accordingly.

Please note that you cannot submit your visa application until you have completed your "University of Auckland/AUT Application" above, and received your "Offer of Admission" letter from your Auckland university. Students should apply for their visas **as soon as** they receive the letter, so it's important to read all of these instructions and begin assembling your visa packet so that when your letter arrives, you're ready to print it and mail off your visa application packet.

HOW DO I APPLY FOR MY VISA?

To apply, you must submit the following:

- Completed application for UofA or AUT
- You receive an official admissions letter from Lauren & additional document
- Assemble & mail visa: check out the hub page (Phase 2) for instructions

Program Academic Calendar

Semester 2 AUT

- Saturday, July 15 Arrive in Auckland
- Monday, July 17 Lectures Begin
- Monday, August 14 Internships Begin
- Saturday – Sunday, August 26 – September 10 Semester Break
- Friday, October 20 Lectures End
- Friday, October 27 Internships End
- Friday, November 10 Program Ends
- Tuesday, November 21 Departure Day

Semester 2 AUT

- Saturday, July 22 Arrive in Auckland
- Monday, July 24 Lectures Begin
- Monday, August 14 Internships Begin
- Saturday – Sunday, September 4 – September 17 Semester Break
- Friday, October 27 Lectures End
- Friday, October 27 Internships End
- Monday, November 20 Program Ends
- Tuesday, November 21 Departure Day



Main differences:
Start dates
Mid-semester break
Lecture end dates & Exams

AUT

- Selected courses in application

UofA

- Accept your spot
- Follow online enrollment guide
- Concessions: provide specific information about pre-requisites (not just course name, but description)

▲ Course Selection: University of Auckland Due MAY 15

Although you already submitted an Advisor Support of Participation form as part of your application, you may adjust your course enrollment plans as you learn more about your program. Be sure to do so in consultation with your academic advisor (or your home institution's study abroad office, if you are a visiting student), especially if your courses were pre-approved. You should determine, preferably prior to the start of the program, the precise degree requirements these courses will fulfill. It is your responsibility to research how the courses taken abroad apply towards your overall academic requirements and progress toward your degree. Non-BU students should be certain you understand how courses you take with BU Study Abroad will transfer to your home institution. Your courses will not appear on your BU transcript until after the program has ended and grades are reported.

You will be enrolling in two Semester 2 courses (Internship Program) or three Semester 2 courses (University Studies Program). Your courses will not appear on your BU transcript until after the program has ended and grades are reported.

Consult with your program staff if you have questions about choosing your courses. Also, be sure to clear your course selections with your academic advisor before you arrive in Auckland. It is a good idea to get advisor approval for several alternative courses in the event your first choices are unavailable.

As part of the program, all students are automatically enrolled in CAS SS 315: Aotearoa New Zealand: History, Society, and Politics.

Kindly note that students are not permitted to enroll in courses past 5pm.

STUDENTS ENROLLING AT THE UNIVERSITY OF AUCKLAND:

After you've successfully registered with the University of Auckland online, and received your "Offer of Admission" letter, you are ready to enroll in courses. **You cannot enroll until you have been admitted by the U of Auckland and accepted their offer of admission.**

Here is the guide for accepting the offer, and enrolling in courses:

[University of Auckland Enrolment Guide](#)

Required course (all students):

- CAS SS 315: Aotearoa New Zealand: History and Society

***You are all automatically enrolled in this course**

Internship students:

- (2) Elective courses in Semester 2
- Internship course (**automatically enrolled**)

University Studies students:

- (3) Electives during Semester 2

Students are not to enroll in courses past 5pm, any day of the week.



You'll be directly enrolling at U of Auckland or AUT during Summer Semester & Semester I for your electives.

CAS IP101 The Global Learning Experience: An Online Course

MAKE THE MOST OF YOUR SEMESTER ABROAD!

- CAS IP101 will provide you with tools for identifying cultural differences, patterns and values, and will challenge you to think critically about and reflect on your study abroad experience
- Course is worth one (1) credit and is Pass/Fail
- The syllabus and more information is found on the [Global Learning Experience webpage](#)
- Please check your program Hub Page for instructions on how to enroll!
- Students enjoy the readings and a Spring 2015 participant said *"[CAS IP101] forces you to really explore your environment and get out of your comfort zone. Gives you constant questions to think about while you travel."*

Academics on Site

NZ's academic culture:

- As elaborated in the online roadmap, teaching and learning styles may differ dramatically
- Courses more lecture-based
- Less continuous feedback
- Professors may be less available



Photos of AUT

Academics on Site: University of Auckland

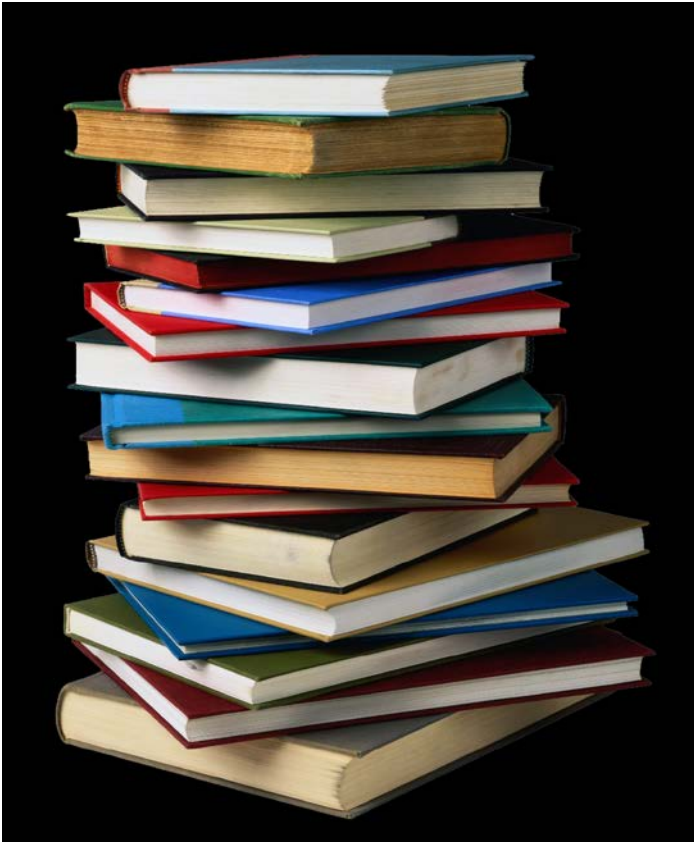


Academic Policies



- All students are subject to BU's [Academic Code of Conduct](#)
- Attendance policies
 - Personal travel must NOT conflict with academic obligations
 - Details will be given during the on-site orientation and/or in syllabi
- Must take the full course load (16 credits) for a grade
- All coursework must be completed prior to end of program (or an F may be assigned)
- If accommodations are needed, notify BU Study Abroad and BU's Office of Disability Services

Academic Policies for Direct Enrollment at a Foreign University



Remember to review the full set of Academic Policies on your program hub page.

As a student enrolling in one or more classes at a foreign university, you **are required to:**

- Maintain full-time status (12+ BU credits)
- Verify course equivalencies with your academic advisor
- Follow host university policies for final exam registration
- Understand how grades and credits from your host university will be converted to BU grades and credits

As a student enrolling in one or more classes at a foreign university, you **may not:**

- Audit classes abroad
- Take pass/fail classes abroad (no credit will be granted at BU)

Withdrawals and Incompletes at Host Universities

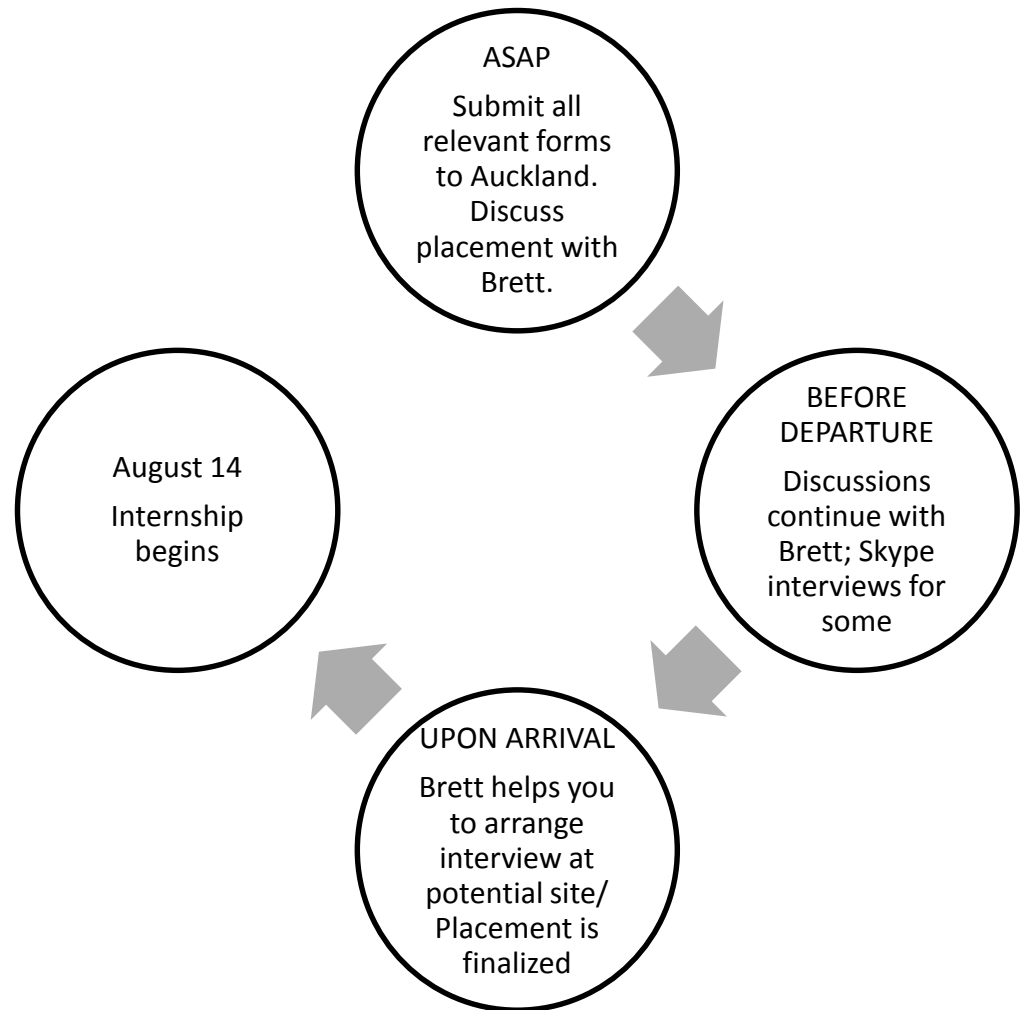
- Withdrawals reported on your host university transcript will be reported as 'W' on your BU transcript
- Incompletes reported on your host university transcript will be reported as 'F' on your BU transcript

Please note:

All grades assigned to you by the host institution will be recorded on your BU transcript and all grades earned abroad will be factored into your GPA. *Boston University cannot edit, modify or change in any way the final grades that are issued by your host institution and indicated on your host university transcript.* You cannot opt to omit courses taken abroad and/or grades earned abroad from your BU transcript.

Internship Placement Process

- Have your CV polished and perfected! Your CV will be read by BU advisors in Auckland to ascertain potential placements.
- The placement process is a PROCESS! Flexibility & patience are key.
- Do some reflection about what you hope to gain from the experience and what you are able to give the internship.
- Remember: if you can't do the "boring" tasks well, you will never be asked to do the "cooler" tasks.



Internship Expectations

What an academic internship is **NOT**:

Not your dream job!

Not the key to an automatic job offer

Not specialized job training

Not exciting and engaging 100% of the time

Not necessarily a globally recognized company name

Not the same experience as your friends

Not optional – must complete full internship time;
participation is mandatory

Not all about you! Consider the needs of your
company and think of it as a way to gain new skills or
work habits

Internship Expectations

What **CAN** an academic internship offer?

Can provide professional experience and practice

Can offer exposure to different management styles and organizational structures

Can help build your professional network

Can enhance cultural awareness and language skills

Can help you hone problem-solving skills

Can make you become more adaptable as an employee

Can help identify your skills, interests, and values to discover career paths that are (or are not) a good match

Can integrate your practical learning with your academic work and field of study

Can provide transferrable and valuable skills like perseverance and grit (especially if getting through tasks you don't necessarily love)

Internship Culture

HOW TO BE A GOOD INTERN

(IN SEVENTEEN EASY STEPS)

- | | | | | | |
|--------------|---|---------------|---|---------------|---|
| NO. 1 | Take your internship very seriously. (Seriously.) | NO. 7 | Understand that you don't know it all (even though you feel like you do). | NO. 13 | Look out for opportunities to demonstrate what you do know and how you can contribute (but don't push it—nobody likes a show off). |
| NO. 2 | Get in on time (without complaining about how early it is or how late you were up the night before). | NO. 8 | Turn off your cellphone (even if your ring is really cute). | NO. 14 | There are (almost) no stupid questions. (Ignorance is not bliss, just ignorant and it can be a major waste of time.) |
| NO. 3 | Listen very carefully and always take notes (just when people are giving you assignments, not during social situations). | NO. 9 | Don't smoke cigars. (Nasty habit.) | NO. 15 | Don't just follow directions. Think about what you are doing while you are doing it (so when the designer says, "but that's illegible" you won't have to say, "I know!"). |
| NO. 4 | Do more than is expected on every single assignment (unless more costs more). | NO. 10 | Do not unnecessarily distract others who are busy working (even though <i>Project Runway</i> was particularly great last night). | NO. 16 | Be eager to learn and people will be more likely to teach you. |
| NO. 5 | There is (almost) always something you can do (so let your bosses know when you are available; don't just wait until someone notices you are free). | NO. 11 | Bring snacks (sometimes sweet, sometimes salty). | NO. 17 | Understand that the success of the internship is (almost) entirely up to you. |
| NO. 6 | Show up. People are relying on you. (A school assignment is NOT a reason to "call in sick.") | NO. 12 | Be proactive. If there is nothing official for you to do, figure something out on your own. (Like get to know the book collection so when someone is looking for something you can be helpful. Or go through the portfolio so you can really study the company's work.) | | |

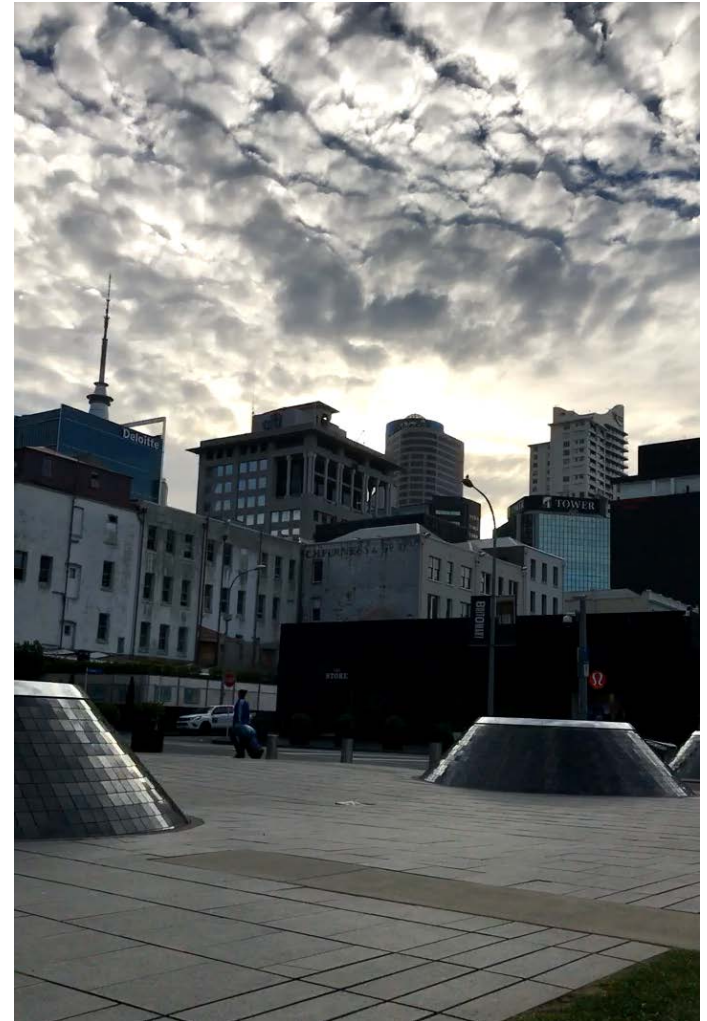
Did we leave something important out? Please e-mail us at all@number17.com and we will include it in our next installment of HOW TO BE A GOOD INTERN.

- Address e-mails with "Dear Mr./Dear Mrs." as opposed to "hi" or "hey". You NEVER know where someone else is coming from.
- Dress for the job you want! A suit may not be necessary, but it's better to dress up more on the first day and see what others are wearing.
- You may get LESS supervision than you are used to. Ask questions if you don't know something, but try to find a solution first. Be pro-active and useful, to your organization.
- Have your CV polished and perfected! Your CV is getting read by actual potential supervisors
- Do some reflection about what you hope to gain from the experience and what you are able to give the internship. Take initiative on the job; if you can't do the "boring" stuff right, why would your boss ask you to do more "interesting" projects?
- All experience is valuable and many skills are transferrable, even if the skills you learn are perseverance (doing something you don't love) and grit!

FORTUNE: YOU WILL BE A GREAT INTERN.

Life on Site: Housing

- Living in apartments called “Scene 3”
- 3-6 students per suite
- 2-person bedrooms
- Shared bathroom, kitchen & living area
- Kitchen has full-size fridge, microwave, dishwasher, cutlery, pots, pans, etc.
- Bed linens, towel provided
- Washer/dryer in unit
- BBQ area outside
- Tennis court & pool
- Gym (by membership for additional cost)
- Wi-fi

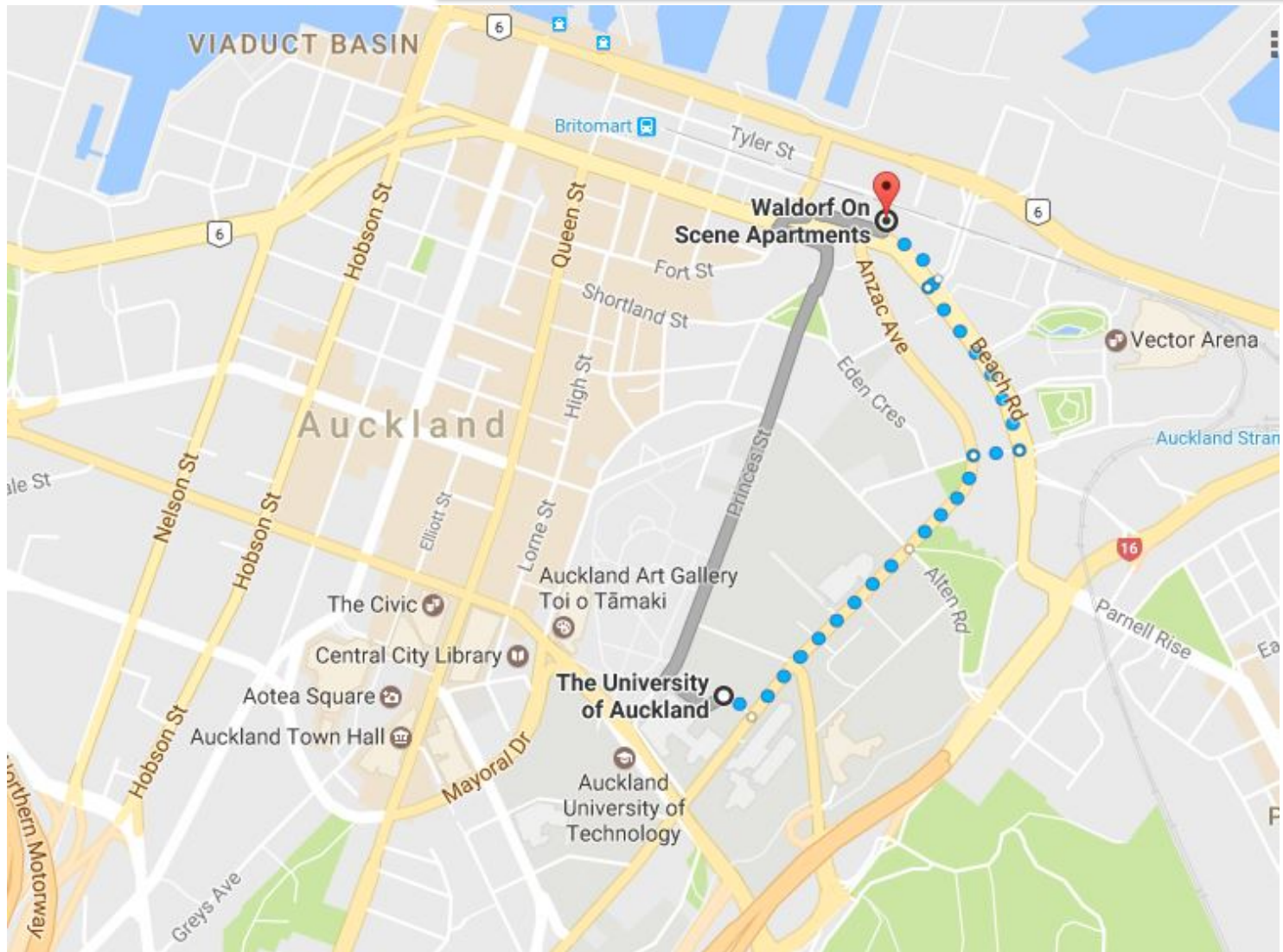


Life on Site: Housing

- Room assignments announced upon arrival, based on housing questionnaires
 - Recommend getting to know one another beforehand!
- About a 10 min. walk to the universities (up hill)
- After-hours security
- No overnight guests



Life on Site: Getting Around



Life on Site: Daily Life



- Gym memberships available through universities for a monthly fee
- Getting involved at the university
- Grocery shopping & pharmacies right behind the building (Countdown Supermarket)
- 5 min walk to train station
- Walking city; buses for internships
- Travel & excursions

Communication

- **Mobile Phones**

- You must have a local number for emergencies, internships and ease of use
- A cheap, pay-as-you-go mobile phone option will be available for you to purchase at Orientation in Auckland. Details on how to activate a phone and phone plans will also be given at Orientation.
- The phones available for purchase are basic mobile phones. If you are planning on bringing a phone, this phone must be unlocked in order to use it with an New Zealand service provider.
- Keep your current smartphone on “airplane mode” and use apps on Wi-Fi when it’s available.
- **US-based international mobile phone plans are more expensive and often don’t work.**

- **Staying connected with home**

- Make a plan BEFORE you leave home to manage your loved ones’ expectations
- Skype/Facetime; think of alternatives too (e.g. have your parents call your mobile from Skype)
- Email, messaging, and apps (WhatsApp)
- Differences locally: wi-fi at residence can be spotty; less public wi-fi spots



Make a realistic communication plan with your family and friends

The best plan will strike a balance between sharing your experiences with those at home regularly, while primarily engaging with your new local culture.

When you're homesick, try not to call home or use social media more often, it can make homesickness worse!



World's Most Embarrassing Mom Makes Peruvian Government Hunt Down Her Son When He Stops Posting on Facebook



Caity Weaver

Filed to: EMBARRASSING PARENTS 3/01/13 1:23pm

207,995 🔥 2 ☆



STUDY ABROAD PROGRAM BUDGET—Academic Year 2016/2017
 NAME OF PROGRAM: Auckland Management Internship Program
 PROGRAM LOCATION: Auckland, New Zealand
 PROGRAM LENGTH: 17 weeks, Fall, 16 credits

Budgeting & Finances

PROGRAM CHARGES — Billed by Boston University	
Program Tuition	\$ 14,560
Housing/Student Services Fee <small>(Includes housing, excursions, overseas medical insurance, and emergency travel assistance coverage.)</small>	\$ 6,414
Total Program Charges	\$ 20,974

US MEDICAL INSURANCE — Optional, Billed by Boston University	
Medical Insurance <small>(Waived if student demonstrates coverage by a comprehensive US based policy)</small>	\$ 2,014
Total Program Charges With Medical Insurance	\$ 22,988

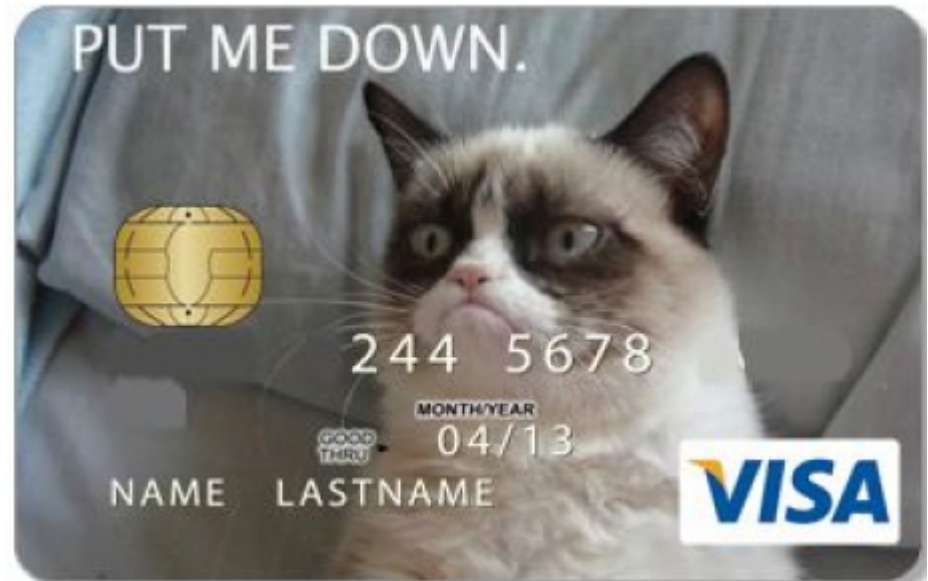
ESTIMATED ADDITIONAL EXPENSES — Not included in Program Charges	
Board/Food	\$ 1,700
Airfare (from the West Coast)**	\$ 1,800
Local Transportation	\$ 100
Books	\$ 100
Visa/Immigration Requirements*	\$ 70
Personal Spending	\$ 2,000
Total Estimated Additional Expenses	\$ 5,770

TOTAL ESTIMATED EXPENSES	\$ 28,758
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- Students typically spend around \$2,000 on personal expenses (travel, shopping, etc.)
- Be sure to budget for food, airfare and local transportation
- USD \$1 = NZD \$1.43
- NZD \$1 = USD \$0.70
- *as of 04/24/2017*

Sample Prices (NZD)

- Taxi (5 miles): \$33
- Monthly ticket public transit: \$177
- Pair of Levi's jeans: \$105
- Nike shoes: \$147
- Shampoo: \$5
- Toothpaste: \$2.86
- Cold medicine: \$18
- Dinner for 2 in pub: \$52
- Fast food combo meal: \$11
- Beer: \$10
- Cappuccino: \$4.73



<https://www.expatistan.com/cost-of-living/auckland>

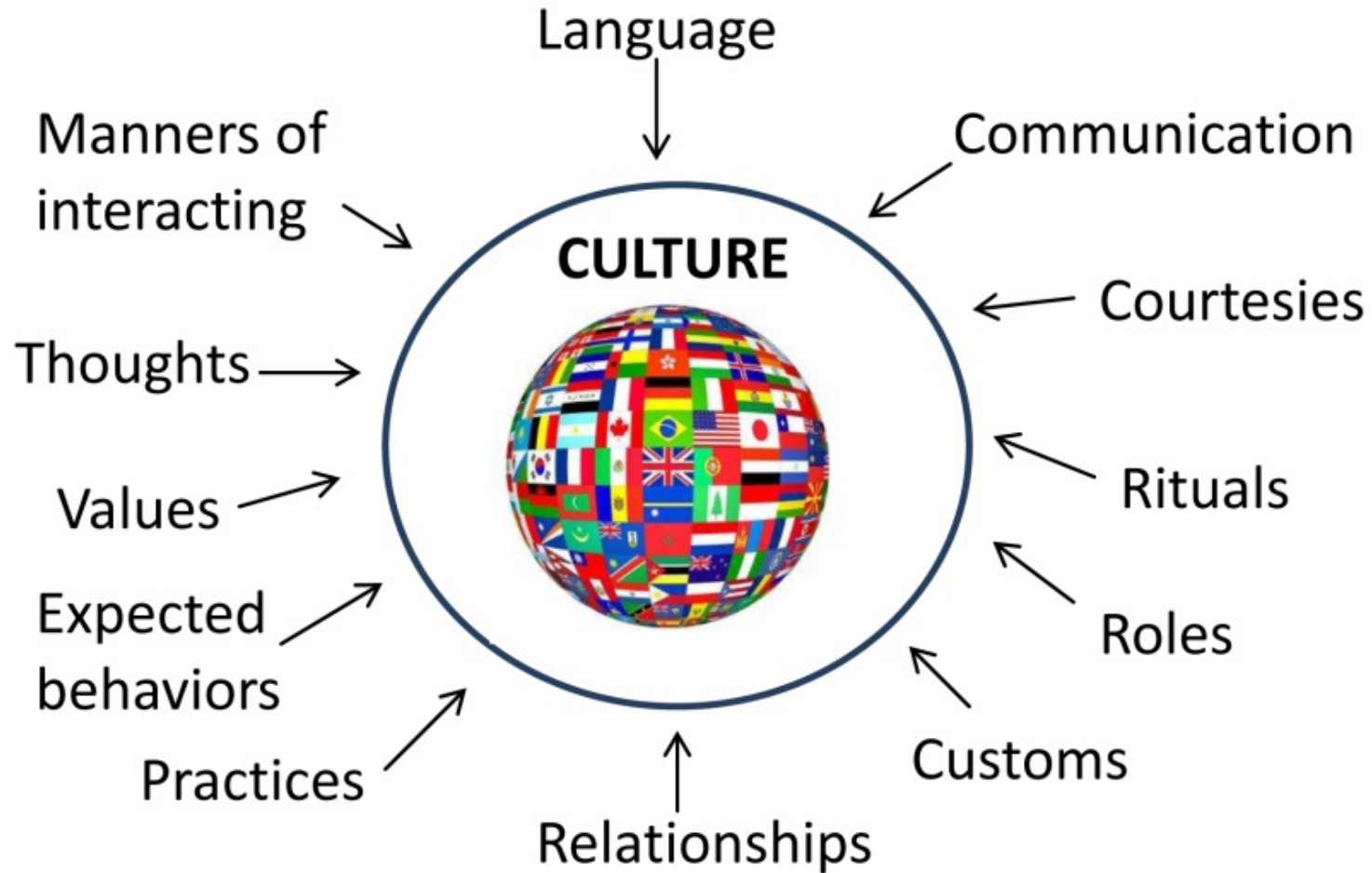
Banking



- Tell your bank and credit card companies you're going abroad!
- Check to see...
 - if your bank has a New Zealand partner (e.g. Westpac/BOA)
 - Anything else your bank might recommend in preparation for program
- Good to bring a backup credit card that allows you to make cash withdrawals
- You must have a 4-digit pin for your debit/credit cards and a "chip" is recommended
- Make copies of all cards and leave them at home
- *New Zealand has much more of a cash-based consumer culture.*
 - *Withdraw larger amounts and only carry around what you need for that day to avoid large fees*



Culture

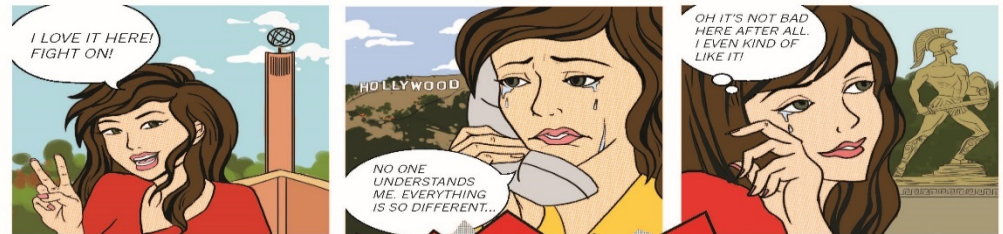
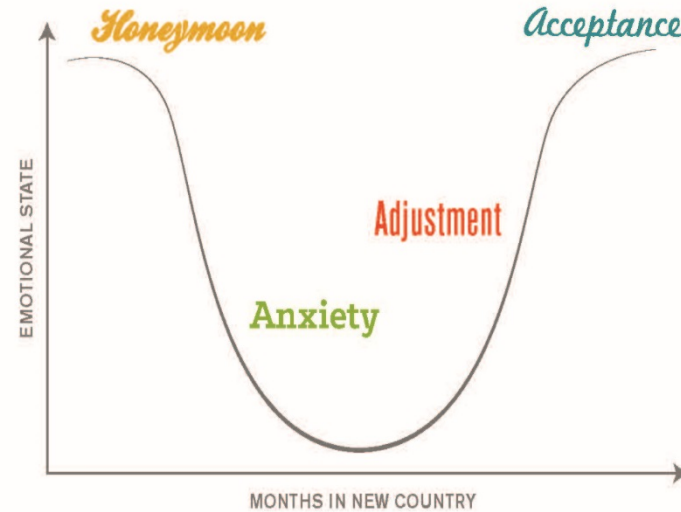


Top 10 Tips for Coping with Culture Shock

1. Research your host country prior to departure
2. Keep an open mind
3. Search out new experiences and friends
4. Do not judge the people of a country by one person or one experience
5. Keep a sense of humor
6. Listen and observe rather than merely see or hear
7. Reflect daily to process your experiences
8. Use your host university's support system
9. Stay in touch with home
10. Remember you have traveled far to learn about and experience a new culture, and to represent your country and school; most people only DREAM about having this experience.

There is no "best way" to deal with culture shock; it always depends on the individual.

STAGES of CULTURE SHOCK



CULTURE SHOCK

Health

Plan ahead!

- Visit your doctor about any health concerns or for a physical, if overdue
- Maintain regular dental appointments
- Make a plan to access your medications abroad
 - Talk to your doctor
 - Make a copy of your prescriptions; keep them with your packed medications
 - If allowable, obtain a supply for full semester
 - If you can't obtain a full supply of medication, get a letter from your doctor explaining your medication (dosage, molecular name, etc.) and you will make an appointment in Auckland to get a new prescription
 - Do not plan to ship medicine abroad
- Understand that medical facilities will be different abroad
- Learn about local health system and cultural differences
- Contact program staff with any concerns

Mental Health



- Talk to your therapist/counselor about mental health while abroad and make a plan before you go.
- Even if you may be excited about new opportunities, stress or anxiety may increase abroad.
- Keep Healthy:
 - Cultural norms
 - Keep up routine (when possible)
 - Mental health care covered
 - Use the on-site staff as a resource

Overseas Insurance Coverage

Prior to program start date, all students will be automatically enrolled in international health coverage.

- **HTH Worldwide Insurance**
 - Emergency evacuation coverage
 - Limited medical coverage
 - In an emergency, call 1.800.257.4823 or collect at +1.610.254.8771

- **New Zealand Health Insurance**
 - NZ StudentSafe: you're covered through U of Auckland or AUT
 - Will go over during on-site orientation

<https://www.insurancesafenz.com/studentsafe>

All students are required to maintain their US-based health insurance coverage while abroad.





At least two weeks before the program start date, all students will be automatically enrolled in international insurance coverage and emergency travel assistance services **through HTH WorldWide**, including evacuation coverage.

- **Valid for the duration of the program, and extendable at the student's expense**
 - Detailed coverage information is provided on the BU Study Abroad [Health & Safety page](#) and again by email at the time of enrollment
 - In case of need of medical treatment, mental health counseling, or travel assistance while abroad or to set up appointments in advance, contact HTH directly and identify yourself as a Boston University student:
 - +1 610-254-8771
 - globalhealth@hthworldwide.com
- **All students are required to maintain their US-based health insurance coverage while abroad**

Safety Plans

Program Emergency Plan

- Boston University closely monitors the security situation across the world, and follows guidance from local authorities and the US State Department
- Detailed emergency plans and general safety precautions will be explained during orientation

Personal Emergency Plan

- Always have emergency contact numbers with you, both in your phone and separately
- Enroll in the [State Department STEP Program](#) to get travel alerts and warnings
- Talk with your family about communication expectations in the event of an emergency

Take Responsibility for your OWN Risk Management!

- Talk to your family and friends about the location- buildings, housing, staff, insurance, resources
- Practice situational awareness: Be aware of your surroundings; be vigilant of others.
- Do not drive (road and pedestrian accidents are #1 cause of injury/death abroad)
- Do not participate in demonstrations or protests
- Drink responsibly –The majority of problems student's face are related to alcohol. It's not the staff's responsibility to manage your consumption!
- Travel with others and look out for each other.
- Pay attention to the news (before and during the program)
- Practice safe sex and report any sexual assault to staff abroad.



Our Expectations of you:

We expect that you will...

- Share responsibility for your safety and that of others in the program
- You will be reachable by local phone at all times. Keep your phone charged and topped-up with minutes.
- You will reach out to program staff and your family if you experience, witness or become aware of a serious incident of any kind.
- You will report issues of any sort in a timely manner to the on-site staff (or directly to Boston if necessary) so that we can help you.



Personal Safety

“I didn’t know what to call what happened to me, I just knew it felt bad.”


You don't have to go through this alone.



- Boston University is committed to fostering a safe learning environment for all members of the University community and preventing sexual misconduct.
- **All forms of sexual misconduct, including rape, acquaintance rape, sexual assault, domestic and dating violence, stalking, and sexual harassment are violations of Boston University’s policies, whether they happen on campus or off campus.**
- Reporting: On-site staff should be first resource. If unavailable or uncomfortable reporting, contact Title IX Deputy Coordinator Debbie Miller at millerda@bu.edu.
- BU staff/site staff are obligated to report any incident of sexual misconduct
- On-site staff will go over this in orientation



Contact

PHONE: 617-353-SARP (7277)
EMAIL: sarp@bu.edu 
VISIT: 930 Comm. Ave.
Boston, MA 02215

 Follow @sarp_bu

 Like  642

Dean of Students Office

617-353-4126
dos@bu.edu

Visit www.bu.edu/safety
for more information.

Personal Safety



Keep your belongings safe

- Do not bring valuables or sentimental items abroad
- Avoid carrying large amounts of cash
- Monitor your wallet/purse closely. Keep money hidden, or consider a money belt
- Limit smartphone usage in public
- Carry only necessities out at night – make sure you have emergency numbers with you

Personal Safety - Preparation

- BU provides a variety of educational programs designed to promote awareness and prevention of sexual assault and domestic violence.
- **[Rape Aggression Defense \(RAD\) training](#)**
- The Boston University Police Department offers RAD training several times during the year, and can schedule additional sessions on request.
- **Sexual Assault Response & Prevention Center**
- In cooperation with BU's **[Student Health Services](#)**, SARP provides a variety of services, including:
 - Step Up. Step In. (bystander training)
 - health services
 - mental health counseling
 - violence prevention workshops during the academic year and upon request
- **Be Safe@BU**
- The Dean of Students provides programming at student orientation and beyond to educate the BU community on a variety of safety measures, including assault prevention.
- **Wellness & Prevention Services:**
<http://www.bu.edu/shs/wellness/>
- Non-BU students, please also research your university's services



Flights

Arrivals

- Optional group flight itinerary: will be sent via e-mail
- University of Auckland students will be picked up by UofA driver
- Cost of flight is NOT included in program fee
- Independent travelers must e-mail their confirmed itineraries to the program manager (lprema@bu.edu)

Must arrive by 7am on July 15 (AUT) or July 22 (UofA)

Advantage Travel:

Web: <http://advantagetravelcny.com/>

Phone: 315-471-2222

Toll Free: 800-788-1980

Travel

LOGISTICS

- Confirm your departure time and flight
- Arrive at the airport no later than three hours prior to your departure
- Wear heavier clothes on the flight to be able to have room in your suitcase

CARRY ON

- Passport with visa
- Liquids 3oz or less in plastic bags (check www.tsa.gov for up to date requirements)
- Essentials to last you a few days in your carry-on in case your luggage gets lost (toothpaste, deodorant, underwear, medicine, socks)
- Full roundtrip flight itinerary
- Site contact details and address of The Quadrant

HEALTH WHILE TRAVELING

- Drink lots of water and stay hydrated; get up and move around cabin
- Be sure to time your medications while traveling
- Get on a good schedule after you arrive: jetlag can take up to a week to go away!

Packing List

- **Luggage:**

- Use bags that are light and sturdy – one large, one carry on, one shoulder bag or backpack
- Pack only what you can carry *yourself*
- Check airline restrictions on weight and number of bags you can take aboard, overage fees may apply
- Do not plan on shipping items abroad



Packing List

- **Things to bring:**

- You are provided with 1 towel, 1 pillow and bed linens. Bring any extra items you need (e.g. beach towel, extra pillow, etc.)
- Outlet adapter
- Specific clothing for the site climate and for **internship**
- External hard drive or USB drive for backing up academic work

- **What NOT to bring:**

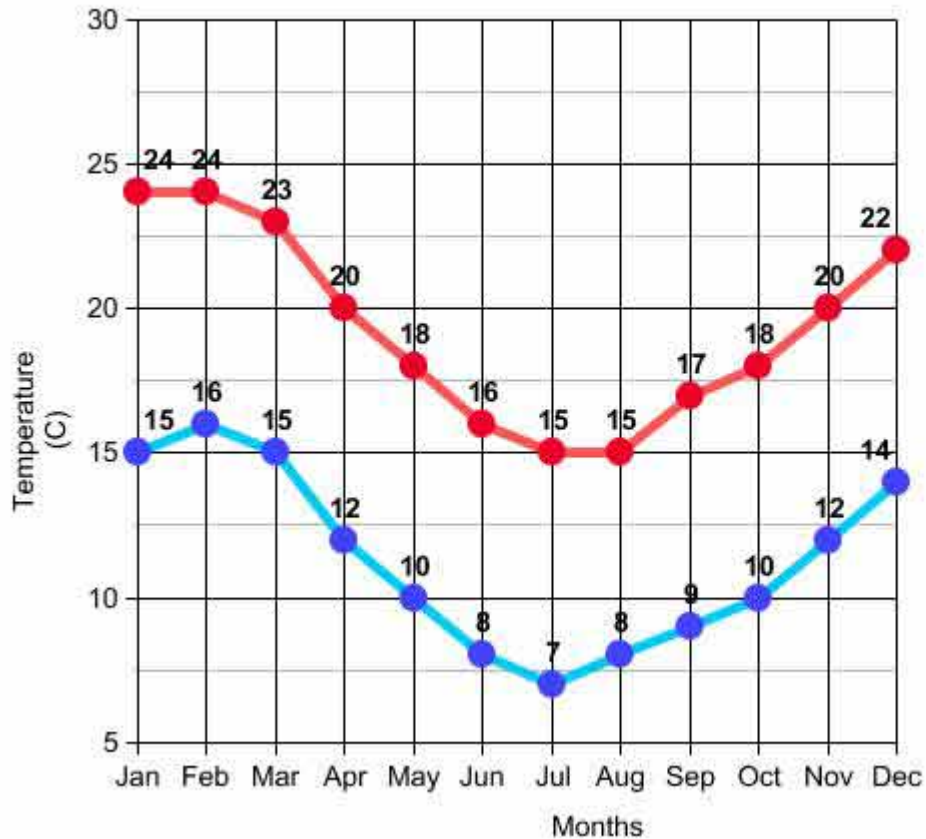
- Conspicuous clothing or electronics
- Sentimental items you couldn't do without
- Personal appliances (hairdryers, straighteners, shavers); you can get one there



*****Make sure any hiking gear that you bring is very clean!*****

Weather Averages

Average Auckland monthly temperatures (C)



Temperature

<i>Celsius</i> (°C)	<i>Fahrenheit</i> (°F)
-15	5
-10	14
-5	23
0	32
5	41
10	50
15	59
20	68
22*	71.6*
25	77
30	86
35	95
40	104

*room temperature

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Future Communication

- Some communication you can expect to receive over the next few months:
 - From Boston staff:
 - Pre-departure Module and general reminders
 - Getting Ready to Go e-mail (important reminders sent a few weeks before departure)
 - Insurance e-mail
 - Financial information
 - From Auckland staff:
 - Facebook messages
 - E-mails re: internship

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Action Items

- Urgent: Obtain your visa!!!
Notify Lauren once it is received.**
- Complete outstanding Auckland forms!
- Complete general pre-departure documents to get registered for your program
- Watch the online roadmap (again!)



